



Week ending issue: October 5, 2012, Issue #155

Policy

From the WIC Program Goals Manual - 215.12 A Your Rights and Responsibilities as a WIC Participant

I understand that:

- I am encouraged to participate in the health services and nutrition education provided by my local agency.
- The standards for eligibility and participation in the WIC Program are the same for everyone, regardless of race, color, national origin, age, handicap, or sex.
- I can file a complaint if I believe I have been treated unfairly.
- I can appeal any decision made by the local agency about my eligibility.

As a WIC participant:

- I can get WIC checks from only one local agency at a time.
- I will use my WIC checks only to buy approved WIC foods.
- I will bring my WIC checks back to the clinic if changes are needed. I will not alter my WIC checks.
- I will be removed from the program if I do not use my checks for three months in a row.
- I cannot get food from the Polk County Commodity Supplemental Food Program for any family member who gets WIC benefits.
- I understand that my record can be read by staff of the Iowa Department of Public Health.
- I understand that my name, address, phone number, and date of birth can be shared with the local Head Start agency and with local and state public health agencies that also serve persons eligible for the WIC Program. This will make it easier for my family to receive information about other services.
- I have read or been advised of my rights and responsibilities. I have provided correct information about my eligibility for this federal program. Program officials may verify the information I provided. I know that if I lie or hide facts to get WIC foods that I am not eligible to receive, I may be required to repay the cash value of those foods and may be subject to civil or criminal prosecution under state and federal law.

Information

Health Care Days

Join us for a free webinar as part of the annual Health Cares about Domestic Violence Day!

Webinar: School-based Health Services, Adolescent Health and Anticipatory Guidance for Domestic Violence/Sexual Assault

Date and time: Wednesday, October 10, 2012; 11:00 AM – 12:30 PM CST (9:00 AM – 10:30 AM PST)

Pre-register: <http://bwjp.ilinc.com/register/cmbtfrc>

Featured speakers:

• Elizabeth Miller, MD, PhD

Chief, Division of Adolescent Medicine

Children's Hospital of Pittsburgh, University of Pittsburgh Medical Center

• Erica Bisgyer Monasterio, MN, FNP-BC

Clinical Professor of Pediatrics and Nursing,

Division of Adolescent Medicine and Department of Family Health Care Nursing

University of California, San Francisco

Description: For one in five U.S. teen girls, the most vivid memories of high school will not be her junior prom or a favorite history teacher. Instead, 20% of teen girls will remember the abuse inflicted by someone they were dating.

Teens experiencing relationship abuse are more likely to report unhealthy diet behaviors, engage in substance abuse, and report having suicidal thoughts. Given these sobering facts, adolescent relationship abuse (ARA) is a major health concern facing teens today, and health care providers have a unique role to play in preventing it. Not only can they provide valuable prevention messages to help their patients build healthy relationships, but medical professionals are also uniquely positioned to help those exposed to abuse access the resources they need.

Clinical settings that serve adolescents in particular, such as confidential teen clinics and school health centers, are strategic sites for adolescent health promotion, prevention, and intervention. Unfortunately, the standard-of-care within adolescent health settings does not currently include specified protocols to assess for or intervene to reduce ARA. This webinar will provide participants with strategies and tools to provide universal education on safe, consensual and healthy relationships, as well as models for trauma-informed responses to disclosures of ARA.

Dates to Remember

2012

- 2012 Iowa WIC Training – October 26, 2012
- Communication and Rapport Building Core Workshop – October 30, 2012
- Contractor's Meeting – January 29, 2013
- New Employee Training Course – January 31, 2013
- Maternal and Breastfeeding Core Workshops – March 27-28, 2013
- New Employee Training Course – April 30, 2013
- New Employee Training Course – July 30, 2013
- Contractor's Meeting – August 20, 2013
- Infant and Child Core Workshop – August 29, 2013

- Communication and Rapport Building Workshop – October 29, 2013
- New Employee Training Course – October 30, 2013

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Enfaport Lipil 8 oz RTU, 30 cal/fl oz	1 case (24 cans) + 4 cans	12/1/2012	Edgerton Women's Health	Jen Clasen 563-359-6635
Bright Beginnings Soy Vanilla flavor	8 oz RTU cans in cases of 6 17 cases (102 cans)	3/2013 and 2/2013	Siouxland District Health Department	Jean Sterner 712-279-6636
Pediasure 1.0 Enteral	1 case (24 cans)	7/1/2013	Pott County	Kris Wood 712-238-5886
EleCare Jr. Unflavored Portagen	1 containers – 14.1 oz 5 containers – 16 oz	8/2013 8/2013	New Opportunities	Sharon McDonald Williams 712-830-1329
Elecare Unflavored	8 containers 14.1 oz powdered	4/1/2014	Edgerton Women's Health	Jen Clasen 563-359-6635
Compleat Pediatric Unflavored	5 cases (24 – 8.45 oz. cans per case)	1 – Nov 2012 4 – Feb 2013	New Opportunities	Sharon MacDonald Williams 712-830-1329