

GRANTEE Update

May 11, 2009

The Update is a bi-weekly Web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted the second and fourth week of every month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

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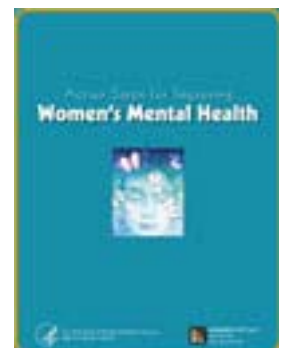


The Office on Women's Health Presents: *Action Steps for Improving Women's Mental Health and Women's Mental Health: What It Means to You*

Action Steps for Improving Women's Mental Health is a report that brings together the most recent research, resources, products, and tools on mental health issues in women and explores the role gender plays in diagnosing, treating, and coping with mental illness. It also points to resilience and social support systems as key factors in overcoming mental illness.

Women's Mental Health: What It Means to You is a consumer booklet that addresses the stigma associated with mental health, with information on the signs and symptoms of mental illness. It also provides suggestions for support and solutions for preventing and coping with mental illness.

To order one or both booklets, or to download a PDF version, go to <http://mentalhealth.samhsa.gov/publications/allpubs/OWH09/default.aspx>.



Program Management

Bureau of Family Health Grantee Committee Meeting

The next Bureau of Family Health Grantee Committee Meeting is scheduled for June 18, 2009 from 9-11 a.m. via the ICN. *This is a required meeting for Bureau of Family Health contract agencies.*

Effective Strategies to Budget Reductions

Information presented during the *Effective Strategies to Budget Reductions* phone conference held on May 7 will be available in the next edition of **The Update**.

New Toolkit Introduces and Expands Knowledge of Public Health

The University of Iowa's Institute for Public Health Practice and the Iowa Counties Public Health Association has created a Public Health Toolkit. The toolkit is meant to help you do your job and provides you with a single point of access to current and timely resources. In it you'll find: introductory material for those new to public health practice; suggestions for educating and training public health professionals; links to national and Iowa-focused public health and related organizations; critical resources for practitioners in Iowa; an index to public health topics in Iowa and the United States; and much more.

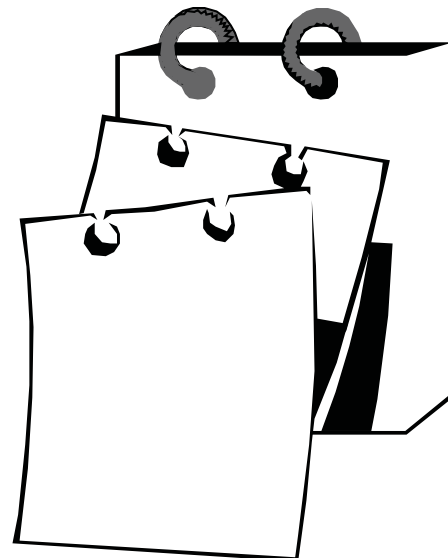
To access the toolkit, visit www.public-health.uiowa.edu/umphtc/education/phtoolkit or search "Toolkit" on the Prepare Iowa Learning Management System at www.prepareiowa.com.

IDPH Quick Reads

IDPH Quick Reads is an electronic newsletter produced by the Director's Office at the Iowa Department of Public Health. Published every three to four weeks, articles in Quick Reads are brief and often include resources for more information on a particular topic. Each issue provides an important link between the IDPH director and public health partners across the state, including local agency administrators and staff, policymakers, and other government officials.

Not on the IDPH Quick Reads mailing list? To subscribe, please send a blank e-mail to join-quick_reads@lists.ia.gov.

CALENDAR OF EVENTS



May 15, 2009

The 30th Annual Governor's Conference on Aging: AGING WELL EXPO

8 a.m. - 3 p.m., Hy-Vee Hall, Downtown Des Moines, 730 3rd Street

For more information, contact Carolyn Danielson at (515) 725-3318.

May 21, 2009

20th Annual Breastfeeding Conference

8:45 a.m. - 4 p.m., Sheraton in West Des Moines

For more information, contact Holly Szcodronski at (515) 281-5024.

June 10-11, 2009

2009 Immunization Statewide Conference (The evening of the 10th will begin with a lecture by Dr. Paul Offit and end with a small awards ceremony. June 11th will be the full conference day with nationally known speakers including Dr. Paul Offit, Dr. William Atkinson, Dr. Steven Rinderknecht, Dr. Jody Murph, and Dr. Ari Brown).

6-9 p.m. (Day 1)

8 a.m. - 4 p.m. (Day 2)

Hy-Vee Hall, Downtown Des Moines, 730 3rd Street

For more information, contact Bridget Konz at 1-800-831-6293, ext. 7.

*June 18, 2009

Bureau of Family Health Grantee Committee Meeting

9-11 a.m., ICN

For more information, contact Heather Hobert Hoch at (515) 281-6880 or hhobert@idph.state.ia.us.

*Required meeting

GRANTEE Update

Phone Directory

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