



Iowa Influenza Surveillance Network (IISN)

Influenza-like Illness (ILI) and Other Respiratory Viruses

Weekly Activity Report

For the week ending April 14, 2018 - Week 15

All data presented in this report are provisional and may change as additional reports are received



Iowa Influenza Geographic Spread

No Activity	Sporadic	Local	Regional	Widespread
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Note: See CDC activity estimates for definition www.cdc.gov/flu/weekly/overview.htm

Quick Stats

Percent of influenza rapid test positive	13% (162/1260)
Percent of RSV rapid tests positive	13% (25/191)
Influenza-associated hospitalizations	26/5293 inpatients
Percent of outpatient visits for ILI	0.42% (baseline 1.9%)
Percent school absence due to illness	1.99%
Number of long-term care influenza outbreaks	2
Number of schools with ≥10% absence due to illness	1
Influenza-associated mortality -all ages (Cumulative)	259
Influenza-associated pediatric mortality (Cumulative)	0

Note: Deaths are considered influenza-associated when influenza is listed on the death certificate. This is an underestimate of influenza-related deaths. Cumulative mortality totals are from 10/1/2017 to the current week.

Iowa statewide activity summary:

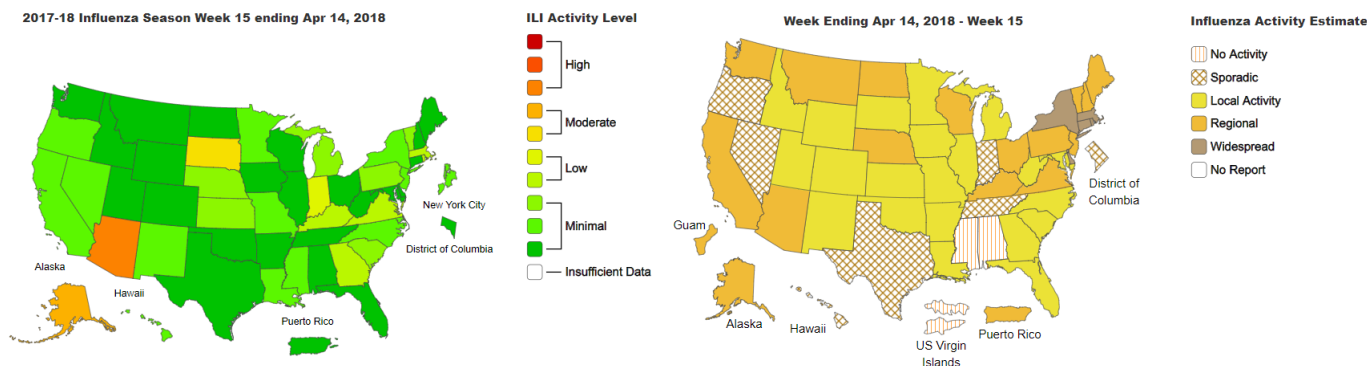
Influenza activity continues to decrease on most measures in Iowa and the geographic spread is local. For this reporting week, the State Hygienic Laboratory confirmed two influenza A(H1N1)pdm09, four influenza A(H3), and five influenza B (Yamagata Lineage) viruses from submitted samples. There were 26 influenza-related hospitalizations reported from sentinel hospitals during this reporting week. The proportion of outpatient visits due to influenza-like illness (ILI) was 0.42 percent, which is below the regional baseline of 1.9 percent. Two long-term care influenza outbreaks were reported with first illness onset in this reporting week. One school reported 10 percent or more illness at least once this reporting week. There have been 259 influenza-related deaths reported this season. Surveillance sites reported detecting the following non-influenza respiratory illnesses with the most frequency: 162 rhinovirus/enterovirus, 50 hMPV, 40 RSV, 28 parainfluenza virus type 3, and 24 adenovirus.

International activity summary - (WHO):

Influenza activity decreased in most of the countries in the temperate zone of the northern hemisphere, with the exception of Eastern Europe where activity continued to increase. In the temperate zone of the southern hemisphere, influenza activity remained at inter-seasonal levels. Worldwide, influenza A and influenza B accounted for a similar proportion of influenza detections.

Visit www.who.int/influenza/surveillance_monitoring/updates/latest_update_GIP_surveillance/en/ for more information. It was last updated 4/16/2018.

National activity summary - (CDC)-Last Updated in Week 15:



Synopsis: During week 15 (April 8-14, 2018), influenza activity decreased in the United States.

Viral Surveillance: Overall, influenza A(H3) viruses have predominated this season. Since early March, influenza B viruses have been more frequently reported than influenza A viruses. The percentage of respiratory specimens testing positive for influenza in clinical laboratories decreased.

Pneumonia and Influenza Mortality: The proportion of deaths attributed to pneumonia and influenza (P&I) was below the system-specific epidemic threshold in the National Center for Health Statistics (NCHS) Mortality Surveillance System.

Influenza-associated Pediatric Deaths: Five influenza-associated pediatric deaths were reported.

Influenza-associated Hospitalizations: A cumulative rate of 103.7 laboratory-confirmed influenza-associated hospitalizations per 100,000 population was reported.

Outpatient Illness Surveillance: The proportion of outpatient visits for influenza-like illness (ILI) was 1.8%, which is below the national baseline of 2.2%. One of 10 regions reported ILI at or above their region-specific baseline level. One state experienced high ILI activity; two states experienced moderate ILI activity; six states experienced low ILI activity; and New York City, the District of Columbia, Puerto Rico, and 41 states experienced minimal ILI activity.

Geographic Spread of Influenza: The geographic spread of influenza in five states was reported as widespread; Guam, Puerto Rico and 16 states reported regional activity; 21 states reported local activity; the District of Columbia and six states reported sporadic activity; and the U.S. Virgin Islands and two states reported no influenza activity.

Detailed information can be found online at www.cdc.gov/flu/weekly/.

Laboratory surveillance program:

The State Hygienic Laboratory (SHL) is the primary lab for influenza testing and reporting in Iowa. SHL reports the number of tests performed and the type and sub-type of positive tests to the influenza surveillance network daily.

Table 1: Influenza A viruses detected by SHL by age group

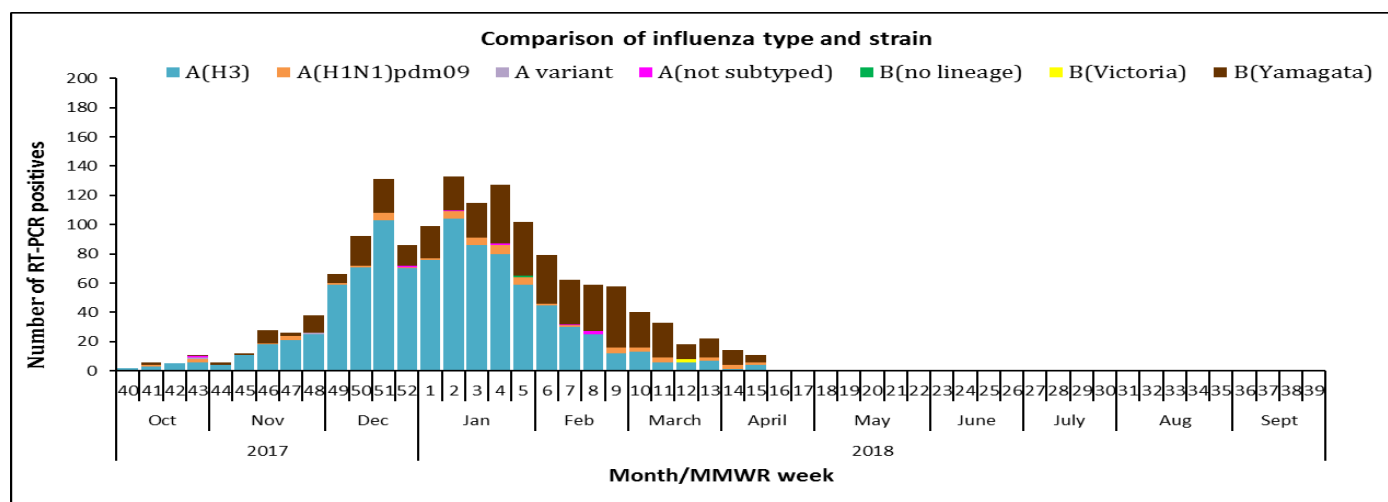
Age Group	CURRENT WEEK				CUMULATIVE (10/1/17– CURRENT WEEK)				
	A(H1N1) pdm09	A (H3)	Pending/ Not subtyped	Total	A(H1N1) pdm09	A variants	A (H3)	Pending/ Not subtyped	Total
0-4	0	0	0	0 (0%)	10	0	73	1	84 (8%)
5-17	0	0	0	0 (0%)	8	0	82	1	91 (9%)
18-24	1	3	0	4 (67%)	11	1	123	0	135(13%)
25-49	0	0	0	0 (0%)	11	1	77	1	90 (9%)
50-64	1	0	0	1 (17%)	9	0	113	1	123 (12%)
>64	0	1	0	1 (17%)	7	0	484	3	494 (49%)
Total	2 (33%)	4 (67%)	0 (0%)	6	56 (6%)	2 (0%)	952 (94%)	7 (1%)	1017

Note: Cell counts of three or less are sometimes suppressed to protect confidentiality. Totals by age may not add up to totals by subtype/lineage due to missing age information. Only cases of Iowa residents are included. Specimens listed as “not subtyped” were not able to be subtyped due to weak positive lab results. This can be due to poor collection, timing of collection or stage of infection. Influenza A variants detected in 2017-18 include A(H1N1)v and A(H3N2)v.

Table 2: Influenza B viruses detected by SHL by age group

Age Group	CURRENT WEEK				CUMULATIVE (10/1/17– CURRENT WEEK)			
	Victoria Lineage	Yamagata Lineage	Lineage Pending	Total	Victoria Lineage	Yamagata Lineage	Lineage Pending	Total
0-4	0	0	0	0 (0%)	0	22	0	22 (5%)
5-17	0	0	0	0 (0%)	0	83	1	84 (18%)
18-24	0	1	0	1 (20%)	1	46	0	47 (10%)
25-49	0	0	0	0 (0%)	1	60	0	61 (13%)
50-64	0	2	0	2 (40%)	0	71	0	71 (15%)
>64	0	2	0	2 (40%)	0	179	0	179 (39%)
Total	0 (0%)	5 (100%)	0 (0%)	5	2 (0%)	461 (99%)	1 (0%)	464

Note: Cell counts of three or less are sometimes suppressed to protect confidentiality. Totals by age may not add up to totals by subtype/lineage due to missing age information. Only cases of Iowa residents are included.



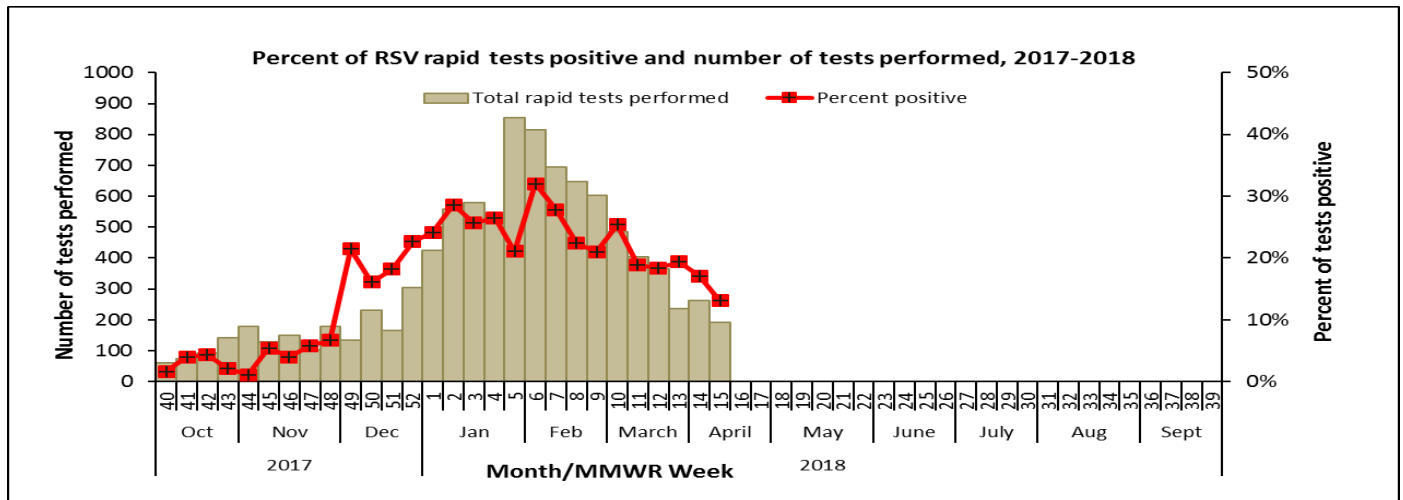
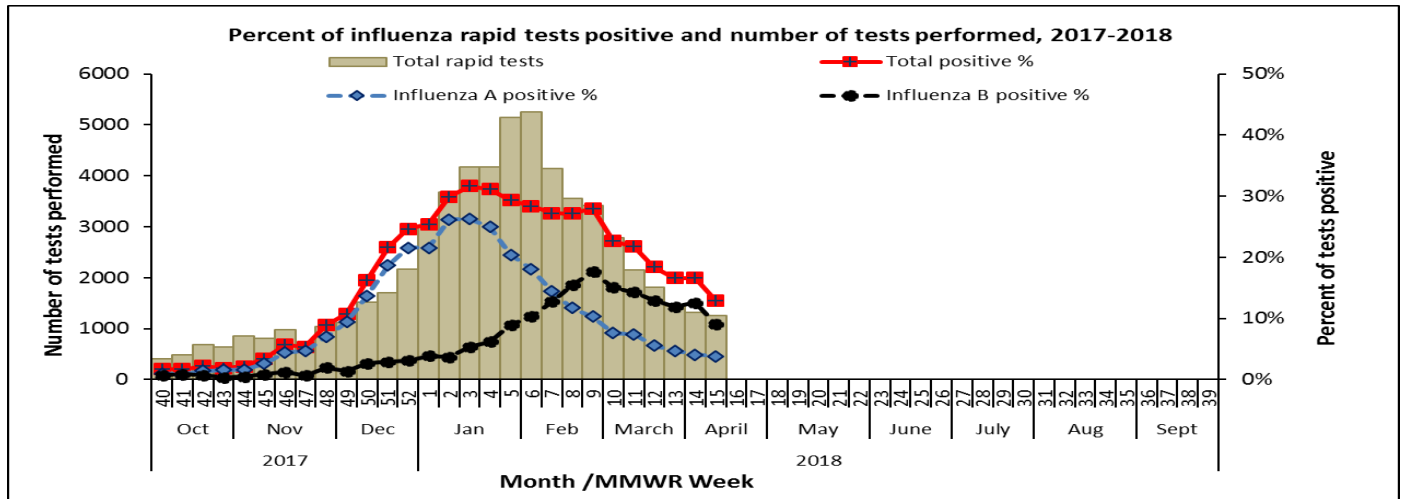
Rapid influenza and RSV test surveillance:

The State Hygienic Laboratory (SHL) runs a weekly web-based survey program where laboratorians report the number of influenza and respiratory syncytial virus (RSV) rapid tests performed and the number of tests positive. This table includes only the number of patients tested for influenza or RSV at laboratory surveillance sites throughout the state. This table does not provide case counts.

Table 3: Percent of influenza rapid tests positive and number of tests performed by region for the present week

REGION*	RAPID INFLUENZA TESTS				RAPID RSV TESTS		
	Tested	Flu A	Flu B	% Positive	Tested	Positive	% Positive
Region 1 (Central)	394	17	45	16	17	0	0
Region 2 (NE)	39	0	4	10	8	1	13
Region 3 (NW)	172	6	16	13	86	2	2
Region 4 (SW)	85	4	14	21	4	2	50
Region 5 (SE)	108	3	12	14	24	5	21
Region 6 (Eastern)	462	18	23	9	52	15	29
Total	1260	48	114	13	191	25	13

Note: See map in the school section for a display of the counties in each region.

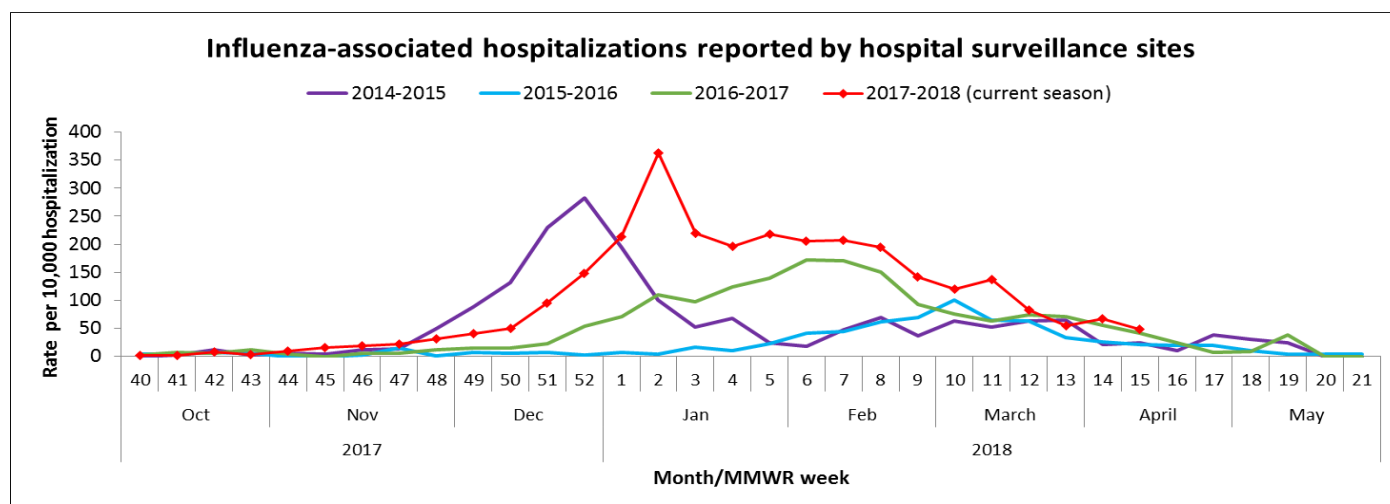
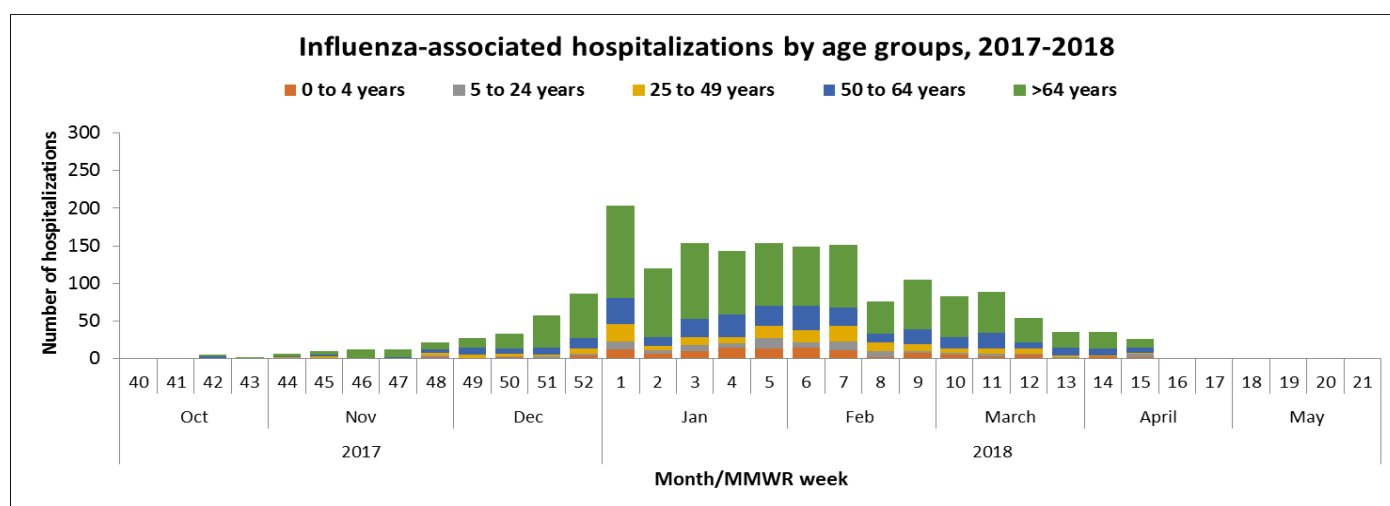


Influenza-associated hospitalizations:

Sentinel hospitals that participate in IISN voluntarily track and report the number of influenza-associated hospitalizations and the total number of inpatients each week. Iowa hospitals interested in joining this surveillance program should contact Andy Weigel at 515-322-1937 or andy.weigel@idph.iowa.gov or more information.

Table 4: Number of influenza-associated hospitalization reported by age group

AGE	CURRENT WEEK	CUMULATIVE (10/1/17 – CURRENT WEEK)
Age 0-4	2	120
Age 5-24	4	98
Age 25-49	2	167
Age 50-64	6	339
Age >64	12	1125
Total	26	1849



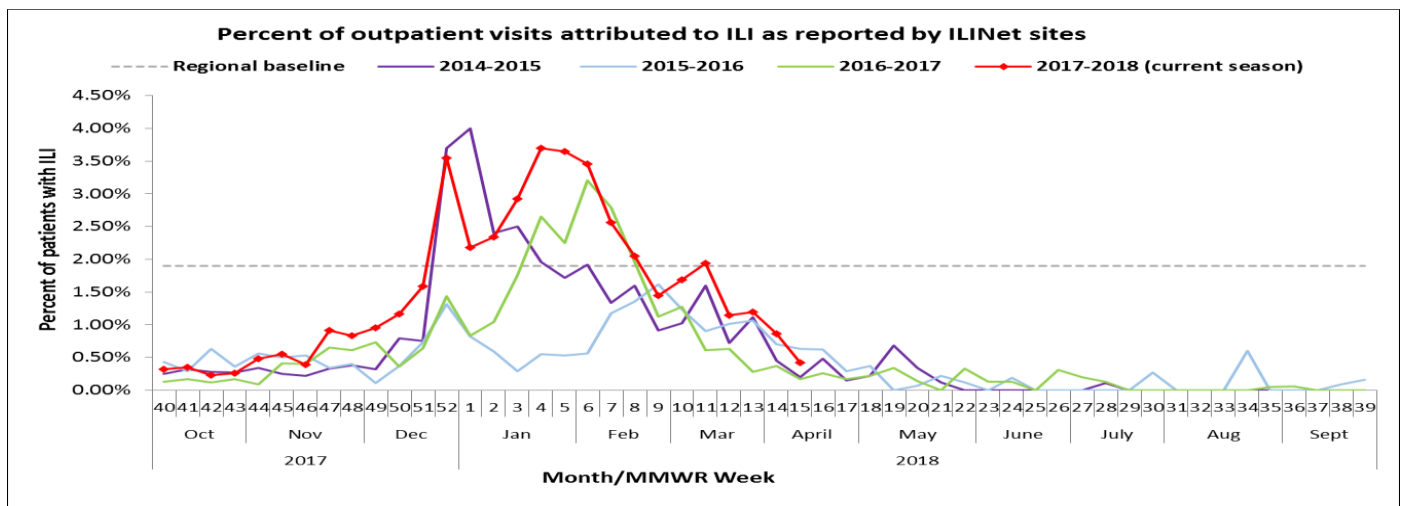
Outpatient health care provider surveillance program (ILINet):

Outpatient health care providers who participate in the ILINet (a national influenza surveillance program) report the number of patients seen with influenza-like illness and the total number of patient visits each week. This system is a key part of Iowa's influenza surveillance. Iowa health care providers interested in joining this surveillance program should contact Andy Weigel at 515-322-1937 or andy.weigel@idph.iowa.gov for more information.

Table 5: Outpatient visits for influenza-like illness (ILI)

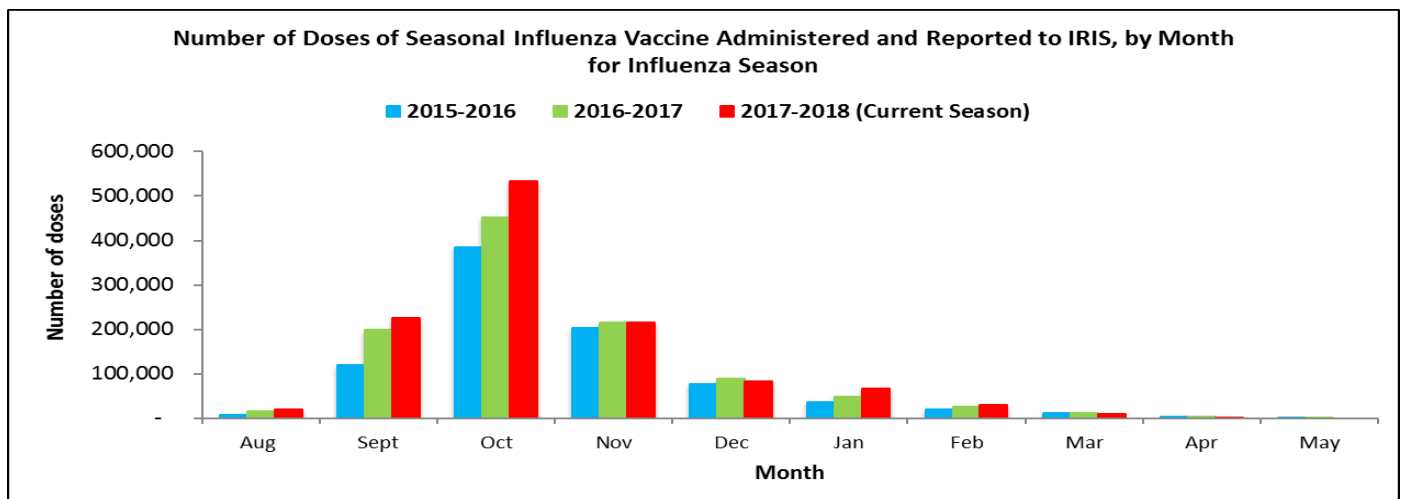
Week	Age 0-4	Age 5-24	Age 25-49	Age 50-64	Age > 64	Total ILI	ILI Percent
Week 13, ending March 31	8	11	6	4	9	38	1.20
Week 14, ending April 7	2	9	4	4	4	23	0.87
Week 15, ending April 14	1	4	3	1	3	12	0.42

Note: Influenza-like Illness is defined as a fever of $\geq 100^{\circ}$ F as well as cough and/or sore throat.



Seasonal influenza vaccination:

Seasonal influenza vaccination data in Iowa is based on doses reported to the Iowa Immunization Registry Information System (IRIS). IRIS is a confidential, computerized, population-based system that tracks immunization for children, adolescents and adults who are seen in a variety of public and private healthcare provider sites throughout the state of Iowa. For more information on the immunization data, contact Kim Tichy, IRIS coordinator at 515-281-4288 or kimberly.tichy@idph.iowa.gov.



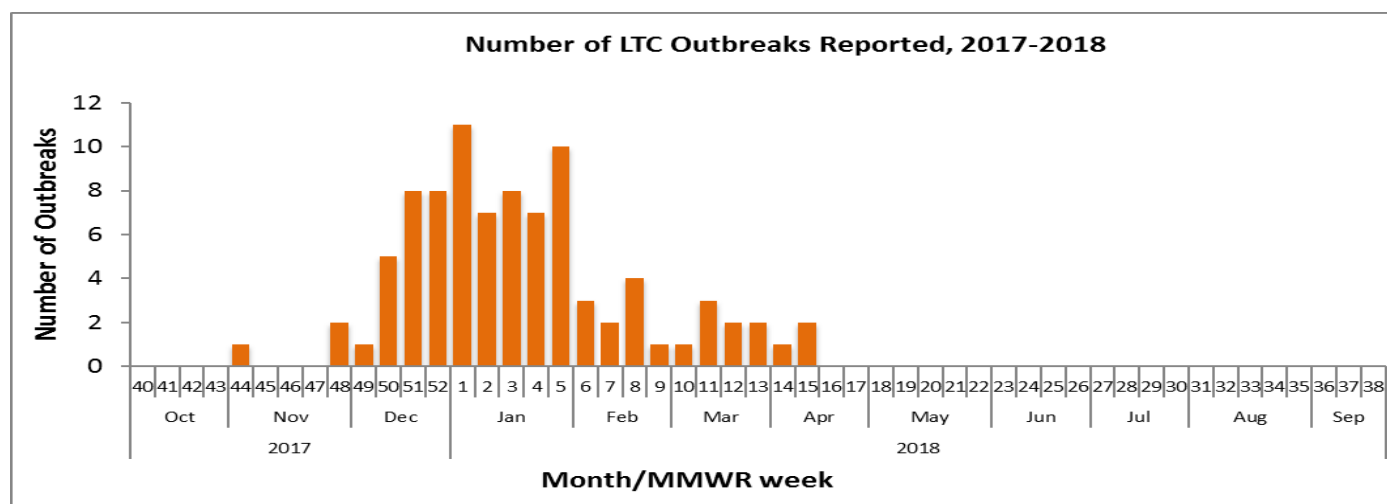
Note: The data for the 2017-2018 season is provisional due to the lag between the vaccine administration date and the date reported to IRIS.

Long-term care outbreaks:

Table 6: Number of long-term care outbreaks investigated

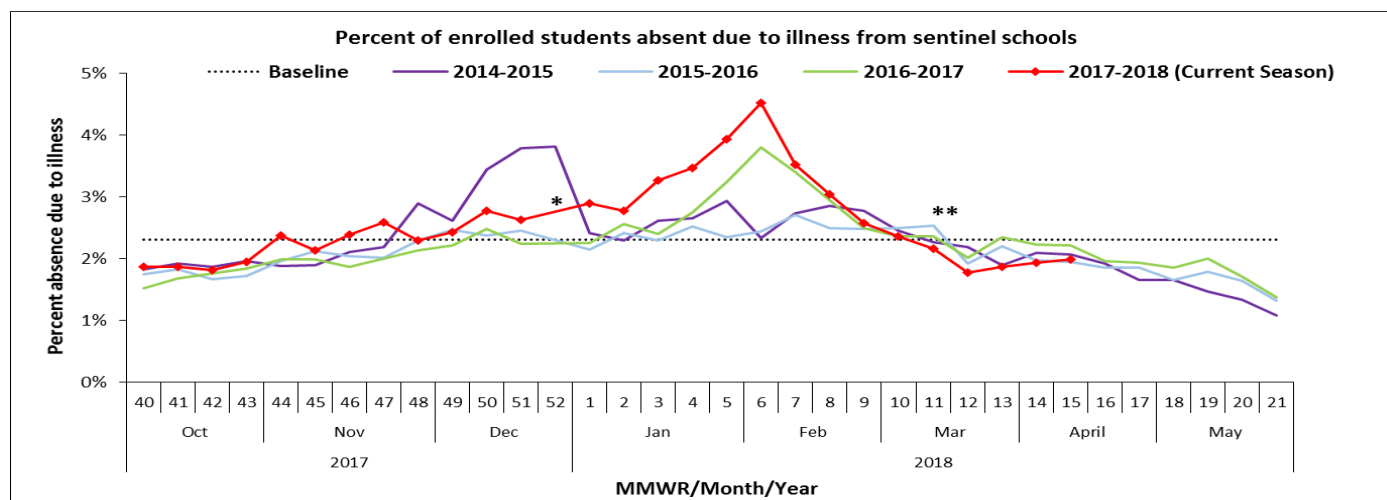
REGION	CURRENT WEEK	CUMULATIVE (10/1/17 – CURRENT WEEK)
Region 1 (Central)	0	21
Region 2 (NE)	1	12
Region 3 (NW)	0	5
Region 4 (SW)	0	12
Region 5 (SE)	0	19
Region 6 (Eastern)	1	20
Total	2	89

Note: See map in the school section for a display of the counties in each region.



School surveillance program

IDPH monitors illnesses in schools from two different types of reporting: 10 percent school absence reports and weekly sentinel illness reporting. Iowa schools (K-12) track and report (including non-influenza illnesses) when the number of students absent with illness reaches or exceeds 10 percent of total student enrollment. Iowa sentinel schools that participate in IISN voluntarily track and report absence due to all illness and the total enrollment each week. This data provides excellent trends for influenza activity as well as age-specific information used to target vaccination efforts and messages.



*School data not reported for week 52 due to holiday closings

**School data may underestimate influenza illness for week 11 when many schools closed for spring break

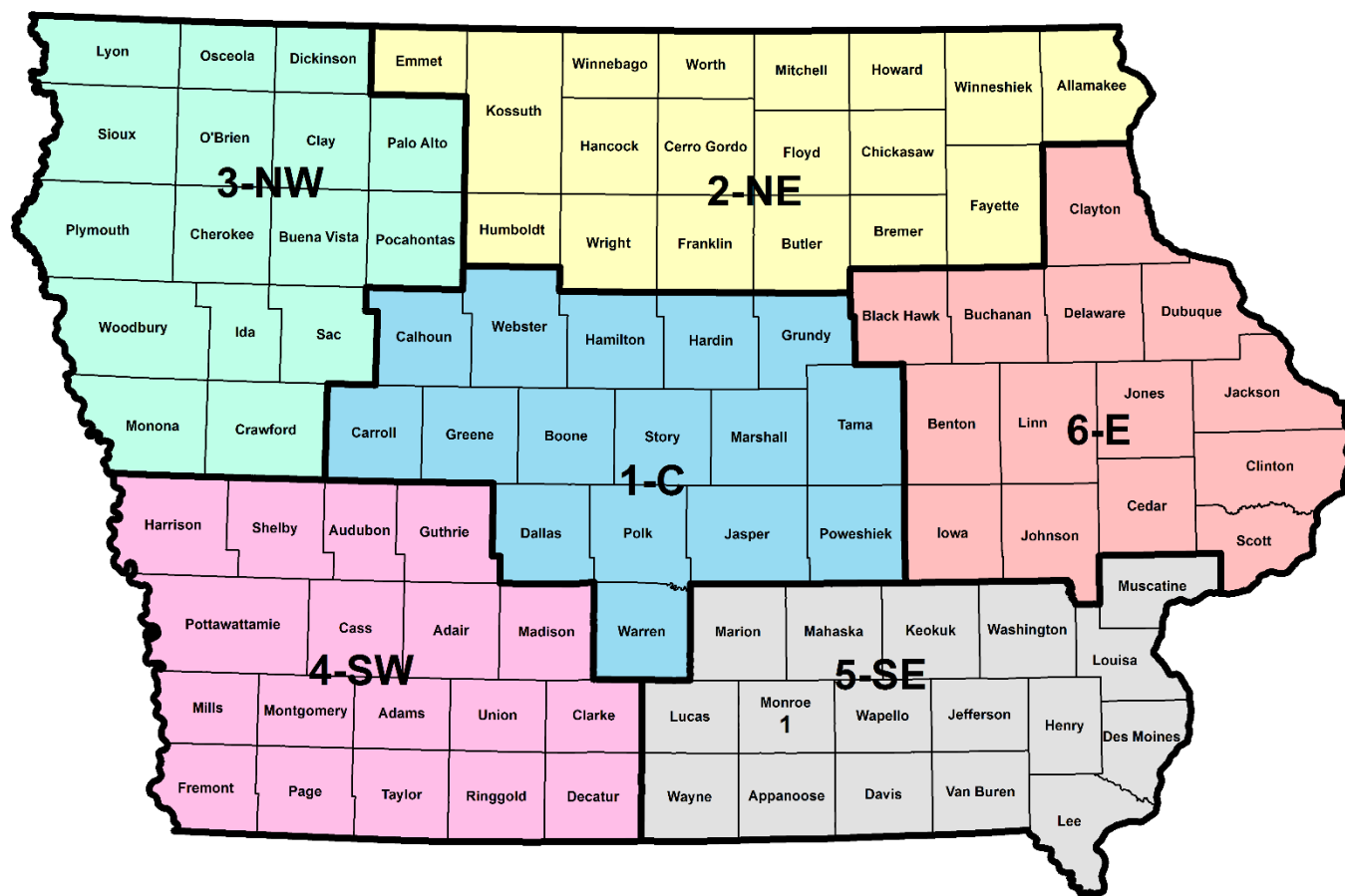
Table 7: Number of schools reporting >10% absenteeism due to any illness

REGION	CURRENT WEEK	CUMULATIVE (10/1/17 – CURRENT WEEK)*
Region 1 (Central)	0	78
Region 2 (NE)	0	33
Region 3 (NW)	0	25
Region 4 (SW)	0	24
Region 5 (SE)	1	35
Region 6 (Eastern)	0	105
Total	1	300

***School data may underestimate influenza illness for week 11 when many schools closed for spring break**

Note: A regional map with the total of schools by county that report at least 10 percent of students absent due to illness for this current reporting week is displayed below (region numbers and abbreviations are displayed in large black font near the middle of each region). Current week totals only include the first report for a school in the week, but cumulative totals may include multiple reports for the same school from different weeks.

Number of schools with at least 10 percent of students absent, by county and region

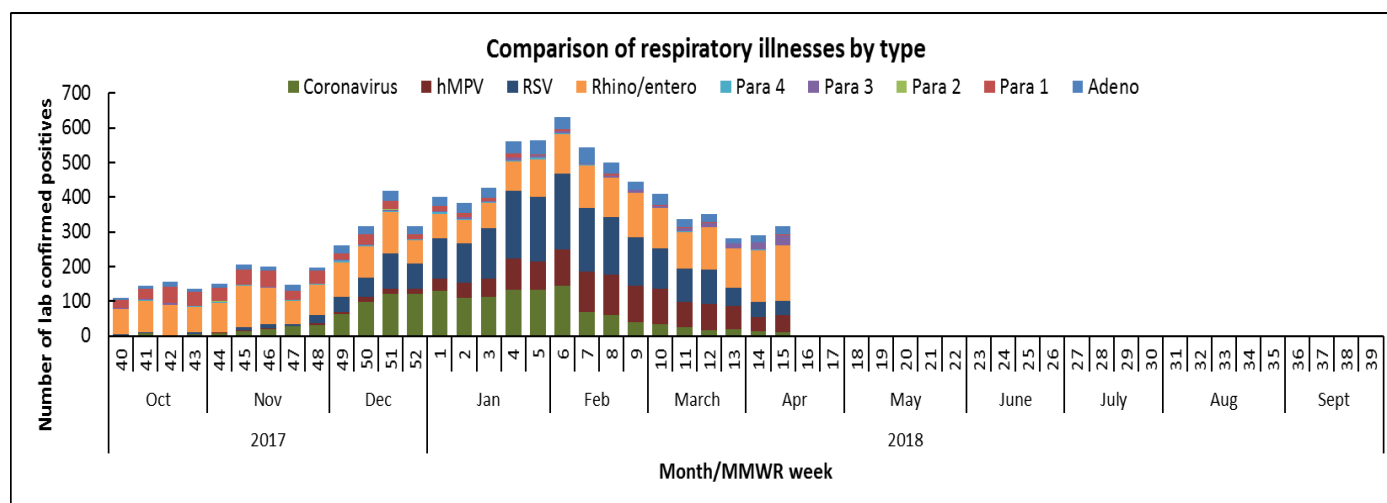


Non-influenza respiratory viruses:

The State Hygienic Laboratory (SHL) runs a weekly web-based survey program where laboratorians report the number of positive tests for non-influenza respiratory viruses. This table also includes the positive non-influenza virus tests reported from the Dunes Medical Laboratories at Mercy Medical Center in Sioux City. The table includes only the number of positive tests at laboratory surveillance sites throughout the state. The table does not provide case counts.

Table 8: Number of positive results for non-influenza respiratory virus collected by SHL, Mercy Dunes in Sioux City and Iowa Methodist Medical Center

Viruses	CURRENT WEEK	CUMULATIVE (10/1/17 – CURRENT WEEK)
Adenovirus	24	634
Parainfluenza Virus Type 1	2	484
Parainfluenza Virus Type 2	0	8
Parainfluenza Virus Type 3	28	156
Parainfluenza Virus Type 4	0	70
Rhinovirus/Enterovirus	162	2805
Respiratory syncytial virus (RSV)	40	2254
Human metapneumovirus (hMPV)	50	1217
Coronavirus	10	1562
Total	316	9190



Other resources:

Vaccine:

Influenza vaccine recommendation: idph.iowa.gov/immtb/immunization/vaccine

CDC vaccine information: www.cdc.gov/flu/fag/flu-vaccine-types.htm

Vaccine finder: <http://vaccinefinder.org/>

Neighboring states' influenza information:

Illinois: www.dph.illinois.gov/topics-services/diseases-and-conditions/influenza/surveillance

Minnesota: www.health.state.mn.us/divs/idepc/diseases/flu/stats/index.html

Missouri: health.mo.gov/living/healthcondiseases/communicable/influenza/reports.php

South Dakota: doh.sd.gov/diseases/infectious/flu/

Wisconsin: flu.wisconsin.gov/