

The Link -- January 2019



Week of January 1, 2019



NEWS & RESOURCES

- Because of structural inequities that impact women more than men, a significant percentage of older women are struggling to stay out of poverty. There are 7.1 million older adults living in poverty in the United States. Two-thirds of them are women. A new Justice in Aging issue brief surveys the reasons, discusses support systems and recommends ways to strengthen and expand systems. [Read the brief](#) and [watch the accompanying videos here](#).
- A recent national survey about transportation polled 1600 older adults, young adults with disabilities and their caregivers. Key findings: [Poll Results Stress Importance of Access to Affordable Transportation](#)



NUTRITION SERVICES

- A report details the NSP outcomes on participants' healthcare utilization and healthcare costs. The Evaluation of the Effect of the OAA Title III-C Nutrition Services Program on Participants' Health Care Utilization concluded the following:
 - Congregate meal participants were more likely to remain living in their home, when compared to nonparticipants.
 - Congregate meal participants who lived alone were less likely than nonparticipants to have a hospital admission or have an emergency department visit that led to hospital admission.Full report: https://acl.gov/sites/default/files/programs/2018-10/NSPEvaluation_healthcareutilization.pdf
Webinar providing highlights of the report: <https://nutritionandaging.org/training-events/health-and-health-services-utilization-findings-from-the-nutrition-services-program-outcomes-evaluation/#wbounce-modal>



SENIOR EMPLOYMENT

- Every two years the United Way in Iowa sponsors an Asset-Limited Income-Constrained, Employed Report [ALICE]. This report tracks individuals and families who are working but unable to afford the basic necessities of housing, food, childcare, health care, and transportation. The income earned is not enough to meet the household's basic survival budget. This year's study finds that 37% of Iowa's households cannot afford their basic needs. This is an increase of 27% since 2010. For senior households (age 65 and older) 42% are below the ALICE threshold.
Link to ALICE Making Tough Choices - <http://iowa.makingtoughchoices.org/>
Link to full report - <https://www.unitedwayalice.org/iowa>



UPCOMING EVENTS

Webinar from the American Society on Aging

- January 9, 2019
[Navigating Long-Term Care Insurance](#)
- January 10, 2019
[Workforce Challenges Facing the Home Care Industry](#)
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Webinars from the Administration for Community Living

- January 7, 2019
[Ask Dr. Kate Lorig About the Role of Chronic Disease Self-Management in the Opioid Epidemic](#)

Webinar from the National Center on Law & Elder Rights

- January 16, 2019
[Signs of Elder Abuse, Neglect and Exploitation](#)



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