



***Week ending issue: June 14, 2013 – Issue #177***

## ***Policy***

### **From the WIC Services Policy and Procedure Manual – 215.72 Medical and Religious Exemptions to Blood Tests**

Blood tests are not performed by WIC when the applicant:

- Is less than 6 months old,
- Has religious beliefs that prohibit having blood drawn, or
- Will be harmed by the finger stick because of a medical condition such as:
  - Hemophilia
  - Osteogenesis imperfecta (fragile bones), or
  - Serious skin disease.

These applicants must have other qualifying risk factors in order to be found eligible for WIC services.

When a medical condition precludes testing at the WIC clinic, document this exception by selecting “Medical condition” for the data system field, “No test performed reason.”

Alternatives for obtaining bloodwork data include the following:

- Obtain referral data from the applicant’s health care provider, or
- Refer the applicant to a laboratory with personnel trained to collect blood from persons with medical conditions.

Note: Referral to a laboratory is an allowable WIC expense, but is not recommended except in extreme circumstances due to cost. The applicant cannot be required to pay for the testing.

If a blood test is not performed because of the applicant’s religious beliefs, document the applicant’s refusal by selecting “Religious statement” for the data system field, “No test performed reason.”

## ***Information***

### **“Learn the Signs Act Early” - Autism Spectrum Disorders**

One of the goals of the Learn the Signs Act Early Autism project conducted last year was to reproduce some of the handouts in languages, other than English that are most commonly spoken in Iowa. These languages are Spanish, Vietnamese, Arabic, Bosnian, and Laotian.

The ASD FACT SHEET, the WHAT TO DO IF YOU SUSPECT... ASD, and the WHAT TO DO IF ... DIAGNOSED WITH AN ASD handouts have been translated into the five languages mentioned above. The handouts and the English versions are now available at no cost as a PDF download from the Child Health Specialty Clinics website at the link below.

<http://www.chsciowa.org/regional-autism-services-program.asp>

### **Listeria**

The following link will take you to an article from CDC's Vitalsigns about Listeria.

<http://www.cdc.gov/vitalsigns/listeria/index.html>

## ***Training***

### **Infant-Child Nutrition Workshop – August 29, 2013**

This workshop will help dietitians, nurses, health educators, and child care providers answer parent's questions about food intake, growth, and oral health (*see information at end of Friday Facts*).

## ***Dates to Remember***

### **2013**

- Contractor's Meeting – August 20, 2013
- Infant and Child Core Workshop – August 29, 2013
- Communication and Rapport Building Workshop – October 29, 2013

### **New Employee Training Go-to-Meeting**

- NETC Go-To-Meeting (Health Professional)– June 20, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – June 27, 2013 from 8:30-11:30
- NETC Go-To-Meeting (All new staff) – August 8, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – August 15, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – August 22, 2013 from 8:30-11:30
- NETC Go-To-Meeting ( All new staff) – October 10, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – October 17, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – October 24 from 8:30-11:30

## Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Peptamen, Jr. (vanilla)	24 – 8.45 oz cartons	6/20/13	Webster County Health Dept.	Kathy Josten 515-573-4107
Infant Neocate Chocolate Neocate Jr.	3 cans	6/21/13	HACAP	Debby Hildebrand 319-393-3368
Pediasure Enteral, Vanilla (24 – 8 oz cans per case)	2 case	7/2013	Mid Iowa Community Action	Sierra Meyers 515-282-9020
Neocate	8 cans	8/18/13	Edgerton	McKenzie Taets 563-823-9228
Elecare	8 cans	4/2014	Women's Health/Scott Co	
EleCare Jr. Unflavored	1 containers – 14.1 oz	8/2013	New Opportunities	Brenda Densmore 712-830-1329
Portagen	5 containers – 16 oz	8/2013		
EleCare Jr Vanilla	3 cans	8/2013	Upper DsM Opportunity	Janet DeLoughery 712-580-4269
Peptamen, Jr. (vanilla)	76 – 8.45 oz cartons	8/22/13	Webster County Health Dept.	Kathy Josten 515-573-4107
KetoCal 4:1 ratio Powder	6 containers	8/29/13	Webster County Health Dept.	Kathy Josten 515-573-4107
Neosure RTU	2 cases (6-1Q) plus 3 bottles	1/2014	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488
Elecare Junior Unflavored powder	3 cans 6 cans	7/2014 12/2014	Broadlawns	Rose Logan 515-282-6717

## Infant-Child Nutrition Workshop

Thursday, August 29, 2013

This workshop will help dietitians, nurses, health educators, and child care providers answer parent's questions about food intake, growth, and oral health.

### Agenda

8:30am to 9:00am	Registration
9:00am to 10:00am	Feeding Your Infant and Child
10:00am to 11:00am	Milk Feedings for Infants
11:00am to 11:15am	Break
11:15am to 12:15pm	Oral Health Recommendations Infancy through Childhood
12:15pm to 1:15pm	Lunch
1:15pm to 2:30pm	Working with Families with Special Health Care Needs
2:30pm to 2:45pm	Break
2:45pm to 3:45pm	Underweight Infants and Children
3:45pm to 4:45pm	Overweight Infants and Children
4:45pm	Adjourn

### Speakers

Mary Kay Brinkman, RDH, Dental Consultant, Iowa Department of Public Health  
Patricia Hildebrand, MS, RD, LD, WIC Nutrition Services Coordinator, Iowa Department of Public Health

Kimberly Stanek, RD, LD, Nutrition Consultant, Iowa Department of Public Health  
Jody Kealey, RD, LD, Nutrition Services Program Coordinator, Child Health Specialty Clinics

### Objectives

After attending this workshop, you will be able to:

1. Describe current recommendations for feeding infants and children.
2. Describe stages of growth and nutrition needs for infants and young children.
3. Describe how stage of development relates to the introduction of solid foods.
4. List recommended practices for infant and child oral hygiene.
5. Discuss feeding and nutrition concerns for children with special health care needs.
6. Identify overweight and underweight children and suggest feeding guidelines.
7. Describe how stage of development relates to the introduction of solid foods.

## General Information

---

**Registration fee** The registration fee for the workshop is \$40.00. This fee covers lunch, breaks and print materials.

---

**Deadline** Space is limited so pre-registration is required by August 23, 2013.

---

**How to register** You may register by

- Mail using the enclosed registration form or
- Telephone by calling (515) 964-6800 or 1-800-342-0033.

---

**Location** The workshop will be held at the Ankeny campus of the Des Moines Area Community College. The workshop will be in the Conference Center — Building 7 in the Maple and Oak Rooms.

---

**Parking** Parking is available at no charge. A map of the campus is enclosed.

---

**CEUs**

- Continuing education units have been requested for registered nurses through CRN #18148.
- Certificates of attendance will be provided to dietitians.
- In order to receive a certificate attendance for files, CEUs must be requested.

---

**Infants attending** Mothers may bring quiet breastfeeding babies less than 6 months of age to the workshops. Due to the professional nature of the sessions, mothers are expected to care for their babies outside the meeting room when needed. It may be easiest to bring a support person along to provide baby care outside the meeting room.

---

*Continued on next page*

## General Information, Continued

---

**Directions from Interstate 35** Follow these directions if you will be traveling to Ankeny on Interstate 35.

Step	Action
1	Exit the interstate at Exit 90 and turn west onto Oralabor Road (also known as Highway 160). <u>Note:</u> This exit is marked for the community college.
2	Move to the right lane and continue on Oralabor Road to the intersection with Highway 69.
3	Turn north (or right) onto Highway 69 and move to the left lane.
4	Continue on Highway 69 to the first stoplights and turn west into the campus.
5	Watch for signs to the Conference Center.

---

**Directions from Interstate 80** Follow these directions if you will be traveling to Ankeny from Interstate 80.

Step	Action
1	Exit the interstate at Exit 136 and turn north onto Highway 69.
2	Move to the left lane and continue north on Highway 69 approximately three miles. At the intersection with Highway 160, you can see the campus across the intersection and to the left.
3	Continue north through the intersection. Turn west (left) at the next stoplight to enter the campus.
4	Watch for signs to the Conference Center.

---

### Meeting sponsors

These workshops are sponsored by the

- Iowa WIC Program, Iowa Department of Public Health and
  - Bureau of Food and Nutrition and Transportation, Iowa Department of Education.
- 

### Questions

Use the table below to determine who to call with questions.

IF you have questions about...	THEN call...
registration	(515) 964-6353.
the agenda	1 (800) 532-1579 and ask for Jill

---

## REGISTRATION

### Infant & Child Nutrition Workshop

August 29, 2013

Name: \_\_\_\_\_ Daytime phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Agency: \_\_\_\_\_

**Please check the box below if you would like a vegetarian meal. The meal may contain dairy products.**

\_\_\_\_\_ I would like a vegetarian meal

The registration fee is \$40 for the workshop. Please make checks payable to Des Moines Area Community College.

**Temperature in this room may be variable, please bring a sweater.**

Send this form and payment by **August 24, 2013** to:

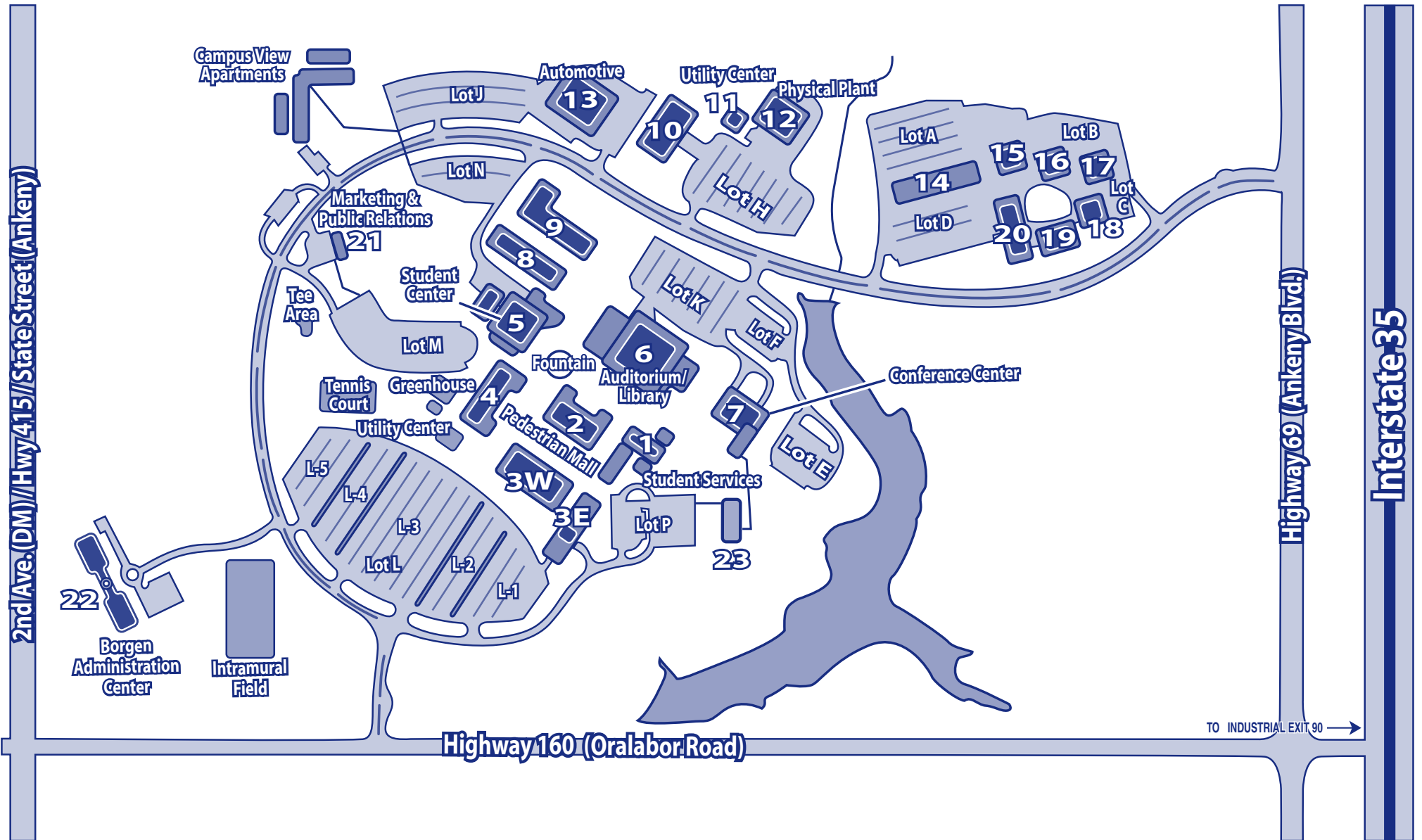
Des Moines Area Community College  
Registration Building 1  
2006 Ankeny Blvd.  
Ankeny, Iowa 50021



# DMACC

DES MOINES AREA  
COMMUNITY COLLEGE

## Ankeny Campus



TO INDUSTRIAL EXIT 90 →