# Epi Update for Friday, May 12, 2017
## Center for Acute Disease Epidemiology (CADE)
## Iowa Department of Public Health (IDPH)

**Items for this week's EPI Update include:**

- **Update: More confirmed cases of measles in Minnesota**
- **In case you missed it: Mobile friendly version of the Epi Manual**
- **Deer antler tea recalled**
- **In the news: What snacks to eat for better sleep**
- **Infographic: Get Ready to Grill Safely**
- **Meeting announcements and training opportunities**

**Update: More confirmed cases of measles in Minnesota**

As of Wednesday, May 10, Minnesota had reported 51 laboratory confirmed cases of measles. Forty-eight of the cases are in children ages 0 through 17 years and three are adults.

There are currently NO confirmed cases in Iowa; however, health care providers in Iowa are urged to stay vigilant.

- Ensure that measles vaccination of all patients and staff are up-to-date.
- Consider notifying unvaccinated patients of the recent measles activity in Minnesota and Nebraska, which significantly increases their risk of exposure. Non-immune people who are exposed to measles will likely be infected.
- Consider measles in anyone presenting with fever and the 'Three Cs' – cough, coryza, and conjunctivitis followed by rash three to five days later.

If measles is suspected, isolate the patient and immediately call IDPH (measles is a public health emergency). During business hours, call 800-362-2736. After business hours call the Iowa State Patrol at 515-323-4360, who will page the epidemiologist on call.

Measles guidance for providers in Iowa: idph.iowa.gov/Portals/1/userfiles/79/Documents/measles%20for%20clinicians.pdf.

For information about measles activity in Minnesota, visit www.health.state.mn.us/divs/idepc/diseases/measles/.

**In case you missed it: Mobile friendly version of the Epi Manual**

CADE is excited to announce the launch of a mobile friendly version of the Epi Manual. The mobile version has the same content and organization that you are used to with the web version of the Epi Manual, but formatted to fit your mobile device screen. Follow the instructions below for your device to create a shortcut icon to the mobile Epi Manual on your mobile device home screen:

IOS devices (iPhone, iPad)
Open **Safari**

- Type in mobile.idph.iowa.gov/epimanual
- After the website loads, tap on the share icon at the bottom
- In the share sheet, tap on **Add to Home Screen**
- Give the website a name in the first text field or retain the default "The Epi Manual"
- Tap on **Add** from top-right.

<u>Android devices</u>
Open **Chrome** for Android
- Type in mobile.idph.iowa.gov/epimanual
- Tap the menu button
- Tap **Add to Home Screen**
- Give the website a name in the first text field or retain the default "The Epi Manual"

Open **Firefox** for Android
- Type in mobile.idph.iowa.gov/epimanual and press Enter
- Tap and hold the address bar
- Tap **Add to Home Screen**

For other devices, please refer to your device's owner's manual.

**Deer antler tea recalled**
The Los Angeles County Department of Public Health has identified one confirmed and one suspected case of botulism, which may be associated with consumption of a deer-antler tea product. The tea product was produced in Los Angeles and distributed to acupuncturists and individual customers in 18 states and territories. The tea is now being recalled.  For more information on the recall, visitwww.fda.gov/Safety/Recalls/ucm556526.htm.

**In the news:** What snacks to eat for better sleep www.cnn.com/2017/05/11/health/food-better-sleep-explainer/index.html.

**Infographic: Get Ready to Grill Safely**

Infographic available at www.cdc.gov/foodsafety/pdfs/grill-safety-infographic-508c.pdf.



**<u>Meeting announcements and training opportunities</u>**

*Iowa Immunization Summit;* June 14 - 15, 2017.  Will cover - Epidemiology and Prevention of Vaccine-Preventable Diseases - Pink Book Course -
HPV Prevention through Partnerships.  To register, visit [www.trainingresources.org/](www.trainingresources.org/) . Openings still available.
**Have a healthy and happy week!**
Center for Acute Disease Epidemiology
Iowa Department of Public Health
800-362-2736