

MASSAGE THERAPIST

Licensing Authority Phyllis Prall
Board of Massage Therapy Examiners
Iowa Department of Public Health
Lucas State Office Bldg 5th Fl
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Des Moines IA 50319-0075
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Legal Authority Code of Iowa, Chapter 152C; Iowa Administrative Code, 645, Chapters 130-132

Job Description Performs massage, myotherapy, massotherapy, body work, body work therapy, or therapeutic massage including hydrotherapy, superficial hot and cold applications, vibration and topical applications, or other therapy which involves manipulation of the muscle and connective tissue of the body, excluding osseous tissue, to treat the muscle tonus system for the purpose of enhancing health, muscle relaxation, increasing range of motion, reducing stress, relieving pain, or improving circulation.

Education & Experience Required An applicant must successfully complete a curriculum of massage education approved by the department at an approved school, including at least 500 hours of instructor-supervised in-classroom instruction. The school curriculum must include 100 hours of anatomy and physiology, basic first aid, cardiopulmonary resuscitation (CPR), and 400 hours of other subjects relating directly to development of the skills, knowledge, and attitudes necessary to render competent professional massage therapy to the public.

Massage therapists from other states seeking a license to practice massage therapy in Iowa will be considered on an individual basis. Issuance of a reciprocal license to licensees of states with license requirements equal to or exceeding those of Iowa will be considered after the applicant provides an official statement from each state board of examiners in which the applicant is currently or formerly licensed. Information should include the status of the applicant's license, issue date, expiration date, any information regarding any pending or prior investigations or disciplinary action, and a statement outlining the licensure requirements. A certified copy of the scores from the appropriate professional examination must be sent to the Department, if applicable.

Continuing Education Twelve hours of continuing education are required biennially for license renewal. This extends two years from the anniversary date of the original license.

Examination The applicant must show proof of passing the National Certification Examination for Therapeutic Massage and Bodywork. The department may consider applications that do not appear on their face to meet statutory or rule requirements on a case-by-case basis if the requirements may be alternatively satisfied by demonstrated equivalency.

Fees Application: \$100 (issued by examination or endorsement)
Duration: Two years (from the anniversary date of the original license)
Renewal: \$100
Exam: Arranged by applicant and paid to The National Board for Therapeutic Massage and Bodywork

SOC Code, Title, & Avg. Hourly Wage 31-9011 – Massage Therapists (\$11.71)

Number of Licenses Issued Total number of licenses active as of December 31, 2001: 1,634

For Additional Information Iowa Department of Public Health Web site:
<http://www.idph.state.ia.us/licensure>