



## EARLY INTERVENTION

Effective September 1, 2019

### Background Information

Prior to January 1, 2019, IDPH had provided guidance for Crisis Intervention and Stabilization per the 2011 RFP. In the current Integrated Provider Network Request for Proposal (RFP) effective January 1, 2019, *Early Intervention* is referenced as an “Other Covered Service for Persons who are not Patients” (admitted) and is based on the **ASAM Level 0.5**.

Effective September 1, 2019, the decision was made to recognize Early Intervention ASAM Level 0.5 as an admitted level of care (30 = Early Intervention) for the Integrated Provider Network (IPN). **The reporting of this level of care is only required of IPN providers who are providing Early Intervention (ASAM 0.5) as an admitted service.**

### Definition

**EARLY INTERVENTION:** Licensure Standards define *Early Intervention* as “the ASAM criteria level of care which explores and addresses problems or risk factors that appear to be related to an addictive disorder and which helps the individual recognize potential harmful consequences.” For the purposes of data reporting, *Early Intervention* is an admitted service (ASAM Level 0.5).

- *Early Intervention* may be provided to persons who have received an Initial Assessment but do not meet criteria for a substance use disorder. Individuals that previously received an Initial Assessment and do meet criteria for a substance use disorder may not be provided Early Intervention.
- *Early Intervention* could be considered as an equivalent to SBIRT Brief Treatment, which is a more intensive intervention than a SBIRT Brief Intervention.
- *Early Intervention* may be provided using the SAMHSA Integrated Change Therapy/Brief Treatment Model or a similar model acceptable to IDPH.

Although ASAM recognizes impaired driving programs as an example of Early Intervention, IPN funding may not be used for this purpose.

**Modality:** Face to Face/Phone

**Documentation:** Clinical staff must document the nature of the early intervention service. When collected, the minimum data set for Crisis is to be reported. A Crisis Plan may be developed that includes action taken, referrals made and any follow up required.

### Data Requirements

- **Client Profile**
- **Placement Screening/Admission Module**
  - **Activity Date:** Enter the date that the individual was seen for the Placement Screening, and the Activity Date of the admission to *Early Intervention* services.
- **Encounter**
  - **Event Type:** Admission
  - **Encounter Type:** Individual or Group

- **Duration:** Enter minutes (minimum of 15 minutes, IPN reports in increments of 30 minutes.)
- **Sessions:** Enter "1"
- **Start/End Date:** Enter the applicable date of the Placement Screening and/or Admission service. Please note an encounter needs entered for the date of the Placement Screening and/or Admission Activity.
- **Primary Source of Payment:** Select appropriate option (IDPH for IPN Provider)

Questions about this guidance may be directed to [ismart.helpesk@idph.iowa.gov](mailto:ismart.helpesk@idph.iowa.gov).