



IOWA DEPARTMENT OF HUMAN RIGHTS

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Commission of Asian & Pacific Islander (CAPI) Affairs and Office of Asian & Pacific Islander Affairs

IN THIS EDITION

- Iowa Supreme Court: Christopher McDonald - First Asian, Person of Color
- Medicaid: Iowa Fact Sheet
- Financial Literacy Coach: Meet Nicholas Der
- HEALTHCARE: Stroke Study
- ELDERCARE: CARE Act
- HEALTHCARE: Breast Cancer
- EDUCATION: Financial Aid
- IMMIGRATION: Ed & Workforce
- Poverty Guidelines
- Lunar New Year 2019 Collage

Call for Nominations: Iowa Womens Hall of Fame &
Cristine Wilson Medal

Iowa Supreme Court – First Asian American

Congratulations to Justice Christopher McDonald

"Appeals court judge Christopher McDonald will become the first person of color ever to serve on the Iowa Supreme Court after Gov. Kim Reynolds picked him...to fill a high court vacancy."

"He was born in Thailand and his mother is Vietnamese. He received his law degree from the University of Iowa College of Law and his undergraduate degree from Grand View

University. Before his appointment to the Iowa Court of Appeals, McDonald served as a judge in the 5th Judicial District, which includes Polk County. He has practiced law with Faegre & Benson LLP and Belin McCormick PC and served as general counsel for Aviva USA. He is a former chair of the Iowa Asian Alliance."

Source: [Des Moines Register](#)

[Iowa Supreme Court](#)

Read the Article



Meet Nicholas Der: Financial Literacy Coach

A recent transplant to Iowa from the Los Angeles area, Nicholas Der (aka Money BO\$\$) enthusiastically proclaims his new-found love for Des Moines. A business venture brings Nick to Central Iowa - [partnering with Clive-based Adam Carroll](#), a local entrepreneur, professional speaker, and renowned author in the financial education genre. Together, they are creating [Mastery of Money](#), which is the only daily short-form YouTube/podcast series that focuses on conversations about money and mindset. Among their many enterprising undertakings, they have partnered with the University of Northern Iowa to create a financial literacy curriculum that will be integrated into high schools in Iowa.

Nicholas will also be a featured speaker at an upcoming **education forum for API youth** this spring hosted by the **Iowa Commission of Asian & Pacific Islander Affairs (CAPI)** in partnership with **Des Moines Public Schools** and **Des Moines Area Community College**. CAPI thanks Nick for his partnership to help bring financial literacy and mindfulness, as well as strategies leading to a healthier relationship with money.

In addition to his collaboration with Adam, Nicholas is the Founder & CEO of [Oxfords & Brogues](#), a holistic financial life coaching business that is committed to educating and empowering people to transform their relationship to money. To date, Nicholas has worked with thousands of individuals and couples on all aspects of the spectrum, including Team USA Olympians for the 2020 Tokyo Olympics, celebrities, entrepreneurs, [high school](#) and [college students](#), at-risk youth, minorities, and previously incarcerated members of society. He has a deep connection and passion for serving under-represented populations.

Featured as a TEDx speaker on the topic of "Meditation and Neuroscience", Nicholas combines his practice of mindfulness with his expertise in financial planning and has delivered 30+ financial workshop presentations to audiences of up to 250 people.

Learn more about Nick

CAPI Advocates for CARE Act

Q: What is the CARE Act?



A: The [2019 Iowa CARE Act](#) outlines four important provisions: 1) the name of the family caregiver is recorded when their loved one is admitted into a hospital, if a patient chooses to designate one; 2) the designated family caregiver is notified when their loved one is to be discharged back home; 3) the hospital discusses the caregivers' abilities and limitations; and 4) the hospital discusses the patient's care needs at home and provides an explanation of the medical tasks to be performed – such as medication management, injections and wound care.

“Many in the Asian community opt to care for elders and other family members in a home setting in a culturally-appropriate manner,” said Ben Jung, Chair of the Iowa Commission of Asian & Pacific Islanders (CAPI). “The CARE Act facilitates understanding and greater awareness of the scope of caregiving and responsibilities to be expected once the patient is home.”

[Read the Press Release](#)

EDUCATION

New Study: When Financial Aid Falls Short

"Across the board, Asian-American students have the greatest amount of unmet need, regardless of the institution they attend. We offer a few explanations for this. Across all races/ethnicities, Asian-Americans are the most income-stratified; while some Asian-American subpopulations are as financially secure as whites, many others live in deep poverty."

Source: [CLASP - When Financial Aid Falls Short: New Data Reveal Students Face Thousands in Unmet Need](#)

Related Article: [NBC News](#)

Poverty Guidelines for Certain Federal Programs

The 2019 poverty guidelines are in effect as of January 11, 2019. The [Federal Register notice for the 2019 Poverty Guidelines](#) was published February 1, 2019.

Source: [US Department of Health & Human Services](#)

Medicaid: Iowa Fact Sheet

"Medicaid provides health coverage that helps low-income seniors, children, and people with disabilities get needed health care. It provides parents and other adults economic security through health coverage that protects them from medical debt and allows them to stay healthy and work. It is jointly run by the federal and state governments."

Source: [Center on Budget and Policy Priorities](#)

Healthcare - Stroke Study

Asian Americans more likely to have severe strokes, finds new study

"Asian American patients manifested more severe ischemic strokes, were less likely to receive [intravenous tissue plasminogen activator](#) (IV tPA), and had worse functional outcomes than white patients. These findings warrant additional research toward improving clinical outcomes for Asian American patients with acute ischemic stroke."

Source: [JAMA Network](#)

Related Article: [Specialty Medical Dialogues](#)

Healthcare - Breast Cancer Research

Higher Breast Cancer Risk Among Immigrant Asian American Women Than Among US-Born Asian American Women

"Asian women who immigrate to the United States may have a higher risk of breast cancer than those born here, new preliminary research has found, an apparent shift from historical norms of U.S. women having higher breast cancer rates compared to the rest of the world.

The new study, [published online...in the medical journal Preventing Chronic Disease](#), found that Asian women who had immigrated to the United States and spent more than half their lives in the U.S. were on average three times as likely to have breast cancer compared to Asian-American women who were born in the U.S."

Source: [Preventing Chronic Disease - CDC](#)

Related Article: [NBC News](#)

IMMIGRATION - Education & Workforce

4 paths highly educated immigrants take to study and work in the U.S.

Brief overview of four paths that many highly educated immigrants take to study and work in the U.S.: 1) the H-1B visa program; 2) the F-1 visa program; 3) the Optional Practical Training program; and 4) green cards. These are not the only avenues that highly educated immigrants can take to enter the U.S., but they are among the most common.

Source: [PEW Research Center](#)

[Read the Report](#)

Lunar New Year 2019 - Collage



Call for Nominations

NOMINATIONS OPEN:

2019 IOWA WOMEN'S HALL OF FAME & CRISTINE WILSON MEDAL

TO LEARN MORE AND ACCESS THE
NOMINATION FORMS, VISIT:
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RECOGNITION/IOWA-WOMENS-
HALL-FAME](https://humanrights.iowa.gov/cas/icsw/events-recognition/iowa-womens-hall-fame)

SEND COMPLETED FORMS AND
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BY 11:59 P.M. APRIL 1, 2019.



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