



The Link E-Newsletter - April 2017



WEEK OF APRIL 14, 2017



NEWS & RESOURCES

- The Administration on Aging has released the Profile of Older Americans: 2016. The data findings draw primarily from the U.S. Census Bureau, the National Center for Health Statistics, and the Bureau of Labor Statistics:
https://aoa.acl.gov/Aging_Statistics/Profile/index.aspx
- CMS has released an Informational Bulletin on the updated poverty guidelines that are applied to eligibility criteria for programs such as Medicaid. The Informational Bulletin also includes the 2017 Dual Eligible Standards information that lists the new standards for the Medicare Savings Program categories: <https://www.medicaid.gov/federal-policy-guidance/downloads/cib032417.pdf>
- The American Society on Aging (ASA) has developed a new field guide that explores the landscape of managed care. The resource explains what managed care is, why it is necessary and how community-based organizations (CBOs) and health care entities are establishing partnerships and creating new opportunities:
<http://viewer.epageview.com/Viewer.aspx?docid=1711f3c0-2c10-42bb-9437-a70b00e16db1#?page=0>
- The FrameWorks Institute has released a ReFraming Aging Toolkit to provide resources to enhance and advance the conversation about older adults. The toolkit includes information about an approach to changing public thinking about aging in America, original research on communication strategies on aging issues and useful materials and tools: <http://frameworksinstitute.org/toolkits/aging/>
- The National Consortium on Aging Resources for Seniors' Equity, funded by the Administration on Community Living (ACL), has published a fact sheet detailing the four best practices for working with diverse older adults to help decrease the prevalence of disparities among racial, ethnic minority and LGBT older adults, their families and

caregivers:

https://issuu.com/lgbtagingcenter/docs/final_consortium_fact_sheet_mar.16



NUTRITION SERVICES

- The National Council on Aging (NCOA) has developed a Community Malnutrition Resource Hub to help community-based organizations, public health leaders, health care professionals and other organizations interested in reducing malnutrition among older adults. The site includes practical resources, tools and ideas to help members of the aging network develop and implement a malnutrition plan:

<https://www.ncoa.org/center-for-healthy-aging/resourcehub/>



FAMILY CAREGIVER

- A recent AARP blog details the financial impact of family caregiving after a study was conducted that found that 78 percent of family caregivers report incurring out-of-pocket costs as a result of caregiving. In 2016, family caregivers of adults on average spent nearly \$7,000 on out-of-pocket costs related to caregiving, amounting to 20 percent of their total income: <http://blog.aarp.org/2017/02/22/the-financial-costs-of-family-caregiving-a-stark-reality/>
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DISEASE PREVENTION/ HEALTH PROMOTION

- The National Institute on Aging recently published *Talking With Your Doctor: A Guide for Older People* to provide tips and tools for older adults to talk often and comfortably with their physician and other health care providers:

<https://www.nia.nih.gov/health/publication/talking-your-doctor/opening-thoughts-why-does-it-matter>



ELDER ABUSE PREVENTION

- On March 30, the Governor signed House File 544, a bill that includes personal degradation as a form of dependent adult abuse by caretakers in facilities and programs regulated by the department of inspections and appeals. Personal degradation includes willful acts or statements intended to shame, degrade, humiliate, or otherwise harm the dependent adult's personal dignity:

https://www.legis.iowa.gov/docs/publications/LGE/87/Attachments/HF544_GovLetter.pdf



UPCOMING EVENTS

2017 BrainWorks Conference: Living Well With Dementia

April 18, 2017 (Altoona, IA)

[More Information](#) | [Register](#)

NEI3A Annual Caregiver Conference

April 20, 2017 (Decorah, IA)

For more information, please contact Kristie at kwiltgen@nei3a.org.

39th Annual AIRS I&R Training and Education Conference

May 21-24, 2017 (Tampa, FL)

[More Information](#) | [Register](#)



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The mission of the Iowa Department on Aging is to develop a comprehensive, coordinated and cost-effective system of long-term living and community support services that helps older Iowans maintain health and independence in their homes and communities.

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