

# Adult Safety

Prevention

Adult Safety

I O W A  
**LEAD**  
PROGRAM

Child Safety

Certification

**Lead does NOT do a body good!**

**Lead exposure in adults can cause short-term and long-term health problems. Some adult effects of lead poisoning include:**

- ✓ Difficulties during pregnancy
- ✓ Reproductive problems for both men and women
- ✓ Cardiovascular and kidney problems
- ✓ High blood pressure
- ✓ Digestive and nerve disorders
- ✓ Memory and concentration problems
- ✓ Muscle and joint pain
- ✓ Glaucoma and anemia



## **Adult lead exposure safety**

- ◆ Know your risks
- ◆ Control your risks
- ◆ Get tested - lead affects your health

## **Keep yourself and others safe**

- ◆ Work lead-safe
- ◆ Wash-up, clean-up
- ◆ Don't take lead home from the job



# Got lead? Work smart!

Some of the Iowa industries with potential adult lead exposure:

- ◆ **Manufacturing:** automotive (storage) batteries, metal parts or fixtures, industrial machinery, scrap metal and electronics recycling
- ◆ **Residential and Industrial Construction:** renovators, painters, welders and plumbers
- ◆ Indoor firing range employees and/or users
- ◆ Lead, iron, brass and aluminum foundries or smelters
- ◆ Radiator shops
- ◆ Stained glass artisans



## Got lead? Work smart!

For more information contact the Iowa Department of Public Health.

**800-972-2026**



[idph.iowa.gov/Environmental-Health-Services/Occupational-Health-and-Safety-Surveillance/Adult-Blood-Lead-Epidemiology](http://idph.iowa.gov/Environmental-Health-Services/Occupational-Health-and-Safety-Surveillance/Adult-Blood-Lead-Epidemiology)

