



Bureau of Nutrition & Health Promotion
1-800-532-1579

Week ending issue: August 7, 2015 – Issue # 260

Policy

From the WIC Services Policy and Procedure Manual – 360.60 Infections Disease Control, Hepatitis B Vaccinations

The OSHA Bloodborne Pathogens Standards require employers to provide the Hepatitis B vaccine and education at no cost to their employees who are directly exposed to bloodborne pathogens. This includes all WIC health professionals who are conducting finger sticks (RNs, LPNs, dietitians).

It is an agency decision whether or not to provide the vaccine to other WIC clinic staff since the risk of direct blood contact is much lower for these groups.

Provide new employees with information about arrangements to receive the immunization within 10 days of employment.

Employees who are directly exposed to bloodborne pathogens must have a signed Hepatitis B Immunization Consent or Refusal Form in their file (see sample form on page 5).

Note: If an employee leaves the agency before the vaccine series is completed, ask the employee to sign a form saying that the WIC agency is not responsible for the completion of the series. The employee should be provided with a copy of the dates of doses received to enable the employee getting the remaining doses.

Determine whether the employee's health insurance covers the cost of vaccinations. If not, the Hepatitis B vaccination is an allowable budget expense in the supplies category.

Note: If an employee works full-time for WIC, then WIC will pay the entire cost of the Hepatitis B vaccination. If the employee works for a variety of programs, the cost of the vaccination should be shared among the programs.

Information

Welcome Dena Dittmer!

Dena Dittmer will be joined the State Office staff on Tuesday, August 4th as the Bureau Secretary 2 position. Dena has 25 years of customer service and administrative support experience. Most of this experience has been within county government in Warren County. She is accustomed to providing support to a large staff and has many years of experience answering busy and multiple phone lines. She is very excited about this opportunity and looks forward to joining our team. Welcome Dena!

Infant-Child Nutrition Workshop

The Infant-Child Nutrition Workshop will be taking place on September 1, 2015. Please see the draft agenda and registration information for the event at the end of the Friday Facts.

Thank you of the Week

My husband and I are licensed foster parents. We have and continue to respite and foster children from birth to ten years of age. Knowing that there is a valuable service like your WIC program in our county has been priceless for our family...A few of the children that we have had in our care have also had special medical and dietary needs. We cannot say enough words of thanks and gratitude to your staff and for the WIC program in assisting us in providing the proper formula, nutritional supplements, and other dietary related food products to these precious children. --WIC Participant

Participant Centered Services

Have you tried the “Card Sort Tool” from the “Getting to the Heart of the Matter” website?

This might be the most simple PCS tool to use with clients so a great one to start with! It begins when you give your client a set of cards. On each card is a common topic or concern specific to that mother. (For example, many pregnant women experience constipation or are concerned about weight gain, so those topics are printed, along with many others, on the card sort for pregnant women.) Parents are asked to quickly sort through the cards, grouping them into one of three piles: "not a problem," "sometimes a problem" and "always a problem." The sorting takes less than a minute. The nutritionist then reviews the "always a problem" pile, asking questions to determine which topics are of greatest interest or need, and focusing the conversation on those topics. Find the card sort materials for each participant category at <http://www.gettingtotheheartofthematter.com/card-sort-and-concern-list/>.

eWIC/Focus Update

During the month of July, conversion testing occurred with local agency Champions. During this time, IWIN data was compared to Focus data to determine if information was converting as it should. Starting the week of August 3rd, eWIC interface testing has started. Staff are testing to make sure that Focus is “talking” to the eWIC system (WIC Direct).

Find Us on Facebook



<https://www.facebook.com/IowaWIC>

Dates to Remember

2015 ****note highlighted dates and topics indicate a change from the usual****

New Employee Training Go-To Meeting

- NETC Go-To- Meeting (All New Staff) – September 10, from 8:30-11:30
 - NETC Go-To-Meeting (Health Professional) – September 17, from 8:30-11:30
 - NETC Go-To-Meeting (Support Staff) - September 24, from 8:30- 11:30
 - NETC Go-To- Meeting (All New Staff) – November 12, from 8:30-11:30
 - NETC Go-To-Meeting (Health Professional) – November 18, from 8:30-11:30
 - NETC Go-To-Meeting (Support Staff) - November 19, from 8:30- 11:30
- **Please note the dates in November.**

Core Trainings

- Infant/Child Nutrition: September 1, 2015
- Communication and Rapport: October 28, 2015

Other

- WIC Contractor In Person Meeting: August 25, 2015
- eWIC Functional Demo: August 27, 2015 – 9:30 am – 11:30 am

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Powdered Nutricia Neocate Infant DHA/ARA Amino Acid Based Infant Formula w/iron	5 cans	8/2015	North Iowa Community Action	Carla Miller 641-432-5044 x24
Nutren Jr. w/Fiber (Vanilla)	78 (3 cases + 6 individual containers)	9/2015	Marion County Public Health	Jessica Johnson 641-828-2238 x225
Neocate Junior	11 cans	9/2015	Mid Iowa Community Action	Sierra Steven 515-232-9020, ext. 105
Enfaport	14 - 8 oz cans	9/1/15	Broadlawns	Rose Logan 515-282-6717
Neocate Infant	20 cans	2: 11/2014 1: 1/2016 16: 2/2016 1: 8/2016	Mid Iowa Community Action	Sierra Stevens 515-232-9020, ext. 105
Powdered Pregestimil	5 cans	11/1/2015	Operation Threshold	Sue Burnett 319-292-1827
Powdered Nutramigen	3 Containers 8 Containers	11/2015 12/2015	Operation Threshold	Sue Burnett 319-292-1827
Powder Nutramigen	7 – 12.6 oz	11/1/2015	Mid-Sioux	Amy Kreber

Product	Quantity	Expiration Date	Agency	Contact
Toddler with Enflora LGG	Container 20 - 12.6 oz Container	2/1/2016	Opportunity	712-786-3488
RCF Concentrate	26- 13 oz cans	2/1/16	Broadlawns	Rose Logan 515-282-6717
Peptamen Junior 1.5 Cal	114 – 250 ml containers	3 – 6/2016	HACAP	Angela Munson 319-366-7632
Enfaport	17 – 6 packs of 6 oz containers	4/1/16	HACAP	Angela Munson 319-366-7632
Pediasure 1.5 cal Vanilla	65- 8oz cans	6/1/2016	Broadlawns	Rose Logan
Calcilo XD	1 can	2/2017	Broadlawns	Kathy Flagg 515-263-5660
Powder Infant EleCare Amino Acid Based Infant Formula with Iron	5 – 14.1 oz cans	3/2017	North Iowa Community Action	Janelle Pansegrau 641-423-5044 x35
Similac PM 60/40	7 cans	5/2017	Webster County	Kathy Josten 515-573-4107
Complete Amino Acid Mix	1 can	10/21/2017	Mid-Iowa Community Action	Sierra Steven 515-232-9020, ext. 105

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer

Infant-Child Nutrition Workshop-FFA Building Ankeny DMACC-Room 213

Tuesday, September 01, 2015

This workshop will help dietitians, nurses, health educators, and answer parent's questions about food intake, growth, and oral health for infants and children.

Agenda

8:30am to 9:00am	Registration
9:00am to 10:00am	Feeding Your Infant and Child
10:00am to 11:00am	Milk Feedings for Infants
11:00am to 11:15am	Break
11:15am to 12:15pm	Oral Health Recommendations Infancy through Childhood
12:15pm to 1:15pm	Lunch
1:15pm to 2:30pm	Working with Families with Special Health Care Needs
2:30pm to 2:45pm	Break
2:45pm to 3:45pm	Underweight Infants and Children
3:45pm to 4:45pm	Overweight Infants and Children
4:45pm	Adjourn

Speakers

Mary Kay Brinkman, RDH, BS Dental Consultant, Iowa Department of Public Health
Nikki Davenport, RD, LD, WIC Nutrition Services Coordinator, Iowa Department of Public Health
Kimberly Stanek, RD, LD, Nutrition Consultant, Iowa Department of Public Health
Jody Kealey, RD, LD, Nutrition Services Program Coordinator, Child Health Specialty Clinics

Objectives

After attending this workshop, you will be able to:

1. Describe current recommendations for feeding infants and children.
2. Describe stages of growth and nutrition needs for infants and young children.
3. Describe how stage of development relates to the introduction of solid foods.
4. List recommended practices for infant and child oral hygiene.
5. Discuss feeding and nutrition concerns for children with special health care needs.
6. Identify overweight and underweight children and suggest feeding guidelines.
7. Describe how stage of development relates to the introduction of solid foods.

General Information

Registration fee The registration fee for the workshop is \$40.00. This fee covers lunch, breaks and print materials.

Deadline Space is limited so pre-registration is required by August 26, 2015.

How to register You may register by

- Mail using the enclosed registration form or
- Telephone by calling (515) 964-6800 or 1-800-342-0033 or

Online at
<https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=search&oursetype=EVNT&searchInitLetter=>

Location The workshop will be held at the Ankeny campus of the Des Moines Area Community College. The workshop will be in the FFA Enrichment Center in Room 213.

Parking Parking is available at no charge. A map of the campus is enclosed. **Please notice the change in location. (See campus map.)**

CEUs

- Continuing education units have been requested for registered nurses through CRN #18408.
- Certificates of attendance will be provided to dietitians.
- In order to receive a certificate attendance for files, CEUs must be requested.

Infants attending Mothers may bring quiet breastfeeding babies less than 6 months of age to the workshops. Due to the professional nature of the sessions, mothers are expected to care for their babies outside the meeting room when needed. It may be easiest to bring a support person along to provide baby care outside the meeting room.

Continued on next page

General Information, Continued

Directions from Interstate 35 Follow these directions if you will be traveling to Ankeny on Interstate 35.

Step	Action
1	Exit the interstate at Exit 90 and turn west onto Oralabor Road (also known as Highway 160). <u>Note:</u> This exit is marked for the community college.
2	Move to the right lane and continue on Oralabor Road to the intersection with Highway 69.
3	Turn north (or right) onto Highway 69 and move to the left lane.
4	Continue on Highway 69 to the first stoplights and turn west into the campus.
5	Watch for signs to the Conference Center.

Directions from Interstate 80 Follow these directions if you will be traveling to Ankeny from Interstate 80.

Step	Action
1	Exit the interstate at Exit 136 and turn north onto Highway 69.
2	Move to the left lane and continue north on Highway 69 approximately three miles. At the intersection with Highway 160, you can see the campus across the intersection and to the left.
3	Continue north through the intersection. Turn west (left) at the next stoplight to enter the campus.
4	Watch for signs to the Conference Center.

Meeting sponsors

These workshops are sponsored by the

- Iowa WIC Program, Iowa Department of Public Health and
 - Bureau of Food and Nutrition and Transportation, Iowa Department of Education.
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Questions

Use the table below to determine who to call with questions.

IF you have questions about...	THEN call...
registration	(515) 964-6800.
the agenda	1 (800) 532-1579 and ask for Nikki or Kimberly

REGISTRATION

Infant & Child Nutrition Workshop

September 1, 2015

Name: _____ Daytime phone: _____
Address: _____ Social Security #: _____

Agency: _____

Please check the box below if you would like a vegetarian meal. The meal may contain dairy products.

_____ I would like a vegetarian meal

The registration fee is \$40 for the workshop. Please make checks payable to Des Moines Area Community College.

Temperature in this room may be variable, please bring a sweater. Please notice the change in location. This workshop is on the north end of campus in the FFA Enrichment Center in room 213.

Register online at

<https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=search&coursetype=E VNT&searchInitLetter=> or **Send this form and payment by August 26, 2015 to:**

Des Moines Area Community College
Registration Building 1
2006 Ankeny Blvd.
Ankeny, Iowa 50021

ANKENY CAMPUS

