



The Update is a bi-weekly web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted the second and fourth week of every month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

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Teen Survival Guide

Health Tips for On-the-Go Girls

The *Teen Survival Guide* is a publication provided by the U.S. Department of Health and Human Services, Office of Women's Health and provides girls with answers to questions they might be too embarrassed to ask. Some of these questions include:

- "Does chocolate cause pimples?"
- "What do I do if the kids at school make fun of me?"
- "Can I get a sexually transmitted disease from kissing?"



The guide also provides information on the following topics:

- Taking care of your reproductive health
- Taking care of a beautiful you, inside and out
- Feeling good about yourself
- Taking charge of your world
- Planning your future

You can also look to this guide for helpful information. It offers:

- teen tips
- activities
- fun quizzes
- a glossary of new words
- questions from young women

For additional information about this booklet, go to www.girlshealth.gov, or download the booklet at www.girlshealth.gov/teenguide. The booklet can also be ordered, free-of-charge, by calling 1-800-994-9662.

Bureau of Family Health Grantee Committee Meeting

The next Bureau of Family Health Grantee Committee meeting will be held via a GoToWebinar on April 19, 2012 from 9-11:30 a.m. A draft agenda and minutes from the January meeting are available on pages 6-10 of **The UPdate**.

This is a required meeting for Bureau of Family Health grantee agencies.

Reserve your Webinar seat now at www1.gotomeeting.com/register/508582777. After registering you will receive a confirmation email containing information about joining the Webinar.

System Requirements for PC-based attendees

Windows® 7, Vista, XP or 2003 Server

Macintosh®-based attendees

Required: Mac OS® X 10.5 or newer



Iowa ACEs Summit

The Iowa ACEs steering committee invites you to be part of a statewide learning forum with other Iowa educators and practitioners across multiple disciplines, business leaders, philanthropists and policy makers to learn about the groundbreaking research on the impact of toxic stress on early brain architecture and its link to poor health outcomes across the lifespan.

This exciting opportunity brings together science with practical applications for real world use, and will be held in Des Moines at the Sheraton West Hotel on the afternoon of June 11, from 12:30-4:30 p.m.

Featured presenters include:

- **Dr. Robert Anda**, a world renowned researcher in the area of chronic disease epidemiology and co-principal investigator of the Adverse Childhood Experience Study and a senior research consultant to the Center for Disease Control and Prevention.

Dr. Anda will present his findings that unpack underlying root causes behind youth and adult depression, anxiety, and suicide, as well as other leading diseases and disabilities that affect everyday workplace, home, school and community environments.

The ACE study is one of the largest, on-going evaluations ever conducted that demonstrates the biomedical link between childhood experiences and later-life health and well-being.

- **Laura Porter**, director of the Washington State Family Policy Council.

Laura will share the Washington State model working to address ACE-related issues. With 10+ years of community and state level implementation, this model shows promising results in ACE-related reductions. The findings she will share have multiple applications across disciplines for Iowa communities.

continued on next page

Iowa ACEs Summit continued

The ACEs summit planning consortium is made up of the Mid-Iowa Health Foundation, United Way of Iowa, Iowa Department of Public Health, Child and Family Policy Center, Iowa Health System-Des Moines, Prevent Child Abuse Iowa, Child Guidance Center and Des Moines Public Schools.

We are honored to have Dr. Anda and Laura Porter in Iowa and hope you will join us for an afternoon filled with thought-provoking information and ideas!

For more information or to register, go to page 11 of The UPdate.



American Home Finding Association

Cordially invites you

To attend a retirement reception

In honor of

TOM LAZIO

Celebrating 45 years of service

To children and families

Sunday, April 15, 2012

2:00 until 5:00 pm

(Recognition 3:00 pm)

Hotel Ottumwa - Grand Ballroom

107 E. 2nd St., Ottumwa

Calendar

March 29-30

Maternal and Breastfeeding Nutrition Core Workshops

April 17-18, 2012

2012 Iowa Governor's Conference on Public Health
Scheman Conference Center, Ames

April 19, 2012

***Bureau of Family Health Grantee Committee Meeting**
9-11:30 a.m., GoToWebinar

* Required meeting

APRIL

Contract Required Due Dates

1 - Change CARES Password

12 - FP Client Visit Records

15 MH & CH Chart Audit -
Direct Care Services

15 - FP Chart Audit

15 - Electronic Expenditure
Workbooks

19 - Grantee Committee
Meeting

27 Export WHIS Records to
IDPH

30 Dental Data Report

30 *hawk-i* Outreach
Quarterly Progress Report



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Teen Line: 1-800-443-8336

Healthy Families Line: 1-800-369-2229

FAX: 515-242-6013

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Area code is 515

BFH Grantee Committee Meeting
April 19, 2012
9 a.m. – 11:30 a.m.
GoToMeeting

*BFH Required Meeting

Agenda

| | | |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| 9:00 a.m. | Call to Order Introductions & Roll Call Approval of Minutes | <i>Cari Spear</i> <i>Cari Spear</i> |
| 9:15 a.m. | Announcements Bureau Updates Fall Seminar | <i>Gretchen Hageman</i> <i>Andrew Connet</i> |
| 9:25 a.m. | Budget/Legislative Update | <i>Julie McMahon</i> |
| 9:35 a.m. | Medical Home/Prevention and Chronic Care Management Advisory Council and ACO's - Linkages with LBOH - What one local agency is doing | <i>Abby McGill/</i> <i>Angie Doyle Scar</i> <i>Presenter TBD</i> <i>Presenter TBD</i> |
| 10:15 a.m. | MCH Consultation & TA Workgroup | <i>Melissa Ellis</i> |
| 10:35 a.m. | Perinatal Depression Consultation Services | <i>Steph Trusty</i> |
| 10:45 a.m. | Home Visiting Update | <i>Janet Horras</i> |
| 11:00 a.m. | CAReS Update Follow-Up | <i>Marcus Johnson-Miller</i> |
| 11:15 a.m. | Agenda Items for Next Meeting Adjournment | <i>Cari Spear</i> |

*This is a required meeting for Bureau of Family Health contractors (Maternal Health, Child Health, and Family Planning).

BFH GRANTEE COMMITTEE MEETING

Date: January 19, 2012

Time: 9-11 a.m.

GoToWebinar

Members Present:

Allen Memorial Hospital: Sandy Kahler*

American Home Finding: Tracey Boxx-Vass*, Lacey Dickey

Black Hawk County Child Health Department: Rhonda Bottke*, Ann-Marie Nielsen, Kim Howard, Arlene Prather O’Kane, Marianne Hickey, Tina Kuper, Crystal Schmitz

Crawford County Home Health Agency: Kim Fineran*, Jennifer Muff

Family Inc.: Sarah Zach*

Hawkeye Area Community Action Program: Gloria Witzberger*

Hillcrest Family Services: Sherry McGinn*

Johnson County Dept. of Public Health: Chuck Dufano*, Erica Wagner

Lee County Health Dept.: Michele Ross*, Melissa Calvillo

Marion County Public Health: Kim Dorn*, Rachel Cecil

MATURA Action Corporation: Mary Groves*

Mid-Iowa Community Action: Kate Pergande*, Mary Greene

Mid-Sioux Opportunity, Inc.: Cindy Harpenau*

New Opportunities: Paula Klocke*

North Iowa Community Action Org.: Lisa Koppin*

Northeast Iowa Community Action: Lori Egan*

Scott County Health Dept.: JaNan Less*, Tanya Smith, Tiffany Tjepkes

Siouxland Community Health Center: Sheila Martin

Siouxland District Health Department: Linda Drey*, Mona Scaletta

Southern Iowa Family Planning: Mary Pratt*

St. Luke’s Family Health Center: Val Campbell*

Taylor County Public Health: Joan Gallagher*

Trinity Muscatine: Mary Odell*

Visiting Nurse Assoc. of Dubuque: Nan Colin*, Molly Lammers, Jacquie Zwack, Therese Maiers

Visiting Nurse Services of Iowa: Zoe Prevette*, Sarah Black, Stacy Jobes, Mary O’Brien

Warren County Health Services: Jodene DeVault*

Washington County PHN Service: Chrystal Woller*, Jen Weidman, Peggy Wood, Edie Nebel

Webster County Public Health: Kari Prescott*

*Voting Representative

Minutes

Handouts included: Agenda; October 16, 2011 Meeting Minutes, IME Related Issues Powerpoint, The Check-Up Newsletter, Social Determinants of Health Issue Brief, Community Utility Issue Brief, Understanding Iowa Exchanges, HBE Planning Grant

| TOPICS | KEY DISCUSSION POINTS/OUTCOMES |
|----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Call to Order <i>Heather Hobert-Hoch</i> | <ul style="list-style-type: none">Meeting called to order at 9 a.m. Cari Spear was unable to attend today, Heather Hobert-Hoch will chair today’s meeting. |
| Approval of Minutes | <ul style="list-style-type: none">The October 16, 2011 Grantee Meeting Minutes were presented for approval. Motion for approval was made by Cindy Harpenau and seconded by Jodene DeVault. Motion approved. |

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| <p><u>Announcements</u> Department Updates <i>Gretchen Hageman</i></p> <p>Perinatal Depression Resource <i>Heather Hobert-Hoch</i></p> | <ul style="list-style-type: none"> • Several legislative initiatives have come up so far this session. • Esha Steffen was hired in November and is the new EHDI short-term follow-up coordinator. • Addie Rasmusson has accepted the PREP (Personal Responsibility Education Program) coordinator position. • Sarah Mauch has accepted the PRAMS coordinator position. • Listening post feedback is being addressed by the MCH Technical Assistance and Consultation workgroup. MCH contract agency personnel serving on committee include: Mary Groves, Michele Ross, Chrystal Woeller, Sandy Kahler, Mary Odell and Cindy Harpenau. <ul style="list-style-type: none"> • A brochure is available for providers working with pregnant and new moms called <i>A Provider's Guide to Perinatal Depression</i>. Order by contacting Heather Hobert-Hoch. • Go to www.beyondtheblues.info for information about a consultation services available and additional resources. |
| <p>CAReS Update <i>Erin Parker</i></p> | <p>New CAReS Software:</p> <ul style="list-style-type: none"> • Timeline – Early February a phased approach of agencies loading the new CAReS software. There will not be double data entry. The software will be loaded in phases then plan to go “live” in March. • Erin Parker sent out an email to agency CAReS Administrators requesting information to help IDPH phase the installation. |
| <p>Health Care Reform <i>Beth Jones</i></p> | <ul style="list-style-type: none"> • See handouts. • AOCs (Accountable Care Organizations): accountable for the care of a set of patients or quality indicators for a disease process. MCH agencies need to think about your role for having a contract with a local physician or medical group. • Question: How will ACOs be required to work with FP and MCH? Beth does not think they will be required to do so. The onus will be on our agencies to talk with ACOs to convince them how their agency can help them reach or exceed their quality indicators and financial rewards. • Handout - Health Benefits Exchange: Understanding Iowa Exchanges and Iowa Health Benefits Exchange and Iowa ehealth (Electronic Health Information Advisory Council), see the November-December 2011 edition of The Check-Up. • Handout - Health Benefits Exchange Planning Grant Key Implementation Decisions and Activities. Public health is a small player in the bigger picture of HBE. IDPH holds the grant. • Governance structure must be in place before IDPH can request a level II grant. The governor or legislature must authorize a governance structure. • Contact Beth Jones at beth.jones@idph.iowa.gov if you have questions. |
| <p>MCH Administrative Manual <i>Lucia Dhooge</i></p> | <ul style="list-style-type: none"> • The 4th edition of the MCH Administrative Manual is now posted to the IDPH website. • One hard copy will be printed per agency by IDPH. • Thanked everyone who was involved in preparing the new edition. • Watch for a post-publishing survey in approximately three months. |

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| | <p>This will probably be via Survey Monkey.</p> <ul style="list-style-type: none"> • IDPH intends to publish monthly articles in The UPdate to highlight features of the new manual. • Gretchen Hageman stated she is very excited about the revisions in the new MCH Administrative Manual. Consultation and training will be provided for major issues such as the new CARES software. |
| IME Related Issues <i>Janet Beaman</i> | <ul style="list-style-type: none"> • See handout “IME Related Issues.” • Code S9123 – Home visit for nursing services – increased the number of allowable units from 6 to 10 in a 200-day period. • Code A0120 – Transportation by mini-bus or other non-profit transportation has been added to the Maternal Health Center package. • Revised periodicity schedule is coming soon. Revised schedule will include a 30-month visit per recommendations within Bright Futures, 3rd edition. • Immunization administration with counseling codes 90460 and 90461 will be revised by IME. • Developmental testing: CMS added code G0451 for developmental testing (ASQ, PEDS, Brigance). Maximum Medicaid reimbursement for these tools did not change. Developmental screening (96110) was redefined as a brief questionnaire and is reimbursed at a lower level. • New Medicaid HMO: Meridian will begin coverage of services for clients in Clinton, Scott and Muscatine counties sometime in spring of 2012. MH and CH agencies continue to provide informing and care coordination services for this population. Medical direct care is provided by practitioners with the HMO panel of providers. Dental direct care is not affected and remains for fee-for-service. IME will release an informational letter providing additional detail. • 5010 format and transition: If you are having trouble getting through on the telephone for assistance, try going to the website to review the user guide, tutorials and presentations for self-help. • FFY 2012 MCH Chart Audit: New chart audit tools for both MH and CH are posted on the MCH Project Management Tools website. <i>Internal audit required every other year and joint audit with state staff and agency staff in the alternate year.</i> Due by April 15, 2012. Request extension in advance of this date, if needed. • Transportation plan: How to account for “no shows” in the Transportation plan since these are not billable? Determine the total cost of “no shows” in FFY 2011 for the mode of transportation. Divide “total no show cost” by number of rides actually provided for clients for the mode of transportation. Add this “no show amount per ride” to the cost of a ride for FFY 2012. When you bill, use the total of the cost of the ride plus the cost of “no show” per ride. Send adjustment of Transportation Plan to shelley.horak@idph.iowa.gov. • Mary Kay Brinkman stated that the dental codes have been fixed. |
| RFA <i>Gretchen Hageman</i> | <ul style="list-style-type: none"> • FFY 2013 RFA for MCH/FP/OH targeting release date of February 22. Webinar will be held on February 29 at 1:30 p.m. to highlight changes. Due date will be April 30, 2012. • Funding will be a 3 percent decrease and a 3 percent hold. We will keep agencies posted as new information is received. • The RFA team tried to streamline the process even more than was done for FFY 2012. The February 29 webinar will be recorded. |
| CAREs Review | <ul style="list-style-type: none"> • The CAREs Review Tool and Summary is being piloted by a few |

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| Tool/Summary <i>Juli Montgomery</i> | <p>agencies. The new process for CH and MH will be announced.</p> <ul style="list-style-type: none"> • This process should be considerably less labor and time intensive. The new process will not require going back to October to review records. • On December 15, project director's received an Excel file example of what will be received monthly. There is some data that fills into the template. Juli will resend files. • Juli will offer a webinar in February to provide training and illustrate examples. |
| Budget/Legislative Update <i>Julie McMahon</i> | <ul style="list-style-type: none"> • State level: legislative session has begun. April 17 is day 100 and adjournment is anticipated by the end of March 2012. • Governor's State of the State: budget request for IDPH at level funding. There is a chance for additional money, but also a chance that the budget will be decreased. • All are encouraged to sign up for the weekly legislative update listserve. Deborah Thompson is the department's legislative liaison and a registered lobbyist. She is also the liaison for Iowa the Healthiest State in the Nation efforts. • IDPH annual report and budget summary for 2011 was posted this week on the IDPH website. Each topic section is brief, no more than two pages. These program topics are good to reference with local legislators, boards of health and more. Topic sections help to show the impact these dollars make. • Legislative issues for this year: still being flushed out. There was a fiscal note concerning abortion. |
| Adjournment <i>Heather Hobert-Hoch</i> | <ul style="list-style-type: none"> • Meeting adjourned at 11 a.m. • Next meeting will be held April 19 via a GoToWebinar. • Motion by Cindy Harpenau to adjourn. Motion seconded by Kim Finneran. • Recommended agenda items for next meeting include: <ul style="list-style-type: none"> - Perinatal depression consultation services. - Continue to discuss Accountable Care Organizations and what MCH/FP agencies should be doing right now to make sure we are recognized by ACO's and be paid for our services. - Continue to update us on the affordable care act and how we work within it. - Reimbursement for interpretation services. |



Iowa Adverse Childhood Experiences Summit – June 11, 2012

You are invited to the Iowa ACEs Summit

to learn about often
overlooked root causes of
adult disease and disability
and innovative solutions
for reversing Iowa's trends.

June 11, 2012
12:30 - 4:30 p.m.
Sheraton West DM Hotel
1800 50th Street
West Des Moines, Iowa

12:30 – 2:00

Dr. Robert Anda, co-investigator of the Adverse Childhood Experiences Study (ACEs) and medical scientific consultant to the Center for Disease Control and Prevention, will present his groundbreaking research on the impact of toxic stress on early brain architecture and its link to poor adult health outcomes. His compelling findings show the profound effects of ACEs in everyday workplace, school, home and community environments.

2:00 – 3:30

Laura Porter, founder and staff director of the Washington State Family Policy Council, will present Washington's innovative state and community-based response to addressing ACEs that is now showing promising long-term improvements for children and adults.

3:30 – 4:30

Q&A panel discussion with state leaders on Iowa-specific strategies for reducing exposure to ACEs.

To reserve your seat, register for this free event at: uwiowa.org/ACES

Sponsored by:



Design and materials provided by:



Please join us for what's sure to be a thought provoking and inspirational afternoon!