



The Update is a bi-weekly Web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted the second and fourth week of every month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

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Nearly Three of Every Ten Iowans Obese

A report released today by the Centers for Disease Control and Prevention (CDC) concludes the nation's obesity epidemic affects every state in the nation. No state met the country's Healthy People 2010 goal to lower obesity to 15 percent. In Iowa, the obesity rate was 27.9 percent.

The report, called "State-Specific Obesity Prevalence among Adults - United States, 2009," is based on new data from the Behavioral Risk Factor Surveillance System (BRFSS). To determine obesity prevalence, approximately 400,000 survey respondents were asked to provide their height and weight. A person is considered obese if they have a body mass index (BMI) of 30 or above.

"Obesity is a complex problem that requires both personal and community action," said Dennis Haney, Iowa Department of Public Health (IDPH) community health consultant for Iowans Fit for Life. "All Iowans need to make healthy choices and we need to change our communities into places that strongly support healthy eating and active living."

IDPH's Iowans Fit for Life State Plan includes suggestions to make communities more "walkable;" tools to improve the healthfulness of restaurant menus, grocery store offerings, and vending machine options; a worksite wellness resource designed for small employers; and a school and community nutrition and physical activity intervention. Iowans Fit for Life has also partnered with the health promotion unit at IDPH to provide subject matter expert support for community wellness grants across the state which are used locally to make the healthy choice, the easy choice.

For more information about the CDC report, visit www.cdc.gov/obesity.

For information about Iowans Fit for Life, visit www.idph.state.ia.us/iowansfitforlife/default.asp.

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How the states ranked

1. New Hampshire
2. Minnesota
3. Vermont
4. Utah
5. Massachusetts
6. Iowa
7. New Jersey
8. Connecticut
9. Nebraska
10. Wisconsin
11. Washington
12. North Dakota
13. Kansas
14. Maine
15. New York
16. Virginia
17. Rhode Island
18. Oregon
19. California
20. Colorado
21. Idaho
22. Hawaii
23. Pennsylvania
24. Illinois
25. Maryland
26. South Dakota
27. Delaware
28. Wyoming
29. Ohio
30. Michigan
31. Missouri
32. Montana
33. Indiana
34. Texas
35. Florida
36. Nevada
37. North Carolina
38. Alaska
39. Arizona
40. Kentucky
41. Tennessee
42. Georgia
43. West Virginia
44. Oklahoma
45. South Carolina
46. New Mexico
47. Alabama
48. Arkansas
49. Louisiana
50. Mississippi

Annie E. Casey Foundation - 2010 KIDS COUNT Data Book State Profiles of Child Well-Being

The Annie E. Casey Foundation released its report on how the 50 states ranked in 10 categories of children's health. The data were collected from 2000 to 2008, before most U.S. families were hit by the recession.

Our future success as a nation depends on the degree to which we ensure that all of our children have the opportunity to thrive. The broad array of data we present each year in the KIDS COUNT Data Book is intended to illuminate the status of America's children and to assess trends in their well-being. By updating the assessment every year, KIDS COUNT provides ongoing benchmarks that can be used to see how states have advanced or regressed over time. Readers can also use KIDS COUNT to compare the status of children in their state with those in other states across several dimensions of child well-being.

This year's Data Book is also accompanied by the KIDS COUNT Data Center website at www.datacenter.kidscount.org. It provides easy online access to hundreds of additional indicators on children and youth for the United States as a whole, as well as for individual states, cities, counties, and school districts across the country.

For more information, go to www.aecf.org.

2010 CDC Guidelines for Flu Vaccinations - www.cdc.gov/flu

Vaccination guidelines for the 2010-2011 flu season were released by the Centers for Disease Control and Prevention (CDC) on July 29, 2010. The CDC recommends all people six months or older receive a seasonal flu vaccine. In addition, the guidelines recommend that children ages six months through eight years receive two doses of the 2010-2011 seasonal flu vaccine if they have never been vaccinated for the flu, if their vaccination status is unknown, if they were vaccinated for the first time during the 2009-2010 flu season and if they only received one dose of the H1N1 vaccine during the 2009-2010 flu season. More information and updates will be posted to the CDC influenza website as the flu season approaches.

Oral Health Recent Events



News from the Oral Health Bureau

Announcements

Effective July 14, 2010, the proposed changes to the school dental screening rules were adopted by the State Board of Health. The changes are effective for the 2010-2011 school year and include:

- Applicants include kindergarten and 9th grade students only – not transfer students.
- A screening for kindergarten is valid from age 3 years to four months after enrollment date.
- A screening for 9th grade is valid from one year prior to enrollment to four months after enrollment date.
- Screenings performed by out-of-state providers are acceptable.
- Authorized providers (including dentists, dental hygienists, physicians, physician assistants, and registered nurses) may transfer information to the IDPH Certificate of Dental Screening from another form. Note: The recorder must sign and include credentials on the certificate and should attach the non-IDPH form.
- “Treatment Needs” definitions are revised for the screening section of the IDPH Certificate of Dental Screening.
- Audit due date is now May 31.

In response to these changes, the IDPH School Dental Screening Web site is the process of being updated with new program documents, including a revised Certificate of Dental Screening, an FAQ fact sheet, and an outreach flyer (English and Spanish). Those documents should be posted by early August at www.idph.state.ia.us/hpcdp/oral_health_school_screening.asp.

Copies of the revised certificate and outreach flyers and will also be printed and available to order from IDPH by mid-August.

School-Based Sealant Program Year-End Report

The Oral Health Bureau is happy to announce that the year-end report for the school-based sealant program is now available on their website. During the 2009-2010 school year, a total of 5,888 children received a dental screen, and 3,606 of those children (61.2%) received dental sealants. Of the 2,234 children on Medicaid, a total of 6,819 sealants were placed - averaging 3.1 per child.

The cost of preventing tooth decay by placing dental sealants is less than the cost of treatment for tooth decay. School-based programs allow access to preventive services by children who have oral health needs but do not have access to care. Congratulations and great job to the following MCH contractors for providing this school-based dental service over the past five years:

continued on next page

Oral Health Recent Events *continued*

School-Based Sealant Program Year-End Report *continued*

- Black Hawk County Health Department
- Lee county Health Department
- Mid-Iowa Community Action
- Mid-Sioux Opportunity
- Trinity Muscatine Public Health
- Upper Des Moines Opportunity
- Washington County Public Health

To access the school-based sealant year-end report, please visit our website at www.idph.state.ia.us/hpcdp/common/pdf/oral_health/summary_sealant10.pdf.

2010-2011 School-Based Sealant Program Update

The Oral Health Bureau would like to thank everyone for their patience with questions regarding the 2010-2011 sealant program. We are still working out the details to release a competitive request for proposal (RFP). Hopefully, we will be able to share more information soon, including details on how the first year of this new project period will be structured.

For more information, contact the Oral Health Bureau at 1-866-528-4020.

Calendar

August 31, 2010

Cost Analysis Training for new contractors/contractor new employees, 10 a.m. - 2 p.m., Lucas Bldg., 517-518

September 1, 2010

Cost Analysis Training for experienced contractor personnel, 9 a.m. - 12 p.m., 'Go To Meeting', Lucas Bldg. 517

***October 13-14, 2010**

BFH-CHSC Fall Seminar, Gateway Conference Center, Ames

* Required meeting

AUGUST Contract Required Due Dates

10 - Due: CCNC Encounter Data

15 - Due: GAX & Expenditure Report

28 - Export WHIS Records to IDPH



THE UPdate



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