Resource Mapping Team Activities

**“Different Hats”**

1. Place card “hat” (1/2 sheet of paper folded)
2. “Label” / profession
   1. social worker
   2. young person
   3. welfare mom
   4. trainer
3. Each person briefly describes #2
4. Other side of the “hat” – who else are you?
5. Share #4 throughout the meeting

**“New and Exciting”**

“What new and exciting has happened to you recently?”

**Accentuate the positive – What’s new and good in your life?**

**“Appreciation and Thank-You**”

Express appreciation and thanks for the person next to you – go around the group.

## Music in your car and/or home

If we turned it on right now, what would we find playing?

**Create a list of acronymsResource Mapping Team Activities**

People enjoy sharing about themselves. People enjoy sharing what they do well.

* Get to know people as more than their job/title.
* Understand and embrace the significance of others.
* Understand and embrace your own significance.

“**Listening Exercise**”

1. Remember a time of challenging transition in your life
2. Who was a really effective ally?
3. What qualities did (s)he demonstrate?

“**Listening Exercise**” - Part II - Listening on Purpose – It’s a Privilege

1. Agree to take equal turns 🡪 reciprocity
2. Listen with delight and confidence
3. Body language
4. No interrupting / judging
5. Confidentiality 🡪 even with the speaker
6. Feelings ok – Be relaxed

# “**Listening Exercise**” - Part III - List the Qualities of an Ally

Volunteer responses - Solicit responses from the quiet ones

Ask if there is general agreement and Anything missing from the list?

Need not have a response from everyone: