



Volume 24

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Number 3

# BIRDING IS FUN

Max Schnepf

"Bird watching" brings to many people's minds a picture of bespectacled elderly gentlemen with walking canes and frivolous women dressed in course tweeds and leather walking shoes scurrying about the city park, monoculars in hand, spying on the array of bird life flitting among the greenery. No picture is more ill-conceived!

Bird watching, more properly called birding, is a serious hobby to three million American naturalists and scientists. To these participants, birding is a source of scientific information, such as sight records, populations, distribution and migration patterns.

Each year the Department of the Interior's Fish and Wildlife Service solicits the cooperation of birders in estimating waterfowl populations. Under the direction of the National Audubon Society, local birding clubs and natural history clubs throughout the United States make an annual bird census known as the Christmas census because it is made during the holiday season; the results, compiled by the Society, comprise the best record of bird numbers and distribution in this country.

## Less Serious Participants

In addition to the serious participants are millions of weekend birders who enjoy the activity as a form of outdoor recreation. To these people, birding places avian life in a new dimension. They become aware of the abundant and varied forms of bird life—approximately 750 species of shore birds, waterfowl, song birds and birds of prey exist on the North American continent. These amateur birders view bird life in the context of nature rather than as feathered nuisances that eat strawberries out of gardens or decorate statues in the parks.

Although birding can be a year 'round hobby, the most interesting and colorful time to go is spring. Stimulated by mild weather and the longer periods of daylight, thousands of birds in breeding plumage instinctively fly north to their summer residence. (A list accompanying this article indicates the average spring arrival date in Central Iowa for a number of bird species.)

The competitive spirit of this hobby results in contests to see who can serve the rarest, earliest arriving or most species. On May Day each year, birding clubs across the land vie with each other in an attempt to identify the most species within a 24-hour period.

## Birding Equipment

The well-outfitted birder carries a pair of field glasses or binoculars, a field guide for identification, notebook or checklist, pen or pencil and warm clothing to correspond with the season.

The choice of field glasses depends on individual preferences concerning magnification and field of view. The versatile 7 x 35 binocular is most popular because of its light weight. A 20X spotting scope with tripod is almost essential for long distance observation of hawks or waterfowl.

Several excellent field guides are available, including Roger Tory Peterson's *Field Guide to the Birds* and the *Audubon Bird Guide*. For the real enthusiast, a record album of bird songs keyed to Peterson's field guide can also be purchased.

## Identifying Birds

Identifying birds presents a challenge, especially to the beginning birder. The ideal way to learn identification techniques and specific bird species is to accompany an expert. Since this is frequently impossible, there are a few tips every beginner should know.

Birding should be done in small groups—never more than 10 individuals. Move slowly and quietly. Scour the trees for movements. You may even want to sit in one spot for several minutes. Talk only when necessary, and keep it to a whisper.

When an unknown species is spotted, work into a position that allows a clear view of the bird. Keep the sun at your back if at all possible. Once in position, make these general observations!

(Continued on page 24)



White-Breasted Nuthatch, a permanent resident in Iowa,

Jim Sherman Photo.



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CIRCULATION THIS ISSUE 52,000

**COMMISSION MINUTES**

February 2 and 3, 1965

**FISH AND GAME**

Approval was given to the 1965 Fishing Season Regulations.

Approval was given to exercise seven options for approximately 300 acres of Badger Lake in Monona County at an average cost of \$150 per acre.

Approval was given for a land exchange at Hendrickson Marsh in Story County involving 38 acres in ownership of Mr. Long, in trade for land having the same appraisal value.

A report was given concerning planning for part of the Kiowa Marsh in Sac County and further negotiations with the County Board of Supervisors and County Conservation Board were ordered.

Approval was given to permit an easement for levee purposes to Iowa River-Flint Creek Levee District No. 16 in Des Moines County with a provision that easements for crossing must be obtained for continuous access.

The Flint Access Area in Polk County was established as a Wildlife Refuge and abandoned as a shooting range.

Chairman Sherry Fisher received a report from Dr. Carlander of Iowa State University regarding efforts to obtain the establishment of a Cooperative Fisheries Unit in Iowa. This Unit would carry an annual budget of \$40,000 and would be established at Iowa State University. The Director was ordered to prepare a resolution to be sent Congressmen and the U. S. Fish and Wildlife Service urging acceptance of the State of Iowa for a Cooperative Fisheries Unit.

The Commission met with a delegation to discuss underwater rough-fish spearing by scuba divers in Iowa and went on record as approving of a proposed bill which would allow this activity, under Commission regulations.

Approval was given to a motion that Iowa participate in the proposed special experimental teal season next fall.

The Commission requested that the Attorney General proceed with

a suit to recover trout loss damages at Big Springs.

**LANDS AND WATERS**

Approval was given to a motion to hold a meeting with interested groups at the site of a proposed sewage treatment plant in the town of Sabula.

The Commission met with a delegation from Carroll County to discuss various ways and means of financing the expansion of Swan Lake Park which is now under the management of the Carroll County Conservation Board.

A bid of \$3,854.52 was accepted for fuel for the Stom Lake Dredge from the Callison Oil Sales.

A discussion was held concerning three applications for the Backbone Park Concession, and the contract was awarded to Dale Nordurft for 3 years.

Mr. George Weaver of the Engineering Section reviewed the principal large lake sites studied to date.

A discussion was held concerning the possible purchase of land at Casino Bay on Storm Lake; and Dr. Kinney, Commissioner, was asked to contact the landowners involved and determine the lowest price on this property.

A discussion was held by the Commission and Staff on the management of the Eagle Lake water level.

Boat registration procedures were reviewed.

Approval was given to a request that a complete file of all data involved in the Missouri land transactions and studies be established in the Commission Office in Des Moines.

**COUNTY CONSERVATION ACTIVITIES**

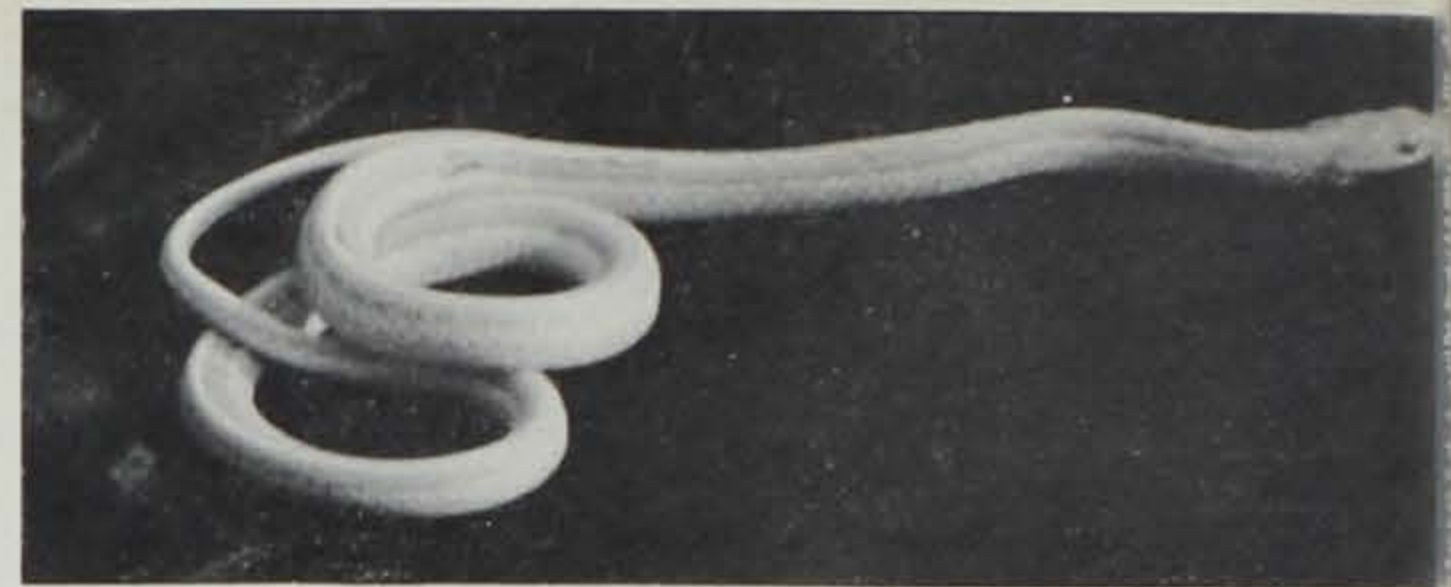
Calhoun County received approval for acquisition of 5½ acres of land at a total cost of \$1,000 for the purpose of developing a fishing access to Big Cedar Creek and the development of a small picnic area to be called Kelly Access.

Crawford County received approval to acquire 21 acres of land under a sponsoring agreement with the Iowa State Highway Commission for the purpose of establishing a highway safety rest area adjacent to new U. S. Highway 30 west of Denison.

Howard County received approval for the acquisition of 27 acres of land at a total cost of \$1,500 for an addition to Vernon Spring Park Area.

Linn County received approval for the acquisition of 33½ acres of land adjacent to the Cedar River as a gift from the Iowa Electric Light and Power Company for development as an outdoor classroom for the teaching of natural sciences and as a fishing access to the Cedar River.

Story County received approval for the acquisition of one acre of land by a sponsoring agreement with the Iowa State Highway Commission located one mile north



Kenneth Carlander

**GHOST SNAKE**

Dr. Kenneth D. Carlander

Iowa Cooperative Fisheries Research Unit  
Iowa State University

Raymond Hylland of Leland, Iowa, may have thought his eyes were deceiving him last September when he saw a ghost-like snake. Fortunately, it was only 21 inches long and he was able to catch it. It was all white except for a faint pinkish stripe down each side and faint pink blotches on the side. The eyes were bright pink.

Mr. Hylland turned the snake over to Wilfrid Macheak, Conservation Officer, who sent it to State Conservation Commission Biologist Tom Moen. Tom sent it on to Iowa State University where it was put in the permanent museum collections after it died from injuries suffered while it tried to escape from a cage.

The snake was identified as an albino common garter snake (perhaps the red-sided subspecies). Albino snakes have been reported before but are very rare.

of the town of Ames adjacent to U. S. Highway 69 to be used as a highway safety rest area.

Story County received approval for the acquisition of 2½ acres of land by a sponsoring agreement with the Iowa State Highway Commission located on the newly constructed Highway 30 approximately 3½ miles east of the town of Nevada to be used as a highway safety rest area.

Delaware County received approval for a development plan for the Burton Wildlife Area consisting of one acre of land adjacent to Highway 38.

Delaware County received approval for development of the M & O Wildlife Areas consisting of 6½ acres of land.

Story County received approval for a development plan for the Highway 69 Safety Rest Area and for the Highway 30 Safety Rest Area.

The County Conservation Director, H. W. Freed, reported on the negotiations concerning the Iowa Public Service Company riverdams and landholdings in Humboldt County.

The Commission approved the acquisition of the mill race in Humboldt to use in connection with the fish hatchery there.

**GENERAL**

Approval was given for travel to North American Wildlife Conference at Washington, D. C.; the Waterfowl Banding Program in Canada; the U. S. Forest Fire Control Meeting at Milwaukee, Wisconsin; Participation in sports shows at Chicago, Milwaukee, Minneapolis, and Omaha; a Blanket Travel Authorization for Engineering Section Personnel to the Corps of Engineers Office in Omaha, Ne-

braska City, Rock Island and Savannah.

Approval was given for the renewal of annual blanket travel for three district foresters one county into adjoining states to transact business.

The renewal of annual blanket travel by the area forester, Yellow River Forest to Prairie du Chien in Wisconsin; Blanket Travel for Land Acquisition Personnel to travel one county into adjoining states.

The Commission discussed the DeSoto Bend National Wildlife Program and asked the Director to obtain further information on the subject.

Dr. Marshall McKusick, State Archeologist, appeared before the Commission and discussed some of the new archeological findings in Iowa.

Snakes can swallow their victim whole since the upper and lower jaw can "unhook" to encompass large objects.

\* \* \*

The flea can lift 140 times its own weight. If a man could do this, he would be capable of lifting a ten-ton truck.

\* \* \*

The bluegill gets its name from a small blue tab that extends backward from the gill cover.

\* \* \*

Turtles have no teeth, but their jawbones are often very sharp and their jaw muscles extremely powerful.

\* \* \*

The skunk uses his potent secretion sparingly. He produces it at the rate of only about one-third ounce per week.



# G" PRACTICES IMPROVE IOWA'S HERITAGE

Jack Higgins

Future hunting and fishing prospects have never looked brighter in Iowa than at this time. The credit for this improved outlook goes to farmers and landowners who have set up cooperative conservation easements with the aid of the Agriculture Stabilization and Conservation Service, and State Conservation Commission. Their activities cover three basic wildlife habitats and are known as the "G" practices.

## G-1

The G-1 program seeks to establish vegetative cover which will provide wildlife with both food and habitat. It is the broadest of the three programs, as it may be set up on any, or all, parts of a farm.

One portion allows the establishment of shrubs as field and travel lane borders. A second section allows the planting of shrubs around existing groves and windbreaks. The purpose here is to encourage the development of ground cover for birds and animals in sections of the state that have little, if any, natural shrub growth in fields. The third section encourages the use of odd areas for plantings that are suitable for wildlife, but not agriculture.

Odd area plantings must contain at least one-fourth acres of ground, and may be located on any portion of the farm. The pattern of planting will vary according to location and layout of the area. In general, each plot consists of a central area planted to either conifers, or an area on which the major portion is planted to permanent vegetative cover. Where conifers are used, the odd area planting consists of at least 50 conifers and 50 shrubs.

## G-2

The program for the development or restoration of shallow water areas is designated as the G-2 practice. This program encourages the development of marsh and feeding areas that are attractive to waterfowl. Such an area has to be at least one acre in size to qualify for development aid.

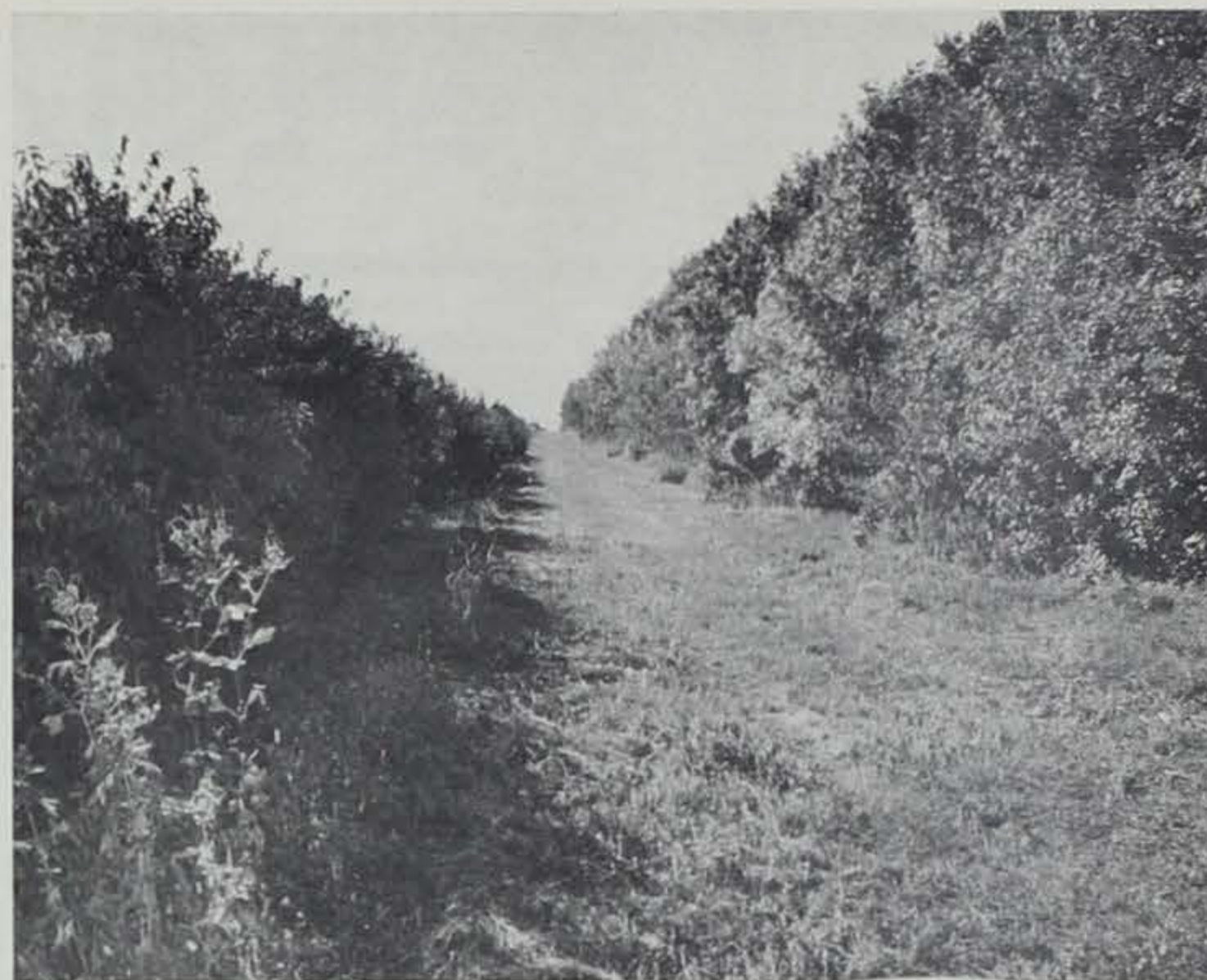
A marsh may be established by plugging a drainage channel to return marsh conditions to an area previously drained for agricultural use. If this condition can't be met, consideration is given to the construction of either a dike or dam system, or even the excavation of earth to a point below the water table. In the event that an excavation is needed, the winter water table has to be no more than two feet below ground level.

Waterfowl feeding areas are developed on flat, dry land, as they have to be tilled and seeded annually and then be flooded for a portion of the year. Flooding may be accomplished by pumping from an adjacent water supply, or by gravity from a nearby impoundment.

## G-3

The final "G" practice deals with the construction of ponds or dams to create wildlife habitat for both animals and fish. The G-3 program is meant to aid in the development of permanent water structures on farmland. No federal cost-sharing is permitted if the primary use of the impoundment is to be used for irrigation, or the commercial production of fish.

Basically, G-3 ponds must provide a minimum of eight feet of water over at least 20 percent of the total surface area of the pond at all times. The watershed may be as small as three acres, but can be



Special wildlife plantings for field and travel lane borders can be purchased from the State Nursery.

no larger than 15 acres. The pond itself has to have at least one-half surface acres of water.

## Financing

Under both the G-2 and G-3 practices, the federal cost-sharing agreement extends to 60 percent of the total costs involved. In the case of pond construction, the average cost to landowners in south central Iowa has been about \$400 per one-half acre of surface water acquired. The G-1 program contains optional practices. Therefore, the cost-share agreements may vary. The percentage payments may range from a low of 50 percent for seeding an area, to a high of 80 percent of the cost of shrubs and trees.

## "G" Practice Benefits

The idea behind all the "G" practices is that they foster the conservation of soil and water—two assets vital to the continuance of our society. The fact that they benefit the continuance of many forms of wildlife further enhances their value to both the farmer and the sportsman.

Per mile, shrub rows will generally produce 15,000 additional beneficial insects, 20 more insect eating birds, and 20 desirable small animals. At the same time there is a drastic reduction in the number of pests that plague crops. There will be 39,000 fewer destructive insects and 63 less harmful animals. Anyway you look at it, this is a real economic gain.

The hunter, on the other hand, discovers a more vigorous and numerous game population than had previously been supported by the land. Truly, these programs do much to improve the outlook of our Iowa heritage.

## NATIONAL WILDLIFE WEEK

March 14-20

Control of water pollution is America's most pressing conservation problem. It has been estimated that, by 1980, this nation will need to re-use existing water supplies at least six times in order to meet domestic, industrial and agricultural needs.

Although many areas of our country are blessed with adequate water supplies at this time, we may face an acute water shortage unless steps are taken immediately to halt water pollution. By cleaning up streams, rivers, lakes and reservoirs, water can be used many times to supply human needs; but already, some parts of the country face economic disaster because of dirty water.

Every citizen can help "FIGHT DIRTY WATER" and keep America's supply of water clean and usable. Support efforts on the local, state and national level to control water pollution.

**"FIGHT DIRTY WATER"**



George Tovey Photo.

Area plantings under the G-1 program aid small game populations by providing winter and nesting cover.



# SPRING'S SPECTACULAR GOOSE MARCH



The clamor of thousands of blue and snow geese herald the arrival of spring as waves of these migrating birds move north each spring along the broad alluvial flood plain of the Missouri River. Throughout the blustery month the magnificent flight shuttles north in the shadow of western Iowa's loess hills—Hamburg, Percival, Thurman, Pacific Junction, Missouri. Ornithologists, such as Audubon; and until recent years, went unnoticed except by a few people living on the river.



Almost simultaneously, the blues and snows break formation; swinging and sideslipping, they descend to the ground to feed or rest. The constant milling attracts new flocks. The geese become so thick in some instances that it looks like there isn't room for another one to land. Suddenly they swarm into the air, frightened by the blundering approach of a photographer. With wings thundering and voices squawking, they circle a few times, and once more land to feed or rest.



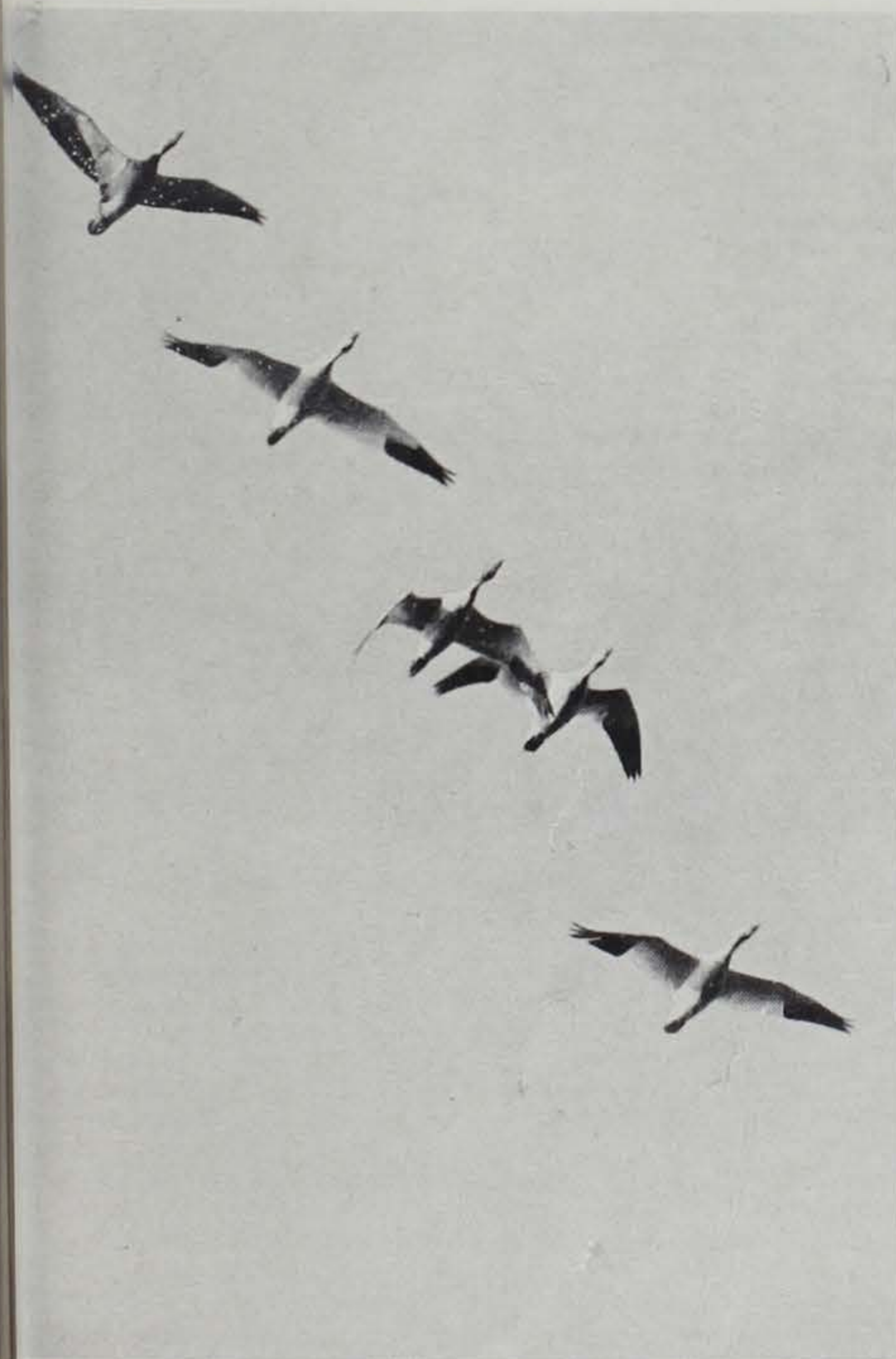
Early morning and late afternoon is feeding time for the geese. In turn, the flocks move from their resting areas on lakes and sloughs to nearby fields. The long lines and broken V's settle into the wet gumbo soil where they glean what remains of last fall's harvest. The flocks hop from field to field until, gullets full, they return to the resting areas.



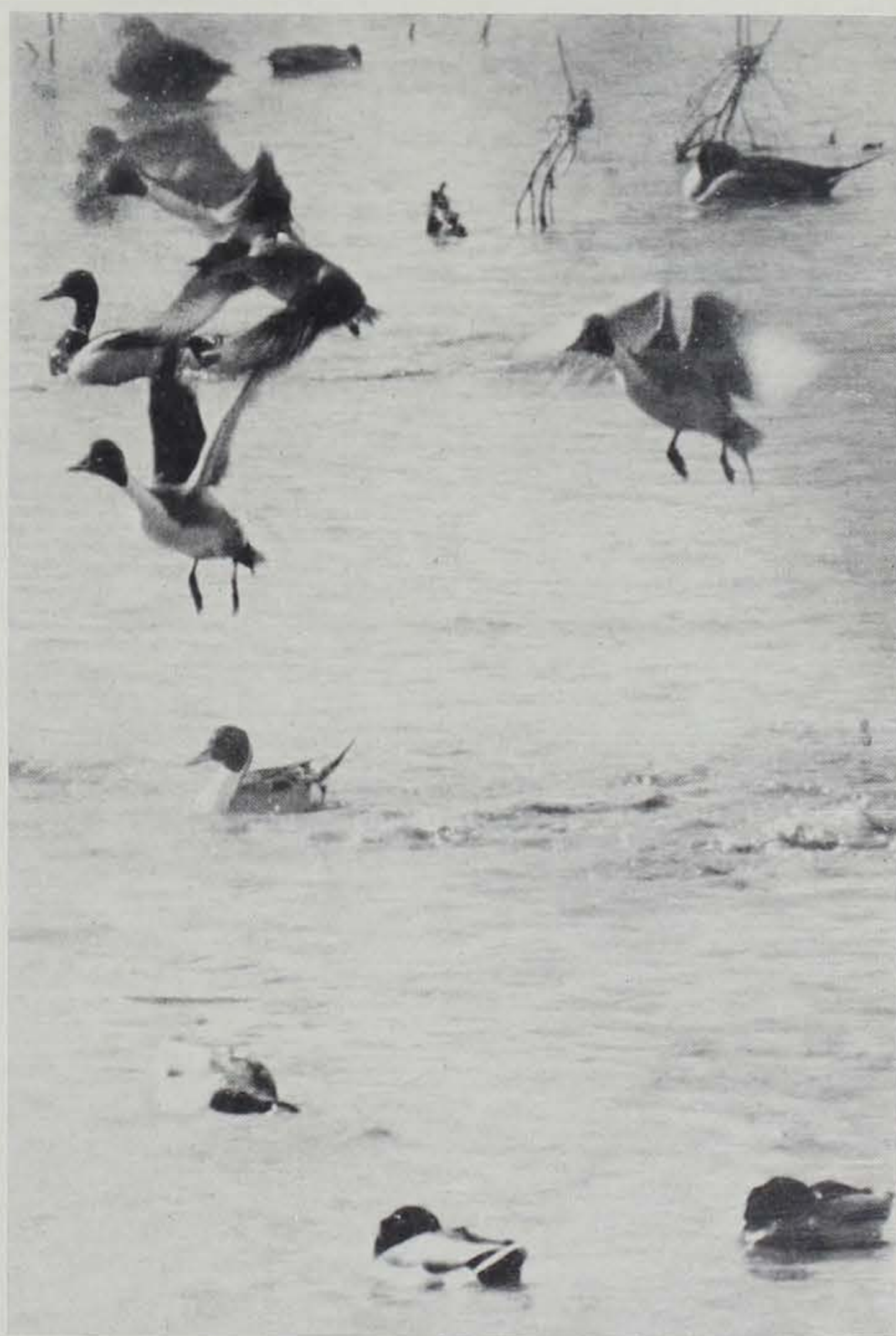
# PHOTO Feature by Jack Kirstein



The first blues and snows begin arriving in Iowa during the last week in February or first week in March; the peak migration usually occurs between the 10th and 25th of March. The birds follow the retreating snow line on the 2,600-mile journey to the Baffin Island breeding grounds. The spectacle was never mentioned in the writings of early naturalists. Now, scores of people from all over the midwest line the highways to view the awesome sight.



Blue and snow goose migration on the central flyway is leisurely, depending upon weather conditions. A late winter storm may send the birds scurrying back into the south, or unusually mild weather may magnetically draw them northward. Once they leave Iowa, the blues and snows, accompanied by lesser numbers of Canadas and mallards, migrate through Minnesota, South Dakota and North Dakota, into the Canadian prairie provinces, to James Bay and eventually into their arctic nesting grounds.



Other waterfowl, such as these mallard and pintail ducks, enhance the spring spectacle. Teal, baldpates, mergansers and redheads, dart in and out among the flocks of geese. To see all the birds in their spring plumages, to see and hear their mating flights and calls and to thrill to the sheer magnitude of the migratory flights is a never-to-be-forgotten experience. Further information regarding the spring flights can be obtained from the State Conservation Commission, East 7th and Court, Des Moines, Iowa 50308.



## SKUNKS AND THE RABIES PROBLEM

Paul D. Kline  
Game Biologist

People think they have problems with flu, measles, chicken pox, and the like. What many of us don't realize is that all wild animals also host a repertoire of diseases. Some are of no more consequence than our common cold. Others are of vital importance to individual animals or populations. Very few wildlife diseases are transferable to human or domestic livestock.

Recently, rabies has become significant in Iowa wildlife, principally among striped skunks. Other animals, such as foxes and raccoons, occasionally have rabies but not as often as skunks. Rabies would not be a problem if these animals kept the disease to themselves, but they don't. They infect livestock and pose a mild threat to campers, picnickers and other outdoorsmen. Much of Iowa's annual livestock loss due to rabies can be traced to skunks; and even though there are no recent Iowa records of rabies in humans, the threat exists. It should be pointed out that not all skunks are rabid. As a matter of fact, most of them are not.

The disease, frequently called "hydrophobia" or "mad dog disease," is one that can infect any warm-blooded animal. It is caused by a filterable virus which attacks nerve tissue and eventually the brain of the infected animal. Since the virus usually occurs in the saliva of the rabid animal, the disease is usually transmitted from one animal to another by biting. One of the common symptoms of rabies is the irresistible urge to roam and bite.

### High Skunk Population

At first glance it might seem simple to reduce the threat of rabies in Iowa by eliminating skunks. Certain facts complicate this solution, however. Skunk population surveys made in Iowa revealed an average of approximately three striped skunks per square mile. Therefore, Iowa's striped skunk population could be near 165,000 individuals. Any artificial population control would first need to remove the annual production or equivalent.

An Illinois study revealed the age ratio of skunks to be 2.3 juveniles per adult. In other words, more than two-thirds of the population represents annual production. Using these figures as a base, any sort of statewide control would need to remove 100,000 striped skunks annually before any resemblance of control would be achieved. Currently, less than 2,000 striped skunks are harvested each year by Iowa trappers.

If expert trappers were hired to achieve this degree of control, it would take at least 50 full time trappers and a capital outlay of \$500,000 annually. And there

would be no guarantee that rabies would be reduced!

One might say, "Let's put a bounty on skunks." The failure of any bounty system should be obvious to Iowans. There has been a bounty on foxes for years. In recent years more than \$100,000 per annum has been spent for fox bounties, with the result that these animals are at least as numerous now as they were more than 20 years ago when the statewide bounty went into effect. A bounty on skunks would undoubtedly yield similar results.

### Poisons Dangerous

Skunk control by use of poisons has been suggested. Using poisons, however, would be dangerous. Iowa has an average population of 50 humans per square mile. With this human population and the vast number of dogs, cats, livestock and other wildlife, accidents would surely follow the use of poisons no matter how well they were administered. Poisons are non-selective. They destroy whatever partakes of them.

### Skunks Are Valuable

To this point we have condemned skunks. The truth is we should be cautious before we evaluate skunks merely on the basis of their role as rabies carriers.

One positive value of skunks relates to their food habits. Both species, striped and spotted, feed heavily on insects in summer and fall. Most of these insects are generally considered harmful species. Grasshoppers, crickets, cutworms and white grubs are commonly eaten. During winter and spring, mice and rats are important in the diet. According to an Iowa State University Extension Service report, rats eat or destroy at least 100 pounds of food per rat per year in Iowa. This food has a minimum value of \$2.00. Rats do considerable other damage also; but considering the food loss, the estimated 200,000 skunks (striped and spotted) perform a service worth \$400,000 per year in rat control alone. This is based on the assumption that each skunk kills only one rat per year—many kill more.

Skunks probably kill and eat more mice than rats. It is difficult to say exactly how many mice the average skunk will eat during one year. If they eat 50 mice and we compare weights of mice and rats, we can say that the value of skunks for mouse control in Iowa is at least \$2,500,000 per annum. This is based on the assumption that it takes eight mice to equal the damage done by one rat. Hence, for rodent control alone we can place a minimum value of \$2,900,000 per year on skunks. We must keep this in mind before we condemn all skunks.

### Rabies a Local Problem

Rabies appears as a local problem. Local "hot spots" spring up here and there, some of them in

## TEACHERS CAMP APPLICATIONS DUE

Jack Higgins

The Iowa Teachers' Conservation Camp will soon be opening for its 16th annual session at Springbrook State Park. A number of openings still exist, but time for making application is quickly drawing to a close. Interested individuals should make application in the near future.

The Conservation Camp program gives Iowa teachers and college students who have a sophomore or better standing, an opportunity to live, work and play in a state park while earning up to six college credits in natural science. The major fields of study include forest resources, ecology, fish and wildlife management, rocks and minerals, soil and land management, as well as water conservation.

The subject matter is taught in two courses presented during three sessions. Session dates are June 6 to June 26, June 27 to July 17, and July 18 to August 7. Students may sign up for either one or two of the sessions. Since the first session is repeated during the last three week period, students may work out various combinations of

time that they want to devote summer study.

During any one course students will travel about 1,000 miles to and learn at first hand about various conservation practices being used in Iowa. A bus transportation to and from various sites.

A single three week course costs an undergraduate \$115.50; graduate students pay \$118.50. This covers tuition, room and board. Scholarships are available in many counties. The amount may vary as the scholarship is dependent upon the resources of the organization that agrees to sponsor it.

To be eligible for a scholarship the student must first be accepted for participation in the program. Admission is granted by the State College of Iowa, Iowa Falls. Credit for the course also comes from SCI.

The Iowa Teachers' Conservation Camp is the oldest school of its kind in the United States. It is held annually at the Guthrie County. Through the years it has established a reputation that extends beyond Iowa. Teachers from all over the nation have attended various sessions. First of

(Continued on page 24)



"There's an eager beaver to see you, sir."

the same locality year after year. Any control of rabies in skunks must be on a local basis, preferably by farmers or livestockmen who are faced with a rabies problem. It appears the only practical means for control is by use of steel traps.

The State Conservation Commission will help farmers and landowners set up a rabies control program. Conservation Officers and Game Managers will on request demonstrate the use of steel traps and skunk trapping techniques.

In areas of locally severe rabies outbreaks, individual landowners should band together to trap skunks in an effort to reduce the threat. Skunk denning sites near farm buildings, such as hay piles,

openings under buildings or trap piles, should be eliminated. Rat mouse infestations attract skunks and should be eliminated. Skunks are nocturnal animals. In the event that an individual of either species is seen wandering about during daylight hours, it should be destroyed as a suspect rabies carrier. Whenever humans or livestock have been exposed to rabies, a medical doctor or veterinarian should be consulted immediately.

Rabies is one of many problems we must face as wildlife managers, farmers, sportsmen and lovers of the outdoors. It may be with us a long time. Until research finds a solution or way to mitigate the threat, we will have to adjust to this problem.



## THE MILKWEED

From the time their first green roots appear in spring until their dead brown stalks stand above the snow in winter, the milkweeds have a variety of uses and features of interest. The common name refers to the milky juice that oozes from stems and leaves when they are cut or broken. Because the pods of milkweeds were used as poultices, their scientific name, *Asclepias*, was taken from that of the Greek god of medicine.

In autumn, the roots are still collected and marketed in small amounts for the drugs they contain. Formerly, these were common remedies for lung trouble and rheumatism. The Indians made twine from the coarse strong fibers in the bark of the stalk. The dead stalks with their picturesque empty pods are favorites for making winter bouquets and art objects.

The common milkweed bears clusters of dull purple flowers with a heavy cloying odor which, though unpleasant to us, is unusually attractive to bees and butterflies. Each flower of the cluster has an elaborate trap to catch the legs of these insects and remove any pollen they may carry. Sometimes the insect cannot escape and pays

with its life for the nectar it came to drink. Indians produced sugar by shaking the honeydew from its blooms in early morning and drying it.

Each cluster of blossoms is followed by one or two large warty pods with a seam along one side which pops open when the pod becomes ripe and dry. Inside is a closely packed roll of several hundred flat brown seeds arranged like scales on a fish, each with a folded parachute of fine silky fibers. Gradually, these parachutes open and the seeds are carried away on the fall winds. During the war, hundreds of tons of milkweed pods were gathered by school children and the silky fluff processed as a substitute for kapok,

used to pad life jackets and flying suits.

The Butterfly Weed or Pleurisy Root with its glowing orange flowers is the most beautiful of the milkweeds. Unlike other milkweeds, it lacks the milky juice. The Indians used its roots for medicine and cooked the green pods with their buffalo meat much as we use green peppers. The Swamp Milkweed bears masses of brilliant red or rose-purple flowers which are followed by pencil-slender pods. The dainty Whorled Milkweed has tiny greenish white flowers and very slender leaves. Mixed with hay crops it can be poisonous to livestock.—From the Cook County, Illinois, Nature Bulletin.



Jim Sherman Photo.

The Common Milkweed so often found in fields, waste places, and along roadsides is the largest and most familiar of the dozen or more found in the Chicago region. Its large oval leaves are arranged in pairs on the tall stout stem so that if one pair points east and the pair above and the pair below point north and south. Like other milkweeds it is a perennial producing both from seeds and from shallow roots that live over winter.

The "milk" is not the sap of the plant but a special secretion. Extremely bitter, it serves as a protection against most nibbling and eating animals. On the contrary, milkweed leaves are the only food of the caterpillar of our monarch butterfly. Also, this milk quickly seals any wound on the plant because it contains latex and, as it dries, becomes very sticky and leathery, turning into a kind of natural rubber. See how a drop of milk makes your thumb and fingers cling together. Like rubber cement, it cannot be washed off with soap and water. During World War II when imports of natural rubber from the rubber tree were cut off, the milkweed was used as a possible substitute.

In spring, the tender shoots can be boiled and eaten like asparagus.

## IOWA'S 1965 FISHING SEASONS AND LIMITS

March 1, 1965 to February 28, 1966

### INLAND WATERS OF THE STATE

### BOUNDARY WATERS

Kind of Fish:	Open Season	Daily Catch Limit	Possession Limit	Minimum Length or Weight	Mississippi River, Big Sioux River, Missouri River and Inland Waters of Lee County
Carp, Buffalo, Quillback, Gar, Dogfish, Gizzard Shad, Sheepshead, Sucker, Redhorse, Chub, Sunfish, Bluegill, Crappie, Silver Bass, Bullhead, Rock Bass, Yellow Bass, Warmouth, Minnows and Sand Sturgeon	Continuous	None	None	None	Same as inland waters.
Rock Sturgeon	Closed				Closed.
Paddlefish	Continuous	2	4	5 lb.	Same as inland waters except no catch or possession limit on Mississippi River.
Perch	Continuous	15	30	None	Same as inland waters except no catch or possession limit.
Trout	Continuous	6	12	None	Same as inland waters.
Catfish	Continuous	8	16	None	Continuous open season, no catch or possession limit.
Largemouth Bass	Continuous	5	10	None	Largemouth and Smallmouth Black Bass. Continuous open season. Aggregate daily catch limit 10; aggregate possession limit 20.
Smallmouth Bass	May 29-Feb. 15	5	10	None	Continuous open season. Aggregate daily catch limit 10; aggregate possession limit 20.
Walleye and Sauger	May 8-Feb. 15*	5	10	None	Continuous open season. Aggregate daily catch limit 10; aggregate possession limit 20.
Northern Pike (Pickerel)	May 8-Feb. 15*	3	6	None	Continuous open season. Daily catch limit 5; possession limit 10.
Muskellunge	Closed				Closed.
Frogs (except Bullfrogs)	Continuous	4 doz.	8 doz.	None	Same as inland waters.
Bullfrogs (Rana Catesbeiana)	Continuous	1 doz.	1 doz.	None	Same as inland waters.

Where waters are located within the confines of state, county, city parks, or State Fish and Game Management Areas, fishing will be permitted only when such areas are open to the public.

\*In all streams; Missouri and Mississippi River oxbow lakes and artificial lakes a continuous open season for Walleye, Sauger and Northern Pike (Pickerel) shall apply.

EXCEPTIONS: On all state-owned natural lakes, all angling through ice is prohibited between the hours of 8:00 P.M. and 6:00 A.M.

In Little Spirit Lake, Dickinson County; Iowa and Tuttle (Okamanpedan) Lakes, Emmet County; Burt (Swag) Lake, Kossuth County; and Iowa Lake, Osceola County, the following exceptions apply: **WALLEYE**, daily catch limit 6, possession limit 6; **NORTHERN PIKE**, daily catch limit 3, possession limit 3; **SUNFISH**, daily catch limit 15, possession limit 30; **CATFISH**, daily catch limit 16, possession limit 16. Open seasons on above fish, May 8 to February 15. **SMALLMOUTH AND LARGEMOUTH BLACK BASS**, daily catch limit 5, possession limit 5. Open seasons, May 29 to November 30. The possession limit shall not exceed thirty (30) fish of all kinds in the aggregate except that the aggregate possession limit shall not apply to fish named on which there is no daily catch limit.



## BIRDING IS FUN—

(Continued from page 17)

1. Estimate the size of the bird. Compare it to a common bird you are familiar with—a sparrow, robin, crow, etc.
2. Is the bird chunky or slender?
3. What is the length and shape of the bird's tail and bill?
4. How long are the bird's legs?
5. Does the bird have a crested head?

## Observe the bird's behavior!

1. Does the bird walk, hop, swim or wade?
2. Is the bird feeding on the ground, in low shrubbery, high in a tree or on the fly?
3. Does the bird move up or down the tree trunk as it feeds?
4. Does the bird fly in a straight line or in an undulating motion?
5. Do the bird's wings beat quickly or slowly?

## Now look for the identifying color characteristics!

1. Is the bird's breast plain, spotted or striped?
2. Does the bird have an eye line?
3. Does the bird have an eye ring?
4. Does the bird have wing bars?
5. Does the bird have any other pronounced color patches or characteristics?

Once you have made these observations and recorded them in your mind or on paper, leaf through your field guide and attempt to make an identification. Soon you will learn to associate different characteristics with certain families and species of birds. The identification process will become more automatic, and you will be able to extend your concentration and observations to include bird songs, location of nests, a more precise study of behavior and making a rare find.

## IOWA BIRD MIGRATION CALENDAR

Calendar Prepared by ROBERT B. MOORMAN,  
Extension Wildlife Conservationist, Iowa State University.

Name of Species	Avg. Date of Arrival	Avg. Date of Departure
Gadwall	March 15	November 4
American Pintail	March 5	November 16
Green-Winged Teal	March 12	November 8
Blue-Winged Teal	March 18	November 4
Wood Duck	March 20	October 26
Redhead	March 18	October 25
Canvas-Back	March 18	November 3
Lesser Scaup Duck	March 9	November 21
Buffle-Head	March 25	November 6
Ruddy Duck	April 5	October 28
American Merganser	March 20	November 12
Turkey Vulture	April 1	October 18
Eastern Red-Tailed Hawk	March 12	November 16
Red-Shouldered Hawk	March 14	October 16
Broadwinged Hawk	March 24	October 28
Swainson's Hawk	April 14	September 25
Rough-Legged Hawk	(from north) October 16	March 25
Marsh Hawk	March 1	November 14
Eastern Sparrow Hawk	March 14	October 12
King Rail	April 17	September 25
Virginia Rail	April 24	October 15
American Coot	March 25	November 20
Killdeer	March 10	November 4
American Woodcock	April 9	October 28
Wilson's Snipe	March 25	November 25
Upland Plover	April 16	August 31
Eastern Solitary Sandpiper	April 23	October 10
Greater Yellowlegs	April 10	September 25
Herring Gull	April 4	November 12
Bonaparte's Gull	May 1	October 4
Common Tern	April 28	September 20
Mourning Dove	March 24	October 25
Yellow-Billed Cuckoo	May 16	September 25
Black-Billed Cuckoo	May 12	September 22
Barn Owl	Partially migratory	
Eastern Screech Owl	Permanent resident	
Great Horned Owl	Permanent resident	
Northern Barred Owl	Permanent resident	
Long-Eared Owl	Partially migratory	
Short-Eared Owl	Permanent resident	
Eastern Whip-poor-will	April 26	September 18
Eastern Nighthawk	May 3	September 25
Chimney Swift	April 18	September 16
Ruby-Throated Hummingbird	May 7	October 1
Eastern Belted Kingfisher	March 27	November 18
Northern Flicker	March 20	October 22
Red-Bellied Woodpecker	Permanent resident	
Red-Headed Woodpecker	May 1	November 20
Yellow-Bellied Sapsucker	April 3	October 15
Eastern Hairy Woodpecker	Permanent resident	
Northern Downy Woodpecker	Permanent resident	
Arkansas Kingbird	May 8	September 8
Northern Crested Flycatcher	May 8	September 15
Eastern Phoebe	March 18	October 14
Eastern Wood Pewee	May 7	October 1
Prairie Horned Lark	Partially migratory	
Tree Swallow	April 5	October 1
Bank Swallow	April 20	September 21
Rough-Winged Swallow	April 19	September 4
Barn Swallow	April 20	September 24
Cliff Swallow	April 24	September 18
Purple Martin	April 8	September 3
Northern Blue Jay	Permanent resident	
Black-Capped Chickadee	Permanent resident	
Tufted Titmouse	Permanent resident	
White-Breasted Nuthatch	Permanent resident	
Brown Creeper	Permanent resident	
Western House Wren	April 26	October 5
Eastern Winter Wren	(often winter resident) April 4	September 30
Short-Billed Marsh Wren	May 6	September 25
Catbird	May 1	October 3

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## TEACHERS CAMP—

(Continued from page 22)

sideration is always given to Iowa teachers, however.

Co-sponsors for the camp since it was first organized have been the State Conservation Commission, State College of Iowa, and the Department of Public Instruction.

Further information may be obtained by writing to the Public Relations Section, State Conservation Commission. Applications

should be directed to Mr. Bernard Clausen, Director ITCC, State College of Iowa, Cedar Falls.

The white Bishareen came is the most valuable of the tribe being very fast and capable of running a horse. They make excellent mounts.

The bottle-nosed dolphin or porpoise can outswim most fish and can remain submerged no longer than three minutes.

Name of Species	Avg. Date of Arrival	Avg. Date of Departure
Brown Thrasher	April 16	October 1
Eastern Robin	March 8	November 12
Wood Thrush	May 3	September 22
Eastern Hermit Thrush	April 10	October 10
Olive-Backed Thrush	May 10	September 24
Eastern Bluebird	March 8	October 30
Blue-Gray Gnatcatcher	April 15	September 1
Golden-Crowned Kinglet	April 2	October 16
Ruby-Crowned Kinglet	April 10	October 8
Cedar Waxwing	March 7	October 12
Migrant Shrike	March 28	October 28
Red-Eyed Vireo	May 6	September 21
Black and White Warbler	April 27	September 24
Tennessee Warbler	May 10	September 17
Nashville Warbler	May 6	October 2
Eastern Yellow Warbler	May 3	September 13
Magnolia Warbler	May 12	September 24
Myrtle Warbler	April 20	September 10
Ovenbird	May 5	September 25
Grinnell's Water Thrush	May 7	September 15
Louisiana Water Thrush	April 23	September 1
Northern Yellow-Throat	May 7	September 28
American Redstart	May 8	September 25
Bobolink	May 1	September 28
Eastern Meadowlark	March 10	October 18
Western Meadowlark	March 12	October 18
Yellow-Headed Blackbird	April 14	October 9
Red-Wing Blackbird	March 12	November 17
Orchard Oriole	May 10	August 2
Baltimore Oriole	May 1	September 17
Rusty Blackbird	March 21	November 11
Bronzed Grackle	March 14	November 24
Eastern Cowbird	April 10	August 15
Scarlet Tanager	May 8	September 15
Eastern Cardinal	Permanent resident	
Rose-Breasted Grosbeak	May 1	September 21
Indigo Bunting	May 6	September 6
Dickcissel	May 16	September 16
Eastern Purple Finch	March 24	October 16
Pine Grosbeak	November 2	March 30
Common Redpoll	October 22	April 12
Northern Pine Siskin	April 24	October 16
Eastern Goldfinch	Permanent resident	
Red Crossbill	Irregular winter visitant	
White-Winged Crossbill	Irregular winter visitant	
Red-Eyed Towhee	April 14	October 17
Grasshopper Sparrow	April 28	September 27
Eastern Vesper Sparrow	April 2	October 26
Eastern Lark Sparrow	April 21	June 30
Slate-Colored Junco	Winter visitant	
Tree Sparrow	October 24	March 30
Eastern Chipping Sparrow	April 1	October 18
Clay-Colored Sparrow	April 18	October 12
Field Sparrow	April 11	October 12
Harris' Sparrow	May 9	October 7
White-Crowned Sparrow	May 6	October 9
White-Throated Sparrow	April 26	September 30
Eastern Fox Sparrow	April 6	October 10
Song Sparrow	March 20	November 18
Lapland Longspur	October 23	March 18
Eastern Snow Bunting	November 6	March 10