



# IVH Insights

This issue

1 JULY 2014

## A Message from the Chief Operating Officer -

I've been thinking about what I would like to discuss in my article and realized that its title opens up a discussion unto itself.

Specifically, we can look at insights into our residents, their lives and living experiences. We work with the elderly and in our nation today a lot of emphasis is placed on the young. Just look at advertising and promotion of products and services. You need to look young, be young, think young and the list goes on.

I believe the market is starting to realize that the majority of the population just isn't going to be young and so we are starting to see a shift in some of the things being promoted. That being said, the piece that seems missing and in which we may want to reconsider is the insights our older population have on life in general.

Think about what they have been through, some grew up in the depression. Many were involved in a multitude of military conflicts throughout their life time either directly or through relationships. Look at technology changes that came about as they grew up. They have lived through much of what life is about and with age come wisdom along with dignity and respect. Their life stories would be interesting reading if all were documented.

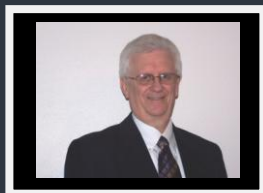
In our day to day contact with the residents, we have the opportunity to get bits and pieces of those stories and most of us when we hear them could sit and just listen as they speak of times past. We learn of the good times, hardships, childhoods and families. We learn of life experience in growing up, working, military service, losses and hopes and dreams.

A number of our residents who now have dementia or Alzheimer's, often live in those times again. We can all be insightful when visiting with them by being in that time with them as we share in the experience they are living in the moment. Activities that reminisce whether in a group or individually with all of our residents is not only a great way to spend time with them but it opens up opportunity for other programs of interest. Capturing those periods can open up windows of memories.

Next time you have a chance, ask a resident:

- What was it like when....
- When you were a child what did you ....
- Tell me about ....

I think you understand where I am going with this. Insight is a part of building relationships. This works with residents, co-workers and families. Not asking will maintain status quo but then you risk the loss of what might have been.



Mike Jarrell

Happy 4<sup>th</sup> of July!!!



## Commandant's Corner

HAPPY BIRTHDAY AMERICA!

How little do my countrymen know what precious blessings they are in possession of, and which no other people on earth enjoy! *Thomas Jefferson*

Freedom has its life in the hearts, the actions, the spirit of men, and so it must be daily earned and refreshed – else like a flower cut from its life-giving roots, it will wither and die. *Dwight D. Eisenhower*

Freedom is never more than one generation away from extinction. We didn't pass it to our children in the bloodstream. It must be fought for, protected, and handed on for them to do the same. *Ronald Reagan*

I wish each of you a Happy and Safe 4<sup>th</sup> of July!

Jodi



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# Welcome New Employees by Wayne Pierson, IVH Training Officer

## Heinz Hall Update

**By Margie Button, BSN, RN, Nursing Supervisor**

Currently all available Heinz Hall beds are occupied with a census of 108. The DIA Residential division began their survey on Monday June 23, 2014 and exited on Wednesday June 25. They were very complimentary of the services being provided to the residents living in Heinz Hall, the staff are to be commended to their dedication and service and making Heinz a Home for the Veterans living there. The residential division of DIA, is to complete a thorough survey of all residential care facilities at least every 30 months. They last visited Heinz Hall in March of 2012, we are certified for 113 Residential beds, and are the largest residential care facility in the state.

Michael Hines – Staff Assistant. To submit news or questions, please email:

[Michael.hines@ivh.state.ia.us](mailto:Michael.hines@ivh.state.ia.us)  
Phone (641) 753-4309



### April NEO -

**Front Row (L-R)** Breanna Miller, Melissa Vandewalle, Melody Waltemeyer, Charles Lorinser, Rhonda Hoyt

**Middle Row (L-R)** Mary Wilson, Melissa Landas, Tristan Zoffka, Erica Halfpop, Teneisha Tyler, Angela Anderson, LeAnn Aldrich

**Back Row (L-R)** Angela Von Krog, Warren Wolken, Pete Helm, Alanna Miller, Jeff Clemons, Cheyenne Hitchcock, Terry Hols, Travis Dixon



### May NEO

**Front Row (L-R)** Teneisha Tyler, Sally Moore, Kristine Young, Deb Baskerville, Tessia Calvert, Alexandra Barnes, Tamarra Oettchen, Courtney Gonzalez.

**Back Row (L-R)** Abbie Gregory, Jordan Wilson, Paul Roan, Teresa Griffith, Amy Gould, Tim Klenke, Betty VanWaardhuizen, Karla Williams



### June NEO

**Front (L-R)** Barry Dietsch, Lee Bryant, Karen Connell, Lee Ann Colburn, Laura Kerr

**Back (L-R)** Amy Reel, Leah Dank, Teresa Ritchie, Makayle Parizek, Patti Barker

WELCOME

[www.ivh.iowa.gov](http://www.ivh.iowa.gov)

## Chaplains Corner by Angela Doty, Chaplain, Iowa Veterans Home

### The Summer Day

Who made the world?  
Who made the swan and the black bear?  
Who made the grasshopper?  
This grasshopper, I mean-  
The one who has flung herself out of the grass,  
The one who is eating sugar out of my hand,  
Who is moving her jaws back and forth instead of up and down  
Who is gazing around with her enormous and complicated eyes.  
Now she lifts her pale forearms and thoroughly washes her face.  
Now she snaps her wings open, and floats away.  
I don't know exactly what a prayer is.  
I do know how to pay attention/how to fall down  
Into the grass, how to kneel down in the grass,  
How to be idle and blessed, how to stroll through the fields,  
Which is what I have been doing all day.  
Tell me, what else should I have done?  
Doesn't everything die at last, and too soon?  
Tell me, what is it you plan to do  
With your one wild and precious life?

**This poem by Mary Oliver is one of my favorite writings about time. It encourages us to slow down and pay attention to what is around us, to value what is right before us. And then asks the most compelling question: *What is it you plan to do with your one wild and precious life?* Wherever you are in life, this is a great question to ponder. It fosters intentionality and helps us create our life with the time we have. I hope you can spend some time with this poem and the challenge it offers us all.**

*Angela Doty*

A link to the story about Tom Renze that was published in the Archdiocese of Dubuque's Witness paper.

<http://www.arch.pvt.k12.ia.us/Witness/PDFs/marshalltowns>



David Kreimeyer was born in the family farm house near Dumont on August 30, 1931. His brother Richard was 6 years old when David was born. His little sister Janice came along when David was 14. David said, "She was a surprise for us, but a nice one." David helped on the farm all of his growing up years. He and his brother helped with milking cows, taking care of chickens and raising the crops and all the other chores that are done on a farm. David graduated from high school and worked with his Dad on the farm and also was a day laborer for other farmers in the area.

In 1952 a recruiter came to the farm to talk to David. David states he ended up in the Air Force, and that the recruiter told him that he could pick his occupation after Basic Training. David learned that this "...wasn't quite accurate..." as he later learned that you could pick your occupation IF you had 4 or 5 top choices to pick from. David had wanted to become an aircraft and engine mechanic but that area was full and his request was denied. One day they were told that anyone that wanted to try out for the Air Force Band could do so. David had one year of high school band so figured "Why not?" and thus began his service years of being in the 583<sup>rd</sup> Air Force Band. He was stationed for a time in Denver, Colorado and his band was used in a Jimmy Stewart movie, for the military scenes. He also was stationed overseas and performed in England and Paris. David was honorably discharged in August of 1956. When he returned home he helped his Dad on the farm until he was hired in a music store called Music Corner in Waterloo. David began as the band instrument repairman. He later became a full-time piano tuner and tuned many pianos in the Waterloo area, including many at the University of Northern Iowa. David moved to the Veterans Home in 2011, initially in Malloy 4 North and then moved with that unit to Dack 4. He now lives in the Amos Fox Building. David has an IT job folding washcloths in the Malloy Building.

David enjoys going to the casino and states he used to enjoy playing pool. He was in a pool league in Waterloo for years but due to vision loss, he can no longer play pool. David has used the VADM Low-Vision Clinic and has found that helpful. He is on the waiting list to go to the Hines VA for assistance with vision-related activities.

David states he enjoys living in the Fox Building, loves his room and his friends here. However, he has asked to be on the waiting list to move to the Malloy Building. David states the walk back and forth to the Fox building is becoming too long for him. We at Amos Fox wish David all the best in his Rehab at Hines VA and will hate to lose him to the Malloy Building someday!



## Iowa Veterans Home Retirements – 201.5 years of service

*Retirements are a time in our lives that we may decide to spend time with our family, volunteer in the community or have the opportunity to do activities that we may not have had the time to do before. Retirements should be celebrated and not mourned as retirements are a happy period to be enjoyed to its utmost. We are grateful to salute you for your dedication of hard work here at the Iowa Veterans Home! We wish everyone a grateful future ahead after your retirement! May all your coming days be filled with many more rewards of joy and fulfillment. The retiree's listed below had a total of **201.5** years of service to the State of Iowa and the Iowa Veterans Home!*

<u>Name</u>	<u>Position</u>	<u>Years</u>
Nancy Purk	RN	28
Phil Koester	Electrician	21
Gary Young	LPN	2.5
Susan Heil	Dietary	11
Annie Husak	Activities	21
Kathy Bair	Exec Officer I	37
Jo Ann Grimes	RN	6
Rebecca Hutchinson	Speech/Language Path II	20
Denise Siemens	Pharmacy Tech	37
Bridgett Vroman	RTW	18



## Census

Census is defined as the procedure of systematically acquiring and recording of information of members of a given population. It regularly occurs and is an official count of a particular population. Today, census data is published in a wide variety of formats to businesses, levels of governances, media, students and teachers, charities and researchers and healthcare. This data can be taken and represented visually or analyzed into statistical models to show the difference between different areas or to understand an association of some kind.

At IVH a strong census will enable our facility to continue to develop and grow within the long term care community. What can cause a census to decline? Some examples are families not wanting to move away from loved ones, older people may have more living options such as more senior housing development, death and a high cost of nursing care.

The Iowa Veterans Home continues to set the example for long term continuum of care for Iowa's Veterans and Spouses. Along with its highly skilled 24/7 Medical & Nursing staff, our residents enjoy many more opportunities just right here on campus. Our services are set apart from competitors as we provide that extra piece of mind with full time, part time employees to include many volunteers.



## Census as of June 30

Veterans – 491  
Widows/Spouses – 97

## War Report

WWII – 86  
Korea – 105  
Vietnam – 203  
Peace – 93  
Gulf – 4

# Iowa Veterans Home Upcoming Events

Date	Month	Time/Year	Event	Location
4	July	1776	The U.S. Declares Independence	USA
4	July	10:00 am	UAW 4 <sup>th</sup> of July Picnic	Malloy LRC
4	July	2:00 am	Music Program	Malloy LRC
4	July	7:00 pm	Fireworks	Marshalltown
5	July	2:00 pm	Heart of Iowa Senior Band	Malloy LRC
14	July	2:00 pm	Summer Dance	Atha
19	July	2:00 pm	Guitar Player/Adam Whitehead	Malloy LRC
26	July	10:00 am	Cornflake Cloggers	Malloy LRC
2	Aug	11:00 – 1:00 pm	Tama County Picnic	TBA
9	Aug	10:00 am	Parkettes Dance	TBA
11-14	Aug	All Day	Resident trips to the IA State Fair	Des Moines, Iowa
15	Aug	5:30 pm	Marshalltown Speedway	Marshalltown, Iowa
16	Aug	TBA	Al Welch Band	TBA
23	Aug	11:00 am	Antique/New Tractor Parade	IVH Campus

## Iowa Hawkeye 2014

8/30/14 vs. UNI  
9/6/14 vs. Ball State  
9/13/14 vs. Iowa State  
9/20/14 at Pittsburgh  
9/27/14 at Purdue  
10/11/14 vs. Indiana  
10/18/14 at Maryland  
11/01/14 vs. Northwestern  
11/08/14 at Minnesota  
11/15/14 at Illinois  
11/22/14 vs. Wisconsin  
11/28/14 vs. Nebraska

## Iowa State Cyclones 2014

8/30/14 vs. North Dakota St.  
9/6/14 vs. Kansas State  
9/13/14 at Iowa  
9/27/14 vs. Baylor  
10/4/14 at Oklahoma State  
10/11/14 vs. Toledo  
10/18/14 at Texas  
11/1/14 vs. Oklahoma  
11/8/14 at Kansas  
11/22/14 vs. Texas Tech  
11/29/14 vs. West Virginia  
12/6/14 at TCU

## UNI Panthers 2014

8/30/14 at Iowa  
9/13/14 at Hawaii  
9/20/14 vs. N. Colorado  
10/4/14 at Indiana State  
10/11/14 at South Dakota  
10/18/14 vs. S. Dakota State  
10/25/14 at Western Illinois  
11/1/14 vs. Illinois State  
11/8/14 vs. N. Dakota State  
11/15/14 at Southern Illinois  
11/22/14 vs. Missouri State

## Drake Bulldogs 2014

8/30/14 vs. Grand View  
9/6/14 vs. Truman State  
9/13/14 at Western Illinois  
9/20/14 vs. Marist  
10/4/14 at Jacksonville  
10/11/14 vs. Davidson  
10/18/14 at Valparaiso  
10/25/14 vs. Butler  
11/1/14 vs. San Diego  
11/8/14 at Dayton  
11/22/14 at Stetson

## Memorial Day Ceremony



Above - Key note speaker CSM (Ret.) Steve Hyde addresses the audience as Commandant Tymeson and IVH Chaplain Craig Nelson look on.



Malloy LRC- The annual Memorial Day Ceremony once again was full with a large resident and community turn-out. We would like to thank all those that planned this event and all who also participated. It was another successful event for our residents and community.

Left - The Marshalltown Men's Chorus once again performed music at our event. Chorus Director Larry Pfantz directed the chorus while Monica Kruse accompanied the chorus by piano.

May 26 2014

## 70<sup>th</sup> Anniversary D-Day Ceremony

Malloy LRC – On June 6, 1944 Allied Forces began the invasion of Normandy France. The Normandy landings codename Operation Neptune started operations on June 6, 1944n (termed D-Day). The largest seaborne invasion in history, the operation began the invasion of German-occupied western Europe and contributed to an Allied victory in the war. On June 6, 2014, 70 years after the landings the Iowa Veterans Home had the responsibility to recognize all that served during a decisive Allied victory.



BG Corell makes remarks to the IVH audience about D-Day.

June 6 2014



The *Led by Choice* initiative from Telligen is wrapping up. Telligen is working on completion of a *Led by Choice* implementation guide which will be available on their website sometime in July. There is a recognition ceremony for all participating nursing homes in Des Moines July 10, 2014. The performance improvement project we completed during this initiative was on the Resident Satisfaction (Quality of Life) Survey. The project question was "How Can We Improve Our Resident Satisfaction (Quality of Life) Survey?" Using the Patient Family Centered Care methodology we have a final survey tool that was developed using input from residents. Following a review of literature, we found research documents core domains for resident satisfaction surveys. We were pleased that the current survey tool used included questions from nearly all domains.

- Overall Assessment
- Facility Environment
- Clinical Care
- Staff interaction
- Privacy/Autonomy
- Security
- Activities
- Food
- Personal Care
- Non-clinical Staff Services
- Cleanliness/Housekeeping
- Administration

Next, we used a questionnaire to determine what is important to the residents we serve and what they believe is important for us to know. There was opportunity for residents to give feedback on wording of questions so the questions would make sense to them. We also incorporated questions using proven survey tools and then we tested the new survey tool. After testing we made further adjustments in wording of questions as recommended by our residents. One of the most significant findings during this entire process was our residents identified satisfaction domains that they want us to ask about more often than just during the annual survey. The work remaining for this project includes communicating the project process and survey tool outcomes to residents and employees. Additionally we still need to develop recommendation guidelines for more frequent questions to ask from the satisfaction domains identified by residents.

### **Budget Development** by Steve Prall, MBA, Chief Financial Officer, Division Administrator



### ***IVH FY15-17 Budget Development***

Recently, IVH completed the budget development process for FY15, 16, and 17. Division Administrators, Bureau Chiefs and Budget Managers met with the Financial Services Division Administrator and Finance Bureau Chief to discuss fiscal planning and resource allocation decisions during the budget development process.

The IVH strategic plan was used to guide the budget development process and determine how the budget will be used to focus its human, financial, and physical resources to maximize progress toward the achievement of its mission.

The primary goals of this process were to develop a budget that can be used as a financial plan and be used as an operational guide throughout the fiscal year. The budget that was developed indicates what services IVH will provide to residents, where resource allocations are made, and what revenue appropriations were made for IVH operations. The budget outlines how much IVH services will cost and how they will be funded; the number of authorized FTE positions; the expenses for the provision of resident services, equipment, and capital improvements.

For fiscal year 2015 starting July 1, 2014, our state appropriation is the same as FY2014, which is \$7,594,996. The remainder of our revenues come from the VA, Medicaid, Insurance, Resident billings, and other miscellaneous revenues. Our entire budget for FY15 is \$80,292,076, and our personnel budget expense line is \$65,518,119 for 878.56 full-time equivalents (FTE).

### **VA Celebrates 70th Anniversary of the Original 'GI Bill'**

The Department of Veterans Affairs (VA) is celebrating 70 years of investment in the education and economic prosperity of America's Servicemembers and Veterans. The Servicemen's Readjustment Act of 1944, better known as the 'GI Bill' was enacted on June 22, 1944. The law provided a wide range of benefits for Veterans returning from World War II, including low-cost home loans, education and vocational training. The original GI Bill was heralded as a success and major contributor to America's stock of human capital that sped long-term economic growth across the Nation. Today, a new group of Veterans is accessing the Post-9/11 GI Bill and other education benefits, following in their footsteps.





# VOLUNTEERING



**Bring a Friend... Make a Friend**

**From the desk of...**

**Aimee Deimerly-Snyder- Volunteer Coordinator**

*My job brings me happiness everyday but one of my happiest moments was a very simple moment. I have been making the new ID badges for the volunteers. I love seeing their smiling faces on the screen as I make the badges. I have made around 150 badges so far and all those smiling faces are overwhelming! It reminds me how lucky we are as staff and residents to have such wonderful people helping us. They come here everyday with no goal other than to help us. Please make sure to thank those volunteers that help out in your areas and let them know how happy they make you!*

Bob Ott has made the Vets Home a personal mission. When asked why he said "The reason that I'm selling tee shirts and raising money for the Iowa Vets Home is really simple. I hold true to my heart the saying

**"never leave a comrade behind"**. I believe this should be for every case, whether it involves death, being hurt, being young or old. These Veterans would have gladly laid down their life for us, this is the least we can do."



**Bob Ott, Bill Kiefer, Steve Kieffer, & Randy Johns**

When asked why the Iowa Veterans Home and not another veteran's organization, Bob said it's personal. Bob served under resident SSG Bill Kieffer in the 2nd Infantry Division 34th BGD of the National Guard. In 1982, when PV Robert Ott joined the ranks, Kieffer made sure that Ott was a tip top troop in every way in not only the Army ways. Bill, along with his counterpart then SSG Tim Orr (now the Adjutant General of the Iowa National Guard), looked out for all the young soldiers in life's ups and downs never letting the young soldiers fail.

**I hold true to my heart the saying "never leave a comrade behind"**

Bob has been putting his mission to action through selling tee-shirts (pictured above) with the proceeds from the shirts coming to the Iowa Veterans Home. These shirts were then sold at Zylstra Harley Davidson's annual Hog Roast with Zylstra donating all the proceeds to the Iowa Veterans Home. So far they have raised close to \$3,000.

Bob has not been alone in his fundraising for the Vets Home. Helping him with his mission is Bill's brother, former Navy Seabee, Steve Kieffer, of Fareway stores and Randy Johns, who served from 1969—1973 in the US Navy-AE3rd Class PO. Fareway Stores donated money towards producing the shirts. Randy and Zylstra Harley Davidson in Ames has been a tremendous supporter of the Iowa Veterans Home.

Bob Ott, serving from 1982—present in the Army and Iowa National Guard, hopes that there will be a motorcycle ride next year to further benefit the Vets.

**Thank you! Thank you! Thank you!**



**American Legion Auxiliary President, Ann Crawford and ALA Hospital Rep, Stacy Banes, pictured with a Touch Play machine. The ALA donated funds**

**for 2 touch play machines. IVH has reached our goal of getting a touch play machine on every unit!**

Marge Reinhart Lavon Juhl were able to grab a moment with Governor Branstad and Lieutenant Governor Reynolds at the Annual Governor's Awards held in Cedar Falls. Receiving Governor's awards for length of service were: Lois Slaba, Marge Reinhardt, Lavon Juhl, Marge Diggins, Helen Sagar, and Pauline Kinder. Receiving the Governors Individual Award were: Kay and George Bell



**6 Call Aimee to Volunteer Today—753-4406. We need YOU!**

## ***In loving Memory      Veterans***

*The Iowa Veterans Home extends its deepest condolences to the loved ones of the following residents who recently passed away. We are grateful for the time that they spent with the IVH family. Their presence will be greatly missed.*

John Irwin – U.S. Navy  
Donald Bassett – U.S. Air Force  
Joseph Bramon – U.S. Air Force  
Ruth Freeburg – U.S. Army/WAC  
Jerry Sparks – U.S. Air Force  
Frederick Franklin – U.S. Air Force  
Guy Martz – U.S. Marines  
Beverly Hennick – U.S. Air Force  
Doyle Morris – U.S. Army

### ***Taps (April – June)***



### ***Spouses***

Susanna Gallagher - U.S.  
Army Veteran



If you have questions about the Iowa Veterans Home Cemetery please contact Donnelle Berndt at (641) 753-4218 or email at [Donnelle.Berndt@ivh.state.ia.us](mailto:Donnelle.Berndt@ivh.state.ia.us). You may also view our web page at <http://ivh.iowa.gov> to find information **about the Iowa Veterans Home cemetery.**

## **Donations**

The Iowa Veterans Home is grateful for all donations that are donated and purchased for the residents. Many of these items are a luxury. All items on the list enhance the quality of life that our veterans and spouses enjoy. Your help in obtaining these items will be greatly appreciated. Thank you!

**Note: The home is requesting money in support of the following:**

- General Memorial Account
- Special Activities Account
- Funding for gardens & court yard
- Library Support
- Resident Technology Support

### ***Iowa Veterans Home Memorial Fund***

The Iowa Veterans Home gladly accepts memorial funds from individuals, organizations and businesses that can be used for our residents and facility. If you are interested in making a donation in memory of a loved one please contact Mike Hines at (641) 753-4309 or e- mail [michael.hines@ivh.state.ia.us](mailto:michael.hines@ivh.state.ia.us).

## ***Iowa Veterans Home Longevity Awards (April – June)***

### **5 Years**

Deanna Frahm  
Greg Abernathy  
Gary Banzhaf  
Stephanie Johnson  
Debra Witt

### **10 Years**

Minda Burgess

### **15 Years**

Val DeVolder  
Linda Edwards  
Adam Rickett  
Tamyra Haren

### **25 Years**

Roxann Wolken  
Berneta Weber

### **35 Years**

Brenda Fleming



**CONGRATULATIONS TO THESE EMPLOYEES  
FOR THEIR YEARS OF SERVICE!**

What is Pain? Pain is whatever the person says it is, experienced whenever they say they are experiencing it (Pasero & McCaffery, 2011). At the end of life many veterans cannot communicate their pain related to delirium, dementia, aphasia, motor weakness, or language barriers. Some veterans past pain experience can be due to trauma or violence witnessed on the battle field. Some barriers to pain control include: Lack of education for both the nurse and the veteran, fear of side effects, fear of addiction/tolerance, fear of respiratory depression and fear of hastening death.

Some veterans may not use the word pain..... they may use words like discomfort, ache or hurt. The military has made our soldiers STOIC. It is not stoic to complain, Veterans do not want to be seen as weak or difficult to care for.

At end of life we need to make sure that the veteran/resident is comfortable and that their end of life journey is good. Non verbal signs & symptoms of pain are an important part of the assessment.

**Movement**- restlessness, fidgeting, rubbing body parts

**Emotion**- tears angry, anxious/irritable

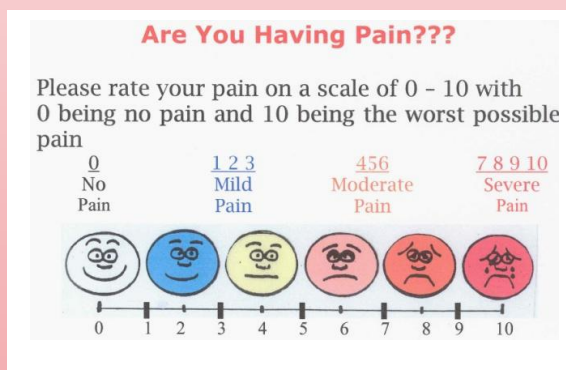
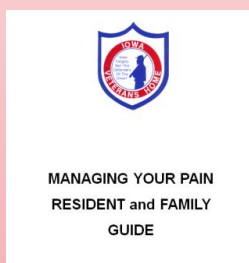
**Verbal cues**- moaning, groaning, crying

**Facial cues**- grating teeth, grimacing, drawn around mouth and eyes

**Positioning** - guarding, splinting or fetal positioning

**PLEASE remember that pain is Exhausting and it is possible for the resident to appear to be sleeping while they are still experiencing pain.** It is important that pain control happen around the clock so that the vet/resident is not playing catch up for the next 8 hours. We would like to make families and staff aware that a booklet called "Managing Your Pain Resident and Family Guide" is located on IVH Sharepoint. Under Clinical resources tab then go to Hospice resource tab.

Your nurse may print it for you or copies are located in Comfort Haven in the Malloy building by the Atha Dining Room. Any questions please contact Tammy Haren, RN @ (641) 753-4427.



Your Iowa Veterans Home Palliative and Hospice Committee members are: Tammy Haren, Co-Chairperson, Kristy Kelley, Co-Chairperson, Deb Laughlin, Secretary, Bobby Jo Paige, Sadie Wertz, Melissa Sienknecht, Angela Doty, Gladys McIntire, Jolene Fredregill, Megan Harrell, Connie Paxton, Darcie Lunsford, Carrie Ortiz, Andrea Pratt, Kelley Oetker, Melanie Epperly, Sarah Bruner, Sarah Woodward, Natalie Fosdick, Aimee Deimerly, Maureen Hershey, Patrick Hogan

There are 7 regional hubs throughout Iowa that support Honor Flights. If you go to [www.honorflight.org](http://www.honorflight.org) you can find the email, telephone numbers and point of contacts for each hub.

8 Facebook: <https://www.facebook.com/groups/371405701035/> \*\*\*\*\*Honor Flight Information\*\*\*\*\*



## Amos Fox....Never Forgotten History by Michael Hines, BA, Staff Assistant to the Commandant

History is a Greek word meaning a study of the past, inquiry and having knowledge of a particular event. Organizations use history to define their past, present and future continued success to better the future of the operations. History is not what you thought. It is what you remember. Our history at the Iowa Veterans Home dates back to December 1, 1887 when Amos Fox, a Civil-War veteran, was the first veteran to be admitted to the Iowa Soldiers Home. Amos Fox, the Home's first resident, was buried in March 1916 after having been admitted to the Home December 1, 1887. A farmer from Humboldt, Iowa Fox first enlisted in the Civil War as a private in Company D of the 47<sup>th</sup> Illinois Infantry on August 14, 1861. He re-enlisted January 9, 1865, and was discharged in August of the same year.

The history of our home begins when Governor Samuel J. Kirkwood made his suggestion at a committee meeting of members from both branches of the General Assembly of Iowa who were considering orphan homes for children of some 13,001 Iowans killed during the Civil War. The proposal for the erection of orphan asylums was adopted and such institutions finally erected but it was not until later, in 1886, that the first concerted effort was put forth for the erection of a soldiers' home.

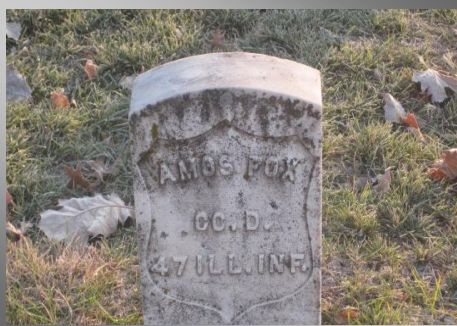
Initiating the movement for an Iowa Soldiers Home was the Grand Army of the Republic, led by Philip M. Crapo of Burlington, Iowa. This movement resulted in the 21<sup>st</sup> General Assembly passing an act, which on March 31, 1886, appropriated \$75,000 for the purchase of ground and the erection of suitable buildings and another \$25,000 to maintain that home for one year. Today we are proud to say that facility has expanded to 150 acres and 6 Nursing units and 1 Residential/Domiciliary unit over the 126 years.

*In 1975, the Iowa Legislature changed the name from the Iowa Soldiers Home to the Iowa Veterans Home.*



Above – Commandant Jodi Tymeson, Michael Ahrens, RN and Jan Jeske, RN are seen photographed with a print that was designed to represent Amos Fox. The FOX nursing building is named after Amos Fox. Amos Fox was the first resident admitted to the Iowa Soldiers Home on December 1, 1887.

### Iowa Soldiers Home Established December 1. 1887



*Tombstone of Amos Fox. Fox is buried at the IVH Cemetery.*



*President Lincoln and military leaders*



*1<sup>st</sup> Bldg erected on grounds also known as the "Old Building"*

On March 4, 1865 on a muddy Pennsylvania Avenue near the U.S. Capitol, President Abraham Lincoln presented his second inaugural address. With the words, *"To care for him who shall have borne the battle and for his widow, and his orphan,"* President Lincoln affirmed the government's obligation to care for those injured during the war and to provide for the families of those who perished on the battlefield. These immortal words that were spoken that day became the VA motto in 1959.

*Source retrieved from - U.S. Department of Veterans Affairs, The Origin of the VA Motto, Celebrating Americas Freedom*

## IVH Trivia & Fun Facts by IVH contributors

### Did you know that we.....

- launder 8,266 pounds a day
- 96 loads a day
- 141,548 pounds a month
- 1,756 loads a month
- 1,348,384 pounds a year
- 2 people sort 110 lbs of laundry in 5 min.
- We do the personal clothing just like you do at home. We spray them and sort them. The only difference is we do it for 585 residents.
- We wash, dry and fold an average of 7,200 wash clothes a day.
- Every day we launder everything for 21 individual units.
- We have 24 employees and 30 Resident Incentive Workers.



*Way to go Laundry staff!!!*

**Trivia and fun facts will continue to be contributions for the Insights as long as they are passed on. So if you have any trivia or fun facts about the facility feel free to forward them to the Commandants Office for publication.**

Do you know how many signs were made during the 2013 year at the Iowa Veterans Home? A total of **1,483** signs were made. In the year 2012 there were **1,953** signs made. Signs consist of Maintenance, Bracelets-Necklaces, Resident ID Tags, Resident/Staff Door Tags, Donation/Memorial Signs, Wheelchairs and Miscellaneous signs. A total of **11, 896** signs have been made since 2007 by the Wheelchair shop!!

## World War I will celebrate its 100<sup>th</sup> Anniversary by Michael Hines, Staff Assistant



United States entered the war on  
April 6, 1917

When war erupted in 1914, the United States attempted to remain neutral. It was supposed to be the war to end war. For over four years World War I raged on, leaving in its wake a toll of death and destruction such as the world had never seen. The casualties and losses mounted over the years in the range of approximately 22,477,500 KIA, WIA or MIA for the Allied Forces. The war in Europe affected many Iowans from the very beginning as many foreign-born people in Iowa were of German ancestry. Several Iowans had migrated from Germany and still had family members there.

Soldiers from Iowa and other surrounding states set sail for Europe to fight on the side of Britain and Europe. One of the first Iowans that was killed in combat in World War I was Merle Hay, from Glidden. A monument was erected in his honor in the city of Glidden. A street and a mall (Merle Hay Mall) were named in his honor in Des Moines, Iowa. Merle Hay may perhaps been the first American serviceman to die during WW I. The first U.S. women to die of injuries in a combat zone was also an Iowan. She was Marion Crandall. Crandall was a former French teacher at the St. Katherine's School in Davenport. She died from her wounds from an artillery shell while working in a canteen.

The war had an effect on Iowa in more ways than one. Iowa's agriculture production was effected as well. Since the beginning of the war in 1914, Iowa farmers had experienced economic prosperity. Along with farmers everywhere, they were urged to be patriotic by increasing their production. Farmers purchased more land and raised more corn, beef, and pork for the war effort. It seemed that no one could lose as farmers expanded their operations, made more money, and at the same time, helped the Allied war effort.

Germany surrendered on November 11, 1918, and the war ended. Peace negotiations would drag on even longer, but the war was over and Iowans were eager to get back to their routines. The official records show that 114,242 Iowans served in the armed forces during World War I. Of those, 3,576 lost their lives. **World War I - 28 July 1914 to 11 November 1918 (Armistice).**

Source retrieved from - <http://www.iptv.org/iowapathways/mypath>



*World War I Nurse*



## Ulery North Active Living Competition



Pictured are winning team members from left to right: Miranda Yoemans, Cathy Kelley, Cindy Nyce, Laurie Bachman, Dave Drury, Stacy Betts, Cindy Perez, Jan Doe, Connie Schlesky, Brandi Kutzner, Pamela Bowles, and Kim Barber. Not pictured: Alyssa Hall, Karon Humphreys, Tony Lidgett, Brittany Halverson, Dorothy Reeves, Stephanie Robovsky, Carmen Zedneck, Lorraine Ash, Stephanie Albright and Delaina Gobieli.

During the month of April, following annual CCDI training, the Ulery North team completed a friendly 'active living competition' utilizing skills learned during the CCDI training. The goal of the contest was to incorporate Active Living in our daily care and to develop tools to assist in providing activities to our residents. Staff was divided into 2 teams to compete for a prize for the team who gets the most points. Points were earned by spending 5-7 minutes with a resident, using props to trigger memories about the resident and completing small group activities. These activities help staff to know the residents and keep the residents engaged in activities which decreases risk of falls and negative behaviors.

During the 16 days the 2 teams completed a total of 183 activities! The individual staff that completed the most activities during this time was; 1st place Dave Drury with 18 activities; 2<sup>nd</sup> place Stacy Betts with 17 activities; 3<sup>rd</sup> place Lona Bradbury with 15 activities. – **Cindy Nyce, NS2, Loftus North**

**Winning the team competition was Team Bowles with a total of 112 activities!**

**The Ulery North staff also compiled 3 suitcases of props during the completion.**



## Retirees Visit the Iowa Veterans Home

On Wednesday, April 30, 2014, Commandant Tymeson gave an update to 20 IVH retirees about the facility. Mike Jarrell, Chief Operating Officer, also assisted with the update. Kathy Kopsa, from resident finance, spoke to the group about volunteer opportunities in conservatorship, powers of attorney, and guardianship for residents here at IVH. Aimee Deimerly, Volunteer Services Coordinator, spoke about opportunities that are available and the need in volunteering here at IVH as well.

Left - Commandant Tymeson and COO Jarrell speak with a group of Iowa Veterans Home retirees in Whitehill.

## Iowa Veterans Home Employee Spotlight by Steve Prall, Iowa Veterans Home CFO

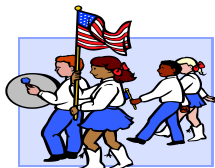
IVH is pleased to present Diana Steiner to our community in this edition of Employee Spotlight. Diana is the Finance Bureau Chief and has been employed here for 15 years. She began her work at the Iowa Veterans Home in the Budget Analyst III position, and prior to that came from Mid-Iowa Community Action, a private nonprofit organization, where she was the Chief Financial Officer for 4-years. Diana has her CPA license and has worked in public accounting, non-profits, and for-profit companies.

Diana does an outstanding job everyday managing the Resident Finance, Purchasing, Cashier, Budget, Medicare/Medicaid offices. Recently, she was promoted to the Finance Bureau Chief position. As always, she stepped up to the challenge and approached her new responsibilities without hesitation. It's people like Diana that make the Iowa Veterans Home a great place.

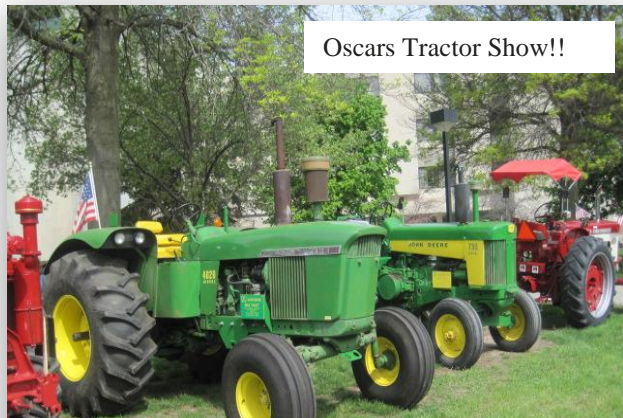
Diana is the youngest of 10 kids and grew up on a farm in Sigourney, Iowa. Diana currently lives on an acreage outside of Marshalltown with her husband Brian and 2 sons (Alex & Wesley). She loves to spend time with her family and friends. Diana is involved with the Marshalltown Community band where she plays the French Horn. She is a member of the Hope United Methodist Church, and volunteers at the Marshalltown House of Compassion. She enjoys bike riding and boating. She is eager to take on new challenges, always with a smile.







# Iowa Veterans Home Events & Recognitions



Oscars Tractor Show!!

## Pizza by the



Real Committee members Robin Richardson, Denise Weil and Wayne Pierson serve pizza slices to IVH employees Brian Parker and Shawna Brooks.

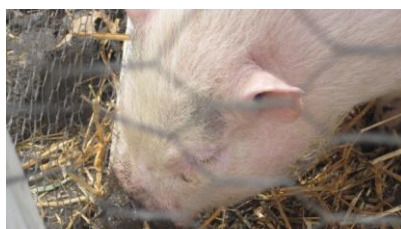
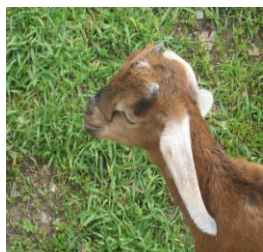


Ride To The Wall Visits IVH!!



Iowa Commission of Veterans Affairs

## Jerry's Barnyard is 26 years old!



D-Day Bagpiper



Memorial Day Wreath Laying

Iowa Veterans Home

