

Iowa WIC Program
1-800-532-1579



Your child has you. And you have WIC.

Bureau of Nutrition and Health Promotion

Friday Facts

Week ending Issue: 11.13.09 – Issue #41

Policy

From the WIC Services Policy and Procedure Manual —

310.05 Hiring Agency Personnel

WIC agencies must provide a copy of the applicant's resume and consult with the state WIC office before interviewing a candidate for WIC coordinator. The state WIC office will review the application and provide approval before the agency identifies an interim WIC coordinator or hires a permanent WIC coordinator.

Exclusion of Military Combat Pay from WIC Income Eligibility Determinations

Effective immediately, military combat pay received by service members during a deployment is excluded from WIC income eligibility determinations. Combat pay is excluded if it is:

- *Received in addition to the service member's basic pay;*
- *Received as a result of the service member's deployment to or service in an area that has been designated as a combat zone; and*
- *Not received by the service member before his/her deployment to or service in the designated combat zone.*

Combat pay is normally reflected in the entitlements column of the military leave and Earning Statement (LES).

Local agencies should continue to count service members, while deployed, as household members for purposes of determining income eligibility for the WIC Program.

Policy 215.40 has been revised to include this new income exclusion. Click [here](#) to open and print copies of the revised policy for agency policy manuals.

Information

Baby Safety Guide

The leading causes of unintentional injury-related death for infants are suffocation, car crashes, drowning, fire or burn injury, falls, and poisoning. Injuries are preventable and we can show you how. Safe Kids USA and Cribs for Kids have created this [guide](#) to give you the safety essentials you need to know when caring for your baby.

Goat Milk

When children or a woman receive goat milk in their food package, it must be the same fat content that they are allowed to receive if they were getting cow's milk. Below is a table showing the four types of goat milk available in IWIN and the fat content for each. If the correct form is not selected, the food package will not verify. You do not need a physician's prescription to provide goat milk to a participant.

Product	Fat/8 oz	Allowed to get it	Milk equivalents
12 oz evaporated goat milk	7.8 gm fat/8 oz	Children <2 years	12 oz can = 24 oz
12 oz powder goat milk	7.8 gm fat/8 oz	Children <2 years	12 oz can = 3 quarts
Quart whole goat milk	7.2 gm fat/8 oz	Children <2 years	32 oz
Quart 1% goat milk	2.5 gm fat/ 8 oz	Women Children >2 years	32 oz

A summary of this information appears on the last page of the Model Food Packages handout distributed to all local agencies late this summer. More information is available at <http://meyenberg.com>

Resources

New Client Education Resource: Get the Maximum Food Benefit

A new print resource about the new food packages is now available from the clearinghouse. This 3¼ inch by 8½ inch card provides tips for purchasing foods to get the maximum food benefit with Iowa WIC checks. It is printed on green cardstock with English text on one side and Spanish text on the other side. The handouts are available in packages of 100. A single copy will be mailed to each WIC office in the next regular mailing.

New Client Education DVD: Picky Eaters — Mealtime Tips for Parents

Each WIC office will soon receive two copies of this DVD (one in English and the second in Spanish). The audiovisual program is targeted to parents of young children and covers a variety of topics in an upbeat manner. Two WIC nutritionists present information and interact with two mothers who have picky eaters. Key messages in the program include the following:

- Don't panic — you're not alone.
- Serve everyone the same meal.
- Don't feel guilty.
- Don't label your child a "picky eater;" it brings unnecessary negativity to the family table.
- Be a role model.
- Introduce new foods in small portions.
- Be patient; don't give up.

Messages are nicely summarized between sections and the graphics are attractive. This program should be a helpful resource for client education activities.

Food Products

New Medical Food Approved: Neocate Nutra

A new medical food has been added to the approved list for Iowa WIC participants. Neocate Nutra is a hypoallergenic, amino acid-based semi-solid food containing essential vitamins and minerals to promote balanced nutrition in children and infants over 6 months of age. When the powder is mixed with water or other prescribed liquids, it thickens to a smooth, spoonable consistency. The product is high in calcium and a good source of vitamin D and iron. It is also milk protein and gluten-free.

Manufactured by Nutricia, Neocate Nutra is sold in 14 ounce cans. Indications for use include cow and soy milk allergy, multiple food protein intolerance, food protein allergy related gastroesophageal reflux disease (GERD) or eosinophilic esophagitis (EE), and other medical conditions for which an amino acid-based diet is required (e.g., short bowel syndrome). The product can be provided to infants over 6 months of age and to children.

Data System

Special Formulas Used by Both Infants and Children

There are several special formulas that are used by infants and children that are reconstituted differently for children. These formulas must be unique food items in the data system in order to provide the appropriate amount of formula to children. These formulas appear in the drop down list in two forms – upper and lower case type and all upper case (i.e., capital letters). When you need one of these formulas for a child, select the one that appears in all upper case letters.

The formulas that are reconstituted differently for children include the following:

- CYCLINEX-1
- ELECARE UNFLAVORED
- ELECARE VANILLA
- I-VALEX-1
- PHENEX-1
- PROPIMEX-1

A summary of this information appears on page 4 of the Model Food Packages handout distributed to all local agencies late this summer.

Other

IDPH News Release

Pregnant Women Targeted for H1N1 Vaccine

Three weeks after the 2009 H1N1 influenza vaccine began arriving in Iowa, the supply continues to be allocated to counties on a staggered basis. Until the vaccine is widely available, vaccination [priority](#)

[groups](#) have been established to target those individuals known to be at highest risk for complications from H1N1.

Available Formula

Formula Issuance Documents Updated

The two documents, Formula Issuance for Infants and Formula Issuance for Women and Children, have been updated to reflect the addition of some new formulas added to IWIN. Please go to www.idph.state.ia.us/wic/agencies.asp to download and print these updated documents.