



***Week ending issue: May 31, 2013 – Issue #176***

## ***Policy***

### **Policy 310.05 – Hiring Agency Personnel**

Maintain documentation in the agency personnel files of qualifications of all CPAs (dietitians, nutrition educators, registered nurses, physicians and/or physician assistants). Acceptable documentation includes a copy of a letter, certificate or card listing the Iowa license number for dietitians, registered nurses, physicians, and physician assistants.

Appropriate documentation for nutrition educators would be a college transcript.

The license number of each dietitian must be submitted to the State office within 30 days of employment.

## ***Information***

### **Similac Total Comfort**

Similac is releasing a new formula that will be eligible for a rebate called Similac Total Comfort. It will be available in stores this spring. It features 100% partially hydrolyzed whey protein and 98% less lactose than Similac Advance. It also contains DHA, prebiotics, and lutein and is being marketed for the infant “experiencing discomfort due to persistent feeding issues”.

Due to the fact that this product will become a contract formula eligible for a rebate and it contains similar features (i.e. hydrolyzed whey protein and reduced lactose) to Gerber Good Start Gentle and Enfamil Gentlease the Iowa WIC Program will be discontinuing the issuance of both Gerber Good Start Gentle and Enfamil Gentlease when Similac Total Comfort becomes available.

Therefore, beginning June 3rd any client you see who needs more checks and has been receiving Gerber Good Start Gentle or Enfamil Gentlease will need to have their food package changed to Similac Total Comfort. Similac Total Comfort will become available in IWIN beginning Monday June 3<sup>rd</sup> and, at the same time, Gerber Good Start Gentle and Enfamil Gentlease will be discontinued.

## *Reports*

### **Outreach Report**

The Outreach Report in IWIN lists contact information for participants for the selected clinic who are still enrolled at the end of the month after the batch termination job has been run. Enrolled is defined as Active WIC Status. Active participants not receiving Food Instruments (FIs) are listed on the report. This includes breastfeeding women who are more than 6 months postpartum and not receiving FIs for themselves and infants not receiving FIs. Information on the report includes the participant name, parent/guardian name, telephone number, alternate phone number, birth date, participant type, and address.

## *Resources*

### **Produce Quick Reference Guide**

A document has been created between WIC, the Supplemental Nutrition Assistance Program (SNAP), and the Iowa Department of Agricultural Land Stewardship (IDALS) to help distinguish what produce can be bought with the different programs. The document is titled “Produce Quick Reference Guide” and can be found at the end of this Friday Facts. It is also posted on the WIC website on the Families Home page under Frequently Asked Questions.

## *Dates to Remember*

### **2013**

- Contractor’s Meeting – August 20, 2013
- Infant and Child Core Workshop – August 29, 2013
- Communication and Rapport Building Workshop – October 29, 2013

### **New Employee Training Go-to-Meeting**

- NETC Go-To-Meeting ( All new staff) – June 13, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Health Professional)– June 20, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – June 27, 2013 from 8:30-11:30
- NETC Go-To-Meeting (All new staff) – August 8, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – August 15, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – August 22, 2013 from 8:30-11:30
- NETC Go-To-Meeting ( All new staff) – October 10, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – October 17, 2013 from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) – October 24 from 8:30-11:30

## Available Formula

<b>Product</b>	<b>Quantity</b>	<b>Expiration Date</b>	<b>Agency</b>	<b>Contact</b>
Peptamen, Jr. (vanilla)	24 – 8.45 oz cartons	6/20/13	Webster County Health Dept.	Kathy Josten 515-573-4107
Infant Neocate Chocolate Neocate Jr.	3 cans	6/21/13	HACAP	Debby Hildebrand 319-393-3368
Pediasure Enteral, Vanilla (24 – 8 oz cans per case)	2 case	7/2013	Mid Iowa Community Action	Sierra Meyers 515-282-9020
EleCare Jr. Unflavored	1 containers – 14.1 oz	8/2013	New Opportunities	Brenda Densmore 712-830-1329
Portagen	5 containers – 16 oz	8/2013		
EleCare Jr Vanilla	3 cans	8/2013	Upper DsM Opportunity	Janet DeLoughery 712-580-4269
Peptamen, Jr. (vanilla)	76 – 8.45 oz cartons	8/22/13	Webster County Health Dept.	Kathy Josten 515-573-4107
KetoCal 4:1 ratio Powder	6 containers	8/29/13	Webster County Health Dept.	Kathy Josten 515-573-4107
Enfagrow Gentlease Toddler formula 24 ounce powder	1	11/01/13	Operation Threshold	Nancy Anderson 319-292-1827
Neosure RTU	2 cases (6-1Q) plus 3 bottles	Jan – 14	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488

**Produce Quick Reference Guide**  
For detailed guidelines, refer to the agency administering the program.



See Notes 1,2



[Iowa Department of Public Health](#)



Food Assistance (SNAP) 1,3



[Iowa Department of Human Services](#)




WIC & Senior Farmers Market Nutrition Programs 1,4,5,6



[Iowa Department of Agriculture and Land Stewardship](#)

Administered by:	<a href="#">Iowa Department of Public Health</a>	<a href="#">Iowa Department of Human Services</a>	<a href="#">Iowa Department of Agriculture and Land Stewardship</a>
Apples	✓	✓	✓
Apricots	✓	✓	✓
Artichokes	▲	✓	
Asparagus	✓	✓	✓
Avocados	▲	✓	
Bananas and Plantains	▲	✓	
Beans	✓	✓	✓
Beets	✓	✓	✓
Berries	✓	✓	✓
Bok Choy	✓	✓	✓
Broccoli	✓	✓	✓
Brussels Sprouts	✓	✓	✓
Cabbage	✓	✓	✓
Carrots	✓	✓	✓
Cauliflower	✓	✓	✓
Celery	▲	✓	
Cherries	✓	✓	✓
Coconut	▲	✓	
Cucumbers	✓	✓	✓
Currants	✓	✓	✓
Dragon fruit	▲	✓	
Edamame	✓	✓	✓
Eggplant	✓	✓	✓
Grapefruit	▲	✓	
Grapes	✓	✓	✓
Greens	✓	✓	✓
Guava	▲	✓	
Jicama	▲	✓	
Kale	✓	✓	✓
Kiwi	▲	✓	
Kohlrabi	✓	✓	✓
Leeks	✓	✓	✓
Lemons	▲	✓	
Lettuce	✓	✓	✓
Lychees	▲	✓	
Limes	▲	✓	
Mangoes	▲	✓	
Melons	✓	✓	✓
Nectarines	▲	✓	
Okra	✓	✓	✓
Onions	✓	✓	✓
Oranges	▲	✓	
Papaya	▲	✓	
Parsnips	✓	✓	✓
Passion fruit	▲	✓	
Peaches	✓	✓	✓
Pears	✓	✓	✓
Peas	✓	✓	✓

			
Peppers	✓	✓	✓
Persimmons	✓	✓	✓
Plums	✓	✓	✓
Pomegranates	▲	✓	
Potatoes		✓	✓
Pumpkins	✓	✓	✓
Radicchio	✓	✓	✓
Radishes	✓	✓	✓
Rhubarb	✓	✓	✓
Rutabaga	✓	✓	✓
Shallots	✓	✓	✓
Spinach	✓	✓	✓
Squash	✓	✓	✓
Star fruit	▲	✓	
Sweet Corn	✓	✓	✓
Sweet Potato	✓	✓	✓
Swiss Chard	✓	✓	✓
Tomatillos	✓	✓	✓
Tomatoes	✓	✓	✓
Turnips	✓	✓	✓
Watercress	✓	✓	
Yams	✓	✓	✓
Zucchini	✓	✓	✓
Nuts		✓	
Basil		✓	✓
Chives		✓	✓
Cilantro		✓	✓
Dill		✓	✓
Garlic		✓	✓
Mint		✓	✓
Oregano		✓	✓
Parsley		✓	✓
Rosemary		✓	✓
Sage		✓	✓
Tarragon		✓	✓
Thyme		✓	✓
Food Bearing Plants		✓	
Food Bearing Seeds		✓	

▲ Indicates item can be purchased with the WIC cash value voucher check only at an authorized grocery store.

**NOTE:**

1. Decorative or ornamental pumpkins cannot be purchased with WIC, SNAP, FMNP, or SFMNP benefits.
2. Only fresh and/or frozen non-processed item can be purchased with WIC benefits.
3. Hot prepared food or drink not allowed for purchase with SNAP benefits.
4. Potato refers to common or white potatoes and its derivatives and cultivars.
5. Locally produced, pure, unpasteurized honey is eligible with SFMNP vouchers.
6. Only fresh, unprocessed and locally grown produce can be purchased with FMNP or SFMNP vouchers.