

Week ending issue: September 21, 2012 – Issue # 153

Policy

From the WIC Program Goals Manual - 215.12 Certification Appointment Process

Policy Priority II infants who were precertified must complete a certification appointment at the WIC clinic in order to continue receiving benefits.

Using previous income data If the certification appointment is completed within 30 days of the precertification, it is acceptable to import the previous income determination data and use it.

Check issuance If the certification appointment occurs in the same calendar month as the precertification, checks can only be issued for the following months.

Example: Precertification was completed on 10/1 with checks issued for October. The next certification appointment is on 10/26; checks can be issued for November, December, and/or January based on the FI Issuance Period recorded in the infant's electronic record.

Failed appointments If the infant does not return for the certification appointment, print a Notice of Termination form and mail it to the parent/guardian. Check the following reason for termination:

– Failed to reapply

Enclose a Notice of Missed Appointment.

Information

What is PRAMS?

The Iowa Department of Public Health (IDPH) has received a grant from the Centers for Disease Control and Prevention (CDC) to gather information about the behaviors and experiences of new moms in the first two to six months after delivery. The Pregnancy Risk Assessment Monitoring System (PRAMS) focuses on health behaviors of women before and during pregnancy.

The survey asks new mothers questions about their pregnancy and their new baby to give IDPH information about moms' well-being before, during and after pregnancy and the families' access to

prenatal, newborn and well-baby care. The PRAMS survey will be conducted by a mailed questionnaire, and a follow-up phone survey. If there is no response to repeated mailings, women are contacted and interviewed by telephone. Approximately 1,800 women will be randomly selected among all new moms in Iowa each year. Mailed questionnaires will start arriving in mailboxes October 1; so if women have delivered a baby by then, it's possible they could receive the survey.

Currently, 40 states and New York City participate in the CDC-funded PRAMS survey. For more information about PRAMS, visit www.cdc.gov/prams/index.htm.

Why is PRAMS important for Iowa moms and babies?

- PRAMS provides data for state health officials to use to improve the health of mothers and infants.
- PRAMS allows Iowa to monitor changes in maternal and child health indicators including unintended pregnancy, prenatal care, breastfeeding, smoking, drinking and infant health.
- PRAMS enhances information from birth certificates used to plan and review Iowa's maternal and infant health programs.
- The PRAMS sample is chosen from all women who had a live birth recently, so findings can be applied to the state's entire population of women who have recently delivered a live-born infant.
- PRAMS not only provides Iowa-specific data but also allows comparisons among participating states because the same data collection methods are used in all states.

Resources

Benzocaine

At the last infant/child workshop, Heather Miller presented information concerning benzocaine. The FDA has issued a warning to consumers about the use of benzocaine, the main ingredient in over-the-counter liquids and gels used to reduce teething pain in very young children. More information can be found at:

<http://www.webmd.com/parenting/baby/news/20110505/fda-warns-about-teething-medication>

Training

Communication & Rapport Building Skills Workshop-October 30, 2012

A quality WIC nutrition assessment contains elements of both art and science to collect, evaluate and interpret the information provided by participants. Effective communication and rapport building skills foster a sense of trust and help build a relationship between participants and WIC staff. When participants are engaged in the assessment through dialogue and feedback, quality information is collected for the assessment that contributes to individualized services addressing specific client needs and interests. The interactive workshop required for new WIC nurses and dietitians will strengthen communication and rapport building skills.

Please register by October 15, 2012- registration information can be found at the end of the Friday Facts.

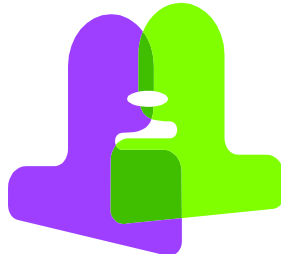
Dates to Remember

2012

- 2012 Iowa WIC Training – October 26, 2012
- Communication and Rapport Building Core Workshop – October 30, 2012
- Contractor’s Meeting – January 29, 2013
- New Employee Training Course – January 31, 2013
- Maternal and Breastfeeding Core Workshops – March 27-28, 2013
- New Employee Training Course – April 30, 2013
- New Employee Training Course – July 30, 2013
- Contractor’s Meeting – August 20, 2013
- Infant and Child Core Workshop – August 29, 2013
- Communication and Rapport Building Workshop – October 29, 2013
- New Employee Training Course – October 30, 2013

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Enfaport Lipil 8 oz RTU, 30 cal/fl oz	1 case (24 cans) + 4 cans	12/1/2012	Edgerton Women’s Health	Jen Clasen 563-359-6635
Bright Beginnings Soy Vanilla flavor	8 oz RTU cans in cases of 6 17 cases (102 cans)	3/2013 and 2/2013	Siouxland District Health Department	Jean Sterner 712-279-6636
Pediasure 1.0 Enteral	1 case (24 cans)	7/1/2013	Pott County	Kris Wood 712-238-5886
EleCare Jr. Unflavored Portagen	1 containers – 14.1 oz 5 containers – 16 oz	8/2013 8/2013	New Opportunities	Sharon McDonald Williams 712-830-1329
Elecare Unflavored	8 containers 14.1 oz powdered	4/1/2014	Edgerton Women’s Health	Jen Clasen 563-359-6635
Compleat Pediatric Unflavored	5 cases (24 – 8.45 oz. cans per case)	1 – Nov 2012 4 – Feb 2013	New Opportunities	Sharon MacDonald Williams 712-830-1329



Communication & Rapport Building Skills Workshop October 30, 2012

A quality WIC nutrition assessment contains elements of both art and science to collect, evaluate and interpret the information provided by clients. Effective communication and rapport building skills foster a sense of trust and help build a relationship between clients and WIC staff. When clients are engaged in the assessment through dialogue and feedback, quality information is collected for the assessment that contributes to individualized services addressing specific client needs and interests. This interactive workshop for WIC nurses and dietitians will strengthen communication and rapport building skills.

Agenda

- 8:30 Registration
- 9:00 Setting the Stage for Quality Nutrition Assessments
- 9:15 Strengthening Your Questioning Skills with OARS
- 10:15 Stretch Break
- 10:30 Using Stages of Change in Nutrition Assessment
- 11:30 Lunch
- 12:30 Guiding Clients Toward Lifestyle Change: Motivational Interviewing
- 1:45 Putting the MI Pieces Together: Case Study
- 2:15 Stretch Break
- 2:30 Overcoming Barriers to Effective Communication
- 3:30 Using Effective Nonverbal Communication Techniques
- 4:00 Summary & CEUs

Speakers

Patricia Hildebrand, MS, RD, LD, Community Health Consultant, IDPH
Kimberly Stanek, RD, LD, Community Health Consultant, IDPH
Brandy L. Benedict, M.B.A., Management Analyst, IDPH

This workshop is sponsored by the Iowa Department of Public Health (IDPH), WIC Program.

Objectives

- Define rapport building and describe its use in nutrition assessment.
- Describe how to use the OARS approach in nutrition assessment.
- Identify a participant's stage of change and suggest appropriate counseling strategies.
- Identify barriers to communication and develop strategies to overcome them.
- Demonstrate non-verbal communication techniques that result in positive communication.
- Suggest at least one way to use the assessment ruler in nutrition assessment and counseling.

Location

The workshop will be held at the Ankeny campus of the Des Moines Area Community College. The workshops will be in the Conference Center — Building 7 in the Maple and Oak Rooms. Parking is available at no charge. A map of the campus and directions to the campus are attached to this agenda.

Registration

The registration fee for each workshop is \$40.00. This fee covers lunch, breaks and print materials. You may register by:

- Mail using the enclosed registration form or
- Telephone by calling (515) 964-6800 or 1-800-342-0033.

Space is limited to 45 participants. Pre-registration is required by October 22.

This event would only be cancelled due to natural or political catastrophes with notice provided to all registrants via phone and email.

Continuing Education

- 0.62 CEUs have been approved for nurses through Nursing Provider Number 22.
- Certificates of attendance will be provided to dietitians.

To receive a certificate of attendance, nurses and dietitians must attend the session in full.

Breastfed Infants Welcome

Mothers may bring quiet breastfeeding babies less than 6 months of age to the workshops. Due to the professional nature of the sessions, mothers are expected to care for their babies outside the meeting room when needed. Mothers are strongly encouraged to bring a support person along to provide baby care outside the meeting room.

Questions?

If you have questions about registration, please call (515) 964-6353. For questions about the agenda, please call (800) 532-1579 and ask for Pat.

REGISTRATION

Communication & Rapport Building Skills Workshop
AHNE 993 CRN 18744

October 30, 2012

Name: _____

Address: _____

Agency: _____

Daytime phone: _____

Social Security #: _____

Email address: _____

The registration fee is \$40 for this workshop. Please make checks payable to Des Moines Area Community College.

Send this form and payment by October 22, 2012 to:

Des Moines Area Community College
Registration Building 1
2006 Ankeny Blvd.
Ankeny, Iowa 50021



DMACC

DES MOINES AREA
COMMUNITY COLLEGE

Ankeny Campus

