

Volume 24

June, 1965

Number 6

PLAY IT PRIMITIVE

Jack Higgins

Take all the outdoor stories you've ever read, stir in your memories of by-gone trips, add a pinch of romance from tales told by pioneers, sprinkle liberally with scenic wonders, and blend together until you no longer can withstand the urge to back-pack across the bluffs and valleys of the Yellow River Forest.

Sound improbable? Well, it's not. It's the stuff that dreams are made of; and 5,256.25 acres are waiting for those who have the ambition to follow a dream to reality.

The perfect place to start such a trek is the Trail Ride Concession Headquarters at the eastern edge of the Paint Creek Unit of the forest. Here, near the loading docks, is a large graveled parking lot. All that is required is to park the car far enough from the docks so that persons using them will encounter no difficulty during our absence.

After leaving the lot we'll have lost the last easy chance to add to our needed supplies, so now's the time to make a quick check. Plenty of water? Enough food, salt, matches? Okay, let's go.

Ignoring the road we came in on, we'll head for the banks of Big Paint Creek, then hike up stream to where it branches. Our first night will be spent far up the valley of the Little Paint, so we take the right

In no time we're under the county road bridge and pausing in its shade for a breather. The part of the valley just crossed is stingy with shade; more like an Alpine meadow than a forest. We've seen the thousands of young seedlings, many of them walnuts. In a few short years, shade will be abundant.

Perhaps Little Paint is the first real trout stream we've ever seen. Even if it isn't, we can't resist the temptation to cool our wrists in its splashing water. There! That sudden flash—a rainbow darting out of Its favorite retreat to grab a succulent insect.

Ahead, Little Paint clings closely to the water sculptured rock bluff that lines the west side of the valley. The textured stones are softened by the draping limbs of American yew. A short walk brings us within its protective shadow.

For about a mile we walk up the broad lower end of the valley, is body ar passing through several spacious camp and picnic grounds. After ford-The groung Little Paint for the second time, we'll be within a five minute hike of a wooden barrier that marks the end of the line for vehicular traffic. Pity those people who are tied to fancy camping rigs and can go no urther!

What a difference! The grass is shabbier, less trampled; Little Paint site of the s narrowing, the valley walls are drawing together. Up here, near the forthern boundary fence is the place to look for the perfect camp spot. low about those two towering walnuts for stringing our lean-to lines?

We're woodsmen now, so as we go about setting up camp we take xtra precautions. When we leave we'll want no one to know that We've been here. Carefully the firepit is dug. The sod is set to one side it won't be damaged. Enough, and no more, wood is gathered from he forest floor; and when these and other camp chores are finished, ve're ready to catch trout for supper.

With the fading of day it's time to retire. As the hustle and bustle I camp activity comes to an abrupt halt, an almost frightening silence reputal alls; then the nocturnal woodland creatures overcome their fears and egin moving about, stealthily at first, 'till with sudden abandon they and burn reak into full activity.

Across the creek a raccoon family bursts out of the protection of heir den tree; their sharp claws clacking loudly as they slip noisily lown the trunk. A doe brings her fawn to the edge of the clearing, ust up wind from camp. She pauses, testing the air, before nudging er young one to the edge of the creek. A soft slurping sound carries



The Yellow River Forest's 5,300 acres of timber and limestone bluffs offer a never-to-beforgotten back-pack challenge.

(Continued on page 46)

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Iowa Conservationist

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CIRCULATION THIS ISSUE

COMMISSION **MINUTES**

May 4, 1965

Lands and Waters

Departmental rules concerning speed and distance zones at Lake camping. Odessa were clarified.

struction permit to Touristville Boat Company at Clear Lake for Porter Wildlife Area, the construction of a sea-wall on the applicant's property adjoining state land with various stipulations.

Approval was given for a new concession contract at Lake Wapello with John Augspurger for three years.

granted for a five-year term to Moines River. James Foster for the Lower Pine Lake Concession.

Fish and Game

Two options for access to land as wildlife habitat. Badger Lake in Monona County

County at a total cost of \$7,987.

the Game Section.

Klveen and Company of Prairie Wildlife Area. City, Iowa, for fencing materials areas.

widen a county road located adja- Rock River near Northwood. cent to Lakin Slough.

a total cost of \$54,100 adjacent to access, picnicking and camping. Princeton Slough in Scott County.

of \$15,385 to All-Wheel Drive of the Pearse-Little Sioux River Ac- upon the ducks getting within 30 Des Moines for a drag line for the cess Area for fishing access and feet of them before he fired bag-Fisheries Section.

The Iowa-Nebraska reciprocal fishing agreement was approved proval for a 25-year management be mixed up with the Washington

will be covered by the laws of the state in which they are fishing rather than by the laws of the state in which they were licensed as was previously agreed upon.

County Conservation Board Projects

Black Hawk County received approval for an addition of 19.00 acres of land at a total cost of \$950 to the Black Hawk Green Belt Area to be used as a wildlife habitat.

Lyon County received approval SHERRY R. FISHER, Chairman......Des Moines for the acquisition of 5.3 acres of land at a total cost of \$1,000 to be Sioux City used as a highway safety rest area, fishing access and picnicking. Mason City located on U. S. Highway 75 six miles south of Rock Rapids on the Rock River.

> O'Brien County received approval for the acquisition of the Bruegmann Gravel Pit, consisting of 10.49 acres from the County Board of Supervisors and 9.29 acres as a gift from Mr. and Mrs. Gilbert Bruegmann, to be used for swimming, fishing, picnicking and

O'Brien County received approv-Approval was given for a con- al for the acquisition as a gift of .8 acre of land to be called the

Polk County received approval for the acquisition of 21.5 acres of land at a total cost of \$5,375 from the Iowa State Highway Commission to be called Beaver Creek Access to be used for fishing access, and boat launching. Located adjacent to Interstate High-A concession contract was ways 35 and 80 and the Des

Worth County received approval for the acquisition of 7 acres of land at a total cost of \$700 called the Brunsvold Forest and Wildlife Approval was given for an ex- Area for the purpose of preservperimental teal season September ing an established timber area 11 through 19 for the entire state, and also the utilization of this

Worth County received approval were held for future consideration. for the acquisition of 19.00 acres Approval was given to exercise of land at a total cost of \$1,995 an option for 28.5 acres of land in for the purpose of preserving an the Hendrickson Area in Story existing marsh and installing additional planting to improve this The Commission approved Rob- area as a wildlife habitat area, the Rockford Iowa Register in ert Barratt as Superintendent of Also the acquisition of 6.25 acres 1893. of land at a total cost of \$656.25

for use on game management al for the acquisition by lease of of prairie chickens, his shot was five acres of land by a 20-year all gone. In a little pond he saw Approval was given for a con- lease for the cost of \$25 for the a flock of mallard ducks-what to struction permit to the Guthrie purpose of preserving a wildlife do for shot he did not know. County Board of Supervisors to habitat area adjacent to the Shell

Approval was given to exercise proval for a development plan for cherries and rubbed them between an option on 263 acres of land at the Lime Creek Park for fishing his hands until he had freed the

Approval was given to a low bid proval for a development plan for charge of powder and crawled picnicking.

Hancock County received apwith a provision that fishermen agreement for Eagle Lake State cherry tree yarn.

THE CONSERVATION FORUM

Beginning in the August, 1965, issue of the IOWA CON-SERVATIONIST, a letters to the editor column-The Conservation Forum - will appear on this page. Readers are invited to inquire about, or express their opinions on conservation matters in Iowa. Space will dictate which and how many letters are used each month, and the Con-SERVATIONIST staff reserves the right to make editorial revisions and comment on any subject discussed.

Park which will be subject to State Executive Council approval.

General

Travel was approved to the Midwest State Park Association at Manhattan, Kansas; the Office of the Corps of Engineers at Kansas City, Missouri; the Association of Midwest Fish and Game Law Enforcement Officers at St. Louis, Missouri; the American Association for Conservation Information at Sun Valley, Idaho; the National tactic perfected by Bagless at Izaak Walton League Convention exhaustive research is known at Cody, Wyoming; the Outdoor the "message in the bottle" r Writers Association Annual Meet- tine. If that water skier hits t ing at Glenwood Springs, Colo- empty beer bottle which Bagl rado; and the White House Con- tossed casually over the side of ference on Outdoor Beauty at boat, the skier really gets the m Washington, D. C.

Informational Items

Report on plans to reprint the won Bagless the award, howev Iowa Fish and Fishing book; took place when he developed plans for a new outlet structure new method for damming a stre for Eagle Lake in Hancock County; the repair of the outlet structure for Colyn Slough in Lucas County; emergency construction work on the Klum Lake Levee in Louisa County as a flood protection measure; and a report on the first meeting of the Iowa-Nebraska Boundary Legislative Commit-

REVOLUTIONARY SHOTGUN SHELL

The following item appeared in

S. W. Crowell gives this inter-The Commission accepted the which is part of this marsh. To esting event of pioneer days in low bid of \$13,918.70 by J. H. Mc- be called the Christianson-Taylor Ulster Township (Floyd County). He had been hunting one day and Worth County received approv- returning home with his bag full

> Finally a bright idea struck him and going to a choke cherry tree Buchanan County received ap- near by, he took a handful of the pits. He then rammed down a Cherokee County received ap- handful of the pits on to a good ging five ducks.

This is a true story and not to

MR. BAGLESS OF TRASHBASKET

Amos Q. Bagless of Trash & will ket, Iowa, has been presented the "Outstanding Litterer of 12 Year" award by officials of State Conservation Commissio

Bagless achieved a new hig in ido Im littering to become the state's st who f Four Litter Man. He has develored didn't a new technique for missing it- fishing bage cans along the state's h i- it with ways. His five-year-old son is broug in the back of his station was a cate and throws a wetbottomed sk we well full of watermelon rinds at a ; " ders, nu bage can as the car speeds by it is few 70 miles per hour. The closer o tole of the can, the lower the score.

Picnic areas are another of B - mouth less' specialties. Using his mas - is ful technique, he leaves wet ; - w does bage on the tables, along wit a len't h trail of paper on his way to e the" H incinerator. He manages to t ind e just enough paper in the in- In spor erator to start a good, smoky in the in and then leaves it to smolder by itself.

Another expert litterbugg

The crowning achievement whi in the Yellow River Forest. D ing one weekend camping trip dumped enough beer cans and g bage into this little trout stream dam up the creek and pollute water for nearly a mile dov stream. This not only finish the stream for scenic purposes it also killed the fish.

Game Warden I. M. Dauntl noticed the dead fish and invi-Bagless to explain his refir techniques to the nearest Just of the Peace. Bagless stated th as a professional he really felt th he didn't deserve any special atte tion. However, the JP insisted tl credit was due and presented Ba less with an award of ten days the county jail, along with a l for the award which came to \$1 and court costs.

The moral to this little episo is this:

Mr. Bagless did not win the or award being given this year Iowa game wardens for litte bugging. Too much of our fine scenery and beautiful waters a being ruined by just such stupi ity, carelessness and thoughtles ness.

Should you want to qualify f such an award, it can be arrange along with accompanying "honor if you are proud of such activitie

from New Mexico Wildlif

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BASS ONLY

Ron Schara

Trashb This will sound silly, infinitely imple and somebody's going to my "prove it"; but all you have to to to catch lunker bass is fish for mission, hem.

Whigh Waldo Imus, a Centerville resiate's in lent who fishes strictly for big develop lass, didn't necessarily dream up sing se his fishing theory, but he practe's hig ices it with great dedication and son si thas brought results. His record on was if bass catches reads like a promed su ressive weight chart—many three at a 28 ounders, numerous five pounders, eds by mite a few six to seven pounders, closer couple of eight and one-half ound beauts and a gran'daddy roffe irge-mouth that went over nine s mane ounds.

wet a How does he do it? First of all, g will e doesn't have any real special ay to 1 secrets." He uses spinners, plugs, s to pork rind, etc., that are readily he in and in sporting good stores, and noky is fishes in the same Iowa lakes older a lat other people do. Yet, one ing separates him from most her fishermen. "I fish for lunk-'s only," he said, "and I either itch them or none at all." Most thermen will gladly catch a nker bass if the occasion arises, wever, because he has specialed in fishing strictly for the big les, his techniques are different. Many bass experts say a bass ug should be retrieved slowly. entwa aldo generally retrieves his lure hours lout as fast as he can. He adreloped lits he could probably increase a strong a catch by using a slower reest leve, but he's a lunker fisherman; g to has caught them with a fast reand eve and, well, who's to argue? stream 'You've got to find 'em to catch ollute 1," is another rule that Waldo le dril lows. Lake Wapello is one of his fine vorite fishing areas because he nted by t a ridge continued indicate theory, he fishes the deep water. it a ridge continues underwater. Perhaps you can see by now,

depth again by using the plug PLAY IT PRIMITIVEsounding method.

Big Plugs-Big Fish

Big plugs-big fish-may not be true for all species, but the largemouth is a glutton and would tackle a blue whale if given the chance. Waldo gives them the various designs and actions. He switches plugs often until he finds ticular day. His reason? "If bass offering cake; you'd better switch to ice cream too."

Because Waldo fishes bass with artificials and because lunkers are often found in log and stump-filled water, Waldo uses a plug saving device he calls a "plug knocker." It is a device whereby plugs can be unsnagged from the lake bottom. Plug savers are available commercially or they can be homemade. Waldo made one with a plumb bob, a stationer's ring and a long piece of cord string. He attached the ring to the plumb bob and tied one end of the string to the stationer's ring.

the string, he lowers the plumb to the stream bed far below. bob until it reaches the plug. With one hand, he holds the fishing line taunt. With the other hand, he raises and lowers the string which bounces the plumb bob against the snagged plug. He continues this procedure until the plumb bob dislodges the plug. With this method, he saves many plugs that would ordinarily be lost to the lake bot-

Fishes Deep Water

Generally, Waldo likes to fish in nows" the lake. Through his deep water (10 to 14 feet). Howars of fishing, he has located ever, he varies this depending on Daulie op offs, underwater ridges, where he finds the bass. Part of imps, logs, shallow water and the reason he fishes deep water is er types of big bass habitat. because of the time he prefers to fishing is slow in one of these fish. His favorite fishing hours are as, he keeps moving to others 10 to 4 in the afternoon. During Itil he finds the bass. To locate these daylight hours lunker bass 3. For example, he looks for part of his fish where the fish are

l also looks for rocky or sandy that Waldo just uses common ng that might indicate what plus a few "tricks" that help him rain lies on the lake bottom. To find and land the big ones that he l hidden holes or drop offs, knew were there. And, lastly, Ido uses a "plug sounding" tech- Waldo fishes just for the lunkers ue. He casts a fast sinking lure . . . nothing else. "It's sad," Waldo begin to rapidly count 1, 2, said, "but fishing strictly for lunktc., as soon as it hits the water. ers spoils you for normal bass stops the count when the plug fishing." "I know we could catch ches the bottom. He figures the some smaller bass over there (he g sinks one foot for each count; pointed toward the shore), but I refore, if the count ended at 15, can't make myself fish for them," to be 15 feet deep. This meth- lost a bass when it broke the sur- signs sure help, don't they? may or may not be accurate, face. He estimated its weight at least he has an index to around six pounds. Waldo just water depth. If he hooks a grinned. "I'll lose some and I'll at a particular depth, he is catch some," he said, there'll be to retrieve the lure at that another day. "

(Continued from page 41)

above the babble of the stream. A tell-tale clicking of hooves brushing against the rocks signals their use of the invisible trail across the creek and up the opposite slope. And as silver shafts of moonlight thread through the leafy canopy, night birds start to call. Is it any wonder we dream dreams this night?

With first light a blizzard of sound is unleashed. Birds of all types chance. He uses large plugs of and sizes greet the new day so loudly that further dallying in the warmth of downey sleeping bags is impossible. Besides, that sound of feeding trout coming from Little Paint is impossible to resist. Grab a plug that bass will hit on a par- that fly rod and have at it, man, breakfast depends on your skill!

After devouring all the fresh-caught trout, bacon and steaming coffee are eating ice cream and you're in sight, it's time to break camp. The fire's doused, the sod is replaced and any other traces of the camp carefully removed. Even by the time packing frames are strapped in place, the grass, so recently crushed by sleeping bags, is starting to reach upward to the sky.

> The next stop isn't much more than a half to three-quarters of a mile away as the crow flies; but not being crows means that we'll have to pack it if we're ever to see the other side of the hill. A little backtracking is necessary to get the new trail. Just after crossing the first ford, we turn right, walking around an old iron gate blocking a long forgotten road.

> Walk softly here, for surely this must be a preview of heaven. The trees are primordial in appearance—almost completely covered with heavy, ancient moss. Massive pipe stem rocks poke up on both sides of the trail. They, too, are moss covered. Ferns and woodland plants of all kinds crowd the floor and sides of the ravine. It's a gentle walk, and it ends too soon.

A short, yet demanding trek is dead ahead as we turn onto the When a plug becomes snagged, county road at the head of the trail. Go ahead and groan at that hill he moves the boat until he is di- stretching upward to the left. It's steep, all right, but the climb will be rectly over the snagged plug. He worthwhile. Just a little way beyond are some breathtaking overlooks. opens the ring binder and closes We cache the packs near the direction signs and walk on out. These it around the fishing line. Then, cliffs, high above the valley of the Big Paint, are for the very brave, holding on to the fishing line and and the very cautious, as the fall is nearly perpendicular all the way

> We could take a path down the face of the bluff. It's located near the middle of the three overlooks, but instead we decide in favor of the longer route that follows the county road. So, it's back to the cache and up the road that leads past a well established stand of pines. It proves to be a good decision for we spot a pair of ruffled grouse perched on a low branch of a tree.

> When we reach the valley floor we turn right and follow the main county road for a short way. We'll eventually desert the road in favor of the railroad tracks that parallel the road at this point, but not until we've taken a close look at a big colony of bank swallows. These darting birds inhabit a sandstone bluff to the right of us.

> Leaving the road at this point, we cross over to the railroad right of way. Trains seldom use the tracks, so there is little danger. And even if a train does approach, it's easy to get off the flat right-of-way. The number of song birds that call this stretch of tracks home is astounding. Years of "neglect" have allowed dense thickets of food producing shrubs to grow here. Like all good home owners, the birds noisily scold us for intruding. Quiet actions reassure them, however, and they quickly go back about their business.

It's a hot trip across the bottoms, and the appearance of a way-side ne areas, Waldo reads the shore- frequent the deeper water. So, as up ahead near the bridge over Big Paint speeds our feet. Talk about an inviting spot; this is it! High above the Big Paint, turkey vultures are riding invisible air currents, their sharp eyes scanning every nook and cranny that might contain carrion scraps left over from a kill made by br'er fox. Hold still! Here comes one to investigate our condition. res, gulleys, bays, coves—any- sense in most of his techniques Whoops, must have spotted a movement, for off he goes.

> It's about time for us to get underway, too. Another mile or so will get us up beyond the regular camp grounds on Big Paint. There we can cache our packs and cool our feet for awhile, maybe even catch a trout or two for lunch. No sense going for more than that; there'll be plenty of them wanting to be caught around supper time.

In the meantime, let's hike off to the southwest corner of the forest and see what these foresters mean when they talk about "forest management." Without the packs it doesn't take long to go down stream and pick up the trail just west of the Custodian's Quarters. It leads up through a plantation of pines to the top of the bluff. Hey! These example, he estimates the wa- he said. Just then he hooked but guys must have heard that we're pretty poor at identifying trees. Those

> Talk about a bird watcher's paradise; this must be it. Look at the size of that woodpecker, it's as big as a crow! What's the bird guide call it? Pileated Woodpecker? So what if we can't pronounce it? We've seen a spectacular bird before heading back to camp.

(Continued on page 48)

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GETTING TO KNOW THE CHANNEL CATFISH

Harry Harrison Superintendent of Biology

From the standpoint of the Iowa Conservation Commission's fisheries program, the channel catfish has important qualifications that point to our good fortune in having the channel catfish as a resident in our Iowa streams.

The channel cat is a species with a wide tolerance for conditions that normally result in the demise of many other fish species. He lives well under conditions of way. clear or salty waters; he uses a wide variety of foods which is naturally insurance against specific food shortages; he thrives during floods as well as under conditions of minimum flows; and he is even quite tolerant of pollution. These conditions are the fruits of civilization—they will be with us from now on. It follows, then, that while other species - walleye, northern pike, smallmouth basscontinue to diminish or remain in small numbers, the channel catfish will be called upon more and more to meet the needs and desires of an expanding number of stream fishermen.

To meet these needs, channel catfish studies by the Iowa Conservation Commission have been stepped up in the past year with the intention that our efforts will lead ever deeper into their life histories. Currently, catfish are being studied intensively on six Iowa streams, and it is anticipated that a seventh stream will be included during the summer. Information resulting from these investigations will be analyzed to discover which Iowa streams are producing the best populations of catfish. The next step is to determine the "whys." For instance, why do certain streams or areas produce more catfish than others? Why do catfish living in a certain area grow faster than they do in another? What conditions are present in these streams that are absent in others? Can the conditions that promote the well-being of catfish in good areas be duplicated in streams with low populations of catfish?

A part of our current work involves a tagging study. This is a man, can help by making sure that tags from marked catfish get other things. into the hands of Conservation Commission employees.

channel catfish, we use a rather more and better catfish fishing in as most fish tagging studies use through proper management. To markers attached to the exterior better manage the channel catfish, of the fish-the jaws, gills, fins, we must know more precisely what Our technique involves making a nish the catfish the environment small incision in the fish's belly best suited to his particular needs.

The tag floats freely in the cavity containing the intestinal system. To identify tagged fish, we remove the small fatty fin located on its back just ahead of the tail. This appendage, called the adipose fin, is non-functional and will not grow back. It does not harm the fish when removed.

Perhaps you are curious why we use an internal tag-a tag not visible—rather than a tag affixed to the outside of the fish in plain sight. Previous studies show that external markers have a considerable effect upon the normal behavior of the fish carrying them. The internal tags, on the other hand, do not affect the fish in any

If you should happen to catch a catfish without an adipose fin, it will contain a tag. We would like you to open the fish and recover the tag. It will be found among the intestines. Along with the number on the tag, we need to know the date the fish was taken, its exact length from the tip of its nose to the tip of the tail, and, as precisely as possible, where it was caught.

What can be learned by these tagging studies? Many important things, such as whether or not catfish migrate; and, if so, whether they migrate upstream or downstream. Tagging studies give information about required seasonal ranges. They tell the story of growth rate - how fast and at what time of the year most growth occurs. They provide figures indicating the size of the population. They indicate how high a population must be to furnish good fishing; and they provide figures on how many fish are caught.

To date, we have tagged over 22,000 catfish. They are in the Little Sioux, Missouri, Des Moines and Lower Skunk Rivers and the Mississippi River in the vicinity of Burlington. We hope to tag an additional 30,000 catfish this sum-

Studies probing deep into the personal life of the channel catfish have been going forward for more than 20 years. Many things have been learned about this versatile species. Fisheries scientists have, in a general way, learned what the catfish eats; how abundant they are in various habitats; where, when and under what conditions they spawn; how fast they grow; study where you, the catfisher- how to culture them under artificial conditions and a myriad of

Knowledge derived from the work accomplished to this point In our tagging work with the shows conclusively that providing unique method of tagging. Where- Iowa streams can only come etc.—we employ an internal tag, requirements must be met to furwall through which a small serial- Tagging studies will provide much numbered metal tag is inserted, of this needed information.

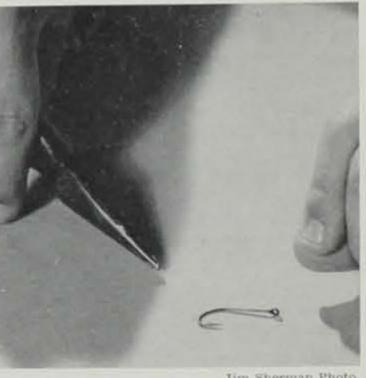
BUILD YOUR OWN WEEDLESS HOOKS

Max Schnepf

Fishermen have produced homemade flies, poppers, plugs, rods and an unbelievable assortment of other fishing tackle and accessories. With the right materials and a little spare time, weedless hooks can be added to this list.



Materials include: a long-nose pliers, hooks (size will depend on type of fishing), very light piano wire, nylon fly tying thread and fly tying cement or a suitable substitute, such as glue, shellac or fingernail polish.



Jim Sherman Photo.

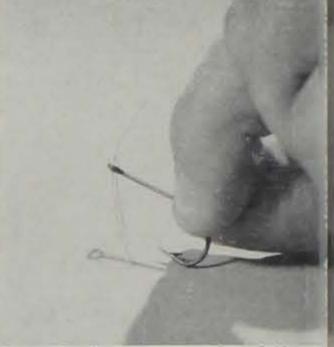
Cut a length of wire approximately four times as long as the hook's bend placed on the inside of shank. Bend the wire at its cen- hook's tip, the hook will ea ter point until it is nearly bent slide over weeds. When sett double. Gripping the wire with the hook following a strike, the pliers at the point of bend, light wire will be forced upw make a slight crook about an against the hook's shank where eight of an inch from the point of cannot interfere with the hook

"CHUMMING"

Chumming a fishing spot isn't anything new to an ol' time carp fisherman, but for the angler about to start it's a good trick that almost insures early success.

To chum a favorite carp fishing hole, means to throw scraps of your fishing bait into the area a day or two before you come back for the "kill." The increase in food supply caused by your tasty addition to the water attracts carp to the area. Then, when you're ready for business, simply use enough of the same bait to cover a No. 4 or 6 treble hook; plunk it into the water and hold on!

Most carp fishermen use a doughball material for chumming and



Run the two free ends of the through the hook eye from bottom. Holding the point of b on the inside of the hook tip, m a gradual curvature in the vi from the tip of the hook to hook eye. The curvature of wire should be great enough so outer most point of the curves below the tip of the hook.



wnen the correct curvature been determined, bend the free ends of the wire down al the shank of the hook. Wrap ends to the shank with the fly ing thread, and clip away any cessive wire. Tie the wrapping the shank, then place a drop cement on the wrapping.

With the wire at its point

process.

bait. Here are two reliable dou ball recipes.

1. Combine same quantities much as you think yo need) of cornmeal and fic the the Mix thoroughly and add a 1 on or s drops of water until the dot preferre is firm. If it crumbles, k while th adding water. Roll the dot much sa and cut into lumps la matte enough to cover hook. If dough will not stay on hook, work one or two will be of cotton into the dough.

2. Knead one pound of cornme one pound of ground beef horsemeat and one pound flour until it combines into firm dough. Add a few will of cotton, cut into small I lets and you're ready to g

Good Luck!

the dog binter th he rope ing mu ain a bir you hav puppy to gn to hi on you detalle ct and i market and Sh B, Sco tained t as Stree though t some thi ood used. ing a yo to four e session ment of ar has hu a such th signals,

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MAN-LAZY DOG-LAZY HUNT

Ron Schara

Last year, about three hours after the opening of pheasant or quail eason, chances are there were a number of disgusted and perplexed og owners. For weeks they had waited to head for the sloughs only) find that after a few hours hunting their highly-prized pointers and strievers were lagging behind, tongues hanging out and lungs gasping ir air.

If this sounds like your experience last fall, don't give up on the og. After all, wasn't it you who let the dog loaf and lie around all immer? How could he be expected to give a top-notch performance? Allowing your dog to get rusty on his hunting skills during the sumier is not only unfair to the dog (and yourself) but it isn't necestry. Summer and early fall are ideal times to condition your canine or the working months ahead. Doing this gives you a three-fold adantage. The dog acquires new skills; he becomes sharper on the old tills; and, at the same time, his physical condition is improved.

The training methods you use will, of course, be different depending whether you are a "pointer or retriever man," however, the proceare will be the same. Good training methods are based on repetition ad memory. You must keep repeating the thing you want him to do itil he associates the action with a particular command. That is the ick to training any dog.

he's willing to.

Pointer Tips

As any pointer man knows, his dog must do tremendous amounts running to hunt effectively. Obviously, a pointer that has lain ound all summer will be short on wind, about 10 pounds overweight d cannot be expected to perform all day.

At least once a week during the summer your pointer should be ercised. Beginning in September, exercising sessions should be creased to twice weekly. If your dog is a hunting veteran, most ely exercise and conditioning will be all he'll need in preparation the hunting season. That's assuming he has not forgotten his field the money is used to finance future trials. unners, which, of course, can be easily checked during these sessions. is much better to find these "embarrassing" faults now instead of on first covey of quail.

If the dog "flash points," tie him to the 50-foot check cord again. operation. pointer that has learned to hold point before will need but a few value sons to remember it again, especially after he's been snapped back the rope a few times. If you use wild game birds, this type of down wait. According to Iowa law: "It shall be unlawful train a bird dog on game in the wild from March 15 to July 15 each the ar."

If you have only recently joined the ranks of pointer men via a w puppy that was whelped in January or February, he should be old ough to hunt somewhat respectively this fall, but that means some ort on your part this summer. The "how-to" of training a pointer too detailed to be covered in this story. Obtain a good book on the eject and consult a fellow pointer man for advice. A new book on market that has received widespread approval is one entitled: ng and Shot by Robert G. Wehle. It is published by Country Press, pt. B, Scottsville, New York. Other listings of training books can obtained by writing: American Field Publishing Company, 222 W. ams Street, Chicago, Illinois.

Although there are many accepted means of training a pointer, there some things that must not be done regardless of the training thod used. The biggest mistake beginning trainers make is overrking a young dog. Exercise and training sessions are good for a ee to four month old pup; but, by all means, do not overdo them. ese sessions should be play not work. Five to ten minute sessions more than enough at first. Anytime your pup shows signs of edom or stops paying attention to you, stop immediately. In fact, s preferred that this point is never reached. It is much better to p while the dog is still eager for more; and, in time, he'll indicate much serious training he can take during one outing.

his matter of overdoing a dog's training is very important. Your gment of this may determine whether the dog keeps his desire and ressiveness. These are the assets you most want to keep in your iter.

Retriever Tips

retriever owner has a variety of "things to do" with his dog. New agencies that manage public more difficult types of retrieves can be taught throughout the recreation areas and Bureau of pictures, leave nothing but footthree to four years of a retriever's life. However, if your re- Outdoor Recreation offices. Single prints. ver has hunting experience of a year or more and you do not wish entry or weekly fees may be paid dd such things as double retrieves, triple retrieves, blind retrieves, by persons who do not wish to d signals, etc., the off-season is still a time to iron out disciplinary purchase the annual sticker. retrieving problems encountered last fall. Also, these training The \$7 sticker does not cover matches, compass and a first-aid ions will help condition him for hunting this fall.

If you wish to add to his retrieving skills or if the dog has bad habits which you cannot break, a good book or advice from other dog trainers will start you on the right track. A popular book is: Training Your Retriever by James Lamb Free. It is published by Coward-McCann Inc., 200 Madison Avenue, New York 17, New York.

A puppy that will be 10 to 12 months old by the hunting season should be ready to hunt this fall. If your pup is three to six months old now, you are limited to obedience training. By the time the dog is seven to nine months old, he can be started on short, single retrieves. When to actually start retrieves is a subject of much controversy; and for the most part, you must decide for yourself. Most trainers agree that if you can wait, you'll be money ahead. A dog that is almost a year old is usually eager and ready to learn, which makes the job of training much easier.

Regardless of your desires to quickly teach your pup new lessons, by all means, do not rush him. A ten minute session a day is plenty and you'll find that short sessions will accomplish more than if you work him only once a week for a half hour period. The dog's qualities that you chance to lose by rushing his training are not worth what little is gained. Like pointers, a retriever's desire and aggressiveness are his most valuable assets.

Field Trials

The words "field trial" probably makes you shudder. It shouldn't. The man who has braved entering a trial not only finds it is clean fun but, more important, he receives eight to nine months of enjoyment It is never too late to start training. Any dog of any age can learn from his dog rather than just the two month hunting season. And there's nothing like a "bull session" with other trialers to pick up the latest tips and solutions for particular training problems you might have.

> Throughout the state there are numerous pointer and retriever clubs that hold their own field trials, so it is not hard to find one to enter. In these trials, there is usually a stake or class for which your dog, by ability and age, will be suited. Don't shy away just because you think your dog will not win. Win or lose, both you and the dog are gaining good experience.

> There are entry fees to pay, but they are quite reasonable, and

If you don't understand how a trial is run, what stakes there are or what is required of the dog in each stake, attend a trial as a spectator. After watching and talking to the trialers, you'll soon understand the

Working the dog trials is the pinnacle of dog training. And, once you've entered your first trial, you'll be "hooked" from then on.

\$7 RECREATION/CONSERVATION STICKER

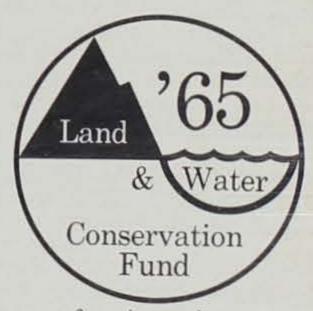
Secretary of the Interior Steward Udall recently announced that the new Recreation/Conservation sticker will be sold for \$7. The sticker entitles the driver of a private noncommercial automobile and all his passengers to admission to federal recreation areas for one year beginning April 1. It should mean a considerable saving in admission fees for large families and persons who use federal recreation areas frequently.

The Department of the Interior expects to sell five million stickers this year. The revenue will be set aside in the Land and Water Conservation Fund which was established by federal, state and local recreation boats, etc. needs.

Recreation/Conservation stickers are on sale at federal recrea- a spare paddle. tion areas, offices of many federal

fees other than admission charges kit.

Outdoor Recreation



for America

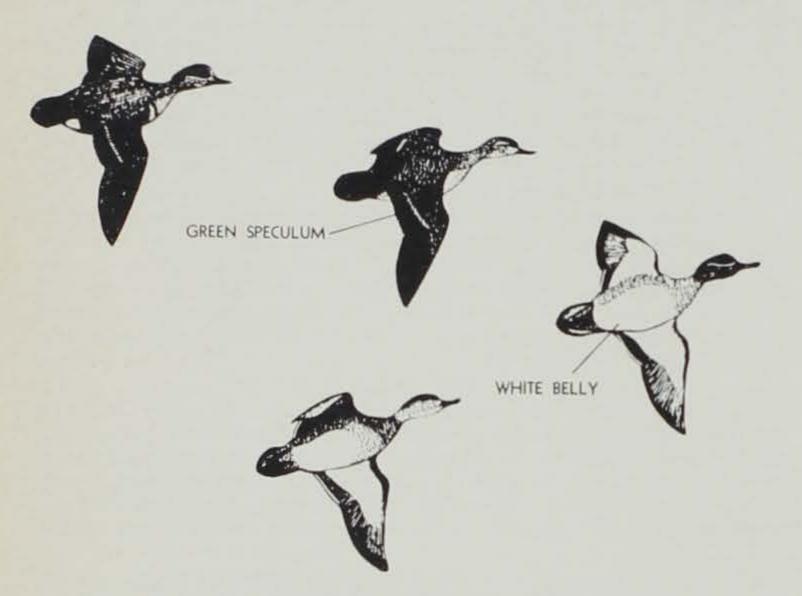
Congressional for the use of sites, equipment and legislation earlier this year. Ap- other facilities, such as camp and propriations from the Fund will trailer sites, picnic sites, boat be made annually by Congress for launching sites, rowboats, motor

On a canoeing trip, always carry

When camping, take nothing but

Musts for a camping pack are: a pocketknife, water-proofed (Anas carolinensis)

(Anas discors)





DUCK HUNTER'S BONUS

Bob Barratt Superintendent of Game

cies are still in short supply.

has shown that most blue-winged September 20. gered species.

Blue-Wings Not Hunted

hunter's bag in an average year. slightly lower rate than those from hunting will create a disturban In 1963, Iowa had a split water- other ducks, we believe that the and make poor hunting during t For the first time since the war fowl season with the first part of difference is largely due to the low regular season. years in the early 1940's, Iowa the season opening in early Octo- kill on this particular species. We must also determine if w waterfowl hunters will have an ber. That season, blue-wings A great deal of information can terfowl hunters in Iowa are opportunity to hunt ducks this made up approximately 30 per- be determined from banding data, terested in a special season year during the month of Septem- cent of the entire "take." In 1964, Not only does the data tell us the this type. ber. Does this mean that water- they comprised about 20 percent migration patterns of the birds, In order to find the solution fowl populations have suddenly re- of the hunters' bag during the first but it gives us natural mortality the many problems involved, w covered from the lows of the last half of the split season. This in- rates, hunting mortality rates, dis- terfowl technicians will evaluate few years? The answer to this dicates that an early season could tribution patterns, and many other this experiment carefully. Ban question is an emphatic "NO." substantially increase the harvest factors which are important to ing and subsequent recovery Mallards and other popular spe- of this species. In 1963 and 1964, waterfowl management. Blue- bands will provide us with mu however, we had unusually warm winged teal data indicates that a useful information. Question In an attempt to provide duck falls; and September frosts had combination of factors is causing naires; wing collections; field of hunting recreation without further not driven out the blue-wings, a high natural mortality rate for servations; censuses of birds ! endangering species in short sup- Normally our first frosts occur in this species. Waterfowl experts fore, during and after the seaso ply, waterfowl managers have late September, and the blue-wings believe that mortality from hunt- and other means of collecting da taken a long look at our over-all leave for warmer climates. Rec- ing could be substituted to a cer- will be employed. All of this duck populations. Research by bi- ords show that peak populations tain degree for the high natural formation will be carefully studi ologists and game managers in the of blue-winged teal in this state mortality. In other words, it is to determine the success or failu Mississippi and Central Flyways occur between September 15 and believed that the number of birds of the experiment.

fore regular duck seasons are held. blue-wings in northern states, it lation for this species. This is These small ducks have been sub- might be assumed that they are the reason for holding this experi- cies in the field, all teal will jected to very little hunting pres- taken by hunters in the southern mental teal season. sure. As a result, waterfowl man- part of the flyway. This is not agers proposed that an experimen- the case. In the southern states, tal teal season be held in an effort as in the northern part of the flyto determine whether we can pro- way, hunting seasons are largely vide additional duck hunting with- geared to the mallard migrations. out further decimating the num- By the time hunters take to the bers of mallards and other endan- field in Louisiana, the teal are in Central and South America,

Banding Studies

During the years when the duck port the bands taken from blue- periment. season opened in mid-October, winged teal at the same rate as We must also determine the efblue-winged teal made up less than they do for other species, or they fects, if any, that experimental 2 percent of the ducks in the are not shooting blue-wings at the hunting of teal would have on pop-

same rate as they are harvesting ulations of other ducks norma other species. Though hunters present during the regular du might report blue-wing bands at a hunting season. Perhaps this ear

taken by hunters would have little teal pass through the flyways be- Since we do not harvest the or no effect on the over-all popu-

Identification a Problem

To evaluate a season of this type, many factors must be considered. Basic consideration, of course, must be given to the effect of hunting upon the teal population; but we must also consider the possible kill of other species due to the hunter's inability to The gamey blue-winged teal is Many thousands of blue-winged properly identify ducks on the the most abundant nesting duck in teal have been banded over the wing. Populations of wood ducks, Iowa. During the early fall sea- years in an effort to learn more in particular, will be high at this son it makes up the majority of about the life habits of this bird. time of the year; but other species, the waterfowl populations in this Band recoveries for this species such as mallards, pintails, widstate. It is a highly desirable spe- are much lower than for most geons, redheads and shovellers, cies that is rarely harvested by our common ducks. There are two pos- will also be found in our marshes hunters because of its early mi- sible reasons for this low recovery and sloughs. Killing these species rate. Either hunters do not re- will seriously jeopardize the ex-

Season Regulations

To simplify identification of sp legal during this experimental se son; although it was designed pl marily to provide an addition harvest of blue-wings. Gree winged teal normally migrate lat in the year. Cinnamon teal, & most indistinguishable from the blue-winged cousins, are rare Fermits seen in Iowa. Since this expel mental season is also being co ducted in the Central as well the Mississippi Flyway, the latt species is included.

The State Conservation Cor mission has approved the follow hits ing regulations for 1965's exper mental teal season:

- Dates September 11 through September 19, 1965, both date inclusive.
- 2. Shooting hours—sunrise un sunset each day.
- 3. Daily Bag Limit-four (4) blu (Continued on page 47)

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When W mil of k is it do res. Mal ek ruffs umming the opp at of ca sounding treases . urting ninst th nbies a fades a hundi

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THE RUFFED GROUSE IN IOWA

Max Schnepf

When willows begin to leaf, the thrill of love touches ruffed grouse like it does all of nature's creatures. Males, with tails fanned and neck ruffs bared, strut atop their frumming logs and woo members of the opposite sex. A quick downbeat of cupped wings produces a "esounding "thump" . . . the tempo ncreases . . . faster and faster the courting male beats his wings t fades and stops.

this en northward.

stur ame birds; but each spring, sunrise. lountain pheasants or fool hens, ommission personnel.

st ruffed grouse study. It had

JCK HUNTER'S BONUS-

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(Continued from page 43) winged, green-winged and cinnamon teal, singly or in the aggregate of these species.

Possession Limit — eight (8) blue-winged, green-winged, and cinnamon teal, singly or in the aggregate of these species.

Permits - Each hunter must have on his person while hunting a valid special teal hunting permit. (In addition to the regular hunting license and waterfowl stamp as required.) There will be no charge for permits.

Evaluate the hunting potential of sities of these birds. Here are the ber when making a comparison, existing ruffed grouse populations. results.

RANGE AND POPULATION

chosen by Conservation Commis- widely in many states. sion personnel to complete the The most and best grouse habstudy's first objective.

tands that provided food and period. Routes are run on clear, drumming count surveys. esting cover fell before the axe. calm mornings usually in late

3 the old-timers call them, an- work in 1960, seven permanent Allamakee County's four routes ounce nature's annual reawaken- drumming count routes—four in had a composite average of 2.4 ig from their last stronghold in Allamakee County, two in Winne- drums per stop. In contrast, the ie picturesque river bluffs and shiek County and one in Clayton two routes in Winneshiek County mbered hills of northeast Iowa. County-were established and run tallied 1.0 drum per stop; and ist how many still exist in this for the first time in 1961. Counts Clayton County's lone route proy. Boy oodland domain has been the ob- were made over the same seven duced only 0.6 drum per stop. A ct of five years of continuing routes in 1962. Two additional drum per stop average of 1.5 to irveys by State Conservation routes, one each in Winneshiek 2.0 indicates a good ruffed grouse and Clayton Counties, were mapped population. In 1960, the Commission's Fish in 1963 and have been included in Despite these wide variations,

1965, or delivered to the offices actions to the special season. 1965.

7. Area—Entire State.

Commission.

Commission. Such applications kill into the envelope and drop it this, are probably doomed.

ative populations. The spring 1962, 1.7 in 1963, 1.5 in 1964, and ited habitat and range. drumming count technique, which 1.7 in 1965. The similarity of the capitalizes on the audible love- per stop averages indicates a relamaking displays of ruffed grouse, tively stable grouse population, has been widely used to determine which is somewhat unusual begrouse population trends. It was cause grouse populations fluctuate

itat in Iowa is in Allamakee, Clay-By systematically counting the ton and Winneshiek Counties. Duagainst the air until the sound re- number of drumming grouse heard buque, Delaware, Fayette and the sembles a muffled drum roll. Then along a pre-determined drumming northeast corner of Howard Councount route, a population index is ty are considered marginal grouse A hundred and fifty years ago obtained which indicates year to range and constitute the southern hese love-minded bantam drum- year population fluctuations. A and western limits of the little upners proclaimed spring to nearly drumming count route consists of land game bird's range. There are Il of Iowa. They pretty much had 15 "stops" approximately one mile known to be sizeable populations he run of things in the Hawkeye apart. At each stop, the person of these bantam drummers in isoitate along with the since de- making the count stands outside lated areas of the marginal counarted prairie chickens. Then set- his car and counts all audible ties, however; but a lack of roads lers come. Berry-rich hardwood drummings within a four minute near the populated areas prohibits

Due to the lack of roads and disivestock nibbled away the pro- April and begin 30 minutes before continuous habitat throughout ective undergrowth, and the little sunrise so peak drumming activ- Iowa's grouse range, there is wide pland game birds were forced to ity is sure to be encountered. Al- variation in the results of counts eat a quick retreat, first eastward though the bantam drummers per- made. For instance, the highest form periodically throughout the individual route drumming count Today, few people list ruffed day, they lose much of their ambi- to date was recorded on the Yelrouse among the state's upland tion within an hour or two after low River Forest route in 1962-52 drums or an average of 3.5 Following preliminary survey drums per stop. The same year,

id Game Division outlined its the surveys the last three years. Iowa's composite drumming count This spring, after five years of indicies compare favorably with ree objectives: 1. Determine the drumming count surveys, Conser- drumming count results in Minneinge and population densities of vation Commission personnel feel sota, Wisconsin and Michiganffed grouse in Iowa. 2. Re-estab- they have defined the ruffed states which permit an annual th ruffed grouse in areas of the grouse's range in Iowa and have harvest of ruffed grouse. The ate where habitat exists. 3. an idea as to the population den- most important point to remem-

> shall be postmarked not later in the mail. Still others will be than midnight, C.D.T., July 31, interviewed to determine their re- in the field by both State and Fed-

than 4:30 p.m., C.D.T., July 30, vide Iowa waterfowlers with much prosecuted, if apprehended. Resuccess or failure of the experi- ment depends upon the duck hunter. Application forms will be avail- ment depends largely on the reable at most places where hunting action of hunters in the field. If licenses are sold. They can also the season is to become an annual be obtained from the Des Moines affair, it will be necessary for Office of the State Conservation hunters to learn to identify the different kinds of ducks. Those The primary purpose of the spe- who cannot identify the various cial teal hunting permit is to pro- species should refrain from huntvide waterfowl managers with the ing during this season. If hunters names and addresses of those par- show they can identify teal corticipating in the experiment. Per- rectly and harvest only this spe-Applications-Each person de- mit holders can then be contacted cies, there is a good possibility siring to obtain a specal teal to provide the necessary data to that other experiments of this nahunting permit must make ap- evaluate the season. Some will re- ture may be attempted in the fu- tion of waterfowling, we must be plication to the State Conserva- ceive a special questionnaire; oth- ture. If they cannot distinguish able to manage the individual spetion Commission, East 7th & ers may receive wing collection between the various species and cies. Gone are the days when it Court Avenue, Des Moines, envelopes and will be asked to put kill other kinds of ducks, species was sufficient to identify ducks as Iowa, on forms furnished by the one wing of each bird they will management experiments, such as big ducks or little ducks. Now, we

however, is the fact that even In 1961, an average of 1.5 drums though Iowa's counts compare fa-Since it is impossible to count per stop were recorded over the vorably with these better than every individual of a small game seven drumming count routes, average grouse states, the total population, survey techniques have Nearly the same average has been ruffed grouse population in Iowa been developed which measure rel- obtained each year since-1.8 in is relatively low because of lim-

RE-ESTABLISHMENT

Grouse are timber dwellers; but they shun dense, mature timber in favor of less dense stands with interspersed clearings. Since much of Iowa was once prime grouse habitat, Commission personnel feel certain these upland game birds can be re-established in the 6,965 acre Shimek Forest and 4,989 acre Stephens Forest, both located in southern Iowa.

Later this summer, a bait trapping program will be conducted in the Yellow River Forest. Hopefully, 50 grouse can be captured, transported and released on the Shimek area in Lee and Van Buren Counties. If the birds "take," a similiar release will be made in the future in Stephens Forest located in Lucas and Monroe Coun-

HUNTING POTENTIAL

Although a successful re-establishment program could enhance the hunting potential of ruffed grouse populations, Commissions personnel, at this time, are concerned with the potential of existing populations.

Grouse are gallinaceous birds like pheasants and quail. A large population turn-over characteristically occurs each year among gallinaceous species. As high as two-thirds or three-fourths of fall populations are "young of the year." By spring a high percentage of these birds fall victim to predators or the weather because of the lack of cover; consequently, the hunter is used as a management tool to displace natural mortality. In other words, he harvests the annual surplus.

Despite limited cover and rela-(Continued on page 48)

Hunters will be watched closely eral personnel. Persons taking of the Commission not later A season of this type could pro-ducks other than teal, will be needed additional recreation. The member, the success of this experi-

> Lest it be confusing to the average duck hunter, it should be pointed out that this experimental teal season will not have a bearing on our regular duck season. This is a separate season entirely and is not a split part of the regular duck season. This experimental season is a bonus for those hunters who are cooperative and can properly identify the various species.

> If we are to continue the tradimust be able to tell the exact kind.

RUFFED GROUSE IN IOWA-

(Continued from page 47) tively low, numerical grouse populations in Iowa, a harvestable surplus may exist. Furthermore, limited hunting could create a healthy situation by forcing the bantam drummers into fringe areas. This has occurred in the case of both deer and Hungarian partridge in Iowa.

Later this fall, Commission personnel will begin the task of evaluating the hunting potential of existing grouse populations.

PLAY IT PRIMITIVE-

(Continued from page 46)

The trail to the third and final camp spot takes us through the southeastern portion of the unit. We pick up the trail behind the sawmill by turning left and following the old county road. Since cars and trucks still use this narrow old road, we stay alert for cars coming from either direction. The route eventually brings us to the fire tower area where we can rest for awhile.

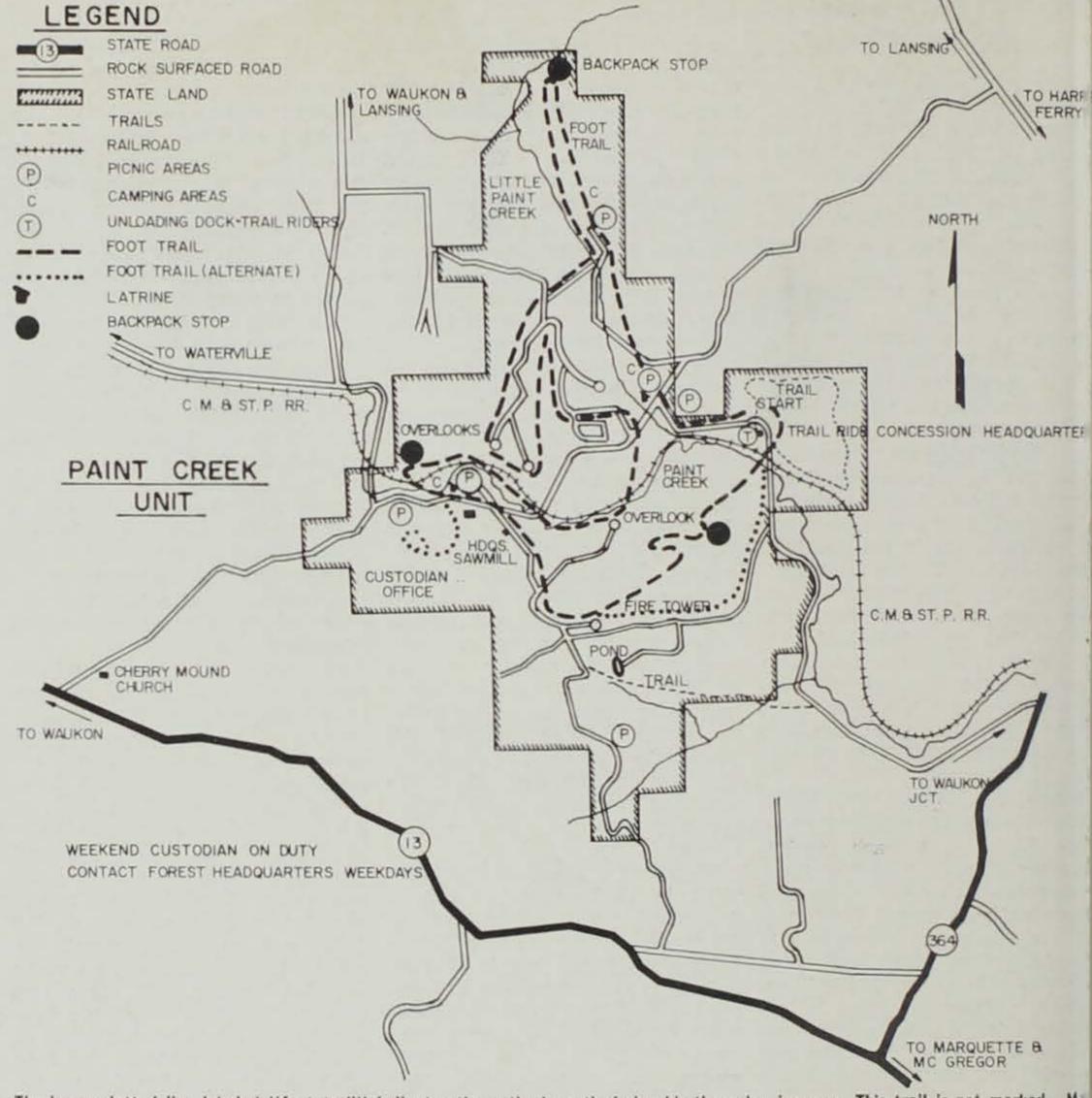
Ahead is a walking path that leads through a short stretch of hardwood. It was in this area that wild turkeys were released a few years back, and this remains one of their favorite haunts. If our approach was quiet enough, we may catch a fleeting glimpse of some of them as they walk sedately across the path. We'd better be prepared to take pictures of them; we'll get no second chance.

Reaching the clearing at the end of this hardwood timber, we shuck our packs and cache them near the trail. There's an interesting walking path off to our right. It plantations and down to one of the 22 ponds that have been constructed in Yellow River.

by making them more attractive packs.

as a feeding station for the tur- mile to our car. keys when they were first released. The platform is a good seven foot off the ground. You figure out how they used it!

marks are faint.



leads through experimental pine The heavy dotted line labeled "foot trail" indicates the author's path during his three-day journey. This trail is not marked. Me other trails, some of which are marked, can be used by campers and hikers in the Yellow River Forest.

to wildlife. They contain no fish, ney rock around which the old lum- thread, safety pins and canteens. your bearings. The major proble so we leave our tackle with the ber trail makes a hair pin curve, It sounds like a tremendous will be water. There is only o the first of several that eventually amount to carry, but it really isn't, source of safe drinking water, a The edges of the ponds are rich leads us back down to the mead- Just make sure that each item is that's at the sawmill. You'll wa with tracks and offer a good owed valley of the Big Paint. We'd the lightest made and that it con- to pack two small canteens P chance at practicing identification, better enjoy our final camping tains no excess weight. For in- person; and even then it will Near this particular pond is an spot. On the marrow we'll have to stance, some say to cut excess necessary to go on rations old wooden structure that served ford the stream and hike the final inches off toothbrushes to save times. If you run out of wat

Your Equipment

What do you need to make this used by wheeled traffic, so the flashlight (extra batteries and neck, or carry in your hands. bulbs), first aid kit (make your

Eventually we will be confronted own and includes a snake bite kit). Unit has been kept as primitive with an old wooden gate. The fence bug dope, map (wrap it in plastic), possible, you shouldn't encount The ponds serve two purposes. has been removed, however, so an suntan lotion, dark glasses, nylon too many difficulties. As far as t First, they have helped end erosion easy jog to the left brings us back rope (50 foot per person), toilet trip outlined above is concerne problems, and second, they store to the trail. The path follows the tissue, trowel, knife, hatchet, small there is little danger of getti water at the top of the hills there- ridge and is flat and comfortable. pliers, matches (dip them in par- lost, especially if you keep close At the tip of the bluff is a chim- affin), soap, towel, needle and to the outline until you've gott

> weight, or never leave food and you're too far from a pu wrapped in cardboard (re-wrap it source, take standard purification in plastic) to save extra ounces.

Then, if you're a family going dream trip come true? In addi- out on a back-pack trip, you can After picking up our packs, we tion to the pack and frame you'll distribute the weight among camphead out across the grass clearing, need a lightweight tent or plastic ers. Women can carry 30 to 35 eration. The forest contains veering left up and over the knob tarp for ground and overhead pounds, whereas a man can carry markers indicating where packe of a slight rise. To the right is a cover, sleeping bag, air mattress, 40 to 50 pounds. Kids are usually may go. This makes it a spo newer pond centered between two cooking utensils, lightweight dish- in much better condition than ad- that is not only imaginative, by long stretches of erosion control es, food: 11/2 pounds per person ults, so they can easily heft 20 to full of freedom for the individual work creating a huge "V". Our per day, an extra pair of jeans, 30 pounds (from nine years on up). After becoming trail hardene trail leads along the left embank- two long sleeved cotton shirts, a When you figure weight distribu- your packing experiences will I ment and beyond to where the sweat shirt, two changes of wool tion be sure that you count all limited only by your imagination ridge narrows once more. It's been socks, underwear, camp shoes and items, including the things you'll And believe me, once you've starte years since this portion has been socks, rain gear, handkerchiefs, hang from your belt, around your to unearth Yellow River's hidde

Even though the Paint Creek more.

procedures (boiling or purification tablets) before using water o tained from open sources.

Back-packing is a free lance o secrets, you'll search out mar