Iowa WIC Program 1-800-532-1579

Your child has you. And you have WIC

Bureau of Nutrition and Health Promotion

Friday Facts

Week ending Issue: June 3, 2011 – Issue #104

Policy

From the WIC Services Policy and Procedure Manual — 380.10 Local Agency Nutrition Education Needs Assessment

Local agencies applying for the WIC Program must complete a written nutrition needs assessment and submit action plans with their grant application.

At least one of the authors of the needs assessment and WIC action plans must be a licensed dietitian.

The nutrition education needs assessment must summarize pertinent data related to the nutrition education needs of the WIC participant.

Applicants for WIC funds must submit a minimum of two action plans. The action plans must address:

- Nutrition education and
- Breastfeeding promotion and support.

All action plans must be related to and derived from the nutrition education needs assessment summary. Additional action plans may be requested at the State WIC office's discretion.

Information

Extra Income Guidelines

If any agency needs income guidelines in English or Spanish, please contact Linda at the Pott. County office at (712) 328-5886.

Stay Connected and Involved with FNS

At the end of this Friday Facts is a handout that shows how to stay better connected and involved with our efforts to end hunger and improve nutrition and health in America.

Dates to Remember

<u>2011</u>

<u>NETC</u>

- July 25 & 26
- October 24 & 25

Advisory Committee Meetings

- July 15
- October 7

Core Workshops

• June 23 & 24 - Infant and Child Nutrition Workshop

WIC Contractors' Meeting

• August 30

Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Enfaport Lipil	23 – 8 oz cans (ready-to-feed)	9/1/2011	Johnson County WIC	Chuck Dufano @ 319-356-6042
Neocate	4 cans – 14 oz Powdered	10/2011	Webster County	Kathy Josten @ 515-573-4107
Neocate	19 cans – 14 oz powder 30 cans – 14 oz power	11/19/11 1/8/12	Rosebud WIC	Lucy Reifel @ 605-747-2617
Elecare, Vanilla	4 cans, 14.1 oz Powdered Elecare Vanilla	Elecare Vanilla – March 2012	Upper Des Moines Opportunity	Julie Erskine @ 712-213-1230
Similac PM 60/40	3 cans	10/2012	Johnson County Public Health	Chuck Dufano @ 319-356-6042

Stay Connected and Involved with FNS



Make a Commitment to End Childhood Hunger www.fns.usda.gov/ech/make-a-commitment.html

An online commitment drive that encourages organizations and individuals to select actions they will take to reduce childhood hunger. Join the growing community of people making a commitment to end hunger in communities across the nation. Plus, every time someone makes a commitment to end hunger on the website the widget counter ticks up by one more!



FNS E-Updates - www.fns.usda.gov/fns/outreach/eupdates

E-Updates is your fun, fast, & healthy source for food and nutrition news. E-Updates provides great new stories, videos, and pictures involving FNS programs and things related to food and nutrition every week. You can also subscribe to our bi-monthly E-updates email at the top of the E-Updates page. Every E-updates email even has a different theme!



FNS Twitter, @USDANutrition - http://twitter.com/#!/USDAnutrition

By following @USDANutrition on Twitter, not only will you be updated in real time on FNS programs and other hot topics, but you will have the opportunity to communicate with us, share your ideas, and help spread the word by ReTweeting information to your followers.



USDA Blog - blogs.usda.gov

USDA has an amazing and broad mission that impacts almost every American and many others around the world. The USDA blog is a place where you can read stories written by actual USDA staff, including stories by the Agriculture Secretary. The USDA blog allows you to search by category or keyword to bring up the stories that most interest you. "Food and Nutrition" has its own category on USDA blog.



USDA Facebook - www.facebook.com/USDA

By "liking" the USDA on Facebook, you will be updated on the latest USDA news and events happening all over the country. You can even comment on the posts and show how knowledgable you are about agriculture.