



February 7, 2011

The Update is a bi-weekly web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted the second and fourth week of every month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

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Heart Attack Information for Women

The Make the Call. Don't Miss a Beat. campaign is a national public education campaign that aims to educate, engage and empower women and their families to learn the seven most common symptoms of a heart attack and encourage them to call 9-1-1 as soon as those symptoms arise.

A woman suffers a heart attack every minute in the United States. Yet according to a 2009 American Heart Association survey only half of women indicated they would call 9-1-1 if they thought they were having a heart attack and few were aware of the most common heart attack symptoms.

The campaign, developed by the U.S. Department of Health and Human Services' Office on Women's Health, encourages woman to make the call to 9-1-1 immediately, if they experience one or more of the heart attack symptoms listed below:

- Chest pain or discomfort
- Unusual upper body discomfort
- Shortness of breath
- Breaking out in a cold sweat
- Unusual or unexplained fatigue (tiredness)
- •Light-headedness or sudden dizziness
- Nausea (feeling sick to the stomach)

The website contains information on the following:

- •Myth of the "Hollywood Heart Attack"
- •What Do You Know About Heart Attacks? Quiz
- How to Survive a Heart Attack

For more information, go to www.womenshealth.gov/heartattack/index.cfm.

February is American Heart Month!

Cardiovascular diseases, including stroke, are our nation's No. 1 killer. To urge Americans to join the battle against these diseases, since 1963 Congress has required the president to proclaim February "American Heart Month." (Note this is not "Heart Month" or "National Heart Month.")

The American Heart Association led initial efforts to develop Annual American Heart Month.

During American Heart Month, thousands of our volunteers visit their neighbors. Their goal is to raise funds for research and education and pass along information about heart disease and stroke.

To learn more about the American Heart Association, view the Annual Report at www.heart.org/HEARTORG/
General/2009-Annual-Report UCM 303569 Article.jsp.

Breastfeeding Guide Now Available

Your Guide to Breastfeeding is now available online. This easy-to-read publication provides women the how-to information and support needed to breastfeed successfully. It explains why breastfeeding is best for baby, mom,



and society and how loved ones can support a mother's decision to breastfeed. Expert tips and illustrations help new moms learn how to breastfeed comfortably and how to overcome common challenges. The wisdom of real moms is shared in personal stories that reassure and encourage.

Call to place your order today: 800-994-9662.

2011 Federal Poverty Guidelines

The U.S. Department of Health and Human Services (HHS) issues new Federal Poverty Guidelines every year, usually in January or February. These guidelines are commonly referred to as the "Federal Poverty Level" (FPL), and serve as one of the indicators for determining eligibility in a wide variety of Federal and State programs.

Section 673(2) of the Omnibus Budget Reconciliation Act (OBRA) of 1981 (42 U.S.C. 9902(2)) requires the Secretary of HHS to update the poverty guidelines at least annually, adjusting them on the basis of the Consumer Price Index for All Urban Consumers (CPI-U). New guidelines become effective as of the date of publication in the Federal Register.

To view the 2011 Federal Poverty Guidelines, go to pages 6-7 of **The UPdate**.

Administration/Program Management

Mark Your Calendars!

The Bureau of Family Health has established dates for CAReS and Child Health/EPSDT trainings during the months of **March through November 2011**. We encourage any agency staff to attend - either new staff or experienced staff who would like a refresher. The CAReS training is the 'user' training on how to enter information in CAReS. The Child Health/EPSDT program training presents an overview and detail on each of the services within the child health program.

The CAReS training will be held from 10 a.m. - 12 p.m. and the *Child Health/EPSDT - Serving Iowa's Children and Families* training will be held from 12:30 p.m. - 4 p.m. All trainings will be held at the Lucas State Office Building, in Des Moines. See the dates and conference room locations below:

- Wendesday, March 23 Conference Room 518 (Registration closed for this session)
- Wednesday, April 27 Conference Room 518
- Wednesday, May 25 Conference Room 518
- Thursday, July 21 Conference Room 517
- Wednesday, August 24 Conference Room 518
- Thursday, September 29 Conference Room 518
- ■Thursday, October 20 Conference Room 517
- •Wednesday, November 30 Conference Room 518

Please e-mail Erin Parker or Janet Beaman with the names of staff from your agency that will attend on selected dates. Specify which training each staff member will attend (CAReS or Child Health/EPSDT or both). Also know that our space is limited. If seating capacity fills, we may need to request that future dates be selected.

If you have questions, please contact:

■Erin Parker: emparker@idph.state.ia.us, (515) 725-2166

Janet Beaman: <u>ibeaman@idph.state.ia.us</u>, (515) 281-3052

Carol Hinton: chinton@idph.state.ia.us, (515) 281-6924

Bureau of Family Health Grantee Committee Meeting

The Bureau of Family Health Grantee Committee meeting will be held on February 15, 2011 from 9 a.m. to 12 p.m. A listing of ICN sites, meeting minutes from the October 13, 2010 meeting and a meeting agenda can be downloaded from pages 8-14 of **The UPdate**.

Calendar

February 9, 2011 ECI Day on the Hill

February 10, 2011 ECI Congress

February 15, 2011 Bureau of Family Health Grantee Committee Meeting 9-11:30 a.m, ICN

March 10, 2011 MCH Advisory Council Meeting, 1-3 p.m., Iowa Lutheran Hospital, Conference Room 1

*April 5-6, 2011 2011 Iowa Governor's Conference on Public Health Scheman Conference Center, Ames

June 9, 2011 MCH Advisory Council Meeting, 1-3 p.m., Iowa Lutheran Hospital, Conference Room 1

FEBRUARY Contract Required Due Dates

15 - Due: Electronic Expenditure Workbooks

28 - Export WHIS Records to IDPH

^{*} Required meeting





Bureau of Family Health: 1-800-383-3826

Teen Line: 1-800-443-8336

Healthy Families Line: 1-800-369-2229

FAX: 515-242-6013

NAME	PHONE	E-MAIL
Beaman, Janet	281-3052	jbeaman@idph.state.ia.us
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Borst, M. Jane (Bureau Chief)	281-4911	jborst@idph.state.ia.us
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Horras, Janet	954-0647	jhorras@idph.state.ia.us
Hummel, Brad	281-5401	bhummel@idph.state.ia.us
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Mathews, Renee	281-6071	rmathews@idph.state.ia.us
McGill, Abby	281-3108	amcgill@idph.state.ia.us
Miller, Lindsay	281-7368	<u>lmiller@idph.state.ia.us</u>
Montgomery, Juli	242-6382	jmontgom@idph.state.ia.us
O'Hollearn, Tammy	242-5639	tohollea@idph.state.ia.us
Parker, Erin	725-2166	emparker@idph.state.ia.us
Pearson, Analisa	281-7519	apearson@idph.state.ia.us
Peterson, Janet	242-6388	jpeterso@idph.state.ia.us
Piper, Kim	720-4925	kpiper@idph.state.ia.us
Thorud, Jennifer	281-0219	ithorud@idph.state.ia.us
Trusty, Stephanie	281-4731	strusty@idph.state.ia.us
Vierling, Sonni	281-8287	svierlin@idph.state.ia.us
West, PJ	725-2856	pjwest@idph.state.ia.us
Wheeler, Denise	281-4907	dwheeler@idph.state.ia.us
Wolfe, Meghan	242-6167	mwolfe@idph.state.ia.us

Area code is 515

Sandra L. Kusumoto,

Director, Bureau of Certification and Licensing.

[FR Doc. 2011-1174 Filed 1-19-11; 8:45 am]

BILLING CODE 6730-01-P

FEDERAL RESERVE SYSTEM

Change in Bank Control Notices; Acquisitions of Shares of a Bank or Bank Holding Company

The notificants listed below have applied under the Change in Bank Control Act (12 U.S.C. 1817(j)) and § 225.41 of the Board's Regulation Y (12 CFR 225.41) to acquire shares of a bank or bank holding company. The factors that are considered in acting on the notices are set forth in paragraph 7 of the Act (12 U.S.C. 1817(j)(7)).

The notices are available for immediate inspection at the Federal Reserve Bank indicated. The notices also will be available for inspection at the offices of the Board of Governors. Interested persons may express their views in writing to the Reserve Bank indicated for that notice or to the offices of the Board of Governors. Comments must be received not later than February 3, 2011.

A. Federal Reserve Bank of Minneapolis (Jacqueline G. King, Community Affairs Officer) 90 Hennepin Avenue, Minneapolis, Minnesota 55480–0291:

1. Gregory R. Raymo, Worthington, Minnesota, individually and as a proposed Co-Trustee of the First State Bank Southwest 2010 Amended and Restated KSOP Plan and trust; to acquire voting shares of First Rushmore Bancorporation, Inc., Worthington, Minnesota, and thereby indirectly acquire voting share of First State Bank Southwest, Pipestone, Minnesota.

Board of Governors of the Federal Reserve System, January 14, 2011.

Robert deV. Frierson,

Deputy Secretary of the Board. [FR Doc. 2011–1120 Filed 1–19–11; 8:45 am] BILLING CODE 6210–01–P

DEPARTMENT OF HEALTH AND HUMAN SERVICES

Office of the Secretary

Annual Update of the HHS Poverty Guidelines

AGENCY: Department of Health and Human Services.

ACTION: Notice.

SUMMARY: This notice provides an update of the Department of Health and Human Services (HHS) poverty guidelines to account for last calendar year's increase in prices as measured by the Consumer Price Index.

DATES: Effective Date: Date of publication, unless an office administering a program using the guidelines specifies a different effective date for that particular program. **ADDRESSES:** Office of the Assistant

ADDRESSES: Office of the Assistant Secretary for Planning and Evaluation, Room 404E, Humphrey Building, Department of Health and Human Services, Washington, DC 20201.

FOR FURTHER INFORMATION CONTACT: For information about how the guidelines are used or how income is defined in a particular program, contact the Federal, State, or local office that is responsible for that program. For information about poverty figures for immigration forms, the Hill-Burton Uncompensated Services Program, and the number of people in poverty, use the specific telephone numbers and addresses given below.

For general questions about the poverty guidelines themselves, contact Gordon Fisher, Office of the Assistant Secretary for Planning and Evaluation, Room 404E, Humphrey Building, Department of Health and Human Services, Washington, DC 20201—telephone: (202) 690–7507—or visit http://aspe.hhs.gov/poverty/.

For information about the percentage multiple of the poverty guidelines to be used on immigration forms such as USCIS Form I–864, Affidavit of Support, contact U.S. Citizenship and Immigration Services at 1–800–375–5283.

For information about the Hill-Burton Uncompensated Services Program (free or reduced-fee health care services at certain hospitals and other facilities for persons meeting eligibility criteria involving the poverty guidelines), contact the Office of the Director, Division of Facilities Compliance and Recovery, Health Resources and Services Administration, HHS, Room 10–105, Parklawn Building, 5600 Fishers Lane, Rockville, Maryland 20857. To speak to a staff member, please call (301) 443-5656. To receive a Hill-Burton information package, call 1-800-638-0742 (for callers outside Maryland) or 1-800-492-0359 (for callers in Maryland). You also may visit http://www.hrsa.gov/gethealthcare/ affordable/hillburton/.

For information about the number of people in poverty, visit the Poverty section of the Census Bureau's Web site at http://www.census.gov/hhes/www/

poverty/poverty.html or contact the Census Bureau's Customer Service Center at 1–800–923–8282 (toll-free) or visit http://ask.census.gov for further information.

SUPPLEMENTARY INFORMATION:

Background

Section 673(2) of the Omnibus Budget Reconciliation Act (OBRA) of 1981 (42 U.S.C. 9902(2)) requires the Secretary of the Department of Health and Human Services to update the poverty guidelines at least annually, adjusting them on the basis of the Consumer Price Index for All Urban Consumers (CPI-U). The poverty guidelines are used as an eligibility criterion by the Community Services Block Grant program and a number of other Federal programs. The poverty guidelines issued here are a simplified version of the poverty thresholds that the Census Bureau uses to prepare its estimates of the number of individuals and families in poverty.

As required by law, this update is accomplished by increasing the latest published Census Bureau poverty thresholds by the relevant percentage change in the Consumer Price Index for All Urban Consumers (CPI–U). The guidelines in this 2011 notice reflect the 1.6 percent price increase between calendar years 2009 and 2010. After this inflation adjustment, the guidelines are rounded and adjusted to standardize the differences between family sizes. The same calculation procedure was used this year as in previous years (except for 2010, as discussed below).

Last year's poverty guidelines—the 2010 guidelines—were issued at an atypical time (August 3, 2010, rather than late January 2010) because legislation enacted in late 2009 (Pub. L. 111-118) and early 2010 (Pub. L. 111-144 and 111-157) ultimately prohibited publication of 2010 poverty guidelines before May 31, 2010. The details of the calculation of the 2010 guidelines were adjusted to take into account the period for which their publication was delayed, as described at 75 FR 45628. However, the level of the 2011 poverty guidelines presented here is not affected by the way in which the 2010 poverty guidelines were calculated because, in following the usual process for updating the poverty guidelines, the starting point for calculating the 2011 poverty guidelines is the 2009 Census Bureau poverty thresholds, and not the 2010 poverty guidelines.

The following guideline figures represent annual income.

2011 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA

1	Poverty guideline
5	\$10,890 14,710 18,530 22,350 26,170 29,990 33,810 37,630

For families with more than 8 persons, add \$3,820 for each additional person.

2011 POVERTY GUIDELINES FOR ALASKA

Persons in family	Poverty guideline
1	\$13,600 18,380 23,160 27,940 32,720 37,500 42,280 47,060

For families with more than 8 persons, add \$4,780 for each additional person.

2011 POVERTY GUIDELINES FOR HAWAII

Persons in family	Poverty guideline
1	\$12,540 16,930 21,320 25,710 30,100 34,490 38,880 43,270

For families with more than 8 persons, add \$4,390 for each additional person.

Separate poverty guideline figures for Alaska and Hawaii reflect Office of Economic Opportunity administrative practice beginning in the 1966–1970 period. (Note that the Census Bureau poverty thresholds—the version of the poverty measure used for statistical purposes—have never had separate figures for Alaska and Hawaii.) The poverty guidelines are not defined for Puerto Rico or other outlying jurisdictions. In cases in which a Federal program using the poverty guidelines serves any of those jurisdictions, the Federal office that

administers the program is generally responsible for deciding whether to use the contiguous-States-and-DC guidelines for those jurisdictions or to follow some other procedure.

Due to confusing legislative language dating back to 1972, the poverty guidelines sometimes have been mistakenly referred to as the "OMB" (Office of Management and Budget) poverty guidelines or poverty line. In fact, OMB has never issued the guidelines; the guidelines are issued each year by the Department of Health and Human Services. The poverty guidelines may be formally referenced as "the poverty guidelines updated periodically in the Federal Register by the U.S. Department of Health and Human Services under the authority of 42 U.S.C. 9902(2)."

Some Federal programs use a percentage multiple of the guidelines (for example, 125 percent or 185 percent of the guidelines), as noted in relevant authorizing legislation or program regulations. Non-Federal organizations that use the poverty guidelines under their own authority in non-Federally-funded activities may also choose to use a percentage multiple of the guidelines.

The poverty guidelines do not make a distinction between farm and non-farm families, or between aged and non-aged units. (Only the Census Bureau poverty thresholds have separate figures for aged and non-aged one-person and two-person units.)

Note that this notice does not provide definitions of such terms as "income" or "family," because there is considerable variation in defining these terms among the different programs that use the guidelines. These variations are traceable to the different laws and regulations that govern the various programs. Therefore, questions about how a particular program applies the poverty guidelines (for example, Is income counted before or after taxes? Should a particular type of income be counted? Should a particular person be counted in the family or household unit?) should be directed to the entity that administers or funds the program; that entity has the responsibility for defining such terms as "income" or "family," to the extent that these terms are not already defined for the program in legislation or regulations.

Dated: January 14, 2011.

Kathleen Sebelius,

Secretary of Health and Human Services. [FR Doc. 2011–1237 Filed 1–18–11; 4:15 pm]

BILLING CODE 4151-05-P

DEPARTMENT OF HEALTH AND HUMAN SERVICES

Nominations Requested for the 2011 Healthy Living Innovation Awards

AGENCY: Office of the Assistant Secretary for Planning and Evaluation, HHS.

ACTION: Notice.

SUMMARY: The Department of Health and Human Services (HHS) seeks nominations of public and private sector organizations to receive the 2011 Healthy Living Innovation Awards. The Awards are a part of Secretary Sebelius' Healthy Weight Initiative and HHS' continuing focus on highlighting preventive health and recognizing organizations that implement innovative approaches to address chronic diseases and promote healthier lifestyles. The statutory authority for this health promotion activity is Section 1703[42 U.S.C. 300u-2] from Title XVII of the Public Health Service Act. The Healthy Living Innovation Awards will identify and acknowledge innovative health promotion projects that demonstrated a significant impact on the health status of a community. Eligible organizations must have an innovative project in at least one of three health promotion

- (1) Healthy weight;
- (2) Physical activity; and
- (3) Nutrition.

The Department intends that these awards will provide an opportunity to increase public awareness of creative approaches to develop and expand innovative health programs and encourage duplication of successful strategies. Awards will be given in the following categories:

- Faith-Based and/or Community Initiatives
 - Health Care Delivery
 - Healthy Workplace
 - Large Employer> 500 employees
 - Small Employer< 500 employees
 - Non-Profit
 - Public Sector
 - Schools (K-12)
- Let's Move! Cities and Towns
 The following criteria will be taken
 into consideration upon review:
 - · Creativity and Innovation
 - Leadership
 - Sustainability
 - Replicability
 - Results/Outcomes

DATES: Nominations must be received by 11:59 p.m. EDT on March 1, 2011.

Nominations: NORC at the University of Chicago, a 501(c) (3) organization focused on health research, is coordinating the nomination process for

BUREAU OF FAMILY HEALTH GRANTEE COMMITTEE MEETING February 15, 2010 9-11:30 a.m. ICN Sites

Ames	Iowa City
Ames High School	Iowa City Public Library
20 th & Ridgewood	123 South Linn Street, Meeting Room D
Phone: 515-817-0600	Phone: 515-356-5200
Primary Local Site Contact:	Primary Local Site Contact:
Lance Wilhelm - 515-268-6670	Brian Visser – 515-887-6025
Burlington	Knoxville
Great Prairie AEA	Knoxville High School
3601 West Avenue	1811 West Madison, Room 125
Phone: 319-753-6561	Phone: 641-842-2173
Primary Local Site Contact:	Primary Local Site Contact:
Anne Aney – 319-753-6561	Paul Emerick- 641-842-2173
Carroll	Mason City
Carroll High School	Newman Catholic High School
2809 North Grant Road, Room A169	2445 19th SW
Phone: 712-792-8010	Phone: 641-421-4436
Primary Local Site Contact:	Primary Local Site Contact:
Kelly Fischbach – 712-792-8010 x221	Shari Rottinghaus – 641-421-4433
Cedar Rapids	Muscatine
Department of Human Services	Muscatine Community College
411 3rd Street SE, 5th Floor, Room 550	152 Colorado Street, Larson Hall, Room 60
Phone: 319-892-6700	Phone: 563-288-6001
Primary Local Site Contact:	Primary Local Site Contact:
Pat Lynch – 319-892-6717	Gail Spies- 563-288-6005
Council Bluffs	Norwalk
Iowa School for the Deaf - 1	Norwalk High School
3501 Harry Langdon Boulevard, Careers	1201 North Avenue, Room 102
Bldg, 2 nd Floor	Phone: 515-981-4201
Phone: 712-366-3647	Primary Local Site Contact:
Primary Local Site Contact:	Connie Thompson – 515-981-4201 x30
Christy Nash - 712-366-3647	
Creston	Ottumwa
Creston High School	Great Prairie AEA - 1
601 West Townline Road, Room 404	2814 N Court Street
Phone: 641-782-2116	Phone: 641-682-8591
Primary Local Site Contact:	Primary Local Site Contact:
Jeff Norman – 641-782-2116	Shirley Walker – 641-682-8591 x5220

Eastern Iowa Community College - 1 326 West 3"d Street, Kahl Educational Center, Room 300 Phone: 563-336-5200 Primary Local Site Contact: Catarina Pena - 563-336-5228 Decorah Decorah High School 100 East Claiborne Drive Phone: 563-382-3643 Primary Local Site Contact: Mark Albers - 563-382-3643 East 12th & Grand Avenue, Ola Babcock Miller Building (Old Historical Building) Phone: 515-281-4316 Primary Local Site Contact: Nancy Rash - 319-653-4655 Primary Local Site Contact: Nancy Rash - 319-653-4655 Primary Local Site Contact: Nancy Rash - 319-653-4655 Primary Local Site Contact: Nancy Rash - 319-291-2441 Primary Local Site Contact: Judy Gantenbein - 563-556-3310 Primary Local Site Contact: Vickie Westendorf - 319-292-2430 Fort Dodge Fort Dodge Fort Dodge Public Library 424 Central Avenue Phone: 515-573-8167 Primary Local Site Contact:	Γ	T
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Primary Local Site Contact:	Phone: 515-573-8167	
J I	Primary Local Site Contact:	
Deb Kern – 515-573-8167 x232		

^{*}Origination site

BFH Grantee Committee Meeting February 15, 2011 9 a.m. – 12 p.m. ICN

<u>Agenda</u>

9:00 a.m.	Call to Order Introductions & Roll Call Approval of Minutes Announcements - Iowa Medicaid Records/Claims Revi - Healthy Start, Grow Smart	<i>Cari Spear</i> ew
9:10 a.m.	Legislation and Budget	Julie McMahon
9:30 a.m.	Health Care Reform	Angie Doyle-Scar
9:45 a.m.	hawk-i Presumptive Eligibility	Melissa Ellis
10:00 a.m.	CAReS & WHIS Review Tools	Shelley Horak
10:10 a.m.	RFP Evaluation Results	Shelley Horak
10:25 a.m.	Fee-for-Service Update	Shelley Horak/ Renee Mathews
10:35 a.m.	Informing & Care Coordination Protocols and Sample Documentation	Kari Prescott
10:50 a.m.	CCNC Update	Analisa Pearson
11:00 a.m.	Agenda Items for Next Meeting/ Adjourn	Cari Spear
11:05 a.m.	Logic Model Training	Lindsay Miller

^{*}This is a required meeting for Bureau of Family Health contractors (Maternal Health, Child Health, and Family Planning).