

The Link - June 2019



WEEK OF JUNE 6, 2019



NEWS & RESOURCES

- Every year, thousands of Americans are affected by fraud and scams—but you don't have to be one of them! [Sign up](#) for biweekly Watchdog Alerts to have news on the latest scams delivered right to your inbox.
- Use AARP's [fraud-tracking map](#) to see scams reported near you.
- [The Profile of Older Americans](#) is an annual summary of critical statistics related to the older population in the United States. Relying primarily on data offered by the U.S. Census Bureau, the Profile illustrates the shifting demographics of Americans age 65 and older. It includes key topic areas such as income, living arrangements, education, health, and caregiving. The 2018 Profile also incorporates a new special section on emergency and disaster preparedness.



NUTRITION SERVICES

- As of 2017, 5.5 million seniors age 60 and older in the U.S. experience food insecurity. As the senior population grows, so will the challenge of ensuring older adults have access to enough nutritious food. Feeding America compiled data on [senior hunger in the United States](#).



FAMILY CAREGIVER

- Spouses, adult children and family members alike are susceptible to [caregiver fatigue](#) whether they are providing care twenty-four hours a day or caregiving from a distance
- [Caring for someone with Alzheimer's disease](#) or another type of dementia impacts every aspect of your daily life. Preparing yourself, understanding your loved one's experience,

and seeking support from others can help you succeed on the caregiving journey.



DISEASE PREVENTION/ HEALTH PROMOTION

- The 2019 [America's Health Rankings® Senior Report](#) provides a comprehensive look at the health of seniors across the nation and on a state-by-state basis
- Health care professionals working with older adults can help promote [better surgical outcomes](#) by supporting innovations in pre- and post-surgical care.



ELDER ABUSE PREVENTION

- [World Elder Abuse Awareness Day](#) (WEAAD) is June 15. The purpose of WEAAD is to provide an opportunity for communities around the world to promote a better understanding of abuse and neglect of older persons by raising awareness of the cultural, social, economic and demographic processes affecting elder abuse and neglect.
- This [booklet](#) is designed as a reference for organizations when responding to inquiries about elder abuse, neglect, and exploitation.



UPCOMING EVENTS

Forum from Milestones Area Agency on Aging

June 19, 2019

Honey Creek Resort Ballroom

12633 Resort Drive

Moravia, IA 52571

[Iowa Fraud Fighters Forum](#)

Conference from Elderbridge Area Agency on Aging

June 20, 2019

Salvation Army Church

747 Village Green Drive,

Mason City, IA 50401

[Hoarding: A Simple Look at a Complex Disorder](#)

Webinars from the American Society on Aging

June 11, 2019

[When Care Comes to You: Tips for Using Home Health Aides, PTs and OTs](#)

June 19, 2019

[Building and Financing Sustainable Partnerships between Healthcare and Community-based Organizations](#)

June 25, 2019



Iowa Department on Aging
510 E 12th Street, Ste. 2
Des Moines, IA 50319
515.725.3333 | 800.532.3213
www.iowaaging.gov