



DAS Delivers: *HRExpress*

Department of Administrative Services ~ Empowering People · Collaboration · Customer Service

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In this issue of *HRExpress* . . .

The Iowa WorkSmart Project

- [Welcome to Workday!](#) - Learn more about Workday with *Wanda's Weekly Workday Tips and Tricks* and take a look at the latest updated Workday resources.

State of Iowa Benefits

- [Open Enrollment now through October 29 in Workday!](#) - The Open Enrollment period is your opportunity to review your current State of Iowa benefit coverage and make changes. This year, the process has changed and will be done through the newly-implemented Workday system for most State of Iowa employees.
- [The DAS Leave Administration Team Answers Leave Process Questions](#) - Read the top answers to questions fielded by the Team since Workday Go Live in September.
- [Dental Benefits: Out-of-Pocket Costs Explained](#) - Learn more from Delta Dental about out-of-pocket costs associated with your dental coverage.

Health and Well-Being

- [One Gift Campaign Underway Through October 29](#) - The One Gift Program gives State of Iowa employees the opportunity to contribute to participating charitable agencies through payroll deduction. Together, we can make a difference!
- [Six Tips to Help You Be Your Mental Best](#) - If you've felt unusually anxious or depressed in recent months, you're not alone. Wellmark shares information about common symptoms of mental health concerns, as well as things you can do to improve your outlook and stay your mental best.
- [COVID-19 Vaccine Information, Testing at Home, and DAS Resources](#) - Vaccine information, free COVID-19 testing, and more.
- [Free Health and Wellness Seminars Offered Online](#) - Navigate through life's challenging times with guidance from on-demand seminars covering various health and well-being topics available from KEPRO, the State's Employee Assistance Program (EAP). Valuable new topics are added monthly, so check back often.

Retirement Savings

- [Retirement Investors' Club - New Option to Save a Percent of Pay!](#) - Now you can automatically deduct a percentage of your pay into your RIC retirement plan. Read more today about this new option.
- [Changing RIC Payroll Deductions in Workday](#) - RIC savers can now make changes to their plan's payroll deduction at any time in the new Workday system.
- [Retirement Investors' Club \(RIC\) Webcasts](#) - Make the best use of your retirement savings benefit by taking advantage of online education opportunities offered by RIC.
- [Retirement Benefit Presentations Offered On Demand](#) - Check out these State of Iowa retiree video resources specifically for current retirees and those considering retirement.

- [News from Your Retirement Investors' Club \(RIC\) Providers](#) - To assist with retirement income planning and investment strategies, check out the latest news from State RIC providers.
- [Creating a Secure Retirement: The 3-Part Solution](#) - IPERS and Iowa State Extension Services team up to offer a free workshop for State employees planning to retire in the next three to five years.
- [IPERS Presents Ready, Set, Retire on Zoom](#) - Attend this informative seminar, created for State employees looking to retire in the next few years.

DAS Education Opportunities

- [Learning Management System \(LMS\) Moved to Okta](#) - The LMS recently moved to Okta, giving State employees the option to access several work applications with the click of a button.
- [PDS Training Courses Available Online](#) - Enhance your knowledge and skills in the workplace and beyond through educational programs offered by Performance & Development Solutions (PDS) and New Horizons.

HRExpress is a publication for State of Iowa employees. Please print a copy to post or share with co-workers who may not have access to a computer. For prior editions, visit the *HRExpress* webpage.

If you have questions or suggestions for future content, please contact us at hrexpress@iowa.gov.