



A MATTER OF SUBSTANCE: At-a-Glance

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A PUBLICATION OF THE IDPH

DIVISION QUICK FACTS

SBIRT: IDPH has submitted an application to SAMHSA, the Substance Abuse and Mental Health Services Administration), to expand SBIRT — Screening, Brief Intervention, and Referral to Treatment — in Iowa. The purpose of the grant would be to implement SBIRT services for adults with substance use disorders who are receiving general health care services from Federally Qualified Healthcare Centers (FQHCs) or who are members of the National Guard.

The SBIRT model offers a strong mechanism to enhance Iowa's recovery-oriented system of care for substance use disorders. It has been demonstrated to reduce alcohol and drug consumption and their negative health impact, leading to reductions in costly health care utilization and clear benefits to individuals and families. SAMHSA plans to make only six SBIRT awards this Fall, so the process is very competitive. Whether IDPH receives an award or not, we are committed to identifying opportunities to better link addictive disorders with general healthcare to promote healthy behaviors, "de-stigmatize" substance use disorders, prevent alcohol and drug problems, and direct people to specialty substance abuse services when indicated.

Data Workgroup: In 2009, the Division of Behavioral Health implemented a transition to a more comprehensive and integrated recovery-oriented system of care for addictive disorders, built on coordination and collaboration across problem gambling and substance abuse prevention and treatment. Among many other things, this transition included a review and revision of data systems and reporting processes. In three productive meetings in March and April, IDPH, Magellan, and the executive directors and data coordinators from several IDPH-funded substance abuse treatment providers met to review IDPH and Magellan/Iowa Plan reporting practices. Great work was accomplished, resulting in an outline of recommendations to support useful reporting to providers. The outline was shared with all licensed substance abuse treatment programs on May 20th, and included a request for feedback on the recommendations. For more information, contact Eric Preuss at 515-242-6514 or at Eric.Preuss@idph.iowa.gov.

FREE Regional SPF-SIG Trainings: In June, four regional trainings will be held across Iowa on the first two steps of the Strategic Prevention Framework (SPF). The "Cultivating Partnerships for County Growth through the Strategic Prevention Framework" trainings will provide an overview of the Strategic Prevention Framework, detail the components of the Assessment and Capacity steps, and highlight key milestones. The SPF is a five-step process that supports development of a comprehensive statewide prevention infrastructure plan as well as implementation of effective programs, policies, and practices to reduce substance abuse and related problems in local communities. To register for a training, contact Training Resources at www.trainingresources.org.

Director's Corner: What I'm doing this month — budget, meetings, and reviewing comments on our draft planning documents. If you want your comments reviewed, go to www.idph.state.ia.us/bh/sa_osc.asp. Thanks, Kathy Stone

UPCOMING EVENTS

Healthcare Reform Summit June 13.

Botanical Center in Des Moines.

For more information, go to www.iowaproviders.org.

The Art of Assessing & Managing Anger: Aggression Reduction Training June 13.

William Penn University in Oskaloosa.

For more information, call Carol Gay at 641-672-3162.

Psychological Trauma & Juvenile Justice: Impact on Mind, Body, Behavior and Community June 14-15.

Embassy Suites-On the River in Des Moines.

For more information, call Nancy Bogges at 515-244-2267.

Fetal Alcohol Spectrum Disorder

July 22. Sioux City Convention Center.

For more information, contact Mercy Medical Center's Education Department at 712-279-2507.

Problem Gambling by the Numbers Webinar

June 10 from 1:00 - 3:00pm.

For more information, contact Training Resources at www.trainingresources.org.

For more information about the Division of Behavioral Health, visit www.idph.state.ia.us/bh

For questions related to "A Matter of Substance," contact the editors:

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