The Update

September 2013

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Teen Birth Rates at a New Low

Teenage pregnancy rates have significantly declined since 2007, according to a recent report by the National Center for Health Statistics in the Centers for Disease Control and Prevention. Overall, teen pregnancy rates have decreased by more than 50% since 1991, and decreased by 6% from 2011 to 2012. This decrease applies to all racial/ethnic groups, with Hispanics seeing the largest decrease (39%). Historically, minorities have experienced higher rates of teen pregnancies than white teens, but this gap appears to be narrowing based on data from this report. Increased use of evidence-based teen pregnancy prevention programs may be a primary reason behind the reduction in teen birth rates, among other factors. See page 2 for information on Iowa's adolescent Personal Responsibility Education Program (PREP).

Reference:
Manlove, J., Berger, A., & Cook, E. (2013, September 11). *Dramatic declines in teen birth rates: Closing the gap between racial and ethnic groups.* Child Trends. Retrieved from http://www.childtrends.org/dramatic-declines-in-teen-birth-rates-closing-the-gap-between-racial-and-ethnic-groups/.

What is The Update?

Click here for an important note on interactivity!

Important Stuff

The Iowa Health & Wellness Plan

Click on the buttons below to learn more about Iowa's alternative to Medicaid Expansion with the Affordable Care Act!

What is it?

Who is Eligible and What is Covered?

Marketplace Choice Plan

Health & Wellness Plan Waivers

Interim Committee Meetings

Each year, legislators develop interim committees to discuss issues in between legislative sessions. Legislators have selected 10 topics to discuss this year, two of which are particularly applicable to MCH/FP agencies (click on the boxes below for more information). These meetings are always open to the public, and often include time for public comment. Legislators expect to hear from people outside their district, and welcome "real world" stories they hear from Iowans impacted by the issue being studied.

1.) Mental Health & Disability Services Redesign - Fiscal Viability Study Committee

2.) Integrated Health Care Models & Multi-Payer Delivery Systems Study Committee

BFH Fall Seminar

The Bureau of Family Health Fall Seminar is just a few short weeks away! This year's conference will focus on Developing Collective Impact Around Maternal/Child Health and Family Planning. Highlights of this year's conference include welcoming remarks from Julie McMahon, a presentation from Elisabeth Buck and Angie Doyle Scar, and a World Café session in which attendees will have an opportunity to attend 4-5 brief discussions on a variety of topics. The MCH/FP Contractor's Meeting will take place on the second day, and post-conference meetings inclue 101 or 201 Motivational Interviewing, ***hawk-i*** Outreach Meeting, Family Planning Directors' Meeting, and the 1st Five Consortium.

The conference will be held at the West Des Moines Marriott, 1250 Jordan Creek Pkwy, West Des Moines, IA 50266 (map) on October 1st and 2nd, 2013. **Register now!**

Please click here to view a preliminary conference agenda.

Iowa's PREP Program

The Personal Responsibility Education Program (PREP) provides comprehensive sexuality education to adolescents, ages 10-19, that is medically accurate, culturally and age-appropriate, and evidence-based. PREP is implemented in Iowa with the goal of assisting youth to reduce their risk of unintended pregnancy, HIV/AIDS, and other sexually transmitted infections. PREP also addresses other topics to prepare young people for a successful adulthood, including healthy relationships, adolescent development, and healthy life skills. Since the beginning of 2012, five agencies in seven Iowa counties have delivered PREP programming to more than 700 youth!

With funding managed through IDPH, local contractors deliver PREP in multiple high risk counties in Iowa: Black Hawk, Cerro Gordo, Clinton, Des Moines, Pottawattamie, Scott, and Woodbury. Iowa's PREP contractors continue to reach out to local schools and youth organizations as potential sites for PREP implementation. If you are located in one of the counties listed above and would like youth in your area to receive PREP programming, please contact Addie Rasmusson at addie.rasmusson@idph.iowa.gov or 515.281.6071.

Since the beginning of 2012, five agencies in seven Iowa counties have delivered PREP programming to more than 700 youth!

Bureau of Family Health: 1-800-383-3826
Teen Line: 1-800-443-8336
Healthy Families Line: 1-800-369-2229
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Area code is 515

Calendar at a Glance

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 BFH Fall Seminar	3	4	5
6	7	8	9	10	11 School Nurse Conference	12
13	14 ACEs Summit	15	16	17	18	19
20	21	22	23 PCA Outreach and Enrollment Seminar	24	25	26
27	28	29 CAReS/CH Training	30	31		

We Need Your Feedback!

Do you like what you see in The Update, or have suggestions for improvement? Please take a moment to fill out this short survey to let us know what you think. We would love to hear how The Update can be enhanced to improve communication surrounding maternal and child health and family planning. There will also be hard copy surveys available at the BFH Fall Seminar.

Click here to take the survey!

MiHOPE

IDPH's MIECHV team is excited to announce that twelve Iowa MIECHV sites have been selected for inclusion in the MiHOPE national evaluation. This is a fantastic opportunity not only for the state of Iowa, but also for the Early Head Start and Healthy Families America models and for the organizations that operate the models in Iowa. If you are interested to learn more about MiHOPE or the sites selected for the evaluation, please feel free to contact one of the MIECHV team members!