

# The Link - July 2020



**July 2020**

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NEWS & RESOURCES

## **Caregiving in the US 2020**

The National Alliance for Caregiving (NAC) and AARP presented the following image with updated trends in their research. The study showed that more than one in five Americans are family caregivers. As well as, family caregivers are in worse health than they were five years ago. See the graphic below for more information.

# CAREGIVING in the U.S. 2020

The number of Americans providing unpaid care has increased over the last five years.\*

43.5 million  
2015



53 million  
2020



18%  
2015



21%  
2020

NEARLY ONE IN FIVE (19%) ARE PROVIDING UNPAID CARE TO AN ADULT WITH HEALTH OR FUNCTIONAL NEEDS.\*\*

More Americans are caring for more than one person.



18%  
2015



24%  
2020

More family caregivers have difficulty coordinating care.

19%  
2015



26%  
2020



More Americans caring for someone with Alzheimer's disease or dementia.



22%  
2015



26%  
2020

More family caregivers report their own health is fair to poor.

17%  
2015



21%  
2020

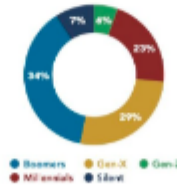


23% OF AMERICANS SAY CAREGIVING HAS MADE THEIR HEALTH WORSE.

Who are today's family caregivers?

39%  
MEN

61%  
WOMEN



45%  
HAVE HAD AT LEAST ONE FINANCIAL IMPACT

61%  
WORK

**AARP**  
Family Caregiving™

\*Provided care to an adult or child with special needs.  
\*\*The remainder of this data is based on the 19% or 48 million caregivers caring for an adult.  
URL: [www.aarp.org/caregiving](http://www.aarp.org/caregiving) DOI: <https://doi.org/10.26434/chemrxiv-2020-03>

**naac**  
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Caregiving in the U.S. 2020  
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For more information on this study click [here](#).



## Feeding Iowans Task Force

The Iowa Department on Aging is a part of the Feeding Iowans Task Force. Know someone who is newly insecure due to COVID-19? Learn about more available resources including home delivered meals and senior food boxes by clicking [here](#).



## **CAPABLE Grant**

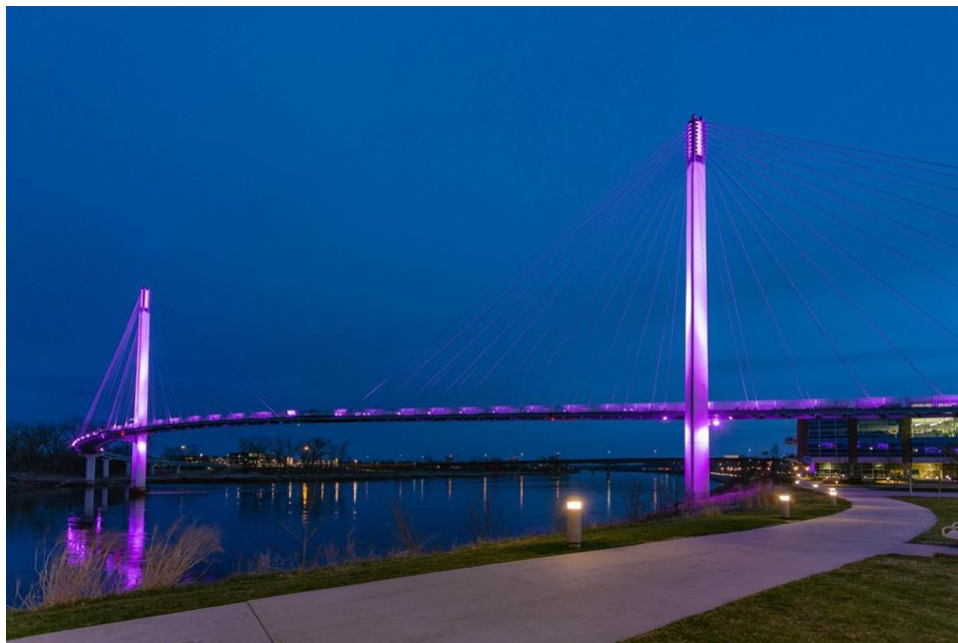
In today's environment, home is where the health is. To support safety at home, Falls Prevention programming needs to address the fact that falls are happening outside of health care facilities.

With the ACL 2020 Empowering Communities to Reduce Falls Risk Grant, Iowa will work to help low-income seniors age safely in their own homes. The Iowa Department on Aging will be working collaboratively with other partners, to implement CAPABLE program pilots developed to keep seniors safe at home. For more information on the CAPABLE Grant click [here](#).

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June 15th was World Elder Abuse Awareness Day and was celebrated across Iowa by lighting up different buildings and monuments in the color purple. The picture below shows the Bob Kerrey Pedestrian Bridge, connecting Iowa and Nebraska, lit up for Elder Abuse Awareness Week. If interested in learning more click [here](#).





# MEDICARE, HEALTH INSURANCE, OR FRAUD/SCAM

## Senior Medicare Patrol Warns of COVID-19 Fraud

The National Council on Aging has put out an article talking about how the Senior Medicare Patrol has been receiving complaints. The complaints consist of unsolicited callers using the fear and uncertainty that COVID-19 has brought to prey on Medicare beneficiaries. To read the full article click [here](#).

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## LEGAL PROTECTIONS

### Legal Assistance Development

Currently, the Legal Service Providers in the state have been seeing the following issues:

- Problems with Receipt of Stimulus Payments
- Attempted or Actual Garnishment of Stimulus Payments
- Nursing Home Issues
- Employment/Unemployment Issues

If you hear about or know of someone dealing with any of these due to COVID-19 please contact your legal assistance provider.

### Iowa Legal Aid COVID-19

As one deals with the fallout from the global COVID-19 outbreak, many will experience legal issues related to not only health care, but a wide variety of other civil legal problems. Click [here](#) for resources to help with issues and other legal information.

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*The mission of the Iowa Department on Aging is to develop a comprehensive, coordinated*

*and cost-effective system of long-term living and community support services that helps older Iowans maintain health and independence in their homes and communities.*