Center for Acute Disease Epidemiology | Acute Disease Prevention and Emergency Response & EH | West Nile Virus Website

All data presented in this report are provisional and may change as additional reports are received



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West Nile Virus (WNV)

WNV is endemic in Iowa and activity usually peaks in late summer and early fall. IDPH works in collaboration with Local Public Health (LPH) and other appropriate partners to investigate all reported cases.

In 2018, Iowa experienced an increase in WNV activity and 104 human cases were identified. This is the highest number since 2003. Thus far in 2019, three human cases of WNV have been identified. Three horses and three mosquito samples have tested positive for WNV [Table 1].

Table 1. Human /Equine/Mosquito Surveillance, 2019 Positive Samples

		•			Mosquitoes	
County	Human	Blood Donor	Horse	<i>Culex</i> pipiens group	Culex restuans	
Audubon	1	0	0	0	0	
Davis	0	0	1	0	0	
Harrison	1	0	0	0	0	
Mitchell	0	0	1	0	0	
Polk	0	0	0	2	1	
Union	0	0	1	0	0	
Woodbury	1	0	0	0	0	
Total	3	0	3	2	1	

Figure 1. 2019 West Nile virus case count and incidence rate by county of residence.



18 16 14 12 Number of cases 10 8 6 4 2 212 3 2 2 2 35 36 39 ᇷ Oct Dec Aug Week of symptom onset

Figure 2. WNV disease cases reported to IDPH, by week of onset-Iowa, 2019

National WNV Activity:

As of August 20th, 282 counties from 41 states and the District of Columbia have reported WNV activity to ArboNET for 2019, including 26 states and the District of Columbia with reported WNV human infections (i.e., disease cases or viremic blood donors) and 15 additional states with reported WNV activity in non-human species only (i.e., veterinary cases, mosquito pools, dead birds, or sentinel animals) [Figure 3].

To date, 206 human WNV disease cases have been reported from 57 counties in 26 states and the District of Columbia. Of the 206 reported cases, 143 (69%) were classified as neuroinvasive disease (e.g., meningitis or encephalitis) and 63 (31%) were classified as non-neuroinvasive disease [Figure 4]. Dates of illness onset for cases ranged from January-August [Figure 5].

Overall, 40 WNV PVD has been reported from nine states.

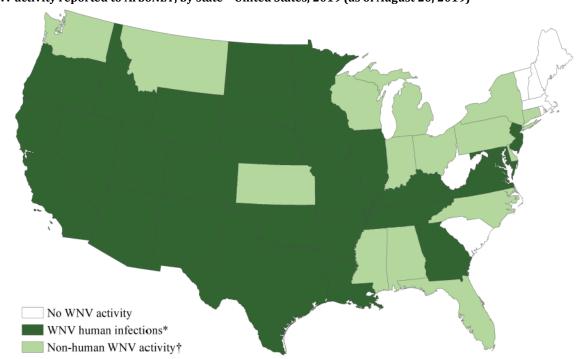


Figure 3. WNV activity reported to ArboNET, by state - United States, 2019 (as of August 20, 2019)

†WNV veterinary disease cases, or infections in mosquitoes, birds, or sentinel animals

^{*}WNV human disease cases or presumptive viremic blood donors. Presumptive viremic blood donors have a positive screening test which has not necessarily been confirmed.

Figure 4. WNV neuroinvasive disease incidence* reported to ArboNET, by state - United States, 2019 (as of August 20, 2019)

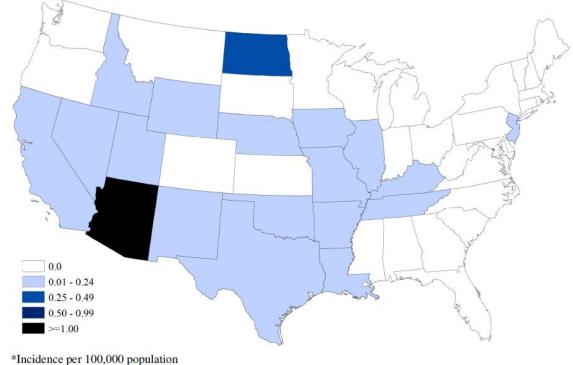
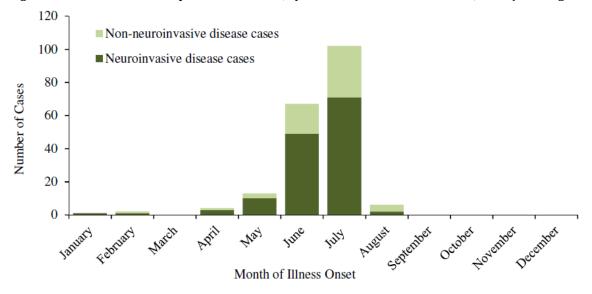


Figure 5. WNV disease cases reported to ArboNET, by month of onset*- United States, 2019 (as of August 20, 2019)



*Cases missing onset date (n=11)

Dengue Fever

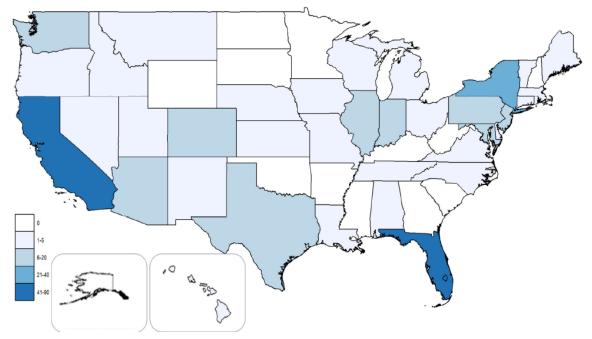
Dengue is a disease caused by any one of four related viruses, which are passed by the bite of an infected *Aedes aegypti* or *Aedes albopictus* mosquito. Infection with one of the four viruses does not protect against the others and consecutive infections put people at greater risk of developing dengue hemorrhagic fever (DHF).

Dengue is not found in Iowa. Cases are in travelers and immigrants returning from parts of the world where dengue transmission occurs. Two cases of dengue have been reported in Iowa, thus far in 2019. In 2018, five cases of dengue were reported to IDPH.

National Dengue Activity:

As of August 21st, 38 states and two territories have reported dengue cases to ArboNET for 2019 [Figure 6].

Figure 6. Laboratory-positive travel-associated and locally-acquired dengue cases from the 50 states— United States, 2019 (as of August 21, 2019)



Mosquito Surveillance

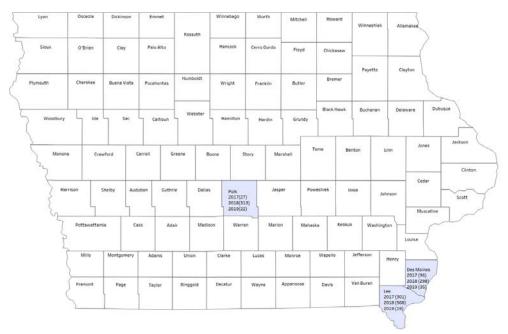
IDPH in collaboration with the State Hygienic Laboratory (SHL), Iowa State University (ISU), and local public environmental health partners conducts ecological surveillance in 16 counties across the state by monitoring mosquitoes and testing for WNV infected populations.

Table 2. 2019 mosquitoes tested for West Nile virus

	# of Samples		
Species	Tested	WNV Negative	WNV Positive
Cx. pipiens	230	230	0
Cx. pipiens group	522	520	2
Cx. tarsalis	91	91	0
Cx. restuans	477	476	1
Cx. territans	16	16	0
Cx. erraticus	0	0	0
Cx. salinarius	9	9	0
Cx. species	1	1	0
Ae. japonicus	0	0	0
An. punctipennis	0	0	0
Ae. atropalpus	0	0	0
Ae. sticticus	0	0	0
Ae. triseriatus	0	0	0
Total	1346	1343	3

In addition to viral testing for WNV, the population of mosquitoes in Iowa is monitored through trapping activities. All trapped mosquitoes are sorted by species. The figure [Figure 7] below shows where and when Aedes albopictus mosquitoes were detected 2017-2019.

Figure 7. Aedes albopictus identified in Iowa, 2017-2019



Malaria

Malaria is a serious and sometimes fatal disease caused by a parasite that commonly infects *Anopheles* mosquitoes. Malaria is spread to humans by the bite of the infected female mosquito. Only *Anopheles* mosquitoes can transmit malaria and they must have been infected through a previous blood meal taken from an infected person.

Seventeen cases of malaria have been reported in Iowa. Cases are in travelers and immigrants returning from parts of the world where malaria transmission occurs. In 2018, 22 cases of malaria were reported to IDPH.

Rocky Mountain spotted fever (RMSF)

American dog ticks are carriers of *Rickettsia rickettsii*, the bacteria that causes RMSF. The American dog tick is the most common species of tick in Iowa and can be found in every county in the state. The tick is most active late March through August.

Eight cases of RMSF have been reported in Iowa. In 2018, 22 cases of RMSF were reported to IDPH.

Ehrlichiosis/Anaplasmosis

There are at least three species of bacteria responsible for ehrlichiosis/anaplasmosis in the United States: *Ehrlichia chaffeensis, Ehrlichia ewingii, and Anaplasma phagocytophilum*. Ehrlichiae are transmitted by the bite of an infected lone star tick (*Amblyomma americanum*) which is found in Iowa. *A. phagocytophilum* is transmitted by the bite of an infected blacklegged tick (or deer tick, *Ixodes scapularis*) in Iowa. The clinical signs and symptoms of these infections are similar.

Twenty-two cases of ehrlichiosis/anaplasmosis have been reported in Iowa. In 2018, 27 cases of ehrlichiosis/anaplasmosis were reported to IDPH.

Lyme

Lyme disease is caused by *Borrelia burgdorferi* and in Iowa is transmitted to humans by the bite of an infected tick, the blacklegged tick (or deer tick, *Ixodes scapularis*). Ticks are most likely to spread the Lyme disease bacterium during their pre-

As of August 23rd, 205 confirmed and probable cases of Lyme disease have been reported in Iowa [Figure 8]. In 2018, 284 cases of Lyme disease were reported to IDPH.

Figure 8. 2019 Lyme disease case count and incidence rate by county of residence.

