

DIETITIAN

Licensing Authority Phyllis Prall
Board of Dietetic Examiners
Iowa Department of Public Health
Lucas State Office Bldg 5th Fl
321 E 12th St
Des Moines IA 50319-6959
Phone: (515) 281-6959
Fax: (515) 281-3121
E-mail: pprall@idph.state.ia.us

Legal Authority Code of Iowa, Chapter 152A; Iowa Administrative Code 645, Chapters 79-83

Job Description Dietitians evaluate the nutritional needs of individuals and groups, then advise and assist them on appropriate diets based upon principles from the sciences of nutrition, biochemistry, physiology, food management, and behavioral or social sciences. They confer with physicians and other health professionals to coordinate medical and nutritional needs. They must ensure that nutritional needs are consistent with available resources and constraints; establish goals and priorities; provide counseling in health and disease; and evaluate and change recommendations to continually provide the best standards of food quality and nutrition.

A dietitian may work in a hospital, clinic, public health program, extended care facility, university, business, government agency, or private practice. The major areas of practice are clinical, community, management, and consultant dietetics. Dietitians in nursing homes or small hospitals may also manage the food service department.

Education & Experience Required A dietitian must have a baccalaureate degree with major course work in human nutrition, food and nutrition, dietetics, nutrition education or food systems management or an equivalent major course of minimum academic requirements as established by the American Dietetic Association and approved by the board; complete a documented, supervised experience of no less than 900 hours under an approved licensed dietitian, a registered dietitian, or an individual with a doctoral degree with a major in nutrition; pass the National Registration Exam and be registered with the Commission on Dietetic Registration (CDR).

Applicants who have obtained their education outside the U.S. and its territories must have their academic degrees validated as equivalent by an accredited college or university.

Continuing Education Thirty hours of continuing education are required biennially for license renewal.

Examination The registration exam is written and is given by the Commission on Dietetic Examination. Applicants make arrangements to take this test.

Fees Application:\$100
Duration: Two years
Renewal: \$100
Exam: Arranged by applicant, paid to the American Dietetic Association

SOC Code, Title, & Avg. Hourly Wage 29-1031 – Dietitians and Nutritionists (\$17.26)

Number of Licenses Issued Total number of licenses active as of December 31, 2001: 1,005

For Additional Information Iowa Department of Public Health Web site:
<http://www.idph.state.ia.us/licensure>

American Dietetic Association
216 W Jackson Blvd
Chicago IL 68004
(800) 877-1600
<http://www.eatright.org>

Iowa Dietetic Association
3103 Valley Dr
Sioux City IA 51104
Phone: (712) 234-0547