

Iowa WIC Program
1-800-532-1579



Your child has you. And you have WIC.

Bureau of Nutrition and Health Promotion

Friday Facts

Week ending Issue: April 20, 2012 – Issue # 139

Information

Iowa Family Planning Network 2012

What is the Family Planning Waiver Program? It is a national Medicaid program that extends Medicaid coverage for family planning services to women who may not otherwise be eligible for care under Medicaid. In Iowa the Family Planning Waiver Program is called the Iowa Family Planning Network (IFPN). The primary objectives of the IFPN are to: increase the spacing between births; improve future birth outcomes; reduce the number of unintended pregnancies and births.

Why is IFPN important for WIC staff to know about? Women in Iowa who give birth while on Medicaid are eligible for family planning services for an additional one year following delivery without having their eligibility rechecked. Many women do not know that they are eligible for services since they receive notification about their IFPN eligibility during the postpartum period, at about the same time they are receiving notice that their Medicaid coverage has expired. If clients have questions about family planning or the IFPN, refer them to a Title X agency for additional information.

Who is eligible? Iowa residents who are US citizens or qualified immigrants who are:

- Persons that are underinsured or have health insurance coverage that does not include coverage for benefits provided under IFPN.
- Persons that are at least 12 and under 55 years of age.
- Persons that have income up to 300% of the federal poverty level.
- Men who meet the IFPN income, age, and insurance coverage requirements.
- Women whose pregnancies and deliveries were covered by Medicaid will have family planning services covered by Medicaid for an additional 12 months without having their eligibility re-determined.

What is covered?

- Family Planning services and supplies with a primary purpose of family planning and which are provided in a family planning setting are covered including:
 - Methods of contraception, including permanent contraception (vasectomy or tubal ligation)
 - Sexually transmitted infection (STI) or sexually transmitted disease (STD) testing, pap smears, and pelvic exams
 - Contraceptive Management, patient education, and counseling
- Family Planning Related services provided as part of or as follow-up to a family planning visit are covered. Examples include the following:
 - Colposcopy or repeat Pap smear performed as a follow-up to an abnormal Pap smear which is done as part of a routine family planning visit

- Drugs for the treatment of STIs/STDs, except for HIV/AIDS and hepatitis, when the STI/STD is identified during a routine or periodic family planning visit.

Who are eligible providers for IFPN services?

- Any participating family planning provider enrolled with Medicaid can provide IFPN services, including:
 - Title X family planning clinics
 - Physicians, nurse practitioners, certified nurse midwives and physicians assistants
 - Rural health centers
 - Federally qualified health centers

Where can people enroll in IFPN?

- Men and women can enroll in IFPN services at any local DHS office or at any local Family Planning Clinic.

Training

FREE TRAINING

Each month the Office on Women's Health conducts training for the Quick Health Data Online – an **EXCELLENT** tool that can be used to get national, regional, state, and local data on the maternal and child health populations or any group, including males. Below are training dates through June 2012. You are highly encouraged to take advantage of this **free** tool and **free** training to help you plan services for WIC. Additionally, individual trainings can be requested. Please feel free to share with your partners.

We are pleased to announce the availability of telephone training on the Office on Women's Health online information system Quick Health Data Online. The system contains data on demographics, mortality, reproductive and maternal health, disease incidence, and access to care at the county level for all states and territories; additionally, data are included on prevention, violence, and mental health at the state level. To the extent possible, data are provided by race, ethnicity and gender, and where applicable/available, by age. Also, the system incorporates graphing and mapping features so that the data of interest can be used directly as tables, graphs/chart and maps.

The trainings last one hour, and you can be sitting at your desk using your computer. The dates/times available for the sessions are as follows:

Quick Health Data Online 101:

- Monday, May 14 – 2-3pm ET
- Wednesday, May 16 – 2-3pm ET – Focus on mapping
- Tuesday, June 12 – 1-2pm ET
- Thursday, June 14 – 3-4pm ET – Focus on mapping

You will need the following numbers to access the training session:

- Toll Free Number: 1-877-925-6129
- Passcode: 410171

Prior to the start of the session, please (1) be sitting in front of your computer, (2) open Internet Explorer on your computer, and (3) go to the following web address: www.womenshealth.gov/quickhealthdata. A number of participants tend to sign up for the sessions, so, in order to permit everyone to hear the discussion, it is requested that participants set their telephones on **mute**. The training staff will stay on the line to answer all questions arising from the session as well as addressing questions during the session. You are welcome to attend any of these training sessions and to suggest additional topics! I hope that you will take advantage of the training and the information available from the system. Participating in this training will assist you with supporting data when applying for contracts and grants.

Dates to Remember

2012

- April 25, 2012 – Healthy Lifestyle Conference
- August 21, 2012 – WIC Contractor’s Meeting
- August 29-30, 2012 – Infant and Child Nutrition Core Workshops
- October 26, 2012 – 2012 Iowa WIC Training
- October 30, 2012 – Communication and Rapport Building Core Workshop

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
EleCare Unflavored Formula	5 cans - 14.1 oz Powder	8/2013	North Iowa Community Action Organization	Carla Miller @ 641-423-5044 ext.24
EleCare Jr. Unflavored	7 containers – 14.1 oz	8/2013	New Opportunities	Sharon McDonald Williams @ 712-830-1329