

Iowa WIC Program
1-800-532-1579



Your child has you. And you have WIC.

Bureau of Nutrition and Health Promotion

Friday Facts

Week ending Issue: September 24, 2010 - Issue #72

Information

New Formula in IWIN

PediaSure 1.5 Cal manufactured by Abbott has been added to IWIN. The formula is intended for children 1 year and older who required higher-caloric concentrated feedings due to malnutrition, fluid restrictions or poor tolerance to large volume feeds. This product will provide 50% more calories and twice the protein of regular PediaSure. Due to cost, no more than 24 cans should be placed on an FI.

Resources

Iowa Women's Health Information Center

The below web site was created to provide **FREE objective, medically accurate health information** for women in Iowa. Browse the database for great resources or take a look at the Health A to Z section for topics such as breast and cervical cancer, osteoporosis, pregnancy and heart disease.

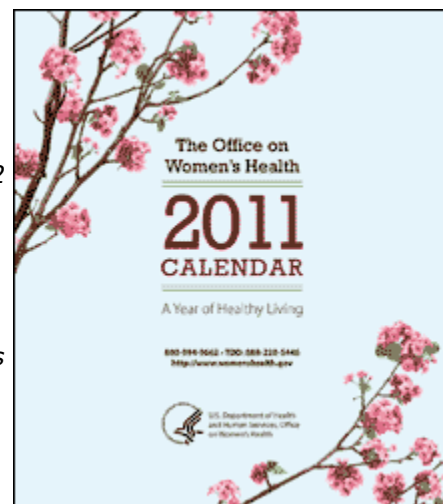
<http://www.womenshealthiowa.info>

Start Planning 2011 With Our FREE Women's Health Calendar

It's that time of year again! We're taking orders for our free women's health calendar. Request your free copy (in English or Spanish) [online](#) or call us at 800-994-9662 to request bulk copies.

Our 2011 women's health calendar offers information about common health concerns for women, risk factors for disease, and ways to take charge of your health. This year, we've added reminder stickers to help you stay organized.

[Order your calendar today!](#)



Training

2010 Iowa WIC Training

The presentations and handouts for the Iowa WIC training have now been posted under the Agencies tab on the WIC website found at <http://www.idph.state.ia.us/wic/agencies.asp>. These materials will not be provided at the training. If you would like to have them for the training, please make sure to print them and bring with you.

Dates to Remember

2010

- September 30 - WIC Training 2010
- October 15 - Advisory Committee Meetings
- October 25, 26 - NETC
- November 11 - Limited Coverage

2011

- 5th Monday clinics
We do not anticipate any major changes to IWIN in 2011. Due to this you can schedule clinics on the 5th Monday of the month if needed

Available Formula

| <i>Product</i> | <i>Quantity</i> | <i>Expiration Date</i> | <i>Agency</i> | <i>Contact</i> |
|-------------------------------------|---------------------------------------|-------------------------------|---------------------------------|---------------------------------------|
| <i>Similac human milk fortifier</i> | <i>18 boxes</i> | <i>9/2010</i> | <i>Operation Threshold</i> | <i>Nancy Anderson at 319-233-1851</i> |
| <i>Similac human milk fortifier</i> | <i>2 boxes</i> | <i>10/2010</i> | <i>Operation Threshold</i> | <i>Nancy Anderson at 319-233-1851</i> |
| <i>Similac human milk fortifier</i> | <i>6 boxes</i> | <i>2/2011</i> | <i>Operation Threshold</i> | <i>Nancy Anderson at 319-233-1851</i> |
| <i>Portagen</i> | <i>3 cans powder</i> | <i>9/2010</i> | <i>HACAP</i> | <i>Kim Ott at 319-739-0106</i> |
| <i>Elecare Infant</i> | <i>10 cans-14.1 oz powder</i> | <i>3/2012</i> | <i>Webster Co. Health Dept.</i> | <i>Kathy Josten at 515-573-4107</i> |
| <i>Enfaport Lipil</i> | <i>23 – 8 oz cans (ready-to-feed)</i> | <i>9/1/2011</i> | <i>Johnson County WIC</i> | <i>Chuck Dufano @ 319-356-6042</i> |