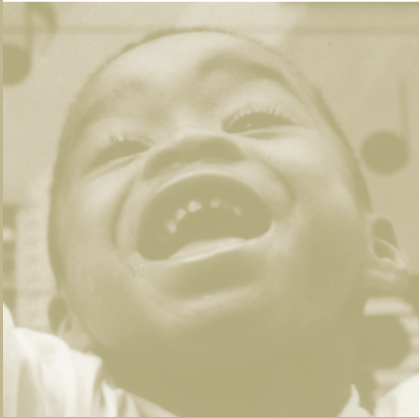
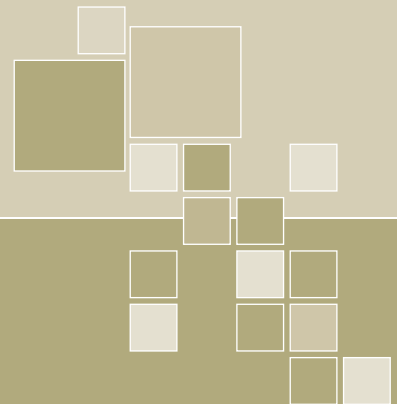


2005 ANNUAL REPORT

Iowa Division of Community Action Agencies



COMMUNITY ACTION IN IOWA





THOMAS J. VILSACK
GOVERNOR

SALLY J. PEDERSON
LT. GOVERNOR

DIVISION OF COMMUNITY ACTION AGENCIES
WILLIAM J. BRAND, ADMINISTRATOR

Dear Iowans,

Community action agencies in Iowa have been successfully assisting families living in poverty to become self-sufficient for more than forty years. Iowans can be proud of the innovative and effective efforts of these locally governed, community-driven organizations that are confronting the issues of poverty head on, one community, and one family at a time.

The Iowa Division of Community Action Agencies serves to strengthen and support the work of Iowa's eighteen local community action agencies. Together, this network served over 320,000 Iowans in FY 2005 in such areas as health, education, employment, family development, child care, energy efficiency, nutrition, housing, and emergency services.

The Division and local agencies are committed to forging new partnerships and developing new solutions to the problems of poverty in our state. Working with policy-makers, community partners, and low-income citizens, we will continue to implement innovative strategies to ensure "maximum feasible participation" and self-sufficiency for all Iowans.

I am pleased to present this report that details the efforts of the community action network in Iowa, and its immense contribution to making Iowa a great place to live, work, and raise a family.

Sincerely,

William Brand
Administrator



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“Because it is right, because it is wise, and because, for the first time in our history, it is possible to conquer poverty, I submit for the consideration of the Congress and the country, the Economic Opportunity Act of 1964.”

- President Lyndon B. Johnson

COMMUNITY ACTION

In 1964, Community Action was introduced with the enactment of the Economic Opportunity Act. The Act was the centerpiece of the “War on Poverty”, and was a major thrust of the “Great Society” legislative agenda of the Lyndon Johnson administration. The ambitious purpose of the Economic Opportunity Act was to mobilize the human and financial resources of the nation to combat the causes and consequences of poverty in the United States.

The Economic Opportunity Act developed and provided funding for a nationwide network of community action agencies. Community action agencies create, coordinate, and deliver an array of comprehensive programs and services to people living in poverty. These programs and services reduce conditions of poverty, revitalize communities, and enable low-income families and low-income individuals to secure opportunities needed for them to become self-sufficient. Today, there are more than 1,100 community action agencies throughout the United States.

Community action agencies are private nonprofit and public organizations. They are governed by a uniquely structured tripartite volunteer board of directors, comprised equally of elected public officials, private sector representatives, and low-income representatives. This structure is designed to promote the participation of the entire community in assessing local needs and attacking the causes and conditions of poverty.

In 2005, Iowa community action agencies assisted over 122,000 families and 319,000 individuals, leveraged over \$154 million, and received over \$14 million in government and business in-kind services and donated items. These agencies also partnered with 12,597 volunteers—contributing 336,002 hours of service and support to their local communities.



“The Promise of Community Action”

Community Action changes people’s lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other.

DIVISION OF COMMUNITY ACTION AGENCIES

William J. Brand, Administrator

The Division of Community Action Agencies is located within the Iowa Department of Human Rights and is the focal point for community action agency activities within Iowa government. The Division of Community Action Agencies exists to develop and expand the capacity at the community level to assist families and individuals to achieve economic and social self-sufficiency, and to ensure that the basic needs of Iowa's low-income population are met.

The Division is comprised of the Bureau of Community Services, the Bureau of Energy Assistance, and the Bureau of Weatherization.

BUREAU OF COMMUNITY SERVICES

The Bureau of Community Services administers three anti-poverty programs: Community Services Block Grant (CSBG), Family Development and Self-Sufficiency Grant program (FaDSS), and the Community Food and Nutrition Grant Program (CFNP).

The Community Services Block Grant is funded by the U.S. Department of Health and Human Services. These federal funds are distributed to Iowa's 18 community action agencies, which create, coordinate, and deliver many programs and services to low-income Iowans. The CSBG program funds the central management and core activities of these agencies. The agencies use the funds to mobilize additional public and private resources to combat the central causes of poverty in their communities and to assist low-income individuals to achieve self-sufficiency and ensure their basic needs are met.

Iowa's community action agencies provide the following activities to help low-income Iowans:

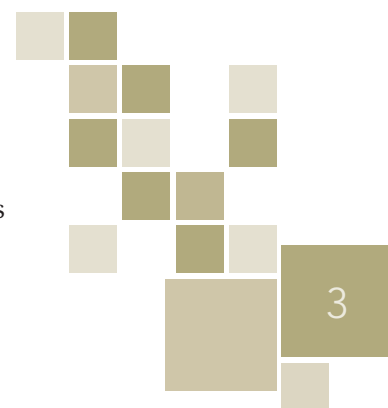
- Remove obstacles and solve problems that block the achievement of self-sufficiency;
- Secure and retain meaningful employment;
- Attain an adequate education;
- Make better use of available income;
- Obtain and maintain adequate housing and a suitable living environment;
- Obtain emergency assistance to meet the immediate and urgent family needs;
- Achieve greater participation in the affairs of communities; and
- Address the needs of youth in low-income communities.

In FY 2005, Iowa CSBG funding was over \$6.8 million. Iowa's community action agencies used their CSBG funding to serve over 122,000 families and 319,000 individuals. The agencies also received over \$154 million in federal, state, local, and private funding.

In partnership with the Iowa Department of Human Services, the Bureau administers the FaDSS Grant program. FaDSS provides services to Family Investment Program families facing multiple barriers to self-sufficiency. The FaDSS program provides comprehensive in-home services through certified Family Development Specialists. The FaDSS program is a nationally recognized model which has demonstrated that it pays off, both in social and economic terms, to invest in high quality intensive services by partnering with families at risk of long term welfare dependency.

(Additional information on the FaDSS program can be found on pages 6 and 7.)

The Bureau also administers the Community Food and Nutrition Grant Program. Funds from this grant (\$29,709 in FY 2005) are expended for a statewide community food and nutrition project. In FY 2005, the Bureau utilized the CFNP funds to continue supporting the outreach and enrollment of individuals and families into Iowa's Food Assistance Program.



BUREAU OF WEATHERIZATION



The Bureau of Weatherization administers the federal grant program - Low-Income Weatherization Assistance Program (WAP). This is the nation's largest residential energy efficiency program. The program reduces the burden of energy costs to low-income and fixed-income persons, particularly the elderly, disabled, and families with children, by improving the energy efficiency of their homes and ensuring their health and safety. In 2005, 2,139 homes were weatherized, of which, 34% of the households served included at least one elderly person, 44% included at least one disabled person and 20% included young children (below age 6).

The Iowa Weatherization Program partners with Iowa's Low-Income Home Energy Assistance Program (LIHEAP). While the LIHEAP Program provides crisis relief by helping clients who have an immediate need for financial assistance with energy costs, the Weatherization Program provides clients with long-term financial relief by reducing the amount of energy their homes use. It addresses the core problem that low-income clients have with respect to their energy burden.

In addition to \$5 million in federal Department of Energy funds, the Bureau also received \$5.1 million from LIHEAP and \$4.8 million from investor-owned utility companies to supplement the federal funds. Low-income houses weatherized in 2004 saved an average of \$389 in first-year fuel bill costs.

Professionally trained technicians in the program use a computerized energy audit to determine the most appropriate and cost-effective energy-saving measures that should be applied to the house. Typical measures include sealing air leaks, installing insulation in attics, walls, and crawlspaces, tuning and upgrading heating systems, and installing low-cost energy conservation measures.

The program also conducts a health and safety check on every home weatherized. This consists of inspecting all combustion appliances for carbon monoxide and for the proper venting of gases. Unsafe furnaces are repaired or replaced. Homes are also inspected for other possible health and safety problems such as mold and unsafe electrical wiring. Carbon monoxide detectors and smoke detectors are installed in certain situations.

Besides the benefits of reducing low-income households' energy use and ameliorating many health and safety problems in the homes, the program also provides these additional benefits:

- Provides households with education in energy-saving practices
- Increases the comfort in the homes that are weatherized
- Reduces the nation's dependence on foreign oil
- Reduces carbon emissions and other air pollutants
- Preserves housing stock for low-income households

BUREAU OF ENERGY ASSISTANCE

The Bureau of Energy Assistance administers the federally funded Low-Income Home Energy Assistance Program (LIHEAP). LIHEAP is designed to assist qualifying low-income households in the payment of a portion of their winter heating costs, and to encourage energy conservation through client education and weatherization. All households applying for LIHEAP are simultaneously making application for weatherization assistance. The program provided assistance to over 85,000 Iowa households in FY 2005.

LIHEAP payments are weighted to award higher benefits to targeted households. These households include the elderly, disabled, working poor and households with children under six years of age. Additionally, benefits are weighted to account for a household's level of poverty. Beyond regular assistance payments, LIHEAP has two additional components: Assessment and Resolution and Emergency Crisis Intervention Program (ECIP).

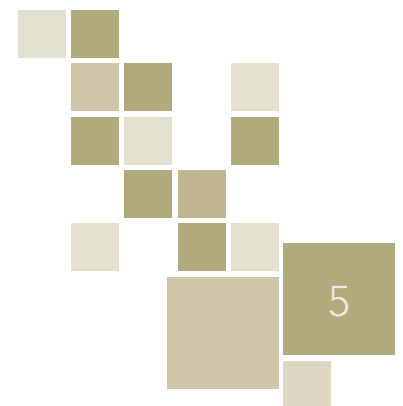
Activities covered under the Assessment and Resolution component include delivering client energy conservation education, referral to outside services, family needs assessment, budget counseling, vendor negotiation, household energy use assessment, household energy use planning, and low-cost energy efficiency measures.

The ECIP component of LIHEAP provides immediate assistance to alleviate life-threatening situations. Assistance payments are made for repair or

replacement of a furnace or heating system, obtaining temporary shelter, purchase of blankets and/or heaters, emergency fuel deliveries, purchasing or repairing air conditioning equipment when medically necessary, purchasing fans, and transporting clients to cooling centers during times of extreme heat. Households certified eligible for LIHEAP (those at or below 150% of the Federal Poverty Guidelines) are protected from disconnection of gas or electric service from November 1st until April 1st under Iowa's winter moratorium law.

2005 LIHEAP FACTS AND FIGURES

- Iowa received \$34.4 million in federal funds
- The average statewide LIHEAP benefit was \$317
- 90% of households assisted by LIHEAP do NOT receive FIP assistance
- 61% of households assisted by LIHEAP are below 100% of federal poverty guidelines
- 45% of households assisted by LIHEAP has a disabled member
- 31% of households assisted by LIHEAP has an elderly household member
- 25% of households assisted by LIHEAP has a child under 6 years of age



FAMILY DEVELOPMENT AND SELF-SUFFICIENCY GRANT PROGRAM (FaDSS)



Mission: Improve the lives of families at risk of long-term welfare dependency or family instability by creating opportunities for self-sufficiency.

FaDSS is a holistic, strength-based, in-home family program that focuses on **preventive services**, and facilitates **long-term family change**. FaDSS offers an array of comprehensive services and is the **only** provider that promotes both self-sufficiency and family stability to families receiving Family Investment Program (FIP) benefits.

The Family Development and Self-Sufficiency (FaDSS) Grant Program was created by the 1988 Iowa General Assembly. The Assembly also created the FaDSS Council within the Department of Human Services to study, fund, and evaluate programs that provide development services to families who are at risk of long-term welfare dependency. The Department of Human Services contracts with the Department of Human Rights, Division of Community Action Agencies to administer the FaDSS Grant Program.

During fiscal year 2005, FaDSS was funded through an appropriation of \$5,133,042 in TANF block grant funds. In addition to the TANF funds, local grantees provided \$1,202,416 in local and in-kind funds to supplement FaDSS.

FaDSS is provided in **all of Iowa's 99 counties** through a network of eighteen agencies (community action agencies, faith-based organizations, and other public

and private non-profits) with Certified Family Development Specialists who are mandatory child abuse reporters.

FaDSS PROVIDES SERVICES TO:

- The most fragile families
- Families with small children (3,847 families, with 7,600 children, of which 3,800 were between the ages 0-5)
- Families of an ethnic minority group (30% of the families served were of an ethnic minority group)

FaDSS PROVIDES:

- Goal setting and goal attainment skills
- Parenting skill development
- Protection for children
- Families with links to informal and formal connections within their community
- Thorough assessment of strengths
- Budgeting skills
- Role modeling of healthy behaviors
- Self-advocacy skills
- Assistance to communities throughout Iowa to respond to low-income families facing multiple issues in a strength based manner

For more information on Iowa's FaDSS program, please contact the Division of Community Action Agencies, or visit the FaDSS website—www.iowafadss.org

FaDSS: STRENGTHENING IOWA'S FAMILIES. STRENGTHENING IOWA'S ECONOMY.

FaDSS PROGRAM RESULTS

PROTECTING CHILDREN

(Source: FY 2005 FaDSS Annual Report)

- 1 out of 4 families have a child in the home that is a survivor of child abuse.
- FaDSS workers make child protection a top priority, which last year resulted in 312 children placed out of home.
- FaDSS services allowed 122 of these children to return to their families.
- In FY 2001, the Iowa Legislature designated FaDSS workers as mandatory child abuse reporters.

ACCOUNTABLE GOVERNMENT

(Source: FY 2005 FaDSS Annual Report)

- Every dollar invested in FaDSS results in annual return of \$1.35 in wages earned and FIP savings.
- FaDSS families earned \$5,220,251 in wages during FY05.
- There was \$1,678,694 in FIP Savings in FY05.

EDUCATION GOALS ACHIEVED

(Source: FY 2005 FaDSS Annual Report)

148 GED/HS Diploma
117 Certification Program
73 Associate Degree
9 Bachelor Degree

MENTAL HEALTH TREATMENT

(Source: FY 2005 FaDSS Annual Report)

1353 or 82% of individuals that had an individual with identified mental health issues received treatment while participating in FaDSS in FY 2005.

A SOUND ECONOMIC INVESTMENT

(Source: FaDSS database through 06/30/05. Based on families exiting the FaDSS program)

EMPLOYMENT—For fiscal year 2005 the average hourly wage of head of households in FaDSS was \$7.62. The state target for FIP in FY 2005 was \$7.38.*

EDUCATION—1207 adult family members indicated that education was a goal. Of those, 784 or 65% made progress toward their educational goals by the time they exited FaDSS.

HOUSING—1257 families who have exited FaDSS had improved housing as a goal. 897 or 71% of these families improved their housing.

*Includes FaDSS Participants

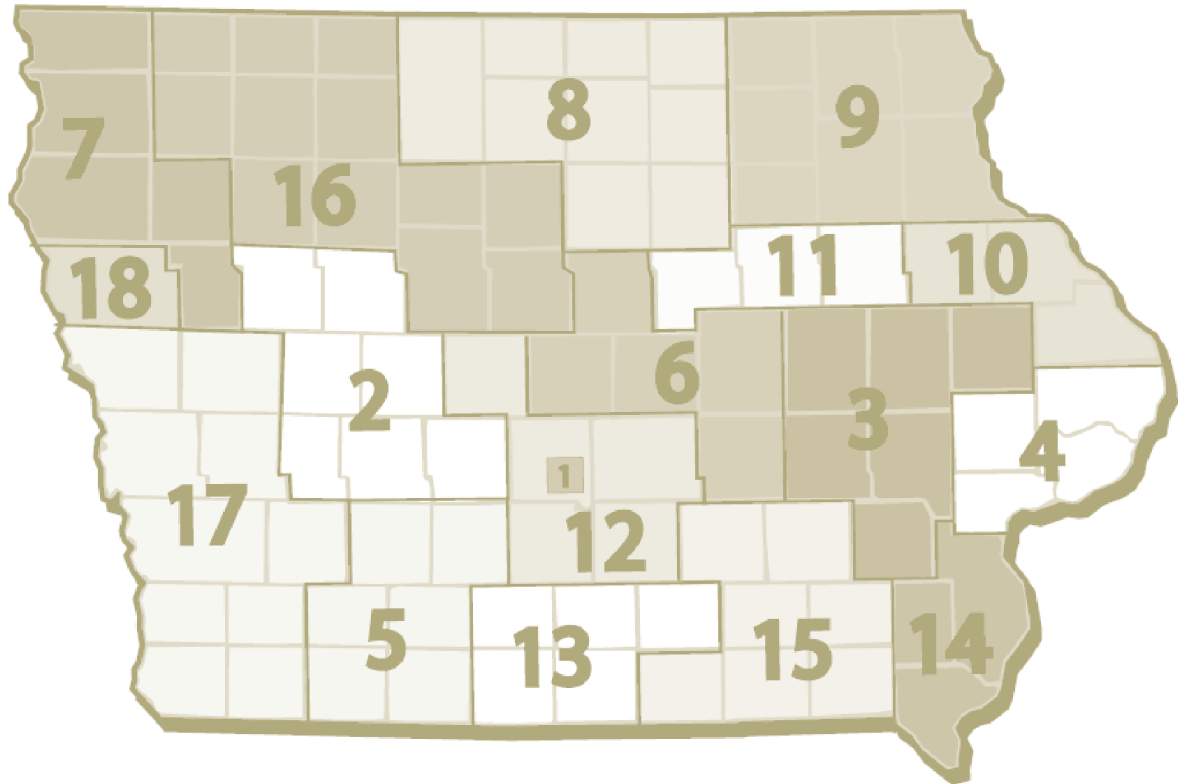


FaDSS SELF-SUFFICIENCY RATES

The FaDSS program has a transition component that allows for continued FaDSS services for up to 90 days after a family leaves welfare. Families are at their most vulnerable for cycling back on welfare during this time. More than 75% of the families who received the transition component were off welfare a year later.

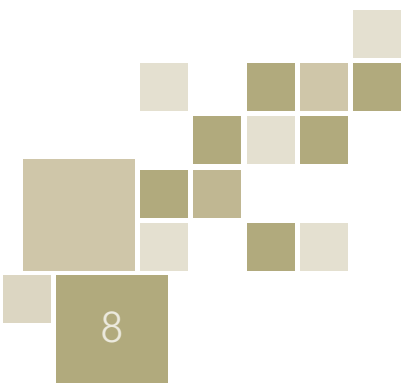
FOR MORE INFORMATION: www.iowafadss.org

COMMUNITY ACTION AGENCIES IN IOWA



GEOGRAPHIC AREAS SERVED

1. City of Des Moines —Community Development Department
2. Community Opportunites, Inc.
3. Hawkeye Area Community Action Program, Inc.
4. Community Action of Eastern Iowa
5. MATURA Action Corporation
6. Mid-Iowa Community Action, Inc.
7. Mid-Sioux Opportunity, Inc.
8. North Iowa Community Action Organization
9. Northeast Iowa Community Action Corporation
10. Operation: New View Community Action Agency
11. Operation Threshold
12. Red Rock Area Community Action Program, Inc.
13. South Central Iowa Community Action Program, Inc.
14. Community Action of Southeast Iowa
15. Southern Iowa Economic Development Association
16. Upper Des Moines Opportunity, Inc.
17. West Central Development Corporation
18. Community Action Agency of Siouxland



2005 COMMUNITY ACTION AGENCIES

COMMUNITY OPPORTUNITIES, INC.

603 West 8th Street - PO Box 427
Carroll, IA 51401-0427
(712) 792-9266
Service Area (Counties): Audubon, Calhoun, Carroll,
Dallas, Greene, Guthrie, and Sac
Persons Served: 16,466 individuals (6,115 families)
FY 2005 Funding Received: \$6,708,265
FY 2005 In-kind Contributions: \$728,117

HAWKEYE AREA COMMUNITY ACTION PROGRAM, INC.

1515 Hawkeye Drive - PO Box 490
Hiawatha, IA 52233
(319) 393-7811
Service Area (Counties): Benton, Iowa, Johnson,
Jones, Linn, and Washington
Persons Served: 44,632 individuals (15,688 families)
FY 2005 Funding Received: \$17,536,626
FY 2005 In-kind Contributions: \$4,220,167

COMMUNITY ACTION OF EASTERN IOWA

500 East 59th Street
Davenport, IA 52807
(563) 324-3236
Service Area (Counties): Cedar, Clinton,
Muscatine, and Scott
Persons Served: 29,077 individuals (10,181 families)
FY 2005 Funding Received: \$17,446,092
FY 2005 In-kind Contributions: \$775,784

MATURA ACTION CORPORATION

203 West Adams
Creston, IA 50801
(641) 782-8431
Service Area (Counties): Adair, Adams, Madison,
Ringgold, Taylor, and Union
Persons Served: 10,049 individuals (3,806 families)
FY 2005 Funding Received: \$4,236,103
FY 2005 In-kind Contributions: \$901,818

MID-IOWA COMMUNITY ACTION, INC.

1001 S. 18th Avenue
Marshalltown, IA 50158
(641) 752-7162
Service Area (Counties): Hardin, Marshall,
Poweshiek, Story, and Tama
Persons Served: 15,914 individuals (6,024 families)
FY 2005 Funding Received: \$12,578,256
FY 2005 In-kind Contributions: \$130,617

MID-SIOUX OPPORTUNITY, INC.

418 Marion Street - PO Box 390
Remsen, IA 51050
(712) 786-2001
Service Area (Counties): Cherokee, Ida, Lyon,
Plymouth, and Sioux
Persons Served: 10,765 individuals (3,838 families)
FY 2005 Funding Received: \$6,261,769
FY 2005 In-kind Contributions: \$366,057

CITY OF DES MOINES/COMMUNITY DEVELOPMENT DEPARTMENT

602 Robert D. Ray Drive
Des Moines, IA 50309
(515) 283-4182
Service Area (City): Des Moines
Persons Served: 21,229 individuals (9,085 families)
FY 2005 Funding Received: 4,688,416
FY 2005 In-kind Contributions: \$125,000

NORTH IOWA COMMUNITY ACTION

ORGANIZATION
218 5th Street SW - PO Box 1627
Mason City, IA 50402-1627
(641) 423-8993
Service Area (Counties): Butler, Cerro Gordo,
Floyd, Franklin, Hancock, Kossuth, Mitchell,
Winnebago, and Worth
Persons Served: 12,671 individuals (5,442 families)
FY 2005 Funding Received: \$10,370,878
FY 2005 In-kind Contributions: \$864,951

NORTHEAST IOWA COMMUNITY ACTION CORPORATION

305 Montgomery - PO Box 487
Decorah, IA 52101
(563) 382-8436
Service Area (Counties): Allamakee, Bremer,
Chickasaw, Clayton, Fayette, Howard, and
Winneschik
Persons Served: 13,679 individuals (5,474 families)
FY 2005 Funding Received: \$9,928,959
FY 2005 In-kind Contributions: \$118,750

OPERATION: NEW VIEW COMMUNITY ACTION AGENCY

1473 Central Avenue
Dubuque, IA 52001
(563) 556-5130
Service Area (Counties): Delaware, Dubuque, and
Jackson
Persons Served: 13,434 individuals (5,524 families)
FY 2005 Funding Received: \$4,548,580
FY 2005 In-kind Contributions: \$453,027

OPERATION THRESHOLD

300 West Third Street
Waterloo, IA 50701
(319) 291-2065
Service Area (Counties): Black Hawk, Buchanan,
and Grundy
Persons Served: 17,526 individuals (6,115 families)
FY 2005 Funding Received: \$4,850,923
FY 2005 In-kind Contributions: \$82,968

RED ROCK AREA COMMUNITY ACTION PROGRAM, INC.

1009 S. Jefferson - Suite 2
Indianola, IA 50125
(515) 961-6271
Service Area (Counties): Boone, Jasper, Marion,
Polk, and Warren
Persons Served: 16,650 individuals (6,894 families)
FY 2005 Funding Received: \$2,774,345
FY 2005 In-kind Contributions: \$132,278

SOUTH CENTRAL IOWA COMMUNITY ACTION PROGRAM, INC.

1403 NW Church Street
Leon, IA 50144
(641) 446-4155
Service Area (Counties): Clarke, Decatur, Lucas,
Monroe, and Wayne
Persons Served: 6,982 individuals (2,875 families)
FY 2005 Funding Received: \$4,153,663
FY 2005 In-kind Contributions: \$53,078

COMMUNITY ACTION OF SOUTHEAST IOWA

2850 Mt. Pleasant Street - Suite 108
Burlington, IA 52601
(319) 753-0193
Service Area (Counties): Des Moines, Henry, Lee,
and Louisa
Persons Served: 15,110 individuals (6,034 families)
FY 2005 Funding Received: \$11,485,317
FY 2005 In-kind Contributions: \$870,605

SOUTHERN IOWA ECONOMIC DEVELOPMENT ASSOCIATION

226 West Main Street - PO Box 658
Ottumwa, IA 52501
(641) 682-8741
Service Area (Counties): Appanoose, Davis,
Jefferson, Keokuk, Mahaska, Van Buren, and Wapello
Persons Served: 16,226 individuals (6,175 families)
FY 2005 Funding Received: \$8,263,607
FY 2005 In-kind Contributions: \$592,322

UPPER DES MOINES OPPORTUNITY, INC.

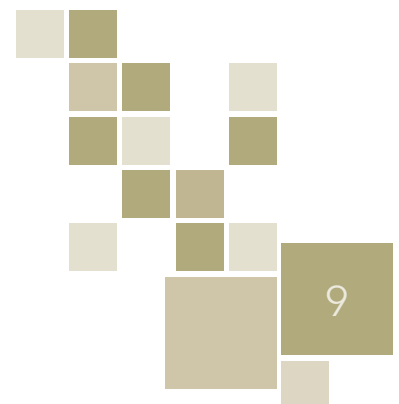
101 Robins Avenue - PO Box 519
Grattinger, IA 51342
(712) 859-3885
Service Area (Counties): Buena Vista, Clay,
Dickinson, Emmet, Hamilton, Humboldt, O'Brien,
Osceola, Palo Alto, Pocahontas, Webster, and Wright
Persons Served: 25,174 individuals (9,745 families)
FY 2005 Funding Received: \$10,129,214
FY 2005 In-kind Contributions: \$905,198

WEST CENTRAL DEVELOPMENT CORPORATION

1108 8th Street - PO Box 709
Harlan, IA 51537
(712) 755-5135
Service Area (Counties): Cass, Crawford, Fremont,
Harrison, Mills, Monona, Montgomery, Page,
Pottawattamie, and Shelby
Persons Served: 22,624 individuals (8,822 families)
FY 2005 Funding Received: \$11,367,105
FY 2005 In-kind Contributions: \$3,373,868

COMMUNITY ACTION AGENCY OF SIOUXLAND

2700 Leech
Sioux City, IA 51106
(712) 274-1610
Service Area (County): Woodbury
Persons Served: 15,179 individuals (5,636 families)
FY 2005 Funding Received: \$7,513,130
FY 2005 In-kind Contributions: \$30,522



COMMUNITY ACTION AGENCIES — 2005 ACCOMPLISHMENTS



The Division of Community Action contracted with Iowa's community action agencies to support the Food Assistance Program's outreach and enrollment efforts by processing applications and re-certifications for eligible low-income families. Agency outreach and enrollment activities include; training staff on the Food Assistance Program application rules and procedures—identifying, assisting, and referring families to the program—distributing program literature to families—performing follow-up application services—and making appropriate software additions to computer systems in order to assist families with their Food Assistance services. 1,119 families were assisted.

Mid-Sioux Opportunity, Inc.

received a grant from the Iowa Department of Public Health for providing early oral health screenings and place sealants on 2nd and 3rd grade students. This grant allows for children, especially low-income children, to receive oral health screenings at an early age. A Dental Hygienist and Assistant visited 9 schools, screened over 460 children, and placed over 1,300 tooth sealants.

North Iowa Community Action Organization

continued its annual Head Start Adopt-a-Child Program. The program provides Head Start children with winter outerwear (coats, snowsuits, hats, scarves, mittens, and boots) to families not able to afford them. Program staffs solicit donations, apply for grants, and contact individuals interested in participating. The program raised \$5,960 and received

numerous donations. 172 children were assisted.

Operation Threshold received funding from the Federal Home Loan Bank to provide home repairs to rural properties. Each qualified home received up to \$9,825 in home repairs. Operation Threshold used the funding to repair and weatherize 10 homes.

South Central Iowa Community Action Program

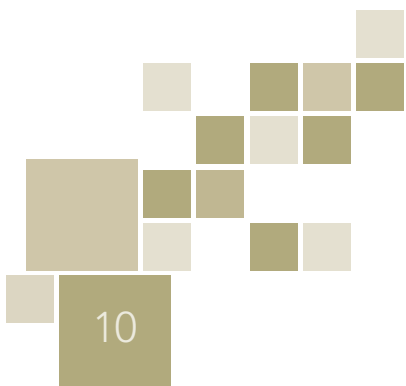
was awarded a \$54,500 Rural Economic and Community Development grant to rehabilitate and weatherize the homes of eight very low-income rural homeowners. The agency has received funding to assist seven homeowners in 2006.

Community Action of Southeast Iowa

received funding to continue their Medication Assistance Program. This program assists seniors in gaining access to pharmaceutical company indigent programs for chronic medication needs. The agency received the Iowa Community Health Prize (plus \$6,000) from the Iowa Farm Bureau Foundation for this program.

Operation: New View Community Action Agency

continued to hold "State of Poverty Welfare Simulations" with Iowa State University Extension. The simulations are designed to help participants, through role playing, understand what it might be like to live in a low-income family dealing with self-sufficiency barriers from month to month. To date, that agency has provided this training to 745 participants.



COMMUNITY ACTION AGENCIES — 2005 ACCOMPLISHMENTS

Upper Des Moines Opportunity, Inc. partnered with local service providers in Buena Vista County in applying and receiving funding for an area health center. In 2006, the United Community Health Center will offer health care services to the area's low-income residents.

Southern Iowa Economic Development Association administers the area's Substance Abuse Services. As a result of providing substance abuse services in excess of their contract obligations, they were awarded an addition \$15,000 for the program.

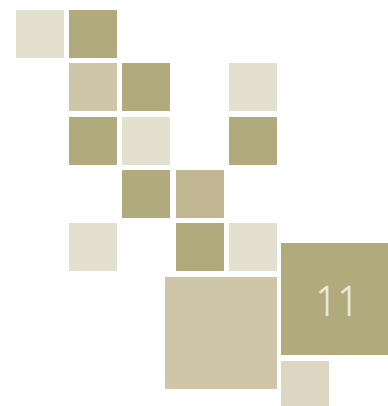
Red Rock Area Community Action Program successfully negotiated an agreement with the Division of Community Action Agencies to administer the Weatherization Assistance Program in their service area.

Hawkeye Area Community Action Program, the Heritage Area Agency on Aging, and other community partners have established a program to assist low-income seniors sign up for the new Medicaid Drug Program. The program, Peer-to-Peer Outreach Program, pairs older agency employees (senior peer counselors) with Medicaid Drug Program eligible seniors. The senior peers provide the eligible seniors with Medicaid Drug Program knowledge, assistance in enrolling in the program, and information about other HACAP and community programs that will assist them in receiving other possible services.

The Carroll County Family Development Center participated in a program called HUSH—Help Us Stop Hunger. This program accepts donated deer from local hunters, and pays a participating locker \$50 for processing. The Family Development Center distributes the venison to households served by **Community Opportunities, Inc.** 11,233 pounds of meat was distributed last year.

MATURA Action Corporation partnered with local organizations in Ringgold County to provide local low-income residents with vouchers that were used to purchase prescription medication, or for transportation to a medical facility.

The Woodbury Elementary and Anson Elementary Service Learners program, administered by **Mid-Iowa Community Action**, is an after school program for 3rd, 4th, and 5th grade students. The students meet twice a week to plan and participate in activities to improve their community. 29 students accounted for 3,000 hours of community service activities. Activities included: Adopt-A-Pet Poster project, Family Service Night at a local shelter, Adopt-A-Veteran holiday, and designing and posting kestrel nesting boxes—a conservation initiative with the Department of Natural Resources.



COMMUNITY ACTION AGENCIES — 2005 ACCOMPLISHMENTS



Three **Northeast Iowa Community Action Corporation** management team members received their Certified Community Action Professional (CCAP) certification. CCAP is a peer recognition certification program for present and potential managerial level employees in the field of community action.

West Central Development Corporation received \$432,000 to expand its Head Start Wrap-Around Program from 4 to 9 centers. The funding also allows for extend Head Start Program hours and provides Head Start program services in the summer.

Community Action of Siouxland organized a Cinco de Mayo Siouxland celebration, which attracted more than 5,000 people to the Sioux City Convention Center. The event celebrated Hispanic culture and diversity, and featured first-class music, history, and culture.

The **City of Des Moines—Community Development Department** received funding from MidAmerican Energy's ICARE customer contribution program and Des Moines franchise fees to assist 828 families in re-establishing utility service and avoid disconnection.

In January 2005, **Community Action of Eastern Iowa** relocated their administrative offices in accordance with their strategic plan and agency budget. The relocation was done quickly and with minimal disruption. The move has resulted in improved service delivery.

COMMUNITY ACTION AGENCIES — PROGRAM OUTCOMES (STATEWIDE)

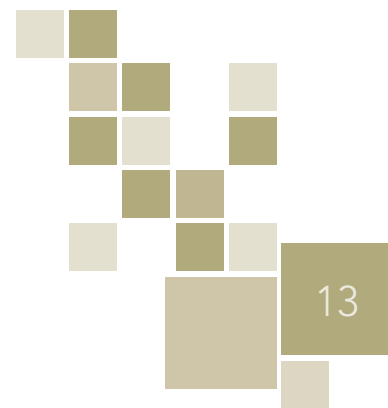
In FY 2005, the Division of Community Action Agencies assembled the third annual report of Iowa community action outcomes. The report—Iowa's CSBG National Goals and Measures—is organized within the framework of the following six national community action goals. The six goals address three levels of programs, services, and activities—family, community, and agency:

- Goal 1:** Low-income people become more self-sufficient (family)
- Goal 2:** The conditions in which low-income people live are improved (community)
- Goal 3:** Low-income people own a stake in their community (community)
- Goal 4:** Partnerships among supporters and providers of services to low-income people are achieved (agency)
- Goal 5:** Agencies increase their capacity to achieve results (agency)
- Goal 6:** Low-income people, especially vulnerable populations, achieve their potential by strengthening family and other supportive environments (family)

In an effort to capture national standardized community action outcome data around these six goals, national indicators of community action performance were developed by the national Community Action Network. Below are a few key FY 2005 Iowa community action outcomes organized and reported according to the framework of the national performance indicators:

1. Low-income people become more self-sufficient
 - 30% of individuals exiting an agency self-sufficiency program obtained a job
 - 39% of individuals exiting an agency self-sufficiency program obtained an increase in employment income
 - 930 individuals obtained pre-employment skills required for employment
2. The conditions in which low-income people live are improved
 - 102 safe and affordable low-income housing units were created or preserved and improved
 - 4,205 families received emergency shelter assistance and homeless prevention services
3. Low-income people own a stake in their community
 - 12,597 individuals volunteered in their community through community action, contributing 336,002 hours
 - 1,368 low-income individuals participated in formal community organizations, boards, and councils that provide input to decision-making and policy setting through community action efforts
4. Partnerships among supporters and providers of services to low-income people are achieved
 - 2,477 - the number of organizations agencies worked with to expand resources and opportunities in order to achieve family and community outcomes
5. Agencies increase their capacity to achieve results
 - \$171,296,786 - the number of dollars mobilized by community action (includes: the value of volunteer time, and the value of in-kind services and donations)
6. Low-income people, especially vulnerable populations, achieve their potential by strengthening family and other supportive environments
 - 5,428 families were assisted in acquiring health insurance
 - 7,634 children obtained appropriate prevention and primary health care, including physical examinations
 - 30,926 children, 15,328 women, and 8,755 infants obtained nutrition education and food supplements through the WIC program
 - 7,124 children participated in pre-school activities to develop school readiness skills

For more information on Iowa's community action outcomes, please contact the Division of Community Action Agencies.



COMMUNITY ACTION AGENCIES — SERVICES PROVIDED (STATEWIDE)



Iowa's community action agencies provide a variety of programs and services to low-income Iowans that will help them towards achieving self-sufficiency. All agency programs and services can be classified in one or more of the following 11 categories:

EMPLOYMENT

Employment services were provided to **2,356** individuals by 11 community action agencies. These agency services include: job counseling, job placement and development, job training, skills training, and senior employment.

5,613 referral and information contacts were made for individuals concerning employment.

EDUCATION

Head Start and Early Head Start services were provided to **6,790** children by 15 community action agencies.

Other agency education services provided include: educational counseling and guidance, day care, child development, ABE/GED classes, Head Start literacy classes, self-help classes, and child care resource and referrals. One or more of these services were provided to **5,830** individuals by 12 agencies.

17,419 referral and information contacts were made for individuals concerning education.

INCOME MANAGEMENT

Low-Income Home Energy Assistance (LIHEAP) was provided to **85,009** households (**207,605** individuals) by 18 community action agencies.

1,962 homes (**5,490** individuals) were weatherized by 17 community action agencies through their Weatherization Assistance Program.

Other agency income management services provided include: household financial counseling, income tax counseling, and tax and rent rebate assistance. One or more of these services were provided to **13,280** individuals by 14 agencies.

48,971 referrals and information contacts were made for households concerning income management services.

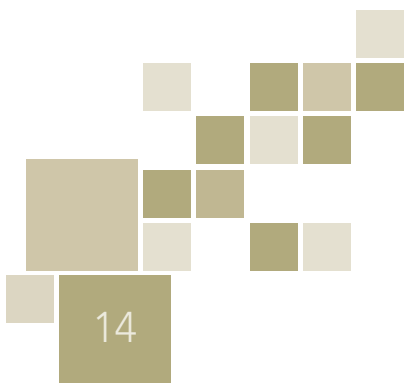
HOUSING

Housing services were provided to **1,511** households by 13 community action agencies. These agency services include: homeownership and loan assistance, housing advocacy, home repair, home rehabilitation services, CHORE services, and transitional housing.

11,135 referral and information contacts were made for households concerning housing assistance.

EMERGENCY SERVICES

1,568 homes received furnace replacement/repair services, **2,358** homes received utility reconnection services, and **906** homes received deliverable fuel payments by 18 community action agencies through their Energy Crisis Intervention Program (ECIP).



COMMUNITY ACTION AGENCIES — SERVICES PROVIDED (STATEWIDE)

Other agency non-food emergency assistance services provided include: cash assistance and loans, emergency energy programs, crisis intervention, donated goods and services, and homeless aid. One or more of these services were provided to **11,860** households by 15 agencies.

24,815 referrals and information contacts were made for households concerning non-food emergency services.

NUTRITION

31,110 food pantries and shelves were provided to families by 17 community action agencies.

Child and Adult Care Food Program services were provided to **33,474** individuals by 15 community action agencies.

Women, Infants, and Children (WIC) program services were provided to **51,124** individuals by 11 community action agencies.

Other agency nutrition services provided include: surplus food, gardening, farmers market, and nutrition counseling. One or more of these services were provided to **21,518** individuals by 14 agencies.

25,593 referrals and information contacts were made for individuals concerning nutrition services.

LINKAGES AMONG ANTI-POVERTY INITIATIVES

Linkages with other program services were provided to **17,406** individuals by 12 community action agencies. These agency services include: family and individual counseling, transportation, and neighborhood and community development projects.

58,077 referrals and information contacts were made for individuals concerning linkages with other programs and services.

SELF-SUFFICIENCY

1,747 families completed an intensive self-sufficiency development program. These families represent all families exiting the Family Development and Self-Sufficiency (FaDSS) program (**1,407** families by 14 agencies) as well as self-sufficiency programs funded by the Community Services Block Grant administered by Iowa's eighteen community action agencies (**340** families by 11 agencies).

14,581 referrals and information contacts were made for households concerning self-sufficiency programs and services.

HEALTH CARE

Health services were provided to **62,438** individuals by 14 community action agencies. These agency services include: transportation to medical services, maternal and infant health programs, immunization programs, family planning services, drug and alcohol programs, rehabilitation treatments and support, dental screenings, lead screenings, and prescription medications.

9,279 referrals and information contacts were made for individuals concerning health services.

YOUTH DEVELOPMENT AND SENIOR SERVICES

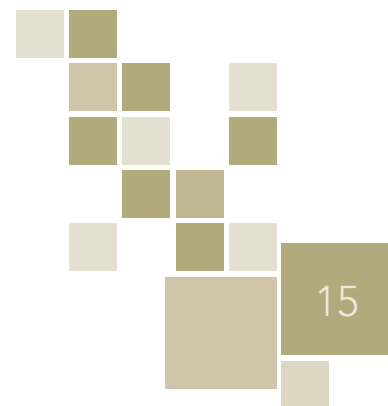
Youth development services were provided to **6,265** individuals by 13 community action agencies. Senior services were provided to **4,349** individuals by 12 community action agencies. These

agency services include: youth recreation, youth work experience, youth counseling and guidance, fatherhood involvement programs, I-Card programs, and elderly activities.

2,365 referrals and information contacts were made for individuals concerning youth development services. **5,646** referrals and information contacts were made for individuals concerning senior services.

VOLUNTEER SERVICES

12,597 individuals offered their services as volunteers to Iowa's community action agencies during the 2005 program year. These individuals performed **336,002** hours of volunteer service for a total dollar value of **\$1,730,411** (\$5.15 per volunteer hour).



COMMUNITY ACTION AGENCIES — CHARACTERISTICS OF PERSONS SERVED

TOTAL NUMBER OF INDIVIDUALS SERVED

Individuals 319,437

TOTAL NUMBER OF FAMILIES SERVED

Households 122,250

GENDER (Individuals)

Female 179,528 56.20%
 Male 139,904 43.80%
 Unknown/Not Reported 5 0.00%

ETHNICITY (Individuals)

Hispanic or Latino 25,153 7.87%

RACE (Individuals)

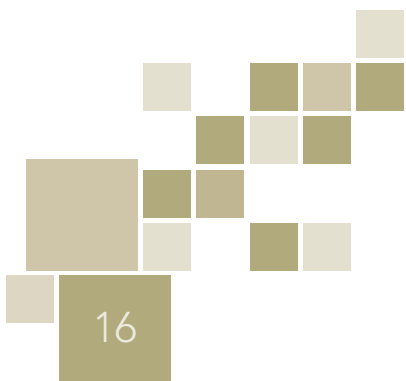
White 261,153 81.75%
 African American or Black 28,574 8.95%
 Multi-race 7,522 2.35%
 Asian 3,139 0.98%
 American Indian or Alaskan 2,245 0.70%
 Other 8,410 2.63%
 Unknown/Not Reported 8,135 2.55%

AGE (Individuals)

0 - 5 years of age 54,281 16.99%
 6 - 11 years of age 42,565 13.33%
 12 - 17 years of age 36,305 11.37%
 18 - 23 years of age 28,232 8.84%
 24 - 44 years of age 87,140 27.28%
 45 - 54 years of age 25,385 7.95%
 55 - 69 years of age 20,661 6.47%
 70 + years of age 23,770 7.44%
 Unknown/Not Reported 1,098 0.34%

LEVEL OF FAMILY INCOME (Households)

At or below 50% of poverty 35,043 28.67%
 Over 50% - 75% of poverty 21,335 17.45%
 Over 75% - 100% of poverty 22,159 18.13%
 Over 100% - 125% of poverty 20,498 16.77%
 Over 125% - 150% of poverty 15,838 12.96%
 Over 150% of poverty 7,377 6.03%
 Unknown/Not Reported 0 0.00%



COMMUNITY ACTION AGENCIES — CHARACTERISTICS OF PERSONS SERVED

HOUSEHOLD TYPE (Households)

Single female parent	29,480	24.11%
Single male parent	2,408	1.97%
Two parents with child/children.	29,280	23.95%
Single person	42,214	34.53%
Two adults with no children.	13,862	11.31%
Other	2,092	1.71%
Unknown/Not Reported	2,950	2.41%

FAMILY SIZE (Households)

One person in household	44,440	36.35%
Two persons in household	26,703	21.84%
Three persons in household.	19,713	16.13%
Four persons in household	15,780	12.91%
Five persons in household	9,317	7.62%
Six persons in household	3,904	3.19%
Seven persons in household	1,491	1.23%
Eight or more persons in household.	784	0.64%
Unknown/Not Reported	118	0.10%

HOUSING (Households)

Family rents house/apartment.	66,879	54.71%
Family owns or is buying home.	47,898	39.18%
Family is homeless	1,478	1.21%
Other	5,920	4.84%
Unknown/Not Reported	75	0.06%

SOURCE OF FAMILY INCOME (Households)

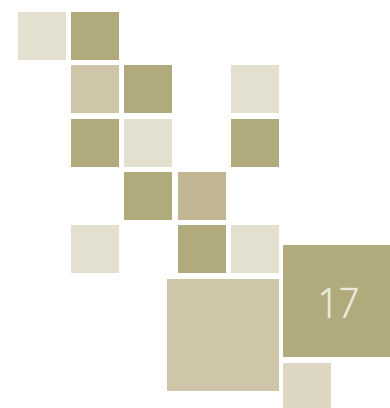
(Numbers are not necessarily unduplicated)

Family income from employment & other sources	50,723
Family income from employment only	37,013
Family has no income or unreliable income	10,093
Family receives TANF	11,632
Family receives SSI	17,994
Family receives Social Security	38,237
Family receives pension.	6,219
Family receives unemployment insurance.	4,416
Family receives general assistance	564
Family receives food stamps.	45,807
Family receives income from other sources.	4,385
Unduplicated # of families reporting Income source	116,896

OTHER CHARACTERISTICS OF FAMILIES

(Numbers are not necessarily unduplicated)

A member of the family without health insurance	87,524
A member of the family is disabled.	50,732
A veteran is a member of the household	6,778



COMMUNITY ACTION AGENCIES — FUNDING SOURCES



FEDERAL FUNDS

U.S. Dept. of Health and Human Services	\$103,374,385
U.S. Dept. of Agriculture	16,696,337
U.S. Dept. of Energy	4,805,161
U.S. Dept. of Housing & Urban Development	1,912,196
U.S. Dept. of Labor.	1,543,245
U.S. Dept. of Transportation	565,912
Other Federal Funds	441,385

SUB TOTAL \$129,338,621

STATE FUNDS

Dept. of Education	\$4,067,593
Dept. of Human Services	2,814,666
Dept. of Workforce Development.	518,734
Dept. of Public Health	409,242
Dept. of Transportation	359,095
Dept. of Economic Development	263,054
Dept. of Elder Affairs.	112,194
Other State Funds	2,188,176

SUB TOTAL \$10,732,754

LOCAL FUNDS

Counties.	\$1,238,263
Cities	574,183
Other Local.	181,500

SUB TOTAL \$1,993,946

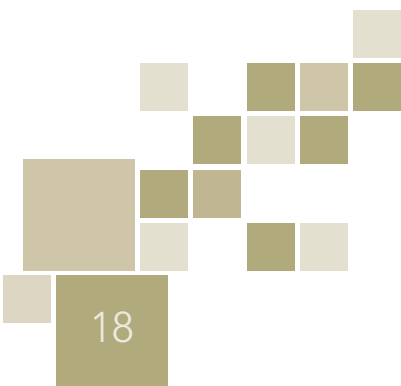
PRIVATE FUNDS

Payments for services	\$4,880,317
Fees	3,434,472
Donated Funds	935,951
United Ways	827,919
Corporations	668,104
Other non-profits.	590,379
Foundations	161,892
Other Private Funds	1,276,893

SUB TOTAL \$12,775,927

TOTAL FUNDING \$154,841,248

Value of in-kind services received (government and business)	\$6,201,050
Value of in-kind donated items received	\$8,524,077



2005 COMMISSION ON COMMUNITY ACTION AGENCIES

CATHERINE WHITFIELD, CHAIR	DES MOINES
KATHY BEAUCHAMP	DES MOINES
LOIS EICHACKER	FORT MADISON
BOB KNOWLER	SIOUX CITY
THOMAS LETSCHE	REMSEN
MARK LINDEEN	MOUNT PLEASANT
MERL MCFARLANE	OELWEIN
AMY PEIFFER	STOCKTON
TAMMY WETJEN-KESTERSON	MARENGO
WALTER REED, JR., EX-OFFICIO	DES MOINES

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