

# The Link - December 2018



Week of December 2, 2018



## NEWS & RESOURCES

- The next Dialogue on Aging educational webinar, "Becoming an Exceptional Caregiver," is on December 12 at 2:30 p.m. Kay Vangas, director of Lifelong Links staff at Aging Resources of Central Iowa, will present tips on assessment and improvement of caregiver roles without sacrificing well-being. Register here: <https://zoom.us/webinar/register/52985f8140a49c4b8c34be5db4a05ad8>
- The Taxpayer Advocate Service (TAS) is an independent organization within the IRS that helps taxpayers whose problems with the IRS are causing financial burdens. The service is free. Contact information follows:
  - 210 Walnut Street, Des Moines, Iowa 50309
  - Phone 515-564-6888 or 877-777-4778Visit the resource page and Tax Toolkit: <https://taxpayeradvocate.irs.gov/>



## NUTRITION SERVICES

- Administration for Community Living has released a report based on information from surveys of congregate meal and home-delivered meal participants. It describes NSP participants' needs, frequency of program use and participation in other programs and use of services: [Needs of and Service Use Among Participants in the Older Americans Act Title III-C Nutrition Services Program](#).



## FAMILY CAREGIVER

- Iowa is one of five states selected by the Center for Health Care Strategies to join Helping States Support Families Caring for an Aging America. The mission of the group is to enhance programs to support family caregivers of older adults. See more in the press release: <https://www.iowaaging.gov/news-resources/articles/iowa-selected-national-initiative-advance-strategies-supporting-family>
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## SENIOR EMPLOYMENT

- The aging workforce has unique qualities, challenges and provides an opportunity for innovative solutions: <https://www.digitalhrtech.com/aging-workforce-challenges/>
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## LEGAL PROTECTIONS

- The US Department of Justice and Department of Agriculture hosted the first Rural and Tribal Elder Justice Summit in Des Moines on November 14 and 15. The summit focused on supporting the efforts of elder justice professionals to combat elder abuse and financial exploitation in rural and tribal communities. The Resource Guide includes background, resources, outreach materials and more: <https://www.justice.gov/elderjustice/book/file/1110846/download>
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## UPCOMING EVENTS

### Webinar from the Center on Law & Elder Rights

- December 11, 2018  
[Supplemental Security Income \(SSI\) Deeming](#)
- December 12, 2018  
[Managed Long-Term Services and Support \(LTSS\) and Service Authorization](#)

### Webinars from the American Society on Aging

- December 5, 2018  
[Fall Prevention](#)
- December 13, 2018  
[Discovering and Communicating the Need for Care](#)

### Webinar from Justice in Aging

- December 13, 2018  
[The Impact of Medicaid Work Requirements on Family Caregivers and Older Adults](#)

## Webinar from the Administration for Community Living

- December 5, 2018  
[Resources for Integrated Care Webinar: Palliative Care for Older Adults Dually Eligible for Medicare and Medicaid](#)
- December 18, 2018  
[NADRC Webinar: Healthy Brain Initiative Road Map - State and Local Public Health Partnerships to Address Dementia](#)



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*The mission of the Iowa Department on Aging is to develop a comprehensive, coordinated and cost-effective system of long-term living and community support services that helps older Iowans maintain health and independence in their homes and communities.*

