



Quick Reads

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Kathy Stone honored

IDPH Behavioral Health Division Director [Kathy Stone](#) has been awarded the ninth annual [Ramstad/Kennedy Award](#) for her leadership in recovery support programs across Iowa and nationally. The [Substance Abuse and Mental Health Services Administration](#) (SAMHSA) recognizes that long-term recovery is not only possible, but is the goal of addiction and mental illness treatment and support programs. As the 2016 honoree, Stone was recognized for her commitment to spread this positive message, and the message that prevention can be effective in helping to break the cycle of addiction in families.

The award was established in honor of Congressmen Jim Ramstad and Patrick Kennedy, vocal advocates of recovery treatment in all forms, who have championed localized efforts to support prevention, treatment and recovery. "Kathy has been continually supportive of Recovery Month activities, elevating the recovery conversation to a year-round recognition. She has worked to engage state agencies and create change, statewide, that will provide enduring resources for residents and encourage recovery for the future benefit of Iowa families and communities," said Sis Wenger, [National Association of Children of Alcoholics](#) (NACoA), a Recovery Month partner.

Community partnerships

Public and private partnerships are critical to the success of public health initiatives. The IDPH [Division of Tobacco Use Prevention and Control](#) works closely with [Community Partnerships](#) to implement tobacco-free and nicotine-free policies. Several of these partnerships have chosen to work with preschools and daycares to implement these

policies. In the month of July alone, Henry County helped four [daycare centers](#) implement tobacco-free/nicotine-free policies.

IDPH featured in premier journal

The Journal of the Academy of Nutrition and Dietetics, the premier peer-reviewed journal for dietitians, this month features a study co-authored by IDPH's Doris Montgomery, MS, RD, LD. [Adding a Social Marketing Campaign to a School-Based Nutrition Education Program Improves Children's Dietary Intake: A Quasi-Experimental Study](#) focused on the impact of the [Iowa Nutrition Network's](#) school-based nutrition education program (Building and Strengthening Iowa Community Support for Nutrition and Physical Activity [BASICS]) and the benefits of adding a multichannel social marketing intervention (BASICS Plus) to increase parent-directed communication.

Monthly data snapshot

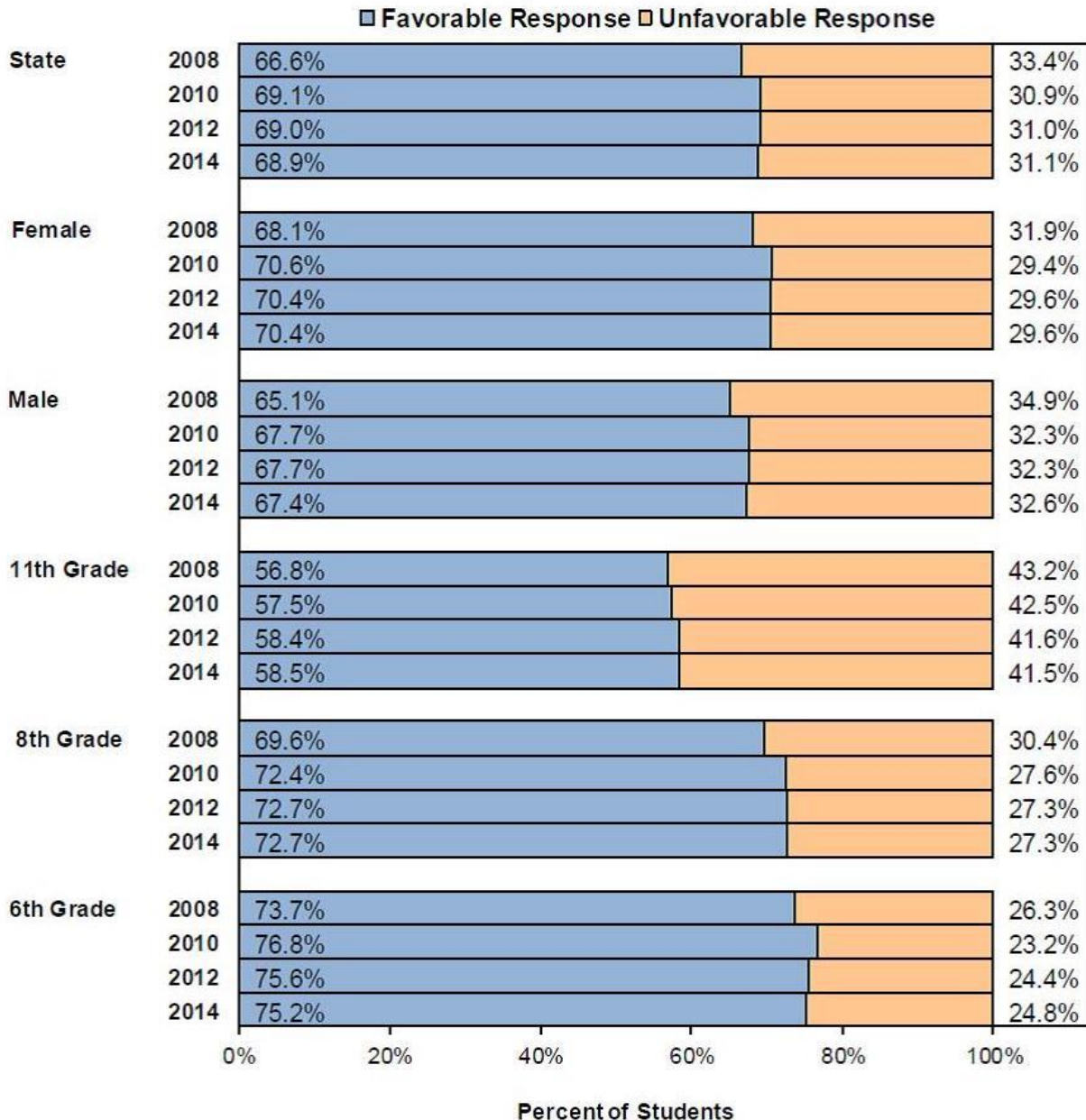
Data are essential to the practice of public health. Each month, Quick Reads highlights selected tidbits to help create awareness of IDPH data and epidemiology. To discover more of the important and useful data available from IDPH, please visit the [Public Health Data Tracking Portal](#).

Six Iowa Youth Survey (IYS) questions are utilized in this construct: How often do the following occur?

1. A parent/guardian knows where I am and who I am with, especially in the evening and on weekends.
2. A parent/guardian checks to make sure I have done the things I am supposed to do (school homework, household chores, get home on time, etc.).
3. A parent/guardian generally finds out if I have done something wrong, and then punishes me.
4. When I am doing a good job, someone in my home lets me know about it.
5. Someone in my home helps me with my schoolwork.
6. At least one of my parents/guardians goes to school activities that I am involved in.

Response Coding: 'Always', 'often', or 'sometimes' are coded as favorable and 'never' is coded as unfavorable.

**Family Involvement and Support
Iowa Youth Survey - 2008 - 2014 State of Iowa Results
State, Gender, and Grade**



Overall, the Family Involvement and Support construct has remained stable from 2008 to 2014. All groups, except 6th graders, show a statistically significant increase in favorable responses from 2008 to 2014. Females have higher favorable percentages than males in each survey year for this construct. The higher the grade level, the lower the favorable percentages for this construct.

Congrats and kudos

The [IDPH STD Program](#) has received notification an abstract has been accepted for a poster session at the [2016 CDC STD Prevention Conference](#) in September. The abstract describes efforts by a local coalition of health professionals, in conjunction with IDPH,

to provide STD education and testing to high school students in Burlington as a part of a health fair.

Eric Preuss, [IDPH Gambling Treatment Program](#) manager, has been re-elected to the [Association of Problem Gambling Service Administrators](#) (APGSA) Board of Directors, and will also serve as Treasurer.

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To get *Quick Reads* directly in your inbox, please send a blank e-mail to join-quick_reads@lists.ia.gov. To contribute a news item or smart practice, please write to Polly Carver-Kimm at Polly.Carver-Kimm@idph.iowa.gov.

To everyone in public health and all our partners, keep up the great work!

— Gerd