

Week ending issue: August 21, 2015 – Issue # 262

Policy

From the WIC Services Policy and Procedure Manual – 360.60 Infectious Disease Control, Tuberculin Risk Assessment & Testing continued

Annually, each agency must fill out the document titled “Facility Tuberculosis (TB) Risk Assessment Tool for Health Care Settings (Iowa licensed health care facilities and hospitals) found at the following website: <http://www.idph.state.ia.us/ImmTB/TB.aspx?prog=Tb&pg=TbRules> (click on TB Risk Assessment – Hospitals and Healthcare Facilities). This form is used to determine the agency’s TB risk classification.

Reported TB cases by county as reported by the Iowa Department of Public Health needed for the facility TB risk assessment can be found at the following website:
<http://www.idph.state.ia.us/ImmTB/TB.aspx?prog=Tb&pg=TbData>.

After completing the Facility TB Risk Assessment form, facilities are classified as low risk, medium risk, or potential ongoing transmission. The results determine the type of serial TB screening needed which is discussed below under “Serial TB screening”.

Completed forms must be filed at the local agency

Information

Infant-Child Nutrition Workshop

The Infant-Child Nutrition Workshop will be taking place on September 1, 2015. Please see the draft agenda and registration information for the event at the end of the Friday Facts.

Webinar on Child Retention Strategies in the Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

On August 26 (1:00 – 2:00 PM), FNS will host a one-hour webinar describing WIC child retention strategies currently underway for all State and local WIC agencies. The webinar will highlight three State agencies that have developed initiatives to increase the participation of children between the ages of one and four. The National WIC Director will provide an introduction and overview of the issue. The Arizona WIC Program will describe their focus group findings about obstacles to continued participation in WIC as well as describe their WIC Special Project Full Grant. The Vermont WIC Program will describe their WIC Special Project Mini Grant – WIC2Five: Using Mobile Health Education Messaging to Support Program Retention. The Minnesota WIC Program will describe their outreach/education to medical providers of WIC participants to encourage their continued participation in WIC. Please see the document at the end of Friday Facts for information on how to join the webinar.

Webinar Opportunity: Fact or Fiction – Debunking Myths about Dairy Foods and On-Farm Production

The Midwest Dairy Council will be providing a webinar on September 23rd, 2015 at 11:00 AM. Please see the information below for information about the webinar and registration information.

Register now!

<https://attendee.gotowebinar.com/register/64602174024227074>

Consumers today are more interested than ever about where their food comes from. But since fewer people are directly involved in agriculture, we don't always know all the details about how dairy foods get from the farm to the grocery store and then on to the plates for our daily meals.

Join Dr. Leo Timms, Morrill Professor, Department of Animal Science at Iowa State University, and Stephanie Cundith, RD, communications manager from Midwest Dairy Council as they provide an overview of facts and myths about dairy foods nutrition and production, including on-farm and sustainability practices. Leo is also a member of Midwest Dairy's Scientific Advisory Council.

During this hour-long webinar, Leo and Steph will take us through a variety of topics including:

- Lactose intolerance
- Dairy imitators
- Flavored milk
- The differences between organic vs. conventional dairies
- Food safety regulations
- Testing and milk processing protocols
- On-farm protocols and animal care
- Dairy industry's commitment to sustainability
- Answers to tough questions related to antibiotics, hormones and GMOs

This webinar, hosted by Midwest Dairy Council, is designed to help you in your role as a dairy ambassador to engage in dialogue and answer questions to ensure the public about how dairy foods get from the farm to the store and to maintain consumer confidence in milk and dairy products.

The webinar will also be recorded for replay at a later date.

One CPE, pending approval by CDR, will be available for registered dietitians.

After registering, you will receive a confirmation email containing information about joining the webinar.

[View System Requirements](#)

WIC Staff Bios

My name is Nicole Newman and I am one of the Community Health Consultants for the State of Iowa WIC Program. I started at the State in November 2014. I worked right out of college at Mid-Iowa Community Action as a dietitian for WIC and with the Head Start Program. I then took a job at Broadlawns WIC Program and was there for five and a half years from June of 2009 through starting at the State this past fall. I went to Iowa State to get my Bachelors in Dietetics and minored in Spanish. I have three children; Addy, Sam and Emma. I breastfed Addy for eighteen months, Sam for two years and am currently still breastfeeding three-month-old Emma.



Thank you of the Week

“Thank you for caring and sharing with me and my 2 day old baby. You made a difference just by listening.” ~Johnson County WIC Participant

Participant Centered Services

From the Molly Kellogg Nutrition Counseling News and Updates Newsletter- Try focusing on just these the 3 components during your next session with a client!

“Thanks to Erika DeRooy, RD, of Seattle, WA, for sending this in...

*I've found HUGE advances in facilitating change with the use of MI. I focus on **three basics in every session: an open-ended question, a sprinkling of reflections as they talk, and finishing with a summary of where they are at and what they need.** I actively think of this flow during the sessions, and practice it with other friends and colleagues. It now feels second nature! My clients are much more likely to change their habits, and my job is much less stressful because of it!"*

eWIC/Focus Update

Welcome to Cassie Benedict who has recently joined the State office staff. Brandy will be helping with various projects including UPC collection that is needed before eWIC begins. Welcome Cassie!

Please remember that the eWIC Functional Demonstration will occur on Thursday, August 27, 2015 from 9:30 am – 11:30 am. If you would like to attend in person, the demonstration will occur in the auditorium of the Iowa Judicial Building. The demonstration will also be available for viewing via a live webinar. For those unable to view the demonstration on August 27th, it will be recorded to view at a later time.

Find Us on Facebook



<https://www.facebook.com/IowaWIC>

Dates to Remember

2015 ****note highlighted dates and topics indicate a change from the usual****

New Employee Training Go-To Meeting

- NETC Go-To- Meeting (All New Staff) – September 10, from 8:30-11:30
 - NETC Go-To-Meeting (Health Professional) – September 17, from 8:30-11:30
 - NETC Go-To-Meeting (Support Staff) - September 24, from 8:30- 11:30

 - NETC Go-To- Meeting (All New Staff) – November 12, from 8:30-11:30
 - NETC Go-To-Meeting (Health Professional) – November 18, from 8:30-11:30
 - NETC Go-To-Meeting (Support Staff) - November 19, from 8:30- 11:30
- **Please note the dates in November.**

Core Trainings

- Infant/Child Nutrition: September 1, 2015
- Communication and Rapport: October 28, 2015

Other

- WIC Contractor In Person Meeting: August 25, 2015
- eWIC Functional Demo: August 27, 2015 – 9:30 am – 11:30 am

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Powdered Nutricia Neocate Infant DHA/ARA Amino Acid Based Infant Formula w/iron	5 cans	8/2015	North Iowa Community Action	Carla Miller 641-432-5044 x24
Nutren Jr. w/Fiber (Vanilla)	78 (3 cases + 6 individual containers)	9/2015	Marion County Public Health	Jessica Johnson 641-828-2238 x225
Neocate Junior	11 cans	9/2015	Mid Iowa Community Action	Sierra Steven 515-232-9020, ext. 105
Enfaport	14 - 8 oz cans	9/1/15	Broadlawns	Rose Logan 515-282-6717
Neocate Infant	20 cans	2: 11/2015 1: 1/2016 16: 2/2016 1: 8/2016	Mid Iowa Community Action	Sierra Stevens 515-232-9020, ext. 105
Powdered Pregestimil	5 cans	11/1/2015	Operation Threshold	Sue Burnett 319-292-1827
Powdered Nutramigen	3 Containers 8 Containers	11/2015 12/2015	Operation Threshold	Sue Burnett 319-292-1827
Powder Nutramigen Toddler with Enflora LGG	7 – 12.6 oz Container 20 - 12.6 oz Container	11/1/2015 2/1/2016	Mid-Sioux Opportunity	Amy Kreber 712-786-3488
RCF Concentrate	26- 13 oz cans	2/1/16	Broadlawns	Rose Logan 515-282-6717
Peptamen Junior 1.5 Cal	114 – 250 ml containers	3 – 6/2016	HACAP	Angela Munson 319-366-7632
Enfaport	17 – 6 packs of 6 oz containers	4/1/16	HACAP	Angela Munson 319-366-7632
Pediasure 1.5 cal Vanilla	65- 8oz cans	6/1/2016	Broadlawns	Rose Logan
Pediasure 1.5 with Fiber	4 cases	8/2016	Mid-Iowa Community Action	Sierra Stevens 515-232-9020, ext. 105
Calcilo XD	1 can	2/2017	Broadlawns	Kathy Flagg 515-263-5660
Powder Infant EleCare Amino Acid Based Infant Formula with Iron	5 – 14.1 oz cans	3/2017	North Iowa Community Action	Janelle Pansegrau 641-423-5044 x35
Similac PM 60/40	7 cans	5/2017	Webster County	Kathy Josten 515-573-4107
Complete Amino Acid	1 can	10/21/2017	Mid-Iowa	Sierra Steven

Product	Quantity	Expiration Date	Agency	Contact
Mix			Community Action	515-232-9020, ext. 105

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer

Infant-Child Nutrition Workshop-FFA Building Ankeny DMACC-Room 213

Tuesday, September 01, 2015

This workshop will help dietitians, nurses, health educators, and answer parent's questions about food intake, growth, and oral health for infants and children.

Agenda

8:30am to 9:00am	Registration
9:00am to 10:00am	Feeding Your Infant and Child
10:00am to 11:00am	Milk Feedings for Infants
11:00am to 11:15am	Break
11:15am to 12:15pm	Oral Health Recommendations Infancy through Childhood
12:15pm to 1:15pm	Lunch
1:15pm to 2:30pm	Working with Families with Special Health Care Needs
2:30pm to 2:45pm	Break
2:45pm to 3:45pm	Underweight Infants and Children
3:45pm to 4:45pm	Overweight Infants and Children
4:45pm	Adjourn

Speakers

Mary Kay Brinkman, RDH, BS Dental Consultant, Iowa Department of Public Health
Nikki Davenport, RD, LD, WIC Nutrition Services Coordinator, Iowa Department of Public Health
Kimberly Stanek, RD, LD, Nutrition Consultant, Iowa Department of Public Health
Jody Kealey, RD, LD, Nutrition Services Program Coordinator, Child Health Specialty Clinics

Objectives

After attending this workshop, you will be able to:

1. Describe current recommendations for feeding infants and children.
2. Describe stages of growth and nutrition needs for infants and young children.
3. Describe how stage of development relates to the introduction of solid foods.
4. List recommended practices for infant and child oral hygiene.
5. Discuss feeding and nutrition concerns for children with special health care needs.
6. Identify overweight and underweight children and suggest feeding guidelines.
7. Describe how stage of development relates to the introduction of solid foods.

General Information

Registration fee The registration fee for the workshop is \$40.00. This fee covers lunch, breaks and print materials.

Deadline Space is limited so pre-registration is required by August 26, 2015.

How to register You may register by

- Mail using the enclosed registration form or
- Telephone by calling (515) 964-6800 or 1-800-342-0033 or

Online at
<https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=search&oursetype=EVNT&searchInitLetter=>

Location The workshop will be held at the Ankeny campus of the Des Moines Area Community College. The workshop will be in the FFA Enrichment Center in Room 213.

Parking Parking is available at no charge. A map of the campus is enclosed. **Please notice the change in location. (See campus map.)**

CEUs

- Continuing education units have been requested for registered nurses through CRN #18408.
- Certificates of attendance will be provided to dietitians.
- In order to receive a certificate attendance for files, CEUs must be requested.

Infants attending Mothers may bring quiet breastfeeding babies less than 6 months of age to the workshops. Due to the professional nature of the sessions, mothers are expected to care for their babies outside the meeting room when needed. It may be easiest to bring a support person along to provide baby care outside the meeting room.

Continued on next page

General Information, Continued

Directions from Interstate 35 Follow these directions if you will be traveling to Ankeny on Interstate 35.

Step	Action
1	Exit the interstate at Exit 90 and turn west onto Oralabor Road (also known as Highway 160). <u>Note:</u> This exit is marked for the community college.
2	Move to the right lane and continue on Oralabor Road to the intersection with Highway 69.
3	Turn north (or right) onto Highway 69 and move to the left lane.
4	Continue on Highway 69 to the first stoplights and turn west into the campus.
5	Watch for signs to the Conference Center.

Directions from Interstate 80 Follow these directions if you will be traveling to Ankeny from Interstate 80.

Step	Action
1	Exit the interstate at Exit 136 and turn north onto Highway 69.
2	Move to the left lane and continue north on Highway 69 approximately three miles. At the intersection with Highway 160, you can see the campus across the intersection and to the left.
3	Continue north through the intersection. Turn west (left) at the next stoplight to enter the campus.
4	Watch for signs to the Conference Center.

Meeting sponsors

These workshops are sponsored by the

- Iowa WIC Program, Iowa Department of Public Health and
- Bureau of Food and Nutrition and Transportation, Iowa Department of Education.

Questions

Use the table below to determine who to call with questions.

IF you have questions about...	THEN call...
registration	(515) 964-6800.
the agenda	1 (800) 532-1579 and ask for Nikki or Kimberly

REGISTRATION

Infant & Child Nutrition Workshop

September 1, 2015

Name: _____ Daytime phone: _____
Address: _____ Social Security #: _____

Agency: _____

Please check the box below if you would like a vegetarian meal. The meal may contain dairy products.

_____ I would like a vegetarian meal

The registration fee is \$40 for the workshop. Please make checks payable to Des Moines Area Community College.

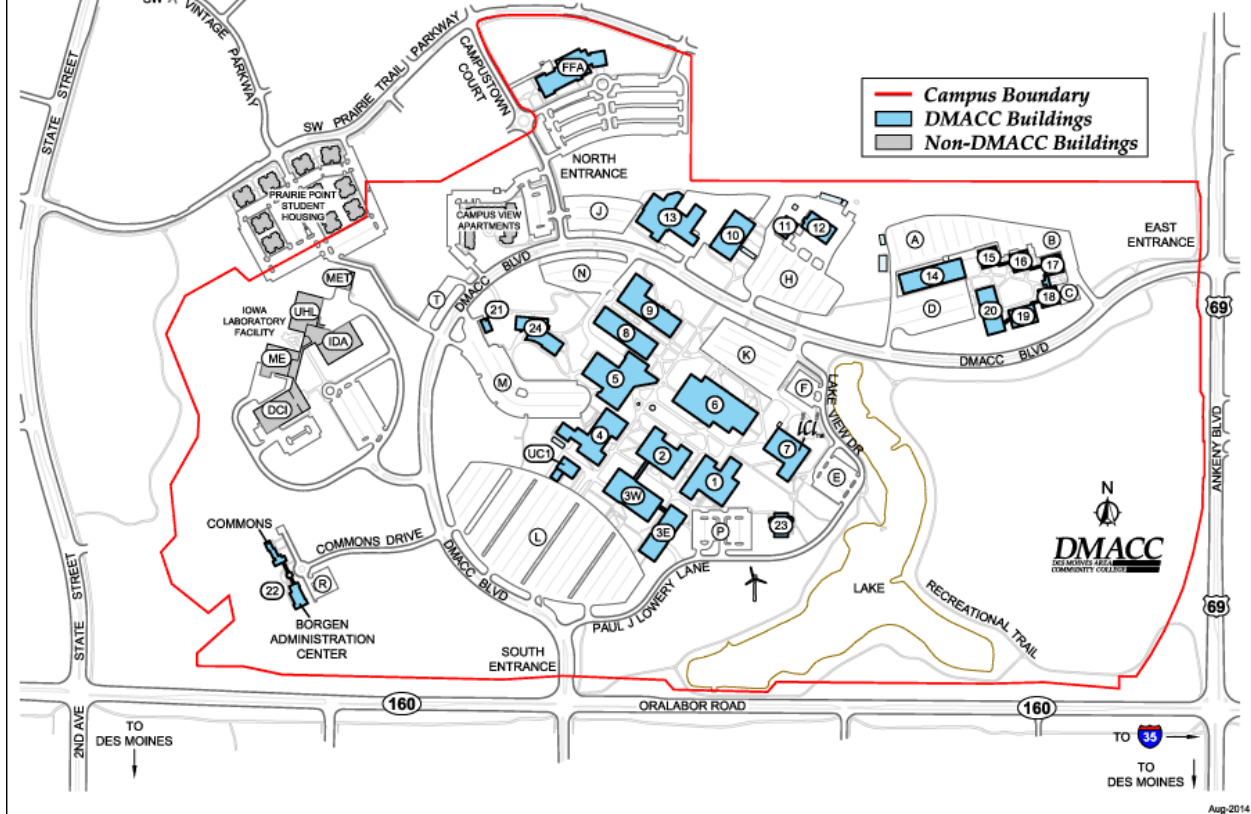
Temperature in this room may be variable, please bring a sweater. Please notice the change in location. This workshop is on the north end of campus in the FFA Enrichment Center in room 213.

Register online at

<https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=search&coursetype=E VNT&searchInitLetter=> or **Send this form and payment by August 26, 2015 to:**

Des Moines Area Community College
Registration Building 1
2006 Ankeny Blvd.
Ankeny, Iowa 50021

ANKENY CAMPUS



WIC CHILD RETENTION WEBINAR

WIC Child Retention Strategies

**For WIC State & Local Agencies
Wednesday, August 26, 2015 from 2:00PM-3:00PM ET**

TO JOIN THE AUDIO:

1. Call the toll-free number (from your telephone, audio is not available over the computer): 1-888-566-7710
When prompted, enter the participant pass code: 7667207
2. Please plan to connect 15 minutes early to ensure you are connected on time, the meeting will begin promptly at 2:00PM ET.

TO JOIN THE LIVEMEETING WEBINAR:

1. Click on (or copy and paste) this link to join the meeting:
<https://www.livemeeting.com/cc/usda/join?id=ZRWNS2&role=attend&pw=G%294%3EtnmFG>
2. You will be prompted to type in your name, and organization.
Example: Ann Cole - Iowa WIC
3. Please plan to connect to both the LiveMeeting and phone line 15 minutes early to ensure you are connected on time, the meeting will begin promptly at 2:00PM ET.

****Please be sure to disable your computer webcam. Streaming video will not be used for this webinar.****

4. If you are asked for a Meeting ID and Entry Code, the Meeting ID is: ZRWNS2, please leave Entry Code blank (not required).