

IOWA PRENATAL CARE BARRIERS PROJECT

DATA FROM 2015 SURVEYS

2015 Respondents from All Hospitals in Iowa: 23,212

2015 Respondents with Babies Born in **Emmet**: 21*

*Because of the small number of cases, data may not be representative of the entire population of new mothers whose babies were in this county.

| Demographic Indicators | State | County |
|--------------------------------------|--------------|---------------|
| Mother's Age | | |
| Less than 18 years | 01% | 10% |
| 18-19 years | 04% | <01% |
| 20-25 years | 27% | 33% |
| 26-30 years | 35% | 14% |
| 31-35 years | 25% | 33% |
| More than 35 years | 08% | 10% |
| Mother's Ethnicity | | |
| Hispanic | 07% | 10% |
| Non-Hispanic | 93% | 90% |
| White | 91% | 100% |
| Black | 05% | <01% |
| Asian or Pacific Islander | 03% | <01% |
| American Indian or Native Alaskan | 01% | <01% |
| Socioeconomic Indicators | | |
| Mother's Education | | |
| Less than high school | 07% | 19% |
| High school | 20% | 10% |
| Some college | 35% | 52% |
| College graduate (Bachelor's degree) | 27% | 19% |
| Graduate school | 11% | <01% |
| Household Income | | |
| Less than \$10,000 | 14% | 10% |
| \$10,000 - \$19,999 | 10% | 05% |
| \$20,000 - \$29,999 | 09% | 15% |
| \$30,000 - \$39,999 | 09% | 10% |
| \$40,000 - \$49,999 | 07% | 15% |
| \$50,000 or more | 52% | 45% |

| Information Received in 12 Months Prior to Becoming Pregnant | State | County |
|---|--------------|---------------|
|---|--------------|---------------|

Health Care Provider Talked About:

| | | |
|---------------------|-----|-----|
| Birth control | 50% | 48% |
| Timing of pregnancy | 20% | 14% |
| Spacing of children | 11% | 05% |

Doctor, Nurse, or Other Health Care Provider Talked About:

| | | |
|---|-----|-----|
| Taking folic acid or a multivitamin | 45% | 43% |
| Smoking | 32% | 33% |
| Drinking alcohol | 27% | 33% |
| Your weight | 25% | 19% |
| Regular exercise | 28% | 29% |
| How romantic relationships affect your health | 09% | 14% |
| Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant | 24% | 24% |

| Behavioral Indicators During Pregnancy | State | County |
|---|--------------|---------------|
|---|--------------|---------------|

| | | |
|--|-----|-----|
| No Birth Control was Used at Time of Conception | 86% | 76% |
|--|-----|-----|

| | | |
|---|-----|-----|
| Unintended Pregnancy and Did NOT Use Birth Control | 67% | 50% |
|---|-----|-----|

Cigarettes Smoked During Last 3 Months of Pregnancy

| | | |
|----------------------------|------|------|
| Not smoked in past 2 years | 76% | 81% |
| Zero cigarettes per day | 54% | 25% |
| 1-10 per day | 40% | 75% |
| 11-20 per day | 06% | <01% |
| More than 20 per day | <01% | <01% |

Alcoholic Drinks During Last 3 Months of Pregnancy

| | | |
|--|-----|-----|
| Not had any alcoholic drinks in past 2 years | 30% | 33% |
| Zero drinks per week | 98% | 93% |
| 1 or more drinks per week | 02% | 07% |

| Health Care Services During Pregnancy | State | County |
|---|--------------|---------------|
| Visited a Dentist, Dental Clinic, or Received Dental Care | 55% | 57% |
| Health Care Professional or Other Agency Staff Person Came to Home to Help Care for You or for Your New Baby | 03% | 10% |
| Diagnosed with Depression During Pregnancy | | |
| Yes | 02% | <01% |
| No | 90% | 90% |
| No, Diagnosed with depression before becoming pregnant | 08% | 10% |
| Took Prescription Medication for Depression | 43% | <01% |
| Received Counseling for Depression During Pregnancy | 26% | 50% |
| HIV/AIDS Testing During Pregnancy | | |
| Yes | 45% | 50% |
| No | 30% | 30% |
| No, Testing was offered, but did not want to be tested | 02% | 05% |
| Don't know | 23% | 15% |
| Received Flu Shot During Pregnancy | | |
| Yes | 63% | 60% |
| No, Received flu shot before became pregnant | 07% | 05% |
| No, Did not want flu shot during pregnancy | 12% | 15% |
| No, Doctor said to wait until after pregnancy | 01% | <01% |
| No, Do not ever get flu shots | 15% | 15% |
| No, Flu shot was not available | 02% | 05% |
| Hospital Services | State | County |
| Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby | | |
| Yes | 84% | 75% |
| No | 14% | 20% |
| Don't remember | 03% | 05% |
| During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss: | | |
| Breastfeeding or breastfeeding techniques | 81% | 71% |
| Action steps to decrease frustration when infant cries | 41% | 43% |
| How to lay the baby down to sleep | 52% | 38% |
| Dangers of shaking an infant | 40% | 48% |
| Did not receive any information and have not scheduled a time to discuss | 07% | 19% |

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2015 Data.