



## The Link Digital Digest - June 13, 2016



WEEK OF JUNE 13, 2016



### NEWS & RESOURCES

On June 15, President Obama signed a Presidential Proclamation acknowledging World Elder Abuse Awareness Day (WEAAD) in 2016: <https://www.whitehouse.gov/the-press-office/2016/06/15/presidential-proclamation-world-elder-abuse-awareness-day-2016>

The Center For Active Seniors, Inc. (CASI) in Davenport, IA, was recently accredited by the National Council on Aging's National Institute of Senior Centers in recognition of its commitment to older adults in eastern Iowa: <https://www.ncoa.org/news/ncoa-news/national-institute-of-senior-centers-news/three-centers-accredited-april-2016/>

Genworth recently released results from its 2016 Cost of Care Survey comparing the costs of long-term care across the United States: <https://www.genworth.com/about-us/industry-expertise/cost-of-care.html>



### NUTRITION SERVICES

A study published in the *Journal of Nutrition in Gerontology and Geriatrics* provides insight on factors adversely affecting Iowa's congregate meal program: <http://www.tandfonline.com/eprint/wErjuR86SvTjUTJ3cxBw/full>

The Food and Agriculture Organization of the United Nations created a pictogram to concisely explain the importance of food and nutrition education: <http://www.fao.org/3/a-c0064e.pdf>

The Society for Nutrition Education and Behavior recently released a report detailing the 10 competencies it believes nutrition educators need to promote healthy individuals, communities and food systems: [http://www.sneb.org/documents/SNEB\\_Nutrition\\_Education\\_Compencies.pdf](http://www.sneb.org/documents/SNEB_Nutrition_Education_Compencies.pdf)

The National Foundation to End Senior Hunger's annual report was just released, providing an overview of the extent and distribution of food insecurity in 2014 among America's seniors: <http://www.nfesh.org/wp-content/uploads/2016/05/State-of-Senior-Hunger-in-America-2014.pdf>



## FAMILY CAREGIVER

Finding ways to accommodate working caregivers is an issue more companies must address:

<http://www.chicagotribune.com/business/careers/ijustworkhere/ct-huppke-work-advice-caregivers-company-support-0605-biz-20160603-column.html>

*The State of Grandfamilies in America* is a report recently released by Generations United that identifies key state laws and policies designed to address barriers and support the needs of grandparents raising grandchildren:

<http://grandfamilies.org/Portals/0/The%20State%20of%20Grandfamilies%202015.pdf>



## DISEASE PREVENTION/ HEALTH PROMOTION

The Partnership for Food Safety Education has launched a campaign to help keep consumers safe from food-borne illness caused by mechanically tenderized beef: <http://campaign.r20.constantcontact.com/render?m=1101147341205&ca=784d4ec0-aaff-4852-bd37-a1c8b1c02b82>

Oral Health America (OHA) has published a new report examining factors impacting the oral health of older Americans:

<http://www.toothwisdom.org/pages/a-state-of-decay>

Bite Magazine reports on the connection between the loss of multiple teeth and vascular cognitive impairment (VCI) in stroke patients: <http://bitemagazine.com.au/tooth-loss-stroke-damage/>

Studies continue to find links between eye health, oral health and overall health:

[http://oralhealthmatters.blogspot.com/2016/05/oral-health-meet-eye-health.html?utm\\_source=feedburner&utm\\_medium=email&utm\\_campaign=Feed%3A+OralHealthMatters+%28Oral+Health+Matters%29](http://oralhealthmatters.blogspot.com/2016/05/oral-health-meet-eye-health.html?utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+OralHealthMatters+%28Oral+Health+Matters%29)



## FALLS PREVENTION

A new video posted on the YMCA of Greater Des Moines' Facebook page illustrates how tai chi can improve balance and coordination: <https://www.facebook.com/dmymca/videos/1011207272259680/>



## UPCOMING EVENTS

### 2016 Family Caregiver's Conference

June 29, 2016

Iowa Central Community College (Fort Dodge, IA)

[More Information](#) | [Register](#)



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*The mission of the Iowa Department on Aging is to develop a comprehensive, coordinated and cost-effective system of long-term living and community support services that helps older Iowans maintain health and independence in their homes and communities.*

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