



Early Childhood Iowa Monday Musings May 1, 2017 Vol. 4, No. 13

Welcome to the ECI **Monday Musings**. It is a compilation of information, practical advice, training announcements, and/or success stories. **Monday Musings** is intended to disseminate information to Early Childhood Iowa Stakeholders in a timely fashion. (We may on occasion send out a separate email with information if it needs immediate attention or if for a specific audience.)

Please let us know if you have something you would like to contribute or have suggestions or comments at jeffrey.anderson@iowa.gov

Back Issues of Monday Musing are available [here](#).

“You cannot escape the responsibility of tomorrow by evading it today.”
-Abraham Lincoln

State Information

ECI Stakeholder Alliance Meeting – May 9, 2017

Any interested early childhood issues is invited to the next ECI Stakeholders Alliance meeting;

Date: May 9, 2017

Time – 12:30 – 4:00 PM

Location: Johnston Public Library
6700 Merle Hay Road
Johnston, Iowa

Agenda Items include (see attached agenda for more detail):

- Legislative Update
- Integrated Data Project
- Core Services
- Strategic Plan Review

TO REGISTER for the May 9, 2017 meeting: <https://www.surveymonkey.com/r/8XHG8WK>

ECI Sponsors “Connections Matter” Workshop

A ***“Connections Matter”*** workshop will be held the morning of May 9, 2017, prior to the quarterly ECI Stakeholders Alliance meeting. The workshop will be held at the Johnston (Iowa) Library, 9:30 AM – Noon.

Presented by **Prevent Child Abuse Iowa**, you will learn how to deliver a 20-minute and 50-minute presentation in settings such as networking lunch-and-learns, neighborhood groups, faith meetings and

community planning sessions. Trained presenters will receive PowerPoint slides with notes and takeaway materials to hand out. Attendees will also learn about other resources to support awareness efforts.

Anyone is welcome to become a trained advocate! As a trained presenter, you will be able to train other presenters. We can also connect you with others working on this effort in your community.

To register for the workshop: <https://www.surveymonkey.com/r/ZKXCZ6N>

ISU Extension and Outreach Offers FREE Wellness Program

ISU Extension and Outreach is excited about offering [*What About Me? My Wellbeing*](#) as our outreach wellness program, a four-week educational workshop series available at **no cost** to agencies, businesses, and other interested groups. Each workshop is 45 minutes making it possible that the information could be shared during staff lunch breaks. During each session, important information about the topic is shared and participants engage in hands-on learning and discussion. Each session closes with participants developing personal plans for their own wellbeing. The introductory, research-based program covers taking time for oneself, relationships, finances and physical health. We recommend between 6 to 25 participants at each session. If you would like to assist your employees or group with starting a journey toward improved wellbeing, contact Malisa Rader at mrader@iastate.edu or your local ISU Extension and Outreach human sciences specialist.

Federal Information:

Technology Privacy and Security Considerations

The federal Office of Planning, Research and Evaluation (OPRE) at the U.S. Department of Health and Human Services recently released a [brief](#) that discusses privacy and security considerations related to the use of technology in early childhood settings. The brief is entitled *The Use of Technology to Support Early Childhood Practice: Protecting Child, Parent, and Practitioner Privacy*. It provides best practices to guide early childhood programs in strengthening the safeguards to protect child, parent, and practitioner information as programs increasingly incorporate technology to improve practice. It draws on guidance developed by ED's [Privacy Technical Assistance Center](#).

Message from U.S. Department of Education Acting Assistant Secretaries Monique M. Chism, Ph.D. and Ruth Ryder

This month we are delighted to discuss the importance of not only increasing opportunities for early learning, but also of expanding quality in early learning programs and services. In this edition of the *Early Learning* newsletter, we have highlighted resources that focus on high-quality early learning.

We also are pleased to spotlight a recent interview with the secretary of Alabama's Department of Early Childhood Education, Jeana Ross, who has led her state in expanding its voluntary pre-K program to all of Alabama's counties, as well as increasing funding to home visiting and family support services. Ross expounds on strategies used in Alabama for maintaining high quality in early learning programs while expanding opportunities.

In addition to our focus on high-quality early learning, this month's newsletter touches on the importance of **building the birth-to-third-grade continuum** and supporting local efforts to do so. The

Department's [early learning work](#) has long emphasized the need to align education across the pre-K and school-age "divide."

Head Start Sandbox

The latest issue of The Head Start Sandbox is now available. The Head Start Sandbox is a free online regional magazine featuring news about Head Start in the Region VII area (Iowa, Kansas, Missouri and Nebraska). To access the Winter 2017 issue go to:

https://issuu.com/mikebaugher/docs/head_start_sandbox_r7_winter_2017_w?utm_source=Your+Winter+Sand+Box+is+ready%21&utm_campaign=Sand+Box+Winter&utm_medium=email

Other Information:

Reflective Leadership Webinar - May 8th

The Iowa Association for Infant and Early Childhood Mental Health will be holding a professional development webinar on the topic of Reflective Leadership. The webinar will be held on Monday, May 8th, from 10:00 a.m. - 11:30 a.m. and will be presented by Iowa's Endorsement Coordinator, Carol Grise. Additional information about this webinar, along with information for registering, can be found below.

Webinar Description

What is "Reflective Leadership" and how might it differ from other styles of leadership? This webinar will identify the Infant Mental Health principles and practices that provide the foundation for Reflective Leadership. Learn about the key components of Reflective Leadership. Participate in an opportunity to assess your own leadership style.

Presenter Bio

Carol Grise's academic background is in Child & Family Development and Clinical Psychology. She holds a Marriage & Family Therapist license in Idaho & California and achieved endorsement[®] as an Infant Mental Health Mentor, Clinical (IMH-E[®]IV-C) in 2011. Carol has worked in a variety of settings over the course of her career with an exclusive focus on infants, toddlers and their families beginning in 2000. In addition to providing direct therapeutic services she also has extensive experience providing reflective supervision, consultation, coaching, and education to professionals working in the field of early childhood intervention services.

Registration Info

To participate in this webinar, please register by clicking on the following link:

TO REGISTER: [Reflective Leadership](#)



Child Care Grant and Proposal Writing

A First Children's Finance Child Care Business Management Workshop

Child care center directors, owners, and board members! Join us for a hands-on day with First Children's Finance, learning new ways to reach out and touch your partners, stakeholders and funders through excellent grant applications and funding proposals.

This 6-hour workshop is designed for all levels, from beginners to those who would like to take a fresh look. Come with ideas of what your child care program needs and let First Children's Finance's experienced staff assist you in developing your ideas and proposal. Plan to leave this seminar equipped with ideas, tools and a great start to succeed in your next funding opportunity.

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About this Training

Credit Hours

Provides 6 hours of Iowa DHS training credit and NAC renewal hours.

Target Audience

Directors, owners or board members of child care centers or preschools.

Training Level

Level 1 (Beginner), Level 2 (Skilled) and Level 3 (Mastery)

Content Area

5- Strategies to manage an effective program operation.

Registration

\$45 per person (lunch included). You will receive an email confirmation within one week of registering that will include payment information.

Additional funding support is provided by Northwest Area Foundation and Iowa Department of Human Services.

Dates and Locations

Iowa City- May 18, 9:00 a.m.-4:00 p.m.

Sioux City- June 16, 9:00 a.m.-4:00 p.m.

Council Bluffs- June 17, 9:00 a.m.-4:00 p.m.

MORE INFORMATION/REGISTER

Or Contact:

Angie Rae Duncan, Senior Business Development Specialist

Angie@FirstChildrensFinance.org or (515) 229-5064

Trauma-Informed Care Conference

The TIC Conference registration is now open. The conference is on June 6 & 7, 2017 at the Airport Holiday Inn (Des Moines). The link to register is <http://tinyurl.com/TIC2017hm>

The conference *Trauma-Informed Care: The Impact of Trauma on Brain Development and What To Do About It* is scheduled for two days with Day 2 building on the content of Day 1.

Over the course of this two day training experts Dr. Bruce D. Perry from The Child Trauma Academy and Dr. J. Stuart Ablon from Think:Kids at Massachusetts General Hospital will come together to make complicated neurodevelopmental concepts accessible and provide a practical evidence-based process for trauma-informed intervention that all adults can follow in any setting.

Dr. Perry and Dr. Ablon will integrate The Neurosequential Model of Therapeutics (NMT) and Collaborative Problem Solving (CPS). You will learn an overview of both of these approaches and practical examples of strategies for their integrated implementation. It will build on two years of collaboration between Dr. Perry and Dr. Ablon to combine the models in practical clinical application. The conference is intended both for those new to NMT and/or CPS or those skilled in their application.

Also, the documentary “*Resilience*” will be shown on Wed, June 7th from 7:30-8:30am and is open to the public. You do not have to register for the conference to view the documentary.

Five Numbers to Remember About Early Childhood Development

1. More than 1 Million New Neural Connections Per Second
2. 18 Months: Age At Which Disparities in Vocabulary Begin to Appear
3. 90 – 100% Chance of Developmental Delays When Children Experience 6 – 7 Risk Factors
4. 3:1 Odds of Adult Heart Disease After 7 – 8 Adverse Childhood Experiences
5. \$4 - \$9 in Returns For Every Dollar Invested in Early Childhood Programs

To Learn More: [Five Numbers to Remember](#)

Iowa Association for the Education of Young Children Spring Leadership Institute: May 6, 2017

The Iowa Association for the Education of Young Children is pleased to announce registration is **now open** for our Spring Leadership Institute, ***Saving Play***, May 6, 2017 at Prairie Meadows Conference Center in Altoona. Led by national expert and author Gaye Gronlund, we will explore integrating play-based learning for children ages birth through six with early learning standards. Two hundred fifty professionals from across the state are expected to gather to learn and network together that day. Teachers, administrators, child development home providers, trainers, higher education faculty, consultants, and policy makers are encouraged to attend. All participants will receive lunch, materials, and a copy of the newly released book, ***Saving Play*** <http://www.redleafpress.org/Saving-Play-Addressing-Standards-through-Play-Based-Learning-in-Preschool-and-Kindergarten-P1636.aspx>. Six hours of approved training credit hours will be provided. Questions? Contact us at events@iowaaeyc.org

Early STEM Matters - Providing High-Quality STEM Experiences for All Young Learners:

A new report from the Erikson Institute, [Early STEM Matters: Providing High-Quality STEM Experiences for All Young Learners](#) (January 2017), offers guidance around the development and improvement of effective early childhood science, technology, engineering, and math (STEM) education policies and practices. It describes four guiding principles related to early childhood STEM education and six actionable recommendations for educational leaders, researchers, funders and policymakers at the local, state, and federal levels. The report is the culmination of two years of work by the Early Childhood STEM Working Group, which includes scholars, policy makers, curriculum developers, and educators from across the U.S.

Developing Culturally Responsive Approaches to Serving Diverse Populations: A Resource Guide for Community-Based Organizations

As the U.S. grows more diverse, community based organizations (CBOs) are serving an increasingly diverse group of children and families. In this changing environment, developing cultural competence—behaviors, attitudes, and policies that enable organizations to work effectively in cross-cultural situations—is critical.

A [new resource guide](#) from the [National Research Center on Hispanic Children & Families](#) helps community-based organizations find relevant resources for choosing, adapting, or developing interventions; ensuring workforce diversity; budgeting for culturally competent programs, and more.

For more information about Early Childhood Iowa, visit our website:

<http://www.earlychildhoodiowa.org/>

To join the ECI Stakeholders, please complete the commitment survey at:

<https://www.surveymonkey.com/s/FSXR5F2>

2017 ECI Meeting Calendar:

ECI State Board

10:00 – 1:00

June 2

September 8

November 3

ECI Stakeholders Alliance

3 – 4 Hour meetings

May 9 (PM)

September 12 (AM)

December 12 (PM)

ECI Area Directors

(June will be regional meetings)

September 12 (afternoon)

December 6 All day

ECI Steering Committee

Time Varies

June 1 (9:00 AM – Noon)

August 3 (9:00 AM – 4:00 PM)

October 5 (9:00 AM – Noon)

November 2 (9:00 AM – Noon)