



Early Childhood Iowa Monday Musings August 29, 2016 Vol. 3, No. 31

Welcome to the ECI **Monday Musings**. It is a compilation of information, practical advice, training announcements, and/or success stories. **Monday Musings** is intended to disseminate information to Early Childhood Iowa Stakeholders in a timely fashion. (We may on occasion send out a separate email with information if it needs immediate attention or if for a specific audience.)

Please let us know if you have something you would like to contribute or have suggestions or comments at jeffrey.anderson@iowa.gov

Back Issues of Monday Musing are available [here](#).

"Caregivers (biological parents, child care providers, foster parents) are not to be blamed for early childhood mental and emotional development, but through improved relationships are a part of the solution."

-Beth Troutman

State Information:

Impact Story (4RKids ECI Area)

"The Power of Positive Discipline and Family Support"

Rachel, mother of two, suffered from being in a violent relationship. She left the relationship, depressed, frustrated, and out of work. She would take out her stress on her children, yelling at them and inappropriate disciplining. Her children acted out. The youngest did not use more than 10 words and would scream.

Home educator (Southwestern Community College Parents as Teachers Program) intervened and provided the family with support. She connected the family to insurance, speech services for the youngest, and counseling. She shared what Rachel needed to parent her children and utilized home visits to coach, role-model and used hands-on lessons. She provided Rachel with parent education to promote positive discipline, realistic expectations and healthy communication. Within a few months the family has transformed. Rachel learned to cope with the trauma of past abuse and increased her parenting skills. The children are now spending more quality time with Rachel and receiving positive healthy discipline, their behaviors improved. Rachel is enrolled in HiSet classes in hopes of building a better future for herself and children.

Learn more about the changes coming to Child Care

DHS has recorded videos about the child care changes that you can access through the DHS website. Many of the changes and new requirements must be in place by October 1, 2016.

There are separate videos for each type of child care business that must follow the new requirements.

- Non-Registered Child Care Homes with a Child Care Provider Agreement
- Child Development Homes

• Child Care Centers

Access the recorded videos: <https://dhs.iowa.gov/reauthorization-of-the-child-care-and-development-block-grant>

There is a [Frequently Asked Questions](#) document available on the Iowa Child Care Resource and Referral website that may answer questions you have. You can also call 1-877-216-8481 if you have additional questions.

There will be a workshop at the AEYC Fall Institute regarding the changes on October 1. See the article on pages 4-5 to register for the Institute.

Iowa Children and Youth in Disasters Summit - September 16, 2016

8:30 AM - 4:00 PM

Fred Maytag II Scout Center, 6123 Scout Trail, Des Moines, IA 50321

Iowa has approximately 727,000 children under age 18 in the state representing nearly one quarter of the population. This Summit will focus on the needs of these children in disasters and examine the resources available through federal, state, local, and non-government organizations. The intent of this Summit is to share information and support the efforts between stakeholders to ensure that the needs of children are considered and integrated into disaster-related efforts initiated at the state and local levels.

Summit topics include:

- Identifying the Threats To Children in Disasters
- Children in Disasters - Lauralee Kosoil, FEMA
- Understanding the Psychological Needs of Children in Disasters - Debra Schwiesow, NASP
- Little Sioux Boy Scout Camp, Lessons Learned - Panel Discussion/Q&A
- Afternoon Information Sharing - An Overview of Iowa Resources

Registration is required via the Iowa Homeland Security and Emergency Management Training Website. [CLICK HERE](#) to register or copy and paste the link below into your browser to assure your space at this very important Summit:

<http://homelandsecurity.iowa.gov/training/calddetails.aspx?eventid=559&courseid=274>

Check-in begins at 7:30. Lunch is provided. There is no cost for attendance.

For additional information contact:

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A New Iowa ACEs report is Released - *Beyond ACEs: Building Hope & Resiliency in Iowa.*

The Central Iowa ACEs 360 Steering Committee has led efforts to research how adverse childhood experiences (ACEs) impact the health and well-being of Iowans.

This newly released 2016 Iowa ACEs report - *Beyond ACEs: Building Hope & Resiliency in Iowa* - examines three years of data collected among Iowa adults measuring eight types of adverse childhood experiences (ACEs). Our analysis shows that most Iowa adults have experienced childhood trauma, an indicator of higher rates of chronic diseases, mental illness, violence, risky behaviors, and reduced life expectancy. The report reveals how ACEs impact Iowans across the state. It also showcases emerging opportunities to respond to trauma. The full report can be found at <http://www.iowaaces360.org/iowa-aces-research.html>.

Federal Information:

Early Childhood Career Pathways

ACF is pleased to announce a new Policy Statement on Early Childhood Career Pathways as part of our focus on elevating the early childhood workforce in policy and practice.

- A strong body of research ties the knowledge, competencies, stability, diversity, and retention of teachers and program directors directly to the quality of children's development



and learning in out of home programs.

- Career pathways create a sequence of stackable, portable credentials that reflect the sophisticated science of working with young children, combined with the supports educators need to advance their individual career progression on that pathway.
- Career pathways operate on two levels: a systems approach for the workforce at large and an individual approach for each professional seeking advancement.

This policy paper focuses on teachers and program directors, with state and local recommendations.

To read the policy paper and to also see **Iowa's** Interactive Career Pathways site for to: [Career Pathways](#)

Other Information:

Registration Open: Iowa AEYC Fall Early Care and Education Institute

It is time to register for the 2016 Iowa Early Care & Education Fall Institute! This year's Institute is planned for **September 30 - October 1**, with optional pre-conference events on September 29, at **The Events Conference Center** at Prairie Meadows, Altoona, Iowa. This year's theme, **Supporting Children in a Changing World: Engage, Collaborate, Empower** describes our work and efforts as we move to

implement new requirements and initiatives, together! Over one hundred workshop options will be offered, and over 1000 people are expected to attend. Please find the registration materials attached, or go to <http://www.iowaaeyc.org/iowa-aeyc-institutes.cfm>

A few things to remember about this event:

- ✓ Members and staff of co-sponsoring organizations may attend at the reduced “member” rate
- ✓ All sessions approved for DHS training credit – up to 18 hours of training credit available.
- ✓ Most sessions approved for NAC renewal credit for program administrators.
- ✓ For an additional cost, participants may earn one graduate credit – great for teacher licensure renewal.
- ✓ Early bird registration rates are available until September 15 – register early!

Fall Institute Spotlight: Early Bird Registration Reminder and Pre-conference Offerings

The early bird deadline is fast approaching! If you register on or before September 15th, you can save an average of nearly 40% off your Institute registration fee. Don’t miss out on this opportunity and be sure to remind your friends!

And when you register, don’t forget to consider attending one of our **five pre-conference opportunities:**

- Child Care Grant and Proposal Writing

Prevent-Teach-Reinforce for Young Children (PTR-YC)
- The Great Iowa Outdoor Road Trip: Considering Safety and Quality Outdoor Environments
- Teaching Intentionally in the Interest Areas (Creative Curriculum)
- Enhancing Leadership Skills and Directing with Vision and Clarity

To register, visit <https://online.nwciowa.edu/iaeyc/register>.

Online Surveys: Can You Trust the Results? (Child Trends)

The results of online surveys are everywhere—especially leading up to the presidential election. But can they be trusted? Our latest post weighs the pros and cons of this inexpensive, but sometimes problematic, method, and what you should look for in an online survey before swearing by the results.

[Read More](#)

Webinar: Suspension and Expulsion in Early Childhood Programs (Preschool Development Grant (PDG))

More than ten years ago, Dr. Walter Gilliam presented data showing how pervasive suspension and expulsion practices are and the impact these practices have on children and families. Suspension and expulsion in early childhood programs continues to be a reality in the United States. The Departments of Education and Health and Human Services recently published a **joint position statement** on the

suspension and expulsion of preschoolers. Additionally, the Preschool Development Grant (PDG) technical assistance team just released a [brief on this topic](#).

The PDG Supporting Children with High Needs Community of Practice invites you to this webinar in which Dr. Gilliam will discuss the state of suspension and expulsion in early childhood education settings.

This one-hour webinar will be held on **Thursday, September 8th, at 3:00pm EST**.

Please register for this free webinar!

Call-in toll-free number (US/Canada)

1-877-668-4493

Access code: 665 424 165

Involving LGBT Families in Early Care Settings

In early childhood programs, engagement with children's families helps children feel like they belong. Find tips for engaging a diversity of families in these new resources, which include a self-assessment, book suggestions, and more. Child Trends is a research partner to the U.S. HHS Office of Head Start's Center for Parent, Family, and Community Engagement. [Read More Here](#)

The Good News About Educational Inequality (NT Times)

When inequality is the topic, it can seem as if all the news is bad. Income inequality continues to rise. Economic segregation is growing. Racial gaps in education, employment and health endure. Our society is not particularly fair.

But here is some good news about educational inequality: The enormous gap in academic performance between high- and low-income children has begun to narrow. Children entering kindergarten today are more equally prepared than they were in the late 1990s.

We know this from information collected over the last two decades by the National Center for Education Statistics. In the fall of 1998 and again in 2010, the N.C.E.S. sent early childhood assessors to roughly 1,000 public and private kindergartens across the United States. They sat down one-on-one with 15 to 25 children in each school to measure their reading and math skills. They asked children to identify shapes and colors, to count, to identify letters and to sound out words. They also surveyed parents to learn about the children's experiences before entering kindergarten. [Read More Here.](#)

For more information about Early Childhood Iowa, visit our website:

<http://www.earlychildhoodiowa.org/>

To join the ECI Stakeholders, please complete the commitment survey at:

<https://www.surveymonkey.com/s/FSXR5F2>

2016 ECI Meeting Calendar:

ECI State Board

10:00 – 1:00
September 9
November 4

ECI Stakeholders Alliance

3 – 4 Hour meetings
September 13 (AM)
December 13 (PM)

ECI Area Directors

September 13 (afternoon)
December 7 All day

ECI State Dept. Directors

8:30 – 10:30
October 7

ECI Steering Committee

Time Varies
October 6 (9:00 AM – Noon)
November 3 (9:00 AM – Noon)