



Week ending issue: January 4, 2013 – Issue #163

Policy

From the WIC Certification Manual - 215.14 Precertification of Pregnant Women What You Need to Know About WIC & Your Pregnancy

WIC is a food and nutrition education program for women, infants, and children. That's just what your family may need now with a new baby on the way. Good nutrition is important for a healthy pregnancy.

You will receive checks to buy milk, cheese, eggs, juice, cereal and other whole grain options, dried legumes, peanut butter, fruits and vegetables.

WIC will help you have a healthy pregnancy. If you would like to know more about breastfeeding, WIC can answer questions. WIC will also help you:

- Eat better,
- Stretch your food dollars, and
- Find out where to get health care.

You can apply for WIC right now! Here are the steps:

- We will ask some questions about you,
- You will review the form and sign it,
- We will fax the form to the local WIC Program, and
- WIC staff will review the form to see if you are eligible. The WIC staff will contact you if they have any questions, so make sure your address and phone number are correct.

If you are eligible for WIC, you will get WIC checks in the mail in 5-7 days. Or, if you prefer, you can go to the WIC clinic to pick up the checks.

If you are not eligible, you will receive a notice in the mail. Call the WIC Program with questions or to make an appointment to reapply.

You must keep a WIC appointment soon to stay on WIC.

Reports

Summary of Participant Appointments by Appointment Type

The Summary of Participant Appointments by Appointment Type is an IWIN report found under the Scheduler Reports section. This report provides information about the number of each appointment type for the state and each agency's clinic for a specified time period. The report also shows a percentage which provides the proportion of appointments scheduled for each appointment type compared to all scheduled appointments.

EBT Update

eWIC

WIC EBT in Iowa will now be referred to as eWIC. This was done to help distinguish WIC EBT from SNAP EBT (Supplemental Nutrition Assistance Program). Look for eWIC with future correspondence about WIC EBT!

Dates to Remember

2012

- Contractor's Meeting – January 29, 2013
- New Employee Training Course – February 27 & 28, 2013
- Maternal and Breastfeeding Core Workshops – March 27-28, 2013
- New Employee Training Course – April 29 & 30, 2013
- New Employee Training Course – June 26 & 27, 2013
- Contractor's Meeting – August 20, 2013
- New Employee Training Course – August 27 & 28, 2013
- Infant and Child Core Workshop – August 29, 2013
- Communication and Rapport Building Workshop – October 29, 2013
- New Employee Training Course – October 30 & 31, 2013

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Compleat Pediatric Unflavored	4 cases (24 – 8.45 oz. cans per case)	2/4/2013	New Opportunities	Sharon MacDonald Williams 712-830-1329
Pediasure Peptide 1.5 Cal Vanilla	1 case (24 RTU containers) 3 cases (72 RTU containers)	3/1/2013 6/1/2013	Broadlawns	Rose Logan 515-282-5800
Peptamen Jr. with fiber	36 - 8 - oz	3/1/2013	Mid Sioux Opportunity	Glenda Heyderhoff 712-786-3488

Product	Quantity	Expiration Date	Agency	Contact
Bright Beginnings Soy Vanilla flavor	8 oz RTU cans in cases of 6 17 cases (102 cans)	3/2013 and 2/2013	Siouxland District Health Department	Jean Sterner 712-279-6636
Pediasure 1.0 Enteral	1 case (24 cans)	7/1/2013	Pott County	Kris Wood 712-238-5886
EleCare Jr. Unflavored Portagen	1 containers – 14.1 oz 5 containers – 16 oz	8/2013 8/2013	New Opportunities	Sharon McDonald Williams 712-830-1329
KetoCal 4:1 ratio Powder	6 containers	8/29/2013	Webster County Health Dept.	Kathy Josten 515-573-4107
Enfagrow Gentlease Toddler formula 24 ounce powder	1	11/1/2013	Operation Threshold	Nancy Anderson 319-292-1827
Elecare Unflavored	8 containers 14.1 oz powdered	4/1/2014	Edgerton Women's Health	Jen Clasen 563-359-6635
Elecare Jr 14.1 ounce powder	2	9/1/2014	Operation Threshold	Nancy Anderson 319-292-1827