

# Member Update



## Cybersecurity Awareness

October is Cybersecurity awareness month. IPERS is committed to protecting your personal information and takes steps to prevent identity theft.

IPERS does not solicit personal information like Social Security numbers or bank account information by email, which is not a secure form of communication.

The safest way to communicate with IPERS is by calling or through [My Account](#), IPERS' online portal to your membership and benefit information. The secure, self-service system allows you to view your history of letters and documents, view a record of your IPERS contributions, update your designated beneficiaries and more.

Be aware of official-looking scam emails that attempt to obtain your personal information by directing you to click to a fraudulent website. If you receive a suspicious call or an unsolicited email that appears to be from IPERS and asks for your personal information, please call us.

[Learn More](#)



IPERS benefits are only one part of your overall retirement savings. Your total retirement income should come from a combination of your IPERS benefits, Social Security and your personal savings. It's never too late to sock it away for a retirement!

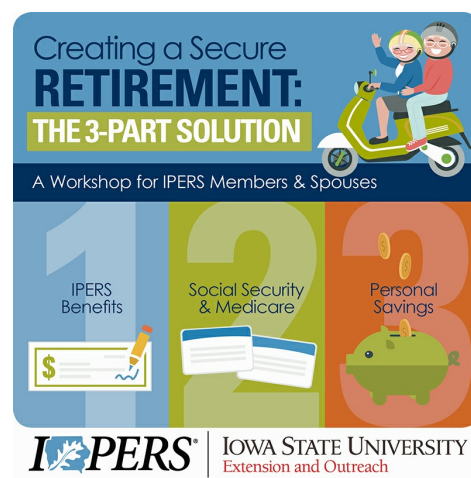
IPERS offers a number of tools to help you plan for a secure retirement. You can generate IPERS benefit estimates with [My Account](#), or [visit our website](#) where several calculators can help you estimate the retirement income you will need.

Last week was National Retirement Security Week, and IPERS shared helpful tips on [Facebook](#) and [Twitter](#). Like us and follow us to receive important and timely news from IPERS.

### Keep Your Contact Information Updated with My Account

IPERS has important information to share with members. It is important to make sure we have your correct contact information so you receive the information in a timely manner. Make sure your employer has your updated contact information as well. Manage your contact information is through [My Account](#) or call us to update your records.

**Haven't accessed My Account yet?** Call 800-622-3849 to set it up.



### Creating a Secure Retirement - New Dates Available in 2020

Thinking about retiring in the next five years? If so, this is a great workshop for you! IPERS has teamed up with Iowa State University Extension Services to bring together everything you need to know to plan for retirement. Monthly workshops are scheduled into 2020 and fill up quickly, so [register today](#).

### One-on-One Counseling

Can't make it to one of our workshops? Save time and money by scheduling a one-on-one online counseling session with an IPERS Retirement Benefits Counselor. You will receive a personalized retirement estimate mailed to your home prior to your scheduled appointment. Call us at 800-622-3849 to book your appointment today.