

***Week ending issue: July 31, 2015 – Issue # 259***

### ***Policy***

#### **From the WIC Services Policy and Procedure Manual – 360.60 Infectious Disease Control, Hepatitis B and Bloodborne Pathogen Training continued....**

WIC agencies must have an exposure control plan that meets all of the regulations in the Federal Register 1910.1030. This includes an exposure plan for all employees including a post-exposure reporting and follow-up procedure and the filing of incident reports for any employee that may have been exposed.

Individuals with Hepatitis B must be reported to the Iowa Department of Public Health Hepatitis B Program at (515) 281-6493 or (800) 362-2736. Reporting of Hepatitis B is required by Iowa Code section 139A.3 and IAC 641, Chapter 1.

### ***Information***

#### **OB/GYN Outreach Plan**

The State WIC office has developed an outreach tool focusing on OB/GYN offices. This tool was developed after completing surveys with OB/GYN offices throughout the state. The tool provides ideas on how to connect with OB/GYN offices to help ensure that these offices are referring their clients to WIC. The tool can be found on the WIC Web Portal under the main page of the Resource section.

#### **Welcome Dena Dittmer!**

Dena Dittmer will be joining the State Office staff on Tuesday, August 4<sup>th</sup> as the Bureau Secretary 2 position. Dena has 25 years of customer service and administrative support experience. Most of this experience has been within county government in Warren County. She is accustomed to providing support to a large staff and has many years of experience answering busy and multiple phone lines. She is very excited about this opportunity and looks forward to joining our team. Welcome Dena!

#### **Infant-Child Nutrition Workshop**

The Infant-Child Nutrition Workshop will be taking place on September 1, 2015. Please see the draft agenda and registration information for the event at the end of the Friday Facts.

## “Breastfeeding and the Workplace: Success Takes a Team” Webinar

Please see the attached flyer at the end of this Friday Facts for information about an upcoming webinar on August 6, 2015 presented by the New York State WIC Program and the University at Albany School of Public Health. Viewers attending this webinar will gain a better understanding of the challenges that mothers and employers face and will learn strategies for providing meaningful support while complying with federal and state labor laws. Viewers will also learn what resources are available and where to find them.

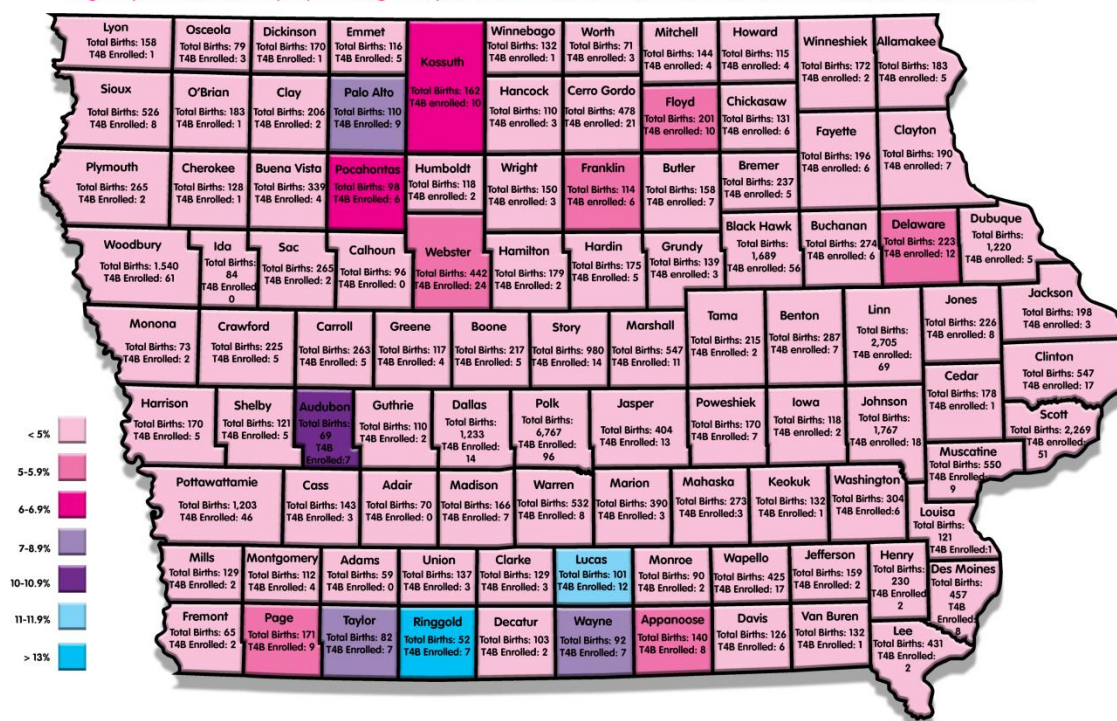
## Text4baby State Enrollment Contest

Let's help Iowa win the @Text4baby State Enrollment Contest! Help us get the word out to as many moms in your county as possible. All they have to do is text BABY (or BEBE) to 511411 to sign up for the FREE service! Visit [www.text4baby.org](http://www.text4baby.org) for more information.

# Hey IOWA!

### Can your county win the Text4baby 2015 State Enrollment Contest?

Spread the word about Text4baby, the nation's largest free mobile health service. Encourage pregnant or new moms to sign up for Text4baby by texting Baby or BEBE to 511411! Winners will be announced in November!



## *Thank you of the Week*

“Thank you to all of the WIC staff at new Opportunities Inc. for establishing the connection that oral health is a priority for everyone. The I-Smile dental hygienists really enjoy your partnership in promoting oral health to all of the clients you serve. We appreciate the time you take to educate and refer your clients to participate in the I-Smile services we offer. We are thankful for all you do and the opportunity to work as a team with you. Thank you for your support!”

Amy Hunziker- I-Smile Oral Health Coordinator

## *Participant Centered Services*

“WIC can be a powerful, life-changing place for parents when their greatest needs are met. But getting parents to open up and share their needs and concerns is sometimes a challenge. "Getting to the Heart of the Matter" provides simple, practical and fun tools for cutting through the clutter and identifying important topics to talk about with WIC clients.”

Check out their website at <http://www.gettingtotheheartofthematter.com/>

## *eWIC/Focus Update*

When working in IWIN, make sure to complete the Postpartum section on mom's pregnancy tab prior to entering the baby's birth and current anthropometric information. Completing the Postpartum section first will populate the weeks of gestation fields on the baby's Anthro tab. This information will be used for data conversion into Focus.

## *Find Us on Facebook*



<https://www.facebook.com/IowaWIC>

## *Dates to Remember*

**2015** \*\*\*\*note highlighted dates and topics indicate a change from the usual\*\*\*\*

### **New Employee Training Go-To Meeting**

- NETC Go-To- Meeting (All New Staff) – September 10, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – September 17, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - September 24, from 8:30- 11:30
  
- NETC Go-To- Meeting (All New Staff) – November 12, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – November 18, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - November 19, from 8:30- 11:30

**\*\*Please note the dates in November.**

## Core Trainings

- Infant/Child Nutrition: September 1, 2015
- Communication and Rapport: October 28, 2015

## Other

- WIC Contractor In Person Meeting: August 25, 2015
- eWIC Functional Demo: August 27, 2015 – 9:30 am – 11:30 am

## *Available Formula*

Product	Quantity	Expiration Date	Agency	Contact
Powdered Nutricia Neocate Infant DHA/ARA Amino Acid Based Infant Formula w/iron	5 cans	8/2015	North Iowa Community Action	Carla Miller 641-432-5044 x24
Nutren Jr. w/Fiber (Vanilla)	78 (3 cases + 6 individual containers)	9/2015	Marion County Public Health	Jessica Johnson 641-828-2238 x225
Enfaport	14 - 8 oz cans	9/1/15	Broadlawns	Rose Logan 515-282-6717
Powdered Pregestimil	5 cans	11/1/2015	Operation Threshold	Sue Burnett 319-292-1827
Powdered Nutramigen	3 Containers 8 Containers	11/2015 12/2015	Operation Threshold	Sue Burnett 319-292-1827
Powder Nutramigen Toddler with Enflora LGG	7 – 12.6 oz Container 20 - 12.6 oz Container	11/1/2015 2/1/2016	Mid-Sioux Opportunity	Amy Kreber 712-786-3488
RCF Concentrate	26- 13 oz cans	2/1/16	Broadlawns	Rose Logan 515-282-6717
Peptamen Junior 1.5 Cal	114 – 250 ml containers	3 – 6/2016	HACAP	Angela Munson 319-366-7632
Enfaport	17 – 6 packs of 6 oz containers	4/1/16	HACAP	Angela Munson 319-366-7632
Pediasure 1.5 cal Vanilla	65- 8oz cans	6/1/2016	Broadlawns	Rose Logan
Calcilo XD	1 can	2/2017	Broadlawns	Kathy Flagg 515-263-5660
Powder Infant EleCare Amino Acid Based Infant Formula with Iron	5 – 14.1 oz cans	3/2017	North Iowa Community Action	Janelle Pansegrau 641-423-5044 x35

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If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S.

Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer

## General Information

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<b>Registration fee</b>	The registration fee for the workshop is \$40.00. This fee covers lunch, breaks and print materials.
<b>Deadline</b>	Space is limited so pre-registration is required by August 26, 2015.
<b>How to register</b>	You may register by <ul style="list-style-type: none"><li>• Mail using the enclosed registration form or</li><li>• Telephone by calling (515) 964-6800 or 1-800-342-0033 or</li></ul> Online at <a href="https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=search&amp;oursetype=EVNT&amp;searchInitLetter=">https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=search&amp;oursetype=EVNT&amp;searchInitLetter=</a>
<b>Location</b>	The workshop will be held at the Ankeny campus of the Des Moines Area Community College. The workshop will be in the FFA Enrichment Center in Room 213.
<b>Parking</b>	Parking is available at no charge. A map of the campus is enclosed. <b>Please notice the change in location. (See campus map.)</b>
<b>CEUs</b>	<ul style="list-style-type: none"><li>• Continuing education units have been requested for registered nurses through CRN #18408.</li><li>• Certificates of attendance will be provided to dietitians.</li><li>• In order to receive a certificate attendance for files, CEUs must be requested.</li></ul>
<b>Infants attending</b>	Mothers may bring quiet breastfeeding babies less than 6 months of age to the workshops. Due to the professional nature of the sessions, mothers are expected to care for their babies outside the meeting room when needed. It may be easiest to bring a support person along to provide baby care outside the meeting room.

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*Continued on next page*

## General Information, Continued

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**Directions from Interstate 35** Follow these directions if you will be traveling to Ankeny on Interstate 35.

Step	Action
1	Exit the interstate at Exit 90 and turn west onto Oralabor Road (also known as Highway 160). <u>Note:</u> This exit is marked for the community college.
2	Move to the right lane and continue on Oralabor Road to the intersection with Highway 69.
3	Turn north (or right) onto Highway 69 and move to the left lane.
4	Continue on Highway 69 to the first stoplights and turn west into the campus.
5	Watch for signs to the Conference Center.

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**Directions from Interstate 80** Follow these directions if you will be traveling to Ankeny from Interstate 80.

Step	Action
1	Exit the interstate at Exit 136 and turn north onto Highway 69.
2	Move to the left lane and continue north on Highway 69 approximately three miles. At the intersection with Highway 160, you can see the campus across the intersection and to the left.
3	Continue north through the intersection. Turn west (left) at the next stoplight to enter the campus.
4	Watch for signs to the Conference Center.

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### Meeting sponsors

These workshops are sponsored by the

- Iowa WIC Program, Iowa Department of Public Health and
  - Bureau of Food and Nutrition and Transportation, Iowa Department of Education.
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### Questions

Use the table below to determine who to call with questions.

IF you have questions about...	THEN call...
registration	(515) 964-6800.
the agenda	1 (800) 532-1579 and ask for Nikki or Kimberly

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## Infant-Child Nutrition Workshop-FFA Building Ankeny DMACC-Room 213

**Tuesday, September 01, 2015**

This workshop will help dietitians, nurses, health educators, and answer parent's questions about food intake, growth, and oral health for infants and children.

### Agenda

8:30am to 9:00am	Registration
9:00am to 10:00am	Feeding Your Infant and Child
10:00am to 11:00am	Milk Feedings for Infants
11:00am to 11:15am	Break
11:15am to 12:15pm	Oral Health Recommendations Infancy through Childhood
12:15pm to 1:15pm	Lunch
1:15pm to 2:30pm	Working with Families with Special Health Care Needs
2:30pm to 2:45pm	Break
2:45pm to 3:45pm	Underweight Infants and Children
3:45pm to 4:45pm	Overweight Infants and Children
4:45pm	Adjourn

### Speakers

Mary Kay Brinkman, RDH, BS Dental Consultant, Iowa Department of Public Health  
Nikki Davenport, RD, LD, WIC Nutrition Services Coordinator, Iowa Department of Public Health  
Kimberly Stanek, RD, LD, Nutrition Consultant, Iowa Department of Public Health  
Jody Kealey, RD, LD, Nutrition Services Program Coordinator, Child Health Specialty Clinics

### Objectives

After attending this workshop, you will be able to:

1. Describe current recommendations for feeding infants and children.
2. Describe stages of growth and nutrition needs for infants and young children.
3. Describe how stage of development relates to the introduction of solid foods.
4. List recommended practices for infant and child oral hygiene.
5. Discuss feeding and nutrition concerns for children with special health care needs.
6. Identify overweight and underweight children and suggest feeding guidelines.
7. Describe how stage of development relates to the introduction of solid foods.

## REGISTRATION

### Infant & Child Nutrition Workshop

September 1, 2015

Name: \_\_\_\_\_ Daytime phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Agency: \_\_\_\_\_

**Please check the box below if you would like a vegetarian meal. The meal may contain dairy products.**

\_\_\_\_\_ I would like a vegetarian meal

The registration fee is \$40 for the workshop. Please make checks payable to Des Moines Area Community College.

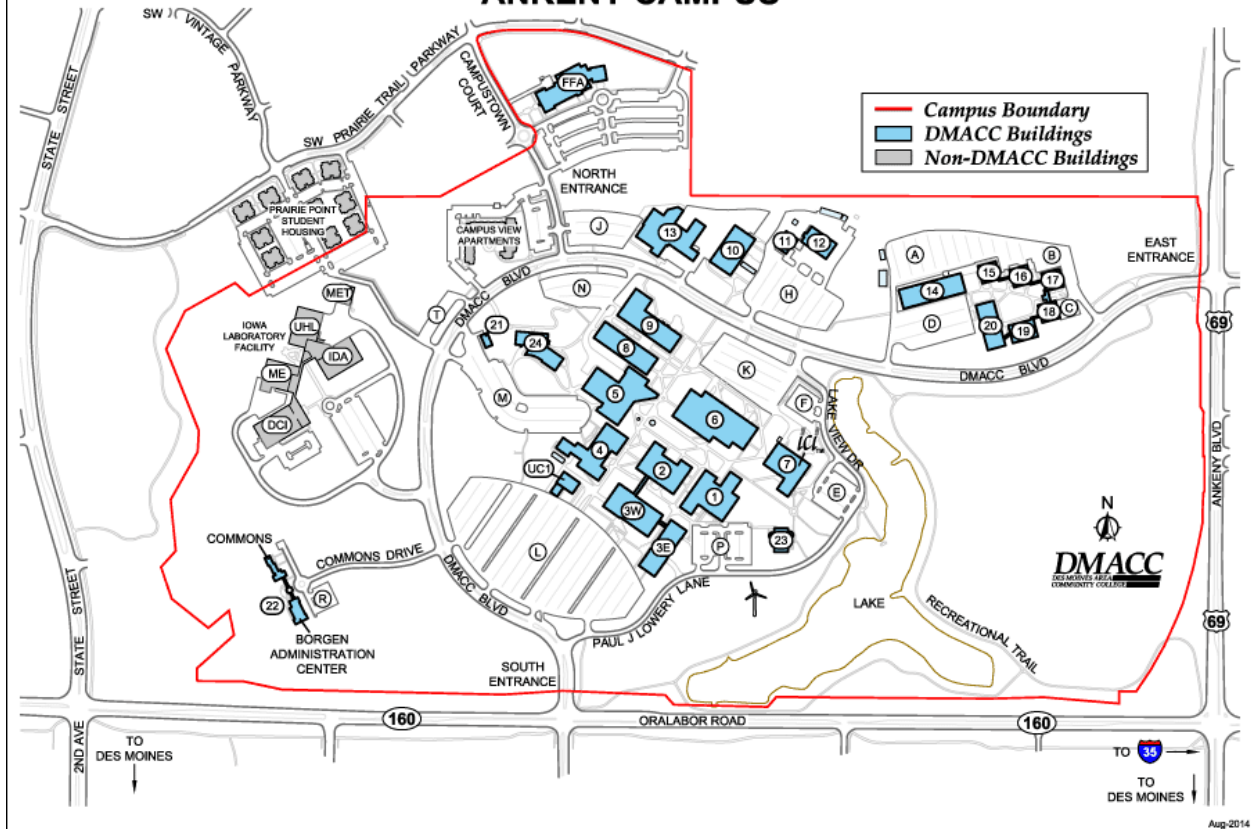
**Temperature in this room may be variable, please bring a sweater. Please notice the change in location. This workshop is on the north end of campus in the FFA Enrichment Center in room 213.**

**Register online at**

<https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=search&coursetype=EVNT&searchInitLetter=> or **Send this form and payment by August 26, 2015 to:**

Des Moines Area Community College  
Registration Building 1  
2006 Ankeny Blvd.  
Ankeny, Iowa 50021

# ANKENY CAMPUS





## ***Breastfeeding Grand Rounds 2015***

# **Breastfeeding and the Workplace: Success Takes a Team**

**Thursday, August 6, 2015, 8:30am - 10:30am EDT**

### **Cathy Carothers, BLA, IBCLC, FILCA**

Co-Director, Every Mother, Inc.

### **Ruth Lawrence, MD**

Professor of Pediatrics, Obstetrics, and Gynecology,  
University of Rochester School of Medicine and Dentistry

Federal and state laws require employers to support breastfeeding women in the workplace. Research shows that employers want to support employees who are breastfeeding, yet are often unsure of the basic requirements for supporting breastfeeding mothers. Evidence shows that women are more likely to continue breastfeeding when their employer has supportive policies and practices in place. In addition to employers, breastfeeding mothers need support from family members, child care and health care providers.

The 2015 Breastfeeding Grand Rounds will feature nationally recognized speakers, Cathy Carothers, co-director of Every Mother, Inc. and Dr. Ruth Lawrence, Professor of Pediatrics, Obstetrics, and Gynecology, University of Rochester School of Medicine and Dentistry. The speakers will discuss the importance of supporting breastfeeding mothers and the challenges mothers and employers face in doing so. New York State and federal laws and regulations will be reviewed. Strategies and creative solutions to comply with state and federal regulations will be featured. Speakers will share available resources and discuss the impact that child care and health care provider support has on breastfeeding success for working mothers.

Viewers will also learn about the breastfeeding friendly designation program for child care centers in New York State and hear directly from employers, mothers and child care providers.

### **Registration**

To register for this FREE webcast, log on to:

**[www.albany.edu/sph/cphce/bfgr15.shtml](http://www.albany.edu/sph/cphce/bfgr15.shtml)**