

IOWA PRENATAL CARE BARRIERS PROJECT

DATA FROM 2015 SURVEYS

2015 Respondents from All Hospitals in Iowa: 23,212

2015 Respondents with Babies Born in **Palo Alto**: 103

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	01%
18-19 years	04%	<01%
20-25 years	27%	32%
26-30 years	35%	36%
31-35 years	25%	22%
More than 35 years	08%	09%
Mother's Ethnicity		
Hispanic	07%	05%
Non-Hispanic	93%	95%
White	91%	98%
Black	05%	02%
Asian or Pacific Islander	03%	<01%
American Indian or Native Alaskan	01%	<01%
Socioeconomic Indicators		
Mother's Education		
Less than high school	07%	03%
High school	20%	17%
Some college	35%	50%
College graduate (Bachelor's degree)	27%	27%
Graduate school	11%	03%
Household Income		
Less than \$10,000	14%	08%
\$10,000 - \$19,999	10%	08%
\$20,000 - \$29,999	09%	15%
\$30,000 - \$39,999	09%	13%
\$40,000 - \$49,999	07%	09%
\$50,000 or more	52%	46%

Information Received in 12 Months Prior to Becoming Pregnant	State	County
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Health Care Provider Talked About:		
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Birth control	50%	44%
Timing of pregnancy	20%	23%
Spacing of children	11%	14%

Doctor, Nurse, or Other Health Care Provider Talked About:		
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Taking folic acid or a multivitamin	45%	41%
Smoking	32%	33%
Drinking alcohol	27%	26%
Your weight	25%	29%
Regular exercise	28%	29%
How romantic relationships affect your health	09%	13%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	24%	25%

Behavioral Indicators During Pregnancy	State	County
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No Birth Control was Used at Time of Conception	86%	82%
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Unintended Pregnancy and Did NOT Use Birth Control	67%	62%
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Cigarettes Smoked During Last 3 Months of Pregnancy		
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Not smoked in past 2 years	76%	72%
Zero cigarettes per day	54%	69%
1-10 per day	40%	31%
11-20 per day	06%	<01%
More than 20 per day	<01%	<01%

Alcoholic Drinks During Last 3 Months of Pregnancy		
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Not had any alcoholic drinks in past 2 years	30%	30%
Zero drinks per week	98%	100%
1 or more drinks per week	02%	<01%

Health Care Services During Pregnancy	State	County
Visited a Dentist, Dental Clinic, or Received Dental Care	55%	47%
Health Care Professional or Other Agency Staff Person Came to Home to Help Care for You or for Your New Baby	03%	<01%
Diagnosed with Depression During Pregnancy		
Yes	02%	02%
No	90%	88%
No, Diagnosed with depression before becoming pregnant	08%	10%
Took Prescription Medication for Depression	43%	21%
Received Counseling for Depression During Pregnancy	26%	36%
HIV/AIDS Testing During Pregnancy		
Yes	45%	58%
No	30%	22%
No, Testing was offered, but did not want to be tested	02%	01%
Don't know	23%	19%
Received Flu Shot During Pregnancy		
Yes	63%	64%
No, Received flu shot before became pregnant	07%	04%
No, Did not want flu shot during pregnancy	12%	10%
No, Doctor said to wait until after pregnancy	01%	<01%
No, Do not ever get flu shots	15%	21%
No, Flu shot was not available	02%	01%
Hospital Services	State	County
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby		
Yes	84%	82%
No	14%	17%
Don't remember	03%	01%
During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:		
Breastfeeding or breastfeeding techniques	81%	82%
Action steps to decrease frustration when infant cries	41%	47%
How to lay the baby down to sleep	52%	51%
Dangers of shaking an infant	40%	41%
Did not receive any information and have not scheduled a time to discuss	07%	06%

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2015 Data.