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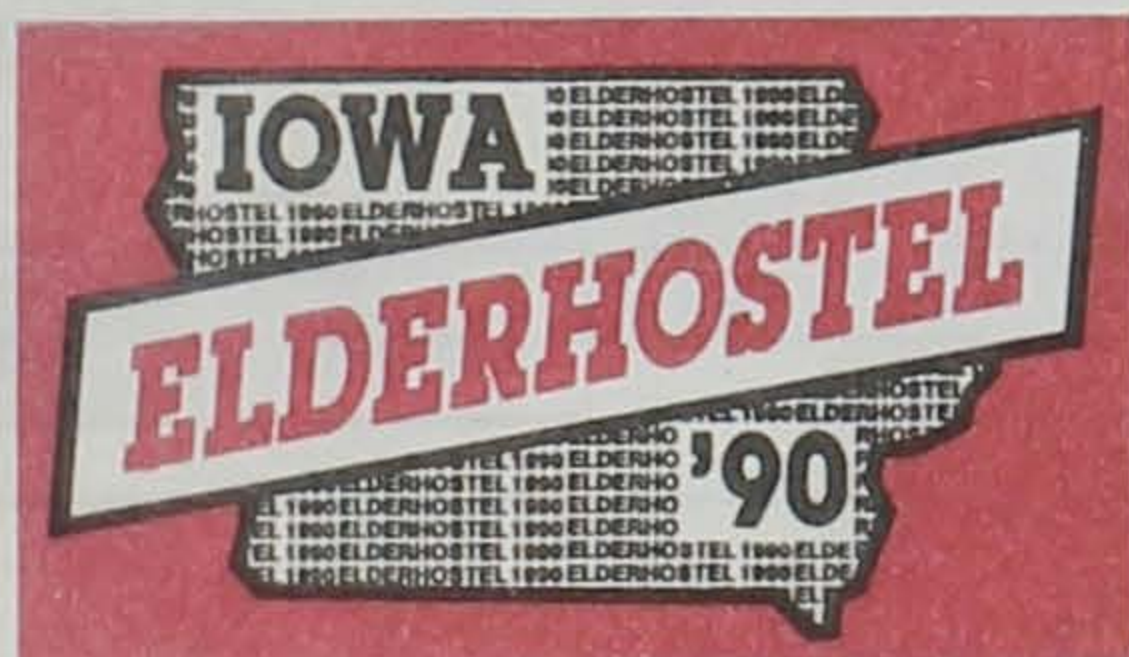
**ELDERHOSTEL**

**'90**

*Continuing Education for Persons Over 60 Years Old*

**IOWA ELDERHOSTEL**  
116 International Center  
Division of Continuing Education  
The University of Iowa  
Iowa City, Iowa 52242  
Telephone (319) 335-2533

Nonprofit Organization  
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Iowa City, Iowa



*Continuing Education for Persons Over 60 Years Old*

The University of Iowa does not discriminate in its educational programs and activities on the basis of race, national origin, color, religion, sex, age or handicap. For additional information, please contact the Coordinator of Title IX and Section 504 in the Office of Affirmative Action, 201 Jessup Hall, The University of Iowa, Iowa City, Iowa 52242. Phone (319) 335-0705



# TRY ELDERHOSTEL

Iowa 1990

Inspired by European youth hostels and folk schools, ELDERHOSTEL is planned for those who are 60 years or older, or those whose participating spouse or companion is of the qualifying age. ELDERHOSTEL is usually only a week long, so if you are ready to adventure into new learning experiences, you can sign up for a week at any one of the 27 participating colleges—or more.

You can expect something fresh and different at every ELDERHOSTEL—even on campuses you have visited before. Classes usually change each year, and no campus can be compared with any other. Each has its own indelible character and charm, works within its individual budget to provide accommodations for you and draws on a unique reservoir of local resources to offer intriguing courses and recreational activities.

At Iowa ELDERHOSTEL, you will be in the friendly company of likeminded people your own age—some with impressive degrees and some who never finished high school and have learned from experience. They will be eager as you to form new friendships, to replace stale old thoughts with informed insights and to vacation from monotony. Like you, they want to wake themselves by learning what is new and return home refreshed in spirit.

You will bring as much to ELDERHOSTEL as you will take away. Your memories, your sense of history, your experience in life will enrich classes for your fellow students, and they will share theirs with you. Enrollment is limited to about 40 persons each session to make a comfortable group.

Why not take a learning vacation this year—one that adds to your permanent enjoyment instead of simply subtracting money from your pocket? Join the fellowship and explore your potential. It is never too late—never too early—to put a new sparkle into your life!

## Courses

Lack of formal education is no barrier to ELDERHOSTEL's high-quality, no-credit courses. Each course is designed to be a self-contained unit which requires no previous knowledge of the subject. There are no exams, no grades, no required homework, although professors are pleased to make suggestions for outside reading and study. At each campus, you may choose to attend one, two or all three classes during the week of exciting coursework. Among the rich variety of offerings on the many campuses throughout Iowa, you are sure to find just the right classes for you!

## Intensive Studies

A number of hostellers have requested programs where they could explore a subject in greater depth than is possible in a regular ELDERHOSTEL session. In Iowa we have several intensive offerings in writing. The emphasis is in one area rather than three. Participants will be expected to do homework and plan to complete a project such as a story or a poem. The poetry session at The University of Iowa is your choice of one or two week long. The novel writing session is three weeks and the others are two weeks in length. Only for these courses is there a possible extra charge of no more than \$25 for books or supplies.

## Costs

The fee for one week is generally \$250. The two/week sessions at The University of Iowa are \$500 (two weeks times \$250). The three-week-long novel writing session is \$750 (three weeks times \$250). The programs at Iowa Lakes Community College end a day early and the charge is only \$230. There is a \$40 per session deposit with your registration forms with the remainder due upon arrival at the campus. In a typical ELDERHOSTEL program the fee for the week includes:

- Registration costs
- Six nights' accommodations
- All meals from Sunday evening supper through Saturday breakfast
- A variety of extra-curricular activities

Single room accommodations require an extra fee and are seldom available. Those intensive programs which are two weeks or longer include the meals and lodging during the intervening weekend.

ELDERHOSTEL fees are kept as low as possible and are fairly consistent throughout the country. But because they are still beyond the means of many qualified adults, we urge you to read the section on scholarships to learn about our program for financial assistance.

## Commuters

At many schools there are a few ELDERHOSTEL spaces available to local residents on commuting basis. Commuter spaces are open only to those individuals who are residents of the local area.

It has been our experience that when commuters see how others enjoy the close association and ELDERHOSTEL spirit in the dorms, they register as regular student hostellers the next season. A commuter fee of \$125 covers tuition and activities, with a deposit of \$40 per person to accompany your application for each session of ELDERHOSTEL in Iowa, and the balance of \$85 is payable at the Sunday evening orientation at the campus.

## Housing and Meals

In true hosting fashion, ELDERHOSTEL accommodations provide the necessities without frills. Sheets, blanket, pillow and towels are supplied for hostellers, who care for their own rooms and leave them clean for the next occupants. College dorms are not luxury resort hotels, nor do hostellers expect them to be.

We are sorry that we can not honor requests for private baths. Except in rare cases, most college dormitories have common bath areas for separate male and female use. Most hostellers find the arrangements sufficiently convenient and private.

The low cost of ELDERHOSTEL is possible only because it is based on double room occupancy. Very few campuses can provide single rooms. We absolutely can not guarantee single room availability. However, if you feel that a single is a vital necessity—and should one be available—be prepared to pay an extra charge.

Accommodations, though often spartan in accordance with the traditional student life-style, are adequate, and occasional inconveniences may have to be endured as one of the characteristics of college life. Similarly, the food served is intended to be wholesome and nutritious but not fancy nor up to gourmet standards. College and university dining halls can not make provisions for special dietary needs. We want you to be aware of this limitation in advance so that you can bring with you whatever dietary supplements you will require.

## Cancellations, Transfer and Refund Policies

If you must cancel, we refund all but \$15 per week, according to national policy, provided that you notify the state office in Iowa City no later than three weeks before the starting date of your chosen program. Please remember that it takes time for mail to reach us and that your notification must be in the office before the deadline, not merely postmarked on the three-week deadline. A late cancellation, i.e., those received after the deadline (within three weeks of the start of the program), results in a forfeiture of the full deposit per person.

Sometimes a person's plans change after registration. If you wish to transfer your registration from one session to another, transfers must be made at least three weeks in advance. A transfer request received after the deadline will require an additional deposit.

## Cancelled Sessions

Occasionally an ELDERHOSTEL program will have to be cancelled. ELDERHOSTEL will notify you as far in advance as possible and make every effort to assist you in finding a suitable alternative. Of course, your entire deposit will be returned if a program in which you are enrolled is cancelled and you do not wish to attend an alternate program.

If no vacancies remain in your chosen program you can either enroll in one of those programs which still has space or receive a complete refund of your deposit.

If you apply for a scholarship and do not receive one so that you cannot attend ELDERHOSTEL, your entire deposit will be returned to you.

## Don't Be a No-Show

A small number of ELDERHOSTELers have failed to notify the ELDERHOSTEL office when medical or other unforeseen last minute circumstances made it impossible for them to attend the programs for which they had confirmed reservations. These people have come to be known as No-Shows. Don't be a No-show. Help ELDERHOSTEL, its colleges and your fellow hostellers. No matter how close to the date of the session, often a person on the wait list can make last minute plans to attend if a space is available. If you must cancel—for whatever reason—please call the ELDERHOSTEL office and let us know. We also worry about you when you don't show up. We wonder if you have had an accident along the way. Thanks!

## Travel

You will be responsible for arranging your own travel to and from the campus or campuses you have selected.

## Pets

Pets are not permitted on ELDERHOSTEL campuses.

## Policies

The granting or denial of any application for admission to a program is within the sole discretion of ELDERHOSTEL. ELDERHOSTEL may revoke admission to a program or terminate participation if, in the opinion of ELDERHOSTEL, a participant's behavior or actions are inappropriate or disruptive.

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## 1990 IOWA ELDERHOSTEL CALENDAR

April 22-28	Graceland College Maharishi International University
April 29-May 5	Iowa Western Community College
May 6-12	Iowa Valley Continuing Education
May 13-18	Iowa Lakes Community College—5 days
May 13-19	Dordt College Grand View College Northwestern College Westmar College
May 20-26	Grand View College
May 27-June 2	Clinton Community College/Mt. St. Clare College
June 3-9	Iowa Central Community College Luther College
June 10-16	Central College The University of Iowa
June 10-23	The University of Iowa—13 days
June 17-23	Briar Cliff College Indian Hills Community College
June 17-30	The University of Iowa—13 days
June 24-30	Briar Cliff College University of Northern Iowa
July 1-7	Ellsworth Community College Grinnell College Simpson College Southwestern Community College William Penn College
July 8-14	Clarke/Loras/University of Dubuque
July 8-21	The University of Iowa—13 days
July 15-Aug 4	The University of Iowa—20 days
July 22-28	Scott Community College Upper Iowa University
July 22-Aug 4	The University of Iowa—13 days
Aug 5-11	Southeastern Community College
Aug 26-Sept 1	Iowa Wesleyan College
Sept 16-21	Iowa Lakes Community College—5 days

More in the Fall



## Briar Cliff College

Founded by the Sisters of St. Francis, Briar Cliff College combines religious and liberal arts traditions with the new technologies of computers and satellite dishes. Bordered by native prairie, the campus is situated upon unique loess hills overlooking Sioux City, where three states and three rivers join. It is a community tracing its origins to the Lewis and Clark expedition and serving as a gateway to the Old West. New air-conditioned dormitory opened in 1988.

**June 17-23      \$250    15052-0617-1**

### **GOLF: PAR 3 FOR BEGINNERS AND BEYOND**

Enjoy a short game (944-yard course). Start from the beginning and learn the basics or improve your skills—practice a good swing, learn the rules, improve your etiquette. Activities depending upon weather.

### **NUTRITIONAL FACTS AND FICTION**

The average person is an easy victim of advertising hype. Learn the truth about some current nutritional claims and discard those that are fictitious.

### **THE PRAIRIE NEXT DOOR: THE ECOLOGY OF A LOESS HILLS PRAIRIE**

On short hikes to native mixed grass prairie, identify prairie grasses, wildflowers and edible plants; explore prairie ecology, climate and Western Iowa geology.

**June 24-30      \$250    15052-0624-1**

### **GOLF: PAR 3 FOR BEGINNERS AND BEYOND**

Enjoy a short game (944-yard course). Start from the beginning and learn the basics or improve your skills—practice a good swing, learn the rules, improve your etiquette. Activities depending upon weather.

### **NORTH AMERICAN INDIANS: TRIBES, TREATIES, AND RESERVATIONS**

An overview of Native American peoples including origins, history, cultures; trends in relationships between Indians and American society; visit with tribal officials at nearby reservations.

### **AQUATIC AEROBICS**

Heart-monitored water workouts achieve cardiovascular fitness without joint stress. You need not be able to swim to enjoy this exercise. If you don't exercise regularly, check with your doctor.

## Central College

Central College, a liberal arts college in the Christian tradition, enrolls about 1500 students in Pella, Iowa, and seven overseas campuses. Campus facilities include new student union, theater, chapel, fieldhouse, and twenty-seven other buildings. Located 40 miles southeast of Des Moines, Central bridges cultures from its Dutch heritage to Far East understanding. Enjoy Dutch architecture, historical village, and old world charm.

**June 10-16      \$250    15105-0610-1**

### **MIND, BODY AND SOCIETY: JUNGIAN PSYCHOLOGY**

Along with Freud, Jung has exerted a strong influence on psychological theory. Learn about analytical psychology. Apply it to your life. Course contains self-assessment tools, journal writing, lecture and discussion.

### **MIND, BODY AND SOCIETY: SPORTS**

Sports take place in social settings. The course will investigate sports in America today. It will focus upon life-long sports participation, interscholastic athletics, intercollegiate athletics, and professional sports.

### **MIND, BODY AND SOCIETY: CULTURAL UNDERSTANDING**

You are a member of many groups. Study the influence of various cultures on you. Simulations, discussion, and film will increase your sensitivity to cultures which make up the USA.

## Clinton ELDERHOSTEL Clinton Community College Mount Saint Clare College

Clinton Community College and Mount Saint Clare College are two colleges located in Clinton, Iowa. Nestled in the heartland of the Midwest, this community has a rich heritage from the mighty Mississippi which borders it to the east. Participants will stay at Mount Saint Clare and be bussed to and from both institutions. Optional recreational opportunities include evening programs, visits to historic landmarks, a boat trip, picnic in our beautiful Eagle Point Park, and more.

**May 27-June 2    \$250    15115-0527-1**

### **MISSISSIPPI RIVER IN OUR LIVES**

Mighty Mississippi—from two Indian words Mecha and Sipi meaning great river. Come discover how this river has helped shape the lives of people in the past, present and future.

### **ART ON THE MISSISSIPPI**

Learn how the Mighty Mississippi has influenced art and the artists of the area. Hands-on activities will be offered as well as lectures.

### **THE ADVENTURES OF HUCKLEBERRY FINN**

Join in the fun of the adventures of Huck Finn and his friends. This course offers an opportunity to rediscover the writings of Mark Twain.

## Dordt College

Dordt College, founded by Dutch immigrants is a Christian College in Sioux Center, an attractive community of 5,000 in northwestern Iowa. The beautiful campus offers easy access to its modern air-conditioned facilities, which include the chapel/auditorium with its outstanding Casavant 37-stop organ, comfortable housing units, an indoor swimming pool, a bowling alley and over 20 other buildings. ELDERHOSTELers will enjoy a taste of the Dutch heritage at nearby Orange City's annual Tulip Festival.

**May 13-19      \$250    15200-0513-1**

### **WOODEN SHOES IN PRAIRIE GRASS**

Examine stories and poems by Dutch American writers such as James Heynen and Fred Manfred to explore the unique nature of Dutch American Life.

### **STORYTELLING**

Make your unique stories come alive as you tell them with techniques learned in this class to create and relate the color, excitement, intrigue involved.

### **INSTINCTS, MEMORY AND MEMOIRS**

This class will help you recall details from your childhood that may reveal local color of an earlier era and will help to organize your life story.

## Dubuque ELDERHOSTEL Clarke College Loras College University of Dubuque

Discover Dubuque's ELDERHOSTEL, a cooperative effort of Clarke, Loras, and the University of Dubuque. Dubuque is Iowa's oldest city located on the Mississippi River and the borders of Illinois and Wisconsin. Classes and living facilities will be on Clarke's newly rebuilt campus. Come ride a paddiewheeler—or a cable car—or a trolley! Explore a reconstructed lead mine in the riverboat museum! Sample the Victorian charm of Dubuque and its three colleges!

**July 8-14      \$250    15267-0708-1**

### **THE PSYCHOLOGY OF INFLUENCE**

Explore methods used by advertisers, friends and family to influence behavior. Methods examined include use of authority figures, conformity ("Everybody's doing it..."), and reciprocation ("You scratch my back...").

### **COMPUTERS FOR THE 1990's**

Computer greenhorns of the world unite! Take a quantum leap into the ranks of the computer wise. Designed for the novice to the mildly indoctrinated.

### **SMALL TOWNS: IS LIFE BETTER THERE?**

Garrison Keillor addicts will like this discussion of current life-styles and pleasant memories as seen in Midwestern short stories and novels. Bring along your growing-up memories and/or your present day reflections.

## Ellsworth Community College

Meld the mood of a small Iowa college campus with the enthusiasm of a community celebration, Riverbend Rally, for a truly glorious 4th and stimulating week. Founded in 1890, Ellsworth Community College is celebrating 100 years of educational service. Live in dorms convenient to air-conditioned dining and classroom facilities. The surrounding community, Iowa Falls, is located on the scenic Iowa River. An additional feature will be a 4-star dinner tour through Cedar River Valley on the Star Clipper Train.

**July 1-7      \$250    15268-0701-1**

### **POMP & PROPAGANDA OF THE REVOLUTIONARY PERIOD**

Pamphlet plays were effective journalistic tools of this period—incorporating wit, humor, burlesque and serious matter into a popular performance medium. We will read and discuss the impact of this literature.

### **NATURE'S PHENOMENA — THE IOWA GREENBELT**

Examine unique flora and fauna existing in few other areas. Interact with environment and ecology of the Iowa River, limestone bluffs and Greenbelt. Explore Indian artifacts and culture of area.

### **CREATIVE 35 MM PHOTOGRAPHY**

Capture and create those shots that used to get away. Instruction combines portrait photography, posing techniques and natural settings of scenic Iowa Greenbelt. Bring your camera and take home keepsake photos.

## Graceland College

Graceland College is located in the serene community of Lamoni, "Quilt City of Iowa," at the southcentral gateway of Iowa on Interstate 35. A Christian community of learning, sponsored by the R.L.D.S. Church, it offers ELDERHOSTELers the use of the fine arts center, library, sports complex, and community golf course. Search in antique and quilt shops and visit Liberty Hall, the historic home of Joseph Smith. Smoking and the use of alcohol prohibited on campus.

**April 22-28      \$250    15270-0422-1**

### **KNOW YOUR ANTIQUES: CARE AND PRESERVATION**

Taught by a museum curator, an antique dealer, and a furniture restorationist, we will deal with the care of treasured antiques, restoration and refinishing, and discerning real antiques from reproductions.

### **RELIGIOUS AND ETHNIC COMMUNITIES IN IOWA**

Iowa's history is rich with "special" communities that reflect deep religious and ethnic roots: the Icarians at Corning, New Buda in Decatur County, and Reorganized Latter Day Saints in Lamoni.

### **HAPPINESS IS A WARM QUILT**

Study quilts as a folk art that reflects American history and culture. Learn from quilters at work and attend the annual Quilters Guild Show in Lamoni showing hundreds of quilts.

## Grand View College

Grand View College is a private, co-educational college whose purposes are a liberal education and career preparation. Founded in 1896 by Danish immigrants, the college's guiding principle has been education for the individual's whole life. The beautiful campus in northeast Des Moines serves ELDERHOSTELers with modern dormitories, an excellent library and a new College Center. The program will include a one-day field trip to the Living History Farms.

**May 13-19      \$250    15272-0513-1**

### **THE SCANDINAVIAN IMMIGRANT EXPERIENCE**

The origins and causes of Scandinavian emigration to America: Where did they settle and why. The history of literature of Danish, Norwegian and Swedish immigrants will be covered.

### **WRITING YOUR FAMILY STORY**

An opportunity to develop a written record of your family with emphasis on memories and personal experiences. The course will also provide valuable feedback from your peers and the staff.

### **THE TALES OF HANS CHRISTIAN ANDERSEN**

The study of Andersen, the man and the writer, in the context of his society. Representative tales will be read.



## Grand View College (continued)

May 20-26 \$250 15272-0520-1

### THE SCANDINAVIAN IMMIGRANT EXPERIENCE

The origins and causes of Scandinavian emigration to America: Where did they settle and why. The history and literature of Danish, Norwegian, and Swedish immigrants will be covered.

### FINNS AND THEIR FOLKLORE

Topics include historical settings of Finns, sauna, sagas from Kalevala, sayings, and stories from Finnish-American immigrants.

### THE TALES OF HANS CHRISTIAN ANDERSEN

A study of Andersen, the man and the writer, in the context of his society. Representative tales will be read.

## Grinnell College

Established in 1846, Grinnell is a small liberal arts college which blends its midwestern location with a nationally selected student body and excellent faculty into a relaxed and vibrant community. All the facilities, Burling Library, Computer Center, Physical Education Complex, are available and accessible to hostellers. The residence hall is air conditioned. Grinnell is located in the rich, rolling farmland of central Iowa, 55 miles east of Des Moines, just off I-80.

July 1-7 \$250 15275-0701-1

### TRANSFORMATION OF COMMUNIST SYSTEMS

An examination both of the causes of the recent changes in the communist world and of the probable directions of future change.

### JOURNALS: FOR KEEPS

Documenting the past and present; images, objects, and texts from memories, dreams and everyday experiences.

### MATHEMATICS AND OTHER ARTS

Mathematics inspires structures and themes in the other arts, particularly in music and literature. Is the music of Beethoven mathematical? Is there mathematics to be found in Dante?

## Indian Hills Community College

Indian Hills provides liberal arts, vocational-technical training, and continuing education opportunities. The campus is located in a lush, wooded setting on the northeastern edge of Ottumwa, population 27,000, in the heart of the historic and scenic Des Moines River Valley, 20 minutes from Grant Wood's "American Gothic" house and Chief Wapello's grave. Nature walks, tennis and swimming are popular on campus. A new student life center, academic building, and skills training center are now open.

June 17-23 \$250 15280-0617-1

### PRIMITIVE POTTERY—PIT-FIRING WORKSHOP

A unique, hands-on exploration of clay-forming methods, decorating techniques and primitive firing procedures. Enjoyable and stimulating discussions cover significance and history of pottery development.

### THE AMERICAN DREAM

Using contemporary literature, this course examines the American Dream and the American Dream gone awry. Although primarily a discussion course, opportunities will exist to write and to share your work.

### WATERCOLOR WONDERS

Grant Wood's Iowa spirit lives on! This workshop emphasizes watercolor, but any water-based media may be used. The artist, as teacher, critiques and demonstrates.

## Iowa Central Community College

Enjoy the freshness of spring in Iowa! Located in the center of the world's richest farmland, the campus has comfortable facilities, single rooms at no extra charge. Fort Dodge, population 30,000, offers a fine art gallery, historic fort museum and elegant homes. The college campus features tennis courts, walking areas with golf and swimming nearby. Midwestern hospitality provides an environment for a rewarding, lasting learning experience.

June 3-9 \$250 15315-0603-1

### EAST MEETS WEST: ARTS OF ASIA

Art and culture of the Orient will be revealed via museum exhibitions, art activities and scholarly lectures presented at the Blanden Memorial Art Museum by the Blanden staff.

### EAST MEETS WEST: THE ECONOMY OF A CHANGING WORLD

Survey and discuss the Pacific rim business practices, economy and effect on the economy of the U.S. and other countries. Tour the Iowa World Trade Center in Des Moines.

### EAST MEETS WEST: ORIENTAL CULTURE AND CUSTOMS

Experience the cultural and social aspects of the Far East. History, value systems, and lifestyles will be addressed and oriental dining enjoyed during field trip to Des Moines.

## Iowa Lakes Community College Programs at West Okoboji

Located in northwest Iowa in the Iowa Great Lakes Region, the Okoboji Lutheran Bible Camp is the site of the Iowa Lakes Community College ELDERHOSTEL overlooking Lake West Okoboji which is one of the three blue water lakes in the world, near Gull Point State Park. Hostellers will be housed in comfortable heated, carpeted rooms, lounge area with fireplace, kitchenette, jacuzzi, and gym available. Discover the natural beauty through hiking, fishing, boating, golfing. No alcoholic beverages.

May 20-25 \$230 15350-0520-1  
(Ends on Friday)

### NATURAL HISTORY OF THE IOWA GREAT LAKES

Discover real Iowa Great Lakes history through geology, wildlife, and flora of the region. Several short field trips include one to the site of the Spirit Lake Massacre.

### BOOKS SAY THE CRAZIEST THINGS!

Reading is for fun, but also for inspiration. "Laughter is the best medicine." Read what famous and not-so-famous writers have said over the years.

### MUSIC: FUN AND APPRECIATION

Explore music through the ages. Learn how it can make you laugh, cry, work, and love. Join in the fun and make your heart sing with joy, excitement, and elation.

Sept 16-21 \$230 15350-0916-1  
(Ends on Friday)

### NATURAL HISTORY OF THE IOWA GREAT LAKES

Discover real Iowa Great lakes history through geology, wildlife, and flora of the region. Several short field trips include one to the site of the Spirit Lake Massacre.

### BOOKS SAY THE CRAZIEST THINGS!

Reading is for fun, but also for inspiration. "Laughter is the best medicine." Read what famous and not-so-famous writers have said over the years.

### MUSIC: FUN AND APPRECIATION

Explore music through the ages. Learn how it can make you laugh, cry, work and love. Join in the fun and make your heart sing with joy, excitement and elation.

## Iowa Valley Continuing Education

Get comfortable in Marshalltown, Iowa, where you'll experience an ELDERHOSTEL that's new and different, challenging, first class, and better than ever! The Iowa Valley Continuing Education Center is completely accessible and Hostellers enjoy the comfort of deluxe air-conditioned motel rooms with private baths. To further enhance your visit in Marshalltown, special activities like the country western hoe-down, water exercise, tickets to a musical, and tours of the countryside are planned.

May 6-12 \$250 15380-0506-1

### FROM HITCHING POST TO HIGH TECHNOLOGY: OUR CHANGING WORLD

Gain new insight into the influences of science and technology in our lives. What's coming next? And how can you influence the directions of advancement and exploration?

### LIVING LIGHTLY UPON THE LAND

Engage in mind-opening activities, games, and simulations focusing upon awareness and stewardship of our natural resources. Challenge yourself to evaluate lifestyles and human activities impacting the environment now and for the future.

### UNDERSTANDING THE MIDDLE EAST

What's going on in Lebanon? Why all the confusion and conflict in Israel and the West Bank? These questions and others will be examined.

## Iowa Wesleyan College

Iowa Wesleyan College, the oldest coeducational college west of the Mississippi, reflects both tradition and growth. Surrounded by rich farmland and thriving industrial prosperity, IWC pursues its liberal arts commitment on a tree shaded 60 acre campus. Located in Mount Pleasant in southeastern Iowa, it is the site of the Old Threshers and Settlers Reunion, the largest annual steam celebration in America. Experience "Learning for Living" just as contemporary students do on the Wesleyan campus.

Aug 26-Sept 1 \$250 15420-0826-1

### THE WAY IT WAS: RURAL LIFE IN THE MIDWEST, 1890-1915

Emphasizing changes, continuity, and contrasts in lives of people at the turn of the century, explore this setting through slides, informal lectures, and field trips to the Old Threshers Reunion.

### AMERICAN REPERTOIRE THEATRE AND TENT SHOWS

History of tent and repertoire theatre comes alive! Featuring the original Susie, Caroline Schaffner, of Toby and Susie Shows, investigate the extensive collection of memorabilia in the Museum of Repertoire Americana.

### OUR HERITAGE:

#### AMERICAN MUSICAL THEATRE

America has made two great contributions to the world of music: jazz and musical comedy. Discover those ingredients that propel Broadway musicals to the top! "Oh, what a beautiful..."

## Iowa Western Community College

Iowa Western Community College is located in the gently rolling hills on the edge of Council Bluffs. This historic river town on the banks of the "Muddy Mo" was the crossroads of our country's early years with the Lewis & Clark, the Mormon, the Oregon trails and as the eastern terminus of the transcontinental railroad. Beauty abounds in the unique Loess Hills contrasting with the fertile Iowa farmland. Hostellers will stay in A/C dorms near classrooms.

April 29-May 5 \$250 15425-0429-1

### CULTURAL CROSS CURRENTS

An examination of cultural differences existing between Soviet, Middle Eastern and American people. The course will utilize multi-image shows to bring the course to life.

### SEND IN THE CLOWNS

Daffy will teach a hands-on approach to becoming a clown. Create your own personality; plan costumes, make-up, and props, including balloons, puppetry, juggling. Entertain at hospitals, nursing homes, parties.

### FRENCH, SPANISH AND AMERICANS AT COUNCIL BLUFFS: 1700-1854

Focus on three transient Indian Tribes, 150 years of fur trade, changing patterns of Missouri River traffic, and Mormon exodus through this Missouri River-Platte Valley crossroads to the American west.



## Luther College

Located in picturesque northeast Iowa, Luther offers 800 acres of rolling countryside, air conditioned, modern facilities and a beautiful campus. The home of the Norwegian-American museum, Decorah is well known for its beautiful parks and historic district. Come share the relaxation and summer splendor of Luther College with others seeking new perspectives. Walking on hilly terrain is necessary. Associated with the church, learning and faith combine at Luther in a healthy, creative fashion.

**June 3-9 \$250 15473-0603-1**

### CHILD DEVELOPMENT: JOYS AND TRIBULATIONS

Joys and tribulations of growth and development through life stages including birth, infancy, toddlers, preschoolers, schoolagers, adolescence, with discussion of concerns: sexuality, drugs, family and health problems.

### HOW NOT TO LIE WITH STATISTICS

Discover the uses and abuses of statistics in opinion polls, medical studies, legal trials and in current newspaper and magazines articles. Hands-on experience interpreting numerical data.

### SYMPTOMS, DIAGNOSIS AND PROGNOSIS OF RURAL HOSPITALS

Discuss history of hospitals, government's role and factors which could affect quality health care. Examine innovative solutions including an enchanting slide tour of the Swedish health care system.

## Maharishi International University

Maharishi International University (MIU) is the first university in the world to integrate traditional academic disciplines with Maharishi's Vedic Science and Technology which unfolds the inner potential of every student and raises life to be lived in full accord with natural law. At the heart of this approach is the daily experience of the source of natural creativity through Transcendental Meditation. MIU's beautiful campus is in Fairfield in southeastern Iowa.

**April 22-28 \$250 15500-0422-1**

### TRANSCENDENTAL MEDITATION (TM)

The Transcendental Meditation technique is a simple, natural program, easily learned by anyone of any age, for experiencing profound rest, dissolving stress, and developing creative potential in individual life.

### THE PERSONAL EXPERIENCE OF LITERATURE

Explore literature's deepest meaning. Discover the elements of fiction, the dynamics of poetry, and the movement of drama by linking your personal experience with universal works of literature.

### ART, CREATIVITY, AND CIVILIZATION

Nourish your own artistic creativity and experience major works of art as the living record of civilization and the expressions of refined perception.

## Northwestern College

Dutch immigrants founded Northwestern in 1882 and community and college still cooperate in celebrating the Dutch heritage in the annual Tulip Festival, which coincides with ELDERHOSTEL. Thousands of tulips bloom all over town, citizens dance in wooden shoes and authentic costumes, streets are scrubbed to prepare the way for floats, bands and street vendors in daily parades. Accommodations in modern dormitory.

**May 13-19 \$250 15600-0513-1**

### GET IN TOUCH WITH THE DUTCH

Learn some of their language and culture from a native Dutch teacher.

### THE GOLDEN AGE OF THE NETHERLANDS: THE SEVENTEENTH CENTURY

Look beyond the windmills and tulip fields to see how the dynamic Dutch dominated 17th-Century Europe and much of the known world.

### SIXTY YEARS OF BROADWAY MUSICALS

Hits by composers from Kern to Sondheim recalled by audio and video recordings as well as live performers, culminating in attendance at live performance of complete musical.

## Scott Community College

A new adventure awaits you. The Quad Cities, tucked amongst the trees and hills along the mighty Mississippi where the river flows east and west, will be your destination. Dorm accommodations have been arranged with St. Ambrose University. The historic Ste. Genevieve (a stern-wheel steampowered dredge) will be your classroom, and the music, history, and river of this unique area your exciting new learning experience. Summer days and friendly folks await your arrival.

**July 22-28 \$250 15625-722-1**

### BIX STANDS FOR JAZZ

To coincide with the national celebration of the Bix Beiderbecke Festival we will explore American Jazz and the life of Bix, Davenport native and renowned innovator of jazz.

### SCHLESWIG-HOLSTEIN—A CULTURAL JOURNEY FROM GERMANY TO AMERICA'S MIDWEST

With Schleswig-Holstein descendents as your guide, follow the path of immigration, explore the traditions, the language, the people that arrived in Iowa's Scott county over one hundred years ago.

### THE MISSISSIPPI—A GRAND OLD RIVER

This grand old river has many stories to share. You will have an opportunity to escape into its magical, mystical, and magnificent charm.

## Simpson College

Simpson College in Indianola, enjoys both rural serenity and the excitement of being just minutes from Des Moines. You will experience midwestern hospitality at Simpson, former college of George Washington Carver. Our 26 buildings, some dating from the college's beginning in 1860, and 61 acres of tree-shaded campus, provide the perfect setting for an ELDERHOSTEL week you'll not forget. Stay in new air-conditioned residence halls, semi-private bath.

**July 1-7 \$250 15630-0701-1**

### OPERA IS ALIVE AND WELL AND LIVING IN INDIANOLA, IOWA

Experience a week with the Des Moines Metro Opera. You will attend a performance of La Traviata, apprentice artist recitals, chamber music concerns and other special events. Guest lecturers will include singers, conductors and stage directors. This will be a double course.

### SHORT STORIES FROM THE MODERN SOUTH

Explore the glory of the south as seen through the eye's of its finest authors, including those who have enduring reputations and those who have recently captured the literary spotlight.

## Southeastern Community College North Campus

We invite you to experience the treasures and rich heritage of life along the Mississippi. Burlington, Iowa's oldest city, offers unique museums, Arts for Living Center and Snake Alley, "the crookedest street in the world." The Heritage Hill District showcases numerous Victorian homes and mansions. Located in West Burlington, Southeastern Community College offers new A/C dorms with lounges, weight room and gym, all in close proximity to classrooms and cafeteria, with no stairs to climb.

**Aug 5-11 \$250 15640-0805-1**

### IMPRESSIONISMS AND POST-IMPRESSIONISM: LIVELY PERIOD IN HISTORY OF ART

Explore Impressionism and Postimpressionism, two popular and interesting periods in the history of art. This enrichment experience will focus on such artists as Monet, Renoir, Lautrec, Van Gogh, and Gauguin.

### A TALE OF TWO RIVER CITIES: NAUVOO AND BURLINGTON

Burlington's history and architecture will fascinate you. Then cross the Mississippi to authentically restored Nauvoo, built by Mormons in 1839, and enjoy "The City of Joseph," an outdoor historical musical.

### "POTS 'N' PANS" SPANISH: BASIC CONVERSATION FOR TOURISTS

"What time is it?" "Que hora es?" "Si, hablo espanol!" "Gracias." "Adios." In no time at all, you'll be speaking Spanish — enough to satisfy routine travel needs and courtesy requirements.

## Southwestern Community College

Southwestern Community College is located amid the rolling hills of southwest Iowa in the community of Creston, county seat of Union County. The air-conditioned dormitory is located approximately 400 yards from the campus. College transportation is provided for "non-walkers." Gymnasium, saunas, tennis courts and fitness trails are on the 50 acre campus. Area attractions include the annual July 4th celebration and Railroad Heritage Days, a fireworks, three beautiful lakes and the down-home hospitality of southwest Iowa.

**July 1-7 \$250 15650-0701-1**

### A PICTURE FOR YOUR THOUGHTS

Photography! Bring your camera and take a photo safari of the historical sites and the beauty of southwest Iowa. Explore camera operation, composition, black and white darkroom techniques.

### COMPUTER CAPERS

Cavort with computers. Enjoy a hands-on experience using a microcomputer for personal use as well as fun.

### LOVE, HATE, INNOCENCE, EXPERIENCE—LIFE'S SMORGASBORD IN LITERATURE

Serving up a healthy portion of life experiences through fiction based on the reading and discussion of several intriguing short stories. Sign up for this one and "Make my day!"

## The University of Iowa

The University of Iowa on the banks of the beautiful Iowa River is well known as a midwest cultural center. From around the world artists and writers gather here to work, study, and exchange ideas. Out of this artistic ambiance have blossomed many writers, establishing Iowa City as a writer's heartland. These intensive writing workshops, part of the Iowa Summer Writing Festival, are modeled after those offered by the renowned Iowa Writers' Workshop.

**June 10-16 \$250 15734-0610-1**

### WRITING POETRY

The soul has wonderful things to say, things that sometimes can be said only by a poet. This one-week session will focus on developing your own style of expressing these thoughts while also having the stimulation of the company and encouragement of other poets. Taught by current members and graduates of the Iowa Writers' Workshop, the classes will include discussing and critiquing each other's work along with assignments to stretch the intellect and imagination. There will also be a seminar in which you will read and analyze the work of several well-known contemporary poets to help you expand your horizons. Writing time will be scheduled for creating and polishing your work. A collection of the poems of the students will be published so you may relive the class long after it is over.

Participants will be asked to submit a short sample of poetry before the session. Reading lists will be provided in advance.

**June 10-23 \$500 15734-0610-2 (Intensive two-week program)**

### WRITING POETRY

Same as June 10-16 except two weeks in length.

**June 17-30 \$500 15734-0617-1 (Two-week program)**

### WRITING SHORT FICTION

Gifted people come to Iowa City with stories to tell, for this is a community in which writers thrive. Many great writers have begun their careers here by mastering the short story. In this two-week session you will learn ways to transform real experience with characterization, dialogue, plot development. You will learn how versatile this form can be. In small workshops you will discuss each other's work. In a complementary seminar class, you will analyze successful models of this form of literature to learn various techniques that might apply to your own writing. Writing time will be scheduled for you to create new fiction and polish works in progress. The instructors, who are current members or graduates of the Iowa Writers' Workshop, will also meet privately with you to discuss your work. A collection of student work will be published so you may relive this class long after it is over.

You need no previous writing experience. There is a place for every student — for those of you who are starting out and for those of you who are continuing to hone your writing talent. A short sample of your work is requested in advance. A reading list will be provided.



## The University of Iowa (continued)

**July 8-21 \$500 15734-0708-1**  
(two weeks intensive)

### WRITING YOUR MEMOIRS

Memories of your adventures can be as exciting to you today as they were when they were happening. It is important to preserve them for yourself, your family and friends. Study how successful writers approach the task to find the unique way to present your own stories. The memoirs class gives you two weeks to write and to be heard in an intensely personal environment. The class is a workshop for students to discuss and critique each other's work. In a complementary seminar class you will read and analyze autobiographies by well known writers to gain a sense of the many ways of writing the story and solving writing problems. In addition to the University library the state historical library is nearby for seeking and verifying facts. Other lecturers include a well-known food editor on the tantalizing relationships of food and memories. A collection of student work will be published.

You need no previous writing experience to attend. You will be asked to submit a writing sample, if available, to be discussed in class. Some reading before you arrive may be suggested. You may register for only one of the memoirs sessions at The University of Iowa.

**July 15-Aug 4 \$750 15734-0715-2**  
(three weeks intensive)

### WRITING A NOVEL

Oh, a block of uninterrupted time to devote to writing—the novelist's dream. This intensive course offers three weeks of privacy, community, and serenity next to the Iowa River in order to begin that novel you have been thinking about for years or to finish the one you began last winter. In small workshops you will discuss and critique each other's work. You will also study successful models of the novel—its varied structures, problems, and techniques. Each writer will work closely with the instructor for private criticism and encouragement. Whole blocks of time are left for you in which to write, to concentrate, and to share work with peers at spontaneous readings and gatherings. The novel class is a place for the writer to develop close friendships and lifelong writings allies.

Participants need not have previous writing experience to attend. If you have a work in progress you will be asked to submit several pages before the session begins, to be critiqued in class.

**July 22-Aug 4 \$500 15734-0722-3**  
(two weeks intensive)

### WRITING YOUR MEMOIRS

Memories of your adventures can be as exciting to you today as they were when they were happening. It is important to preserve them for yourself, and your family and friends. Study how successful writers approach the task to find the unique way to present your own stories. The memoirs class gives you two weeks to write and to be heard in an intensely personal environment. The class is a workshop for students to discuss and critique each other's work. In a complementary seminar class you will read and analyze autobiographies by well-known writers to gain a sense of the many ways of writing the story and solving writing problems. In addition to the University library the state historical library is nearby for seeking and verifying fact. Other lecturers include a well-known food editor on the tantalizing relationships of food and memories. A collection of student work will be published.

You need no previous writing experience to attend. You will be asked to submit a writing sample, if available, to be discussed in class. Some reading before you arrive may be suggested. You may register for only one of the memoir sessions at the University of Iowa.

## University of Northern Iowa

The University of Northern Iowa is in Cedar Falls, a community of 35,000 located 75 miles north of Cedar Rapids. The institution enrolls 12,000 students and offers modern classrooms, dormitories, art gallery, Maucker Union, University Museum, Rod Library, Strayer-Wood Theatre, golf course, swimming pool and tennis courts. Participants will tour the unique UNI-Dome, the state's largest enclosed athletic arena. Optional evening programs include attendance at a riverboat dinner function.

**June 24-30 \$250 15786-0624-1**

### THE KING OF INSTRUMENTS: AN HISTORICAL ODYSSEY

Music and history of the pipe organ — cherished possession of emperors and kings, handmaiden of the church, modern concert instrument. Bus tour to historic Iowa organs, with dinner at Amana colonies.

### IN SEARCH OF EARLIEST CHRISTIANITY: NEW TESTAMENT'S PRIMARY TRADITIONS

A discussion of major New Testament books as they show the development of several theological patterns from Jesus through the Gospel of John.

### A WALK IN TIME

Follow the history of the wilderness and land ethic from the time of Chief Seattle to the present. Included is a tour of Hartman Nature Center to experience a land ethic setting.

## Upper Iowa University

Upper Iowa University is a small liberal arts college located in the scenic northeastern part of Iowa and near two large recreation areas, 75 miles northeast of Cedar Rapids. ELDERHOSTELers will stay in Graf Residence Hall, which is close to the classrooms, the gymnasium and the dining hall. Field trips include walks in the woods, the Volga Recreation Area, and historic landmarks.

**July 22-28 \$250 15801-0722-1**

### MARK TWAIN SPEAKS OUT!

...on politics, religion, morals, racism, and more. Social criticism, still relevant today, in Twain's inimitable style.

### WRITING FROM THE MIDWEST

How writers have responded to the American Midwest, and what the Midwestern experience can mean to practicing poets and storytellers. Includes sharing and discussion of participants' works.

### GETTING TO KNOW THE ART MASTERS

Explore the life, times and style of art masters such as Rembrandt, da Vinci, Van Gogh, Homer, Wood, O'Keeffe, etc., through slides, videotaped music and lecture.

## Westmar College

Westmar College is an accredited liberal arts and science college of the United Methodist Church, located in LeMars, 23 miles north of Sioux City. Experience small-town middle America at its best with an old English flair reflecting the origin of its early settlers. The week's activities will include the Tulip Festival in Orange City with parades, authentic Dutch meals and other events. The campus includes the Danner Arboretum and is adjacent to a swimming pool.

**May 13-19 \$250 15942-0513-1**

### SOVIET RELATIONS: PERCEPTIONS AND ETHICAL IMPLICATIONS FOR TODAY

Explore origins of the Cold War developments since 1941 to the present. American perceptions of the Soviet Union. Soviet perceptions of the United States and ethical implications of Cold War hostility in a nuclear age.

### AND JUSTICE FOR ALL...CONCEPTS OF JUSTICE IN SOCIETY

The class will examine several popular conceptions of justice and injustice and discuss whether the American vision of equal opportunity for all results in a just society.

### AND JUSTICE FOR ALL...CONCEPTS OF JUSTICE IN DRAMA

We will discuss concepts of justice and injustice in society as they are represented in the plays Antigone, A Raisin in the Sun, Children of a Lesser God, Becket.

## William Penn College

Small, friendly, liberal arts college, founded by Quaker pioneers, located in thriving, peaceful Oskaloosa. Campus reflects the beauty of its agricultural surroundings. Air-conditioned residence hall, cafeteria and classroom facilities. For health of body, as well as mind and spirit, smoking and the use of alcoholic beverages are discouraged. A 15-minute daily worship centered around Quaker values and principles is available. Special July 4th celebration is planned. Short walk from residence hall to cafeteria.

**July 1-7 \$250 15994-0701-1**

### JAZZ—AN AMERICAN ORIGINAL

Listen to variety of jazz styles, both recorded and live; see jazz musicians "rehearse" this most fluid and creative type of music; all this and more. Be part of it!

### USING MICROCOMPUTERS CREATIVELY

Explore computer output of text, shapes, colors, and sounds. Learn to use computer software to help create greeting cards, banners, newsletters, graphical and musical compositions. Hands-on experience in Computer Lab.

### QUAKER DISCIPLINES: A PRESCRIPTION FOR TROUBLED TIMES/SEARCHING SOULS

Classic Quaker patterns of life (Silence, Simplicity, Peacemaking, Service, Fasting, Guidance, Worship) have been the core of the Quaker way for 300+ years. Learn creative responses to 1990's pressures.



Which ELDERHOSTEL session will you choose to attend in Iowa in 1990?





## Continuing Education for Persons Over 60 Years Old

An Iowa Consortium of Regent Universities • Private Colleges and Universities • Community Colleges

Dear ELDERHOSTEL Friends:

This is my fourteenth annual letter to you—fourteen years of ELDERHOSTEL in Iowa and fourteen of the colleges and universities listed in this brochure have been offering programs from the inception of ELDERHOSTEL in Iowa in 1977. The others have joined in the fun along the way. We welcome two new colleges into the Iowa ELDERHOSTEL family in 1990. They are Ellsworth Community College at Iowa Falls, and Southeastern Community at Burlington.

In Iowa we print this one annual brochure which tells you of all the programs offered in the state from April 1 through September 30. There will be an update available later this spring with additional offerings for October and November. Please inquire about it as you make your fall plans.

The National and International ELDERHOSTEL network also continues to grow with over 1200 colleges and universities around the world offering programs to suit nearly everyone's fancy. There are now ten national catalogs published each year to keep you up to date. If you receive the national catalogs as well as this Iowa brochure you will note that April, May and June sessions are listed in the issue which you received sometime in December of 1989. Programs offered in July, August and September throughout the country will be in the national issue which you will receive sometime in March. It makes it a little cumbersome as you try to make plans for the whole summer. So, if you receive this Iowa brochure in February you are getting some advance notice with the whole summer season laid out in front of you.

If you haven't been to ELDERHOSTEL before, give it a try, talk to someone who has attended and find out what it is that draws people back year after year. You will discover it is a combination of the classes, the setting, the activities, and the most important element, the interesting PEOPLE who attend.

We will be glad to answer questions about any of the programs in Iowa. Please call me at (319)335-2533 or write to ELDERHOSTEL 116 International Center, The University of Iowa, Iowa City, Iowa 52245.

We are ALL eagerly looking forward to greeting enthusiastic ELDERHOSTEL students this summer.

Sincerely,

*Peggy Houston*

Peggy Houston  
State Director

Director, Peggy Houston • Administrative Office • 116 International Center • The University of Iowa • Iowa City, Iowa 52242 • (319) 335-2533

## Extracurricular Activities

Part of the distinctiveness of each ELDERHOSTEL program is the variety of extracurricular activities which are offered. Although our programs do operate on a limited budget, in many instances institutions already have a regular schedule of cultural, educational and recreational events. Occasionally, the campus staff will organize programs of particular interest to ELDERHOSTELers. Each campus will be unique.

Also, each campus will try to schedule sufficient free time for you to get acquainted with your fellow hostellers and to see some of the local area. Please do remember, however, that our primary focus is on an educational program of the highest possible quality. We will want to consider you a student, so if you want to see a particular local attraction or visit relatives or friends in the community, we ask that you make these arrangements for the time immediately preceding or following the program.



## Registration Form Instruction

**Registration Form:** This registration form may be used by one or two individuals residing at the same address. If two of you plan to attend together but have different addresses and phone numbers, please use two separate forms. If additional forms are needed, please photocopy. Registrations can not be processed without a Social Security Number.

**Address:** When filling in your address, please use your two-letter state postal abbreviation. Example: Iowa IA

**Program Numbers:** Please be sure to include the entire program number which appears in the catalog with each program choice.

**Single Programs:** If you are planning to attend just one ELDERHOSTEL program, use the First Program box to list your choice. Remember to list alternate choices in the proper slots in case your first choice is filled.

**Multiple Programs:** If you're planning to attend more than one ELDERHOSTEL program, list your first choice and alternate choices for that week under First Program. For the second week you plan to attend, list under Second Program box, etc. You will be assigned to the highest choice program available in each box.

**Rooming:** We cannot guarantee single rooms at the time of registration; you can indicate a preference for single room accommodations if they are available. We will not register you if you cannot accept double room accommodations. If you plan to attend with a roommate, be sure your roommate's form accompanies yours in the same envelope.

**Payment:** Only checks or money orders will be accepted. Please write your Social Security Number on your check. For security reasons, checks and money orders accompanying registration forms are deposited immediately upon receipt. A deposited check is merely an indication your registration form has been received. It is not an indication of your registration status.

A \$40 deposit is required for each person for each program you plan to attend. The balance due is payable upon arrival at the college.

**Traveling Companions:** If you plan to travel to programs with others in addition to your spouse or roommate, please be sure their forms accompany yours in the same envelope and list their names on your form under the traveling companion space to assure you all are registered together.

**Alternate Choices:** A few programs are popular and fill up quickly, so choose your programs carefully and pick out alternate choices you would be willing to attend.

## Scholarships

Iowa ELDERHOSTEL has helped more people through scholarships than most other states, so you can be sure we would like every prospective student to have the ELDERHOSTEL experience. This year, all of our colleges are pledged to a bigger and better scholarship program than ever before!

Scholarships are awarded to encourage you to join our fellowship and are not a reward for previous academic achievement. Recipients of scholarships are requested to send the \$40 registration fee to the state office, regardless of the size of their awards. We urge you to pass the word to your friends that scholarships can help defray their costs of attending.

If \$250 per week seems a bit beyond your budget this year, estimate the supplement you think would help out, and apply early. While you're hesitating funds may be running low and vacancies at your favorite college will be filling up.

Some organizations and clubs feel that an ELDERHOSTEL scholarship is the perfect project to support. And what would make a better gift for Mother's Day, Father's Day or a birthday?

**Scholarships:** If you would like to apply for a scholarship, please check the appropriate box and fill in the amount you feel you will need. Enclose your \$40 deposit. If there are no scholarships available, your full deposit will be returned to you.

## For More Information

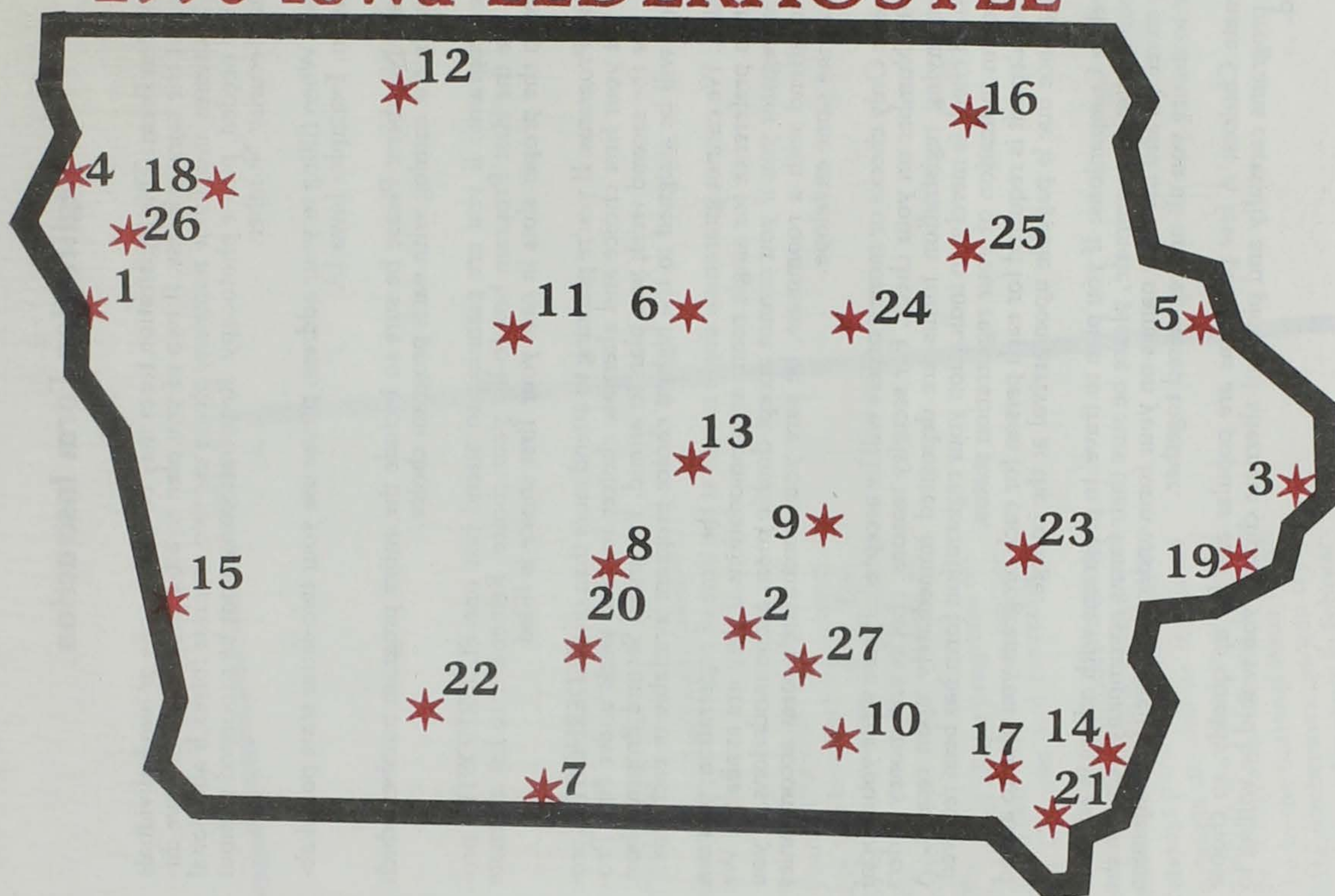
If you have questions about any of the programs in Iowa, contact:

Peggy Houston, State Director  
116 International Center  
The University of Iowa  
Iowa City, IA 52242  
Phone: (319) 335-2533

Registration Form		Personal Information:	
(Photocopy if necessary)		Individuals who live at different addresses cannot use the same registration form.	
<input type="checkbox"/> I want to attend identical programs with a friend(s) who lives at a different address. I have enclosed their registration form(s) with mine. Check Here and listed the name(s) of my friend(s).		Individual #1	
First Name	Last Name	First Name	Last Name
Social Security Number		Social Security Number	
Mailing Address			
City	State (Abbrev)	Zip/Postal Code	
IA			
For office use only			
Phone No. Area Code ( ) -		Age	
Alternative No. Area Code ( ) -		M F	
Program #		Program #	
Print Institution Name		Print Institution Name	
Alternate choices for first program:		Alternate choices for second program:	
2nd		2nd	
3rd		3rd	
If you wish to attend a second program, use this section		If you wish to attend a third program, use this section	
Program #		Program #	
Print Institution Name		Print Institution Name	
Alternate choices for second program:		Alternate choices for third program:	
2nd		2nd	
3rd		3rd	
If you wish to attend a third program, use this section		If you wish to attend a fourth program, use this section	
Program #		Program #	
Print Institution Name		Print Institution Name	
Alternate choices for fourth program:		Alternate choices for fifth program:	
2nd		2nd	
3rd		3rd	
<b>Payment:</b>			
\$40 deposit per person, per program			
X = X \$40 = \$			
Number Persons Programs			
Checks and money orders payable to:			
ELDERHOSTEL, INC.			
116 International Center			
The University of Iowa			
Iowa City, IA 52242			
<b>Rooming:</b> Hostellers must be willing to accept double room accommodations.			
Smoker? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Check One			
1 <input type="checkbox"/> Single if available			
2 <input type="checkbox"/> Double with roommate assigned by campus			
3 <input type="checkbox"/> Roommates Individuals listed on this form			
4 <input type="checkbox"/> Double with			
Roommate (Separate form enclosed)			
Roommate Social Security Number			
5. <input type="checkbox"/> I plan to commute and not stay in the dorm			
<b>Traveling Companions:</b> Persons who want to attend programs together must send their forms in the same envelope. List names of persons other than yourselves whose forms accompany yours (Recommended maximum group of 4).			
Scholarships			
<input type="checkbox"/> I will not be able to attend without financial assistance.			
The amount I need is \$			
<input type="checkbox"/> I would like to contribute to the scholarship fund.			
Attached is a separate check for \$, marked for ELDERHOSTEL Scholarship Fund.			



# 1990 Iowa ELDERHOSTEL



- |   |   |
|---|---|
| 1. Briar Cliff College<br>Sioux City  | 14. Iowa Wesleyan College<br>Mount Pleasant                         |
| 2. Central College<br>Pella   | 15. Iowa Western Community College<br>Council Bluffs                |
| 3. Clinton ELDERHOSTEL<br>Clinton Community College<br>Mt. St. Clare College<br>Clinton       | 16. Luther College<br>Decorah                                       |
| 4. Dordt College<br>Sioux Center  | 17. Maharishi International University<br>Fairfield                 |
| 5. Dubuque ELDERHOSTEL<br>Clarke College<br>Loras College<br>University of Dubuque<br>Dubuque | 18. Northwestern College<br>Orange City                             |
| 6. Ellsworth Community College<br>Iowa Falls  | 19. Scott Community College<br>Bettendorf<br>Program in Quad Cities |
| 7. Graceland College<br>Lamoni  | 20. Simpson College<br>Indianola                                    |
| 8. Grand View College<br>Des Moines   | 21. Southeastern Community College<br>Burlington                    |
| 9. Grinnell College<br>Grinnell   | 22. Southwestern Community College<br>Creston                       |
| 10. Indian Hills Community College<br>Ottumwa   | 23. The University of Iowa<br>Iowa City                             |
| 11. Iowa Central Community College<br>Fort Dodge  | 24. University of Northern Iowa<br>Cedar Falls                      |
| 12. Iowa Lakes Community College<br>Estherville<br>Programs at West Lake Okoboji              | 25. Upper Iowa University<br>Fayette                                |
| 13. Iowa Valley Continuing Education<br>Marshalltown  | 26. Westmar College<br>LeMars                                       |
|   | 27. William Penn College<br>Oskaloosa                               |