



# A MATTER OF SUBSTANCE: AT-A-GLANCE

AUGUST 2016

A PUBLICATION OF IDPH  
DIVISION OF BEHAVIORAL HEALTH

## DIVISION QUICK FACTS

### A Matter of Substance Newsletter Changes:

For the last 8 years, the Division of Behavioral Health has sent out a monthly newsletter, informing readers of current events, project updates and upcoming trainings. Because of the time necessary to complete each newsletter, we've decided to scale back on the frequency that we're sending it out. Starting on October 1st, the newsletter will begin distribution on a quarterly basis. Each edition will be the longer, 4-page version, and will include all the information we always have regarding what's happening in our field. *Note: If you want us to promote your trainings or other activities in the quarterly newsletter, please get info to us well in advance!* For more information on changes to the newsletter, please feel free to contact one of our new editors:

- Lori Hancock-Muck at [lori.hancock-muck@idph.iowa.gov](mailto:lori.hancock-muck@idph.iowa.gov)
- Janet Nelson at [janet.nelson@idph.iowa.gov](mailto:janet.nelson@idph.iowa.gov)
- Cara Weis at [cara.weis@idph.iowa.gov](mailto:cara.weis@idph.iowa.gov)

### Comprehensive Addiction and Recovery Act (CARA) Signed into Law:

On Friday, July 22nd, President Obama signed the Comprehensive Addiction and Recovery Act ([CARA](#)) into law. The new law aims to address a variety of prevention, treatment and recovery related issues. One thing the law does is allow nurse practitioners and physician assistants to be a "qualifying practitioner", able to prescribe medications such as Buprenorphine for the treatment of opioid use disorder. Although funding is still being determined, President Obama has said, "My administration has been doing everything we can to increase access to treatment, and I'm going to continue fighting to secure the funding families desperately need."

*IDPH thanks Senator Grassley for his leadership on passage of CARA, for Iowans and all Americans.*

### Iowa Youth Survey Update:

As of August 1, 286 public school districts and non-public schools have registered to participate in the 2016 IYS, to be conducted from September 26 through November 4. Registration is still open for any schools that have not yet signed up. Information about the 2016 IYS may be found at:

<http://www.iowayouthsurvey.iowa.gov/> and [http://www.iowayouthsurvey.iowa.gov/2016\\_announcements.html](http://www.iowayouthsurvey.iowa.gov/2016_announcements.html). For additional information, contact Patrick McGovern at [pat.mcgovern@idph.iowa.gov](mailto:pat.mcgovern@idph.iowa.gov).

### Directors Corner:

The 2017 Substance Abuse Prevention and Treatment Block Grant (SABG) application has been posted to <http://www.idph.iowa.gov/block-grant>. Your comments are welcome. Please send them to Michele Tilotta at [Michele.tilotta@idph.iowa.gov](mailto:Michele.tilotta@idph.iowa.gov) with Block Grant in the subject line. *Thanks!*

## UPCOMING EVENTS

#### Enforcement Strategies to Address Underage Drinking

August 17 - Webinar

For more information, go to [www.trainingresources.org](http://www.trainingresources.org)

#### 2016 Mental Health Conference

October 11-12

Airport Holiday Inn - Des Moines

For more information, go to [www.trainingresources.org](http://www.trainingresources.org)

#### Annual Prevention Conference

November 17

Airport Holiday Inn - Des Moines

For more information, go to [www.trainingresources.org](http://www.trainingresources.org)

#### Feedback Informed Treatment (FIT) with Scott Miller

November 30

Hy-Vee Hall, Iowa Event Center

For more information, go to [www.trainingresources.org](http://www.trainingresources.org).

For more information about the Division of Behavioral Health, visit [www.idph.state.ia.us/bh](http://www.idph.state.ia.us/bh)

For questions related to "A Matter of Substance," contact the editors:

Lori Hancock-Muck at [lori.hancock-muck@idph.iowa.gov](mailto:lori.hancock-muck@idph.iowa.gov); Janet Nelson at [janet.nelson@idph.iowa.gov](mailto:janet.nelson@idph.iowa.gov);

or Cara Weis at [cara.weis@idph.iowa.gov](mailto:cara.weis@idph.iowa.gov)