



DAS Delivers: *HRExpress*

Department of Administrative Services ~ Empowering People · Collaboration · Customer Service

November 2021

In this issue of *HRExpress* . . .

Iowa WorkSmart Project

- [Resource Update](#) - Check out the latest Workday resources, including holiday timesheet *Tips & Tricks* from Wanda WorkSmart, the newly-updated *FAQs* and *WorkSmart Training Catalog*. Also learn more about Phase 2 of the Iowa WorkSmart Project - Workday Financial (FIN).

State of Iowa Benefits

- [Smokers and Vapers: Maybe It's Time for a Breath of Fresh Air](#) - A good majority of smokers say they want to quit. Read more about the free tobacco cessation resources available with your State of Iowa health benefits.
- [Your Supplemental Life Insurance and Evidence of Insurability](#) - If you elected to increase your supplemental life insurance during the recent Open Enrollment period, you'll need to complete the Evidence of Insurability (EOI) online before December 28, 2021.

Health and Well-Being

- [November is Diabetes Awareness Month](#) - More than 30 million Americans have diabetes, and many may not even know it. Learn three important ways to help prevent getting this debilitating disease.
- [Free Health and Wellness Seminars Offered Online](#) - Navigate through life's challenging times with guidance from on-demand seminars covering various health and well-being topics available from KEPRO, the State's Employee Assistance Program (EAP). Valuable new topics are added monthly, so check back often.
- [COVID-19 Vaccine Information, Testing at Home, and DAS Resources](#) - Vaccine information, free COVID-19 testing, and more.

Retirement Savings

- [IRS 457 Contributions Going Up for 2022!](#) - Be sure to check out the IRS maximum annual limits for 2022.
- [Will IPERS Be Enough?](#) - This short video will help you determine how much money you might need to save in preparation for retirement.
- [Changing RIC Payroll Deductions in Workday](#) - RIC savers can make changes to their plan's payroll deduction at any time in the Workday system.
- [Retirement Investors' Club \(RIC\) Webcasts](#) - Make the best use of your retirement savings benefit by taking advantage of online education opportunities offered by RIC.
- [Retirement Benefit Presentations Offered On Demand](#) - Check out these State of Iowa retiree video resources specifically for current retirees and those considering retirement.
- [News from Your Retirement Investors' Club \(RIC\) Providers](#) - To assist with retirement income planning and investment strategies, check out the latest news from State RIC providers.

- [IPERS Presents Ready, Set, Retire on Zoom](#) - Attend this informative seminar, created for State employees looking to retire in the next few years.
- [Creating a Secure Retirement: The 3-Part Solution](#) - IPERS and Iowa State Extension Services team up to offer a free workshop for State employees planning to retire in the next three to five years.

DAS Education Opportunities

- [NEW Online Safety Training Courses Available](#) - Performance & Development Solutions (PDS) now offers more than 80 on-demand online safety courses available for State agencies and employees. Check out these great learning opportunities today!
- [NEW Certified Public Manager \(CPM\) Cohort Begins January 18, 2022!](#) - CPM is an intensive learning experience designed for Supervisors, managers, executives, management staff, and project managers from federal, state, county, and local governments. Learn more about the new cohort beginning in January.
- [Enhance Your Skills with Featured PDS Courses](#) - PDS offers courses of interest on many topics. Read more on the three featured courses for December.
- [PDS Training Courses Available Online](#) - Enhance your knowledge and skills in the workplace and beyond through educational programs offered by Performance & Development Solutions (PDS) and New Horizons.

HRExpress is a publication for State of Iowa employees. Please print a copy to post or share with co-workers w