



IOWA DEPARTMENT OF HUMAN RIGHTS

December 2018

Upcoming Meetings and Events

Mark your calendar!

[Iowa Department of Human Rights Board Meeting](#) | December 18, 2018 | Des Moines

[Capitol Girls](#) | February 7, 2018 | Des Moines

[Iowa Department of Human Rights Day on the Hill](#) | February 28, 2018 | Des Moines

December 10th is International Human Rights Day

Women were instrumental in the shaping of the [Universal Declaration of Human Rights](#). Women such as Eleanor Roosevelt, Hansa Mehta, Minerva Bernardino, Begum Shaista Ikramullah, Bodil Begtrup, and many others made sure the Universal Declaration of Human Rights applied to all genders - making it universal to all.

To view a video about the key role that women played in making the Universal Declaration of Human Rights a reality, click [here](#) or click on the photo below.



Eleanor Roosevelt, former First Lady of the United States, was the head of the drafting committee that wrote the Universal Declaration of Human Rights

Community and Statewide Announcements

2019 Iowa N.E.W. Leadership Applications Now Open

Iowa N.E.W. Leadership (a program of the [Women's Resource & Action Center](#) at the University of Iowa) is a **FREE**, intensive, non-partisan, 5-day residential institute designed to empower women across the political spectrum and increase the participation of underrepresented groups in the public sector. This is a statewide program that brings in speakers from across the state, including elected officials, non-profit executives and more.

[Read more](#)

Iowa Women Lead Change to launch the Ascent Leadership Program

[Iowa Women Lead Change](#) announced it will launch the Ascent Leadership Program in January. The 12-month program is targeted to midlevel, high-potential employees to fill the pipeline of future women leaders.

Seats are open now to organizations of all sizes through a monthly membership model. For more information, contact O'Donnell at tiffany.odonnell@iwlcleads.org.

[Read more](#)

American Association of University Women (AAUW) introduces Work Smart Online: A free salary negotiation course

[AAUW](#) is introducing [Work Smart Online](#), a **free salary negotiation course to help women better their financial future!** This easy, engaging e-tool will teach you to:

- Learn the market value of your skills and experience
- Determine an equitable “target salary”
- Ask for—and get—the pay you deserve

Training 10 million women in salary negotiation is central to AAUW's goal of closing the gender pay gap by 2030. By changing laws, improving employer practices, and empowering women to negotiate their own futures —through Work Smart Online and other efforts—we can make it happen. Please urge your family, friends and followers to take Work Smart Online course and, if they like it, to share it with their networks as well.

[Read more](#)

In the News: Women and girls in Iowa, the nation & the world

- The Atlantic: [It's Almost Impossible to Be a Mom in Television News](#)
- Center for American Progress: [America's Child Care Deserts in 2018](#)
- Child Trends: [Gender stereotypes develop as children age](#)
- CNN Business: [The challenges of being the only woman at work](#)
- The Courier: [Woman wins \\$700,000 judgment over firing, hours away from taking maternity leave](#)
- Forbes: [Study: Men Are Still Massively Outearning Women In The U.S.](#)
- Governing: [As Protections for Pregnant Workers Falter in Congress, States Step Up](#)
- Iowa Public Radio: ['To Care For Him': Female Veterans Ask VA To Include Them In Its Motto](#)
- LA Times: [Big businesses are adding women to their boards at a good pace; start-ups, not so much](#)
- NPR: [Programs Help Incarcerated Moms Bond With Their Babies In Prison](#)
- New York Times: [Most Dangerous Place for Women Is the Home, U.N. Report Finds](#)
- New York Times: [Young Women Have to Play Catch-Up in Retirement Savings](#)
- New York Times: [Americans Value Equality at Work More Than Equality at Home](#)
- New York Times: [There's a Stress Gap Between Men and Women. Here's Why It's Important.](#)
- New York Times: [Does 'Having It All' Mean Doing It All?](#)
- Reuters: [Breast cancer survivors may have lingering mental health effects](#)
- Reuters: [Gender pay gap is dramatic among top U.S. lawyers, survey finds](#)
- Scientific American: [Addressing Cultural Bias in Medicine](#)
- U.N. Women: [Turning Promises into Action: Gender Equality in the 2030 Agenda for Sustainable Development](#)
- Washington Post: [Will Ethiopia's reforms include its women?](#)

Upcoming Events/Seminars/Conferences

- **December 13:** [Women's Leadership Network's Holiday Breakfast](#) in Dubuque
- **December 14:** [FemCity Des Moines' Fem Moms Connection](#) in Des Moines
- **December 18:** [Department of Human Rights Board Meeting](#) in Des Moines
- **December 18:** [40/30 Celebration](#) (Young Women's Resource Center and Chrysalis Foundation) in Des Moines
- **January 16:** [Women Impacting ISU Calendar Reception](#) in Ames
- **February 7:** [Capitol Girls](#) in Des Moines

Note: If you have an event taking place for women in Iowa that you would like to see added, please send it to women@iowa.gov.



Find us on [Facebook](#) and [Twitter](#)!

Kristen Corey | Program Planner

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