



STRONG

FLEXIBLE

FAST

A Broadband Initiative from the [Iowa Communications Network](#)



Estherville Uses Virtual Days in First Year

Estherville Lincoln Central Community is using “virtual snow days” for the first school year. A virtual snow day is when teachers and students go online to complete lessons and assignments from home when the weather is bad.

Telehealth Gives College Students a Discreet Path to Counseling

Universities and colleges are turning to telehealth platforms and mHealth tools to connect students who need mental health care but can't or don't want to walk into a health center for help.

Rural broadband internet to expand in northern Indiana

An electricity cooperative is expanding broadband internet services in rural parts of northern Indiana, setting the stage for possible economic growth in the region. The cooperative aims to bring broadband internet to its nearly 24,000 members, with the first expansion set to bring the service to 1,200 members.

This Google Quiz Tests If You Can Spot Email Phishing Scams

Identifying a phishing email isn't as easy as you might think. It's therefore no surprise that phishing is the most common type of cyber-attack, accounting for 1% of all emails sent today. Google has created a handy quiz to help people spot dodgy emails with a handy quiz to test people's credentials.

Healthtech trends to watch in 2019

2018 was a tremendous year for healthtech, with companies in the ecosystem securing record amounts of global investment throughout the year. With 2019 set to be another significant year, here are some trends to watch.

With faster connections and easy accessibility, these community institutions are the logical offer telehealth services.

How to minimize IoT risks on education networks

By knowing the top threats to their networks and then applying the right tools and strategies educational institutions at all levels will be better positioned to protect the sensitive data of faculty and other employees.

Cybersecurity 101: How to browse the web securely and privately

Any time you visit a website, you leave a trail of data behind you. You can't stop it all — that's how the internet works. But there are plenty of things that you can do to reduce your footprint. Here are a few tips to cover most of your bases.

Essential elements for building a 1:1 teaching environment

Step 1: Make a plan. That's the first piece of advice for every superintendent and school leader who asks about creating 1:1 environments in their schools.

Brave's privacy-focused ads to spread beyond startup's own borders

Brave is trying to rebuild the internet's advertising tech so we can use free, ad-supported services without worrying publishers & advertisers are harvesting our personal info. Other app developers will be able to tap into the tech as soon as the second half of 2019.

Text 911 online in southeast Nebraska

Southeast Nebraska residents now have a new method of contacting 911 in times of emergency. Officials with the Southeast Region 911 announce that Text to 911 services are now available to the public, through most wireless carriers in a 16-county area following more than a year of pilot testing.

Dole VA rolls out new Telehealth Suicide Prevention Program

There are 45,000 suicides each year in the U.S., and 18 percent are veterans. A staggering statistic that the Robert J. Dole VA Medical Center is working to combat with a new prevention program.

How the Utah government got a handle on 60,000 devices

Two years after an internal security assessment showed the state didn't have a clear idea of how many devices were connected to its network, Utah's chief information security officer says his office now knows precisely what devices are connected.

Iowa Officials To Award \$50,000 "Computer Science Is Elementary" Grants

Governor Kim Reynolds says the I-T professionals of tomorrow are sitting in classrooms &

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