



**Week ending issue: July 11, 2014 – Issue #219**

## ***Policy***

### **From the WIC Services Policy and Procedure Manual – 330.10 Local WIC Agency Data System Guidelines**

Local WIC agencies must have safeguards in place to assure that participant information, food instruments, and equipment are secure. A local WIC agency data system security plan should be in place and reviewed each year. Appropriate changes should be made to the plan as needed.

Local WIC agencies are required to use and document clinic services and program benefits in the Iowa WIC Information Network (IWIN) data system. The applicant may not substitute any other data system for the Iowa WIC Program. Local WIC agencies are expected to establish routine procedures to assure the security and quality of electronic records, food instruments and data reports. State WIC office staff will also conduct data system reviews on a regular basis.

Local WIC agencies are required to have access to local computer support services to assist with troubleshooting local hardware and internet access issues. This may be agency staff or a contract with a local computer company.

## ***Information***

### **New Updates to CDC's Teen Pregnancy Prevention Web site**

For new updates to CDC's Teen Pregnancy Prevention Web site, see flyer at end of Friday facts.

## ***Resources***

### **National Vital Statistics Report**

A data resource that might interest you is the National Vital Statistics Report,

[http://www.cdc.gov/nchs/data/nvsr/nvsr63/nvsr63\\_02.pdf](http://www.cdc.gov/nchs/data/nvsr/nvsr63/nvsr63_02.pdf) Birth trends that might be of interest are:

- The number of births for the United States was 3,957,577, slightly more births (4,736) than in 2012.
- The birth rate for teens aged 15-19 declined 10% in 2013 to 26.6 birth s per 1,000 women.
- The preterm birth rate fell for the seventh year in a row to 11.38% in 2013.
- The low birthweight rate was essentially unchanged at 8.02%.

### **Medications in Pregnancy & Lactation: Updates for WIC Nutritionists**

Below is the link for a recent presentation from WIC WORKS presented by California WIC entitled: Medications in Pregnancy and Lactation: Updates for WIC Nutritionists:

<http://calwic.org/events/wic-works-webinars>

## WIC 40<sup>th</sup> Anniversary Trivia

### WIC 40<sup>th</sup> Anniversary Trivia Week #9

#### Week #8 questions **with answers in bold**:

- What former WIC Director went on to write the book, Eat Fat, Be Healthy: When A Low Fat Diet Can Kill You? **Matthew Bayan who was the Iowa WIC Director from 1994-1996.**
- Iowa WIC is in the Mountain Plains WIC Region, what ten states make up our region? **The Mountain Plains WIC region in addition to the ten states (which was the trivia question) also includes ten Indian Tribal Organizations (ITOs) which are their own state agency. ITOs are both the state agency as well as the local agency.**

State		ITO
Colorado		Northern Arapaho, Wyoming
Iowa		Cheyenne River Sioux Tribe, South Dakota
Missouri		Three Affiliated, North Dakota
North Dakota		Omaha Nation, Nebraska
South Dakota		Rosebud Sioux Tribe, South Dakota
Kansas		Santee Sioux Nation, Nebraska
Nebraska		Eastern Shoshone, Wyoming
Montana		Standing Rock Sioux Tribe, North Dakota
Wyoming		Ute Mountain Ute Tribe, Colorado
Utah		Winnebago Tribe, Nebraska

- A participant can get two half-gallons of milk if their check specifies the one gallon size? **False**

#### Week # 9 questions:

- WIC participants can use “cents-off” coupons for items they are buying with their WIC checks? True or False
- SMA was an approved WIC item on the program in the 1980’s. What kind of product is SMA?
- How did Iowa grocery stores get reimbursed for WIC vouchers in the 1970’s?

#### Join the fun with Trivia:

Consider writing up a few trivia questions that would pertain to WIC in general or would be appropriate state wide and send them to Holly at [holly.szcodronski@idph.iowa.gov](mailto:holly.szcodronski@idph.iowa.gov) or fax to 515-281-4913. Your trivia will appear in a Friday Facts issue this summer with credit given to the person or agency submitting the trivia questions.

## Find Us on Facebook



<https://www.facebook.com/IowaWIC>

## Dates to Remember

### 2014

- Final Food Rule Changes for Local Agency Staff Training – September 10 at Noon
- Final Food Rule Changes for Local Agency Staff Training – September 15 at 8 a.m.
- 2014 Iowa WIC Training – October 9

### New Employee Training Go-to-Meeting

- NETC Go-To-Meeting (Health Professional) – July 17, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – July 24, from 8:30-11:30
- NETC Go-To-Meeting (All new staff) – September 11, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – September 18 , from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – September 25, from 8:30-11:30
- NETC Go-To-Meeting (All new staff) – November 6, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – November 13, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – November 20, from 8:30-11:30

### Core Trainings

- Infant/Child: August 28, 2014
- Communication and Rapport: October 29, 2014

### Contractor's Meetings

- August 26 - 10:00 a.m. - 3:00 p.m.

## Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Pregestimil	1 can (16 oz) Powder 10 cans (16 oz) Powder	7/2014 9/2014	Upper Des Moines Opportunity	Tammy Chapman 712-859-3885 Ext. 110
Pediasure Peptide 1.0 cal 8 oz RTU	19 cans 6 case and 18 cans	8/2014 12/2014	HACAP	Angela Munson 319-393-7811
Powder Vanilla Ketocal 4:1 Powder Vanilla Ketocal 4:1 Powder Vanilla Ketocal 4:1	8 containers -11 oz 1 container -11 oz 4 containers -11 oz	8/10/14 9/28/14 11/1/14	Webster County	Kathy Josten 515-573-4107
Boost Breeze	24 8-oz containers	11/19/14	Broadlawns	Rose Logan 515-281-6716
Elecare Jr Vanilla Powder	4 can 1 can	9/2014 10/2014	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488
Elecare Jr Unflavored Powder	1 case/6 cans each	1/2015	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488

<b>Product</b>	<b>Quantity</b>	<b>Expiration Date</b>	<b>Agency</b>	<b>Contact</b>
Elecare Jr Unflavored Powder	2 cases/6 cans each	2/2015	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488
Vanilla Pediasure 1.5 Calorie w/Fier	3 cases (24 cans/case)	2/2015	MICA	Sierra Meyer 515-232-9020 x105
Elecare Jr Unflavored Powder	2 cases/6 cans each	5/2015	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488
Powdered Nutricia Neocate Infant DHA/ARA Amino Acid Based Infant Formula w/iron	5 cans	8/2015	North Iowa Community Action	Carla Miller 641-432-5044 X24
Duocal Powder	2 cans 1 can	8/2015 6/2015	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488
EleCare Jr. Unflavored, powder	12 cans, 14.1 oz	11/2015	Siouxland	Allyson Woltman 712-279-6636
Duocal	1 can – 14 oz	4/2016	Mid-Sioux Opportunity	Glenda Heyderhoff 712-786-3417

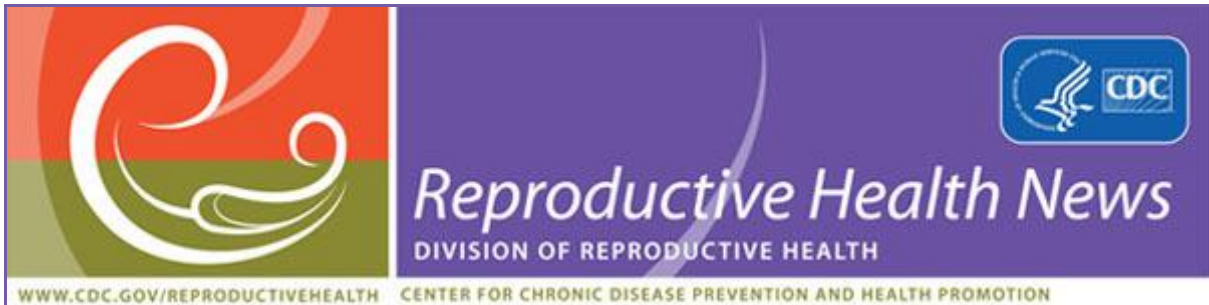
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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

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**CDC's Division of Reproductive Health is pleased to announce updates and new items on our Teen Pregnancy Prevention Web site**

- [New Web page especially for teens](#), designed with input from teens!

- New items on our page for [Health Care Providers](#):

- Revised teen-friendly clinic graphic available for download, printing and distribution.
- Video with CDC's Dr. Denise Jamieson discussing how health care professionals can help further reduce teen pregnancy rates.



- Final 2012 teen birth data are now available on the [About Teen Pregnancy](#) Web page.

- Updated Data & Stats Feature: [Teen Birth Rates Drop, but Disparities Persist](#).

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